An Update to the 2007 EMSRB Behavioral Health Report

BEHAVIORAL HEALTH TRANSPORT
Why this report?

- Patients far away from home
- Law enforcement having to travel
- Ambulances having to transport and lacking reimbursement

Why now?

- Rural Health Community Forums (Sept. 2012)
- Mental health emergencies in the news
2007 EMS BEHAVIORAL HEALTH REPORT: CHALLENGES OF TRANSPORTING BEHAVIORAL HEALTH PATIENTS IN MINNESOTA

2007 Original Report

- Community Behavioral Health Hospitals (CBHHs)
  - Newly implemented (2006)

- MHA/DHS Psychiatric Bed Tracking System
  - Pilot project

- Crisis Response Team Model
  - Alternative to ambulance transport

Present

- Current utilization and capacity
  - Status report

- Expanded program
  - Phases, additional providers

- Covering more counties
  - Governor’s Budget (2013)
Psychiatric Beds and Patients

- Status of CBHHs
- Mental Health Bed Tracking System
- Mental Health Crisis Response
2011

- 1,110 in-patient psychiatric beds
- 500 in the non-metro area
- 291 in the rural area
  - (169 in 2007)
Number of behavioral/psychiatric disorder presentations and transports have gone up.
- Psychiatric Bed Utilization
- **Status of CBHHs**
- Mental Health Bed Tracking System
- Mental Health Crisis Response
COMMUNITY BEHAVIORAL HEALTH HOSPITALS

- 10 state-operated CBHHs
- 16 bed, acute mental health inpatient treatment
- Illness management and recovery services
- Average length of stay
  - CBHH: 19 days
  - State hospital: 45 days
Only 7 CBHHs today:
- Admitted 1,488 people in 2011
- 95% of patients were from non-metro Minnesota

35 full-time equivalent staff

Operation/utilization

Discharged in <20 days

Persisting gap still exists
- Medical clearance required

<table>
<thead>
<tr>
<th>CBHH Utilization</th>
<th>2011</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td>Licensed bed capacity</td>
<td>69%</td>
<td>79%</td>
</tr>
<tr>
<td>Service capacity</td>
<td>84%</td>
<td>91%</td>
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</tbody>
</table>
- Psychiatric Bed Utilization
- Status of CBHHs
- **Mental Health Bed Tracking System**
- Mental Health Crisis Response
Mental Health Bed Tracking System

- MHA/DHS, work group origins
- Mental health service locator
  - Inpatient
  - Community based services
- Voluntary provider participation
### Minnesota Mental Health Access

**Service Search**

**Select a service and a type to search on**

<table>
<thead>
<tr>
<th>Service</th>
<th>Acute Care Hosp.</th>
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<tbody>
<tr>
<td>Service For</td>
<td>Adult 18+</td>
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<tr>
<td>Zip</td>
<td>56307</td>
</tr>
<tr>
<td>Miles</td>
<td>50</td>
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</tbody>
</table>

**Locations**

- Duluth: 55701, 55804, 55816
- Moorhead: 56563, 56561, 56560
- Mankato: 56006, 56001, 56002
- Rochester: 55904, 55902, 55906
- Monticello: 55561, 55582, 55590
- St. Cloud: 56396, 56388, 56302

**Log out**
<table>
<thead>
<tr>
<th>#</th>
<th>Facility</th>
<th>City</th>
<th>Available Capacity</th>
<th>Comments</th>
<th>Gender</th>
<th>Distance (miles)</th>
<th>Last Updated</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>St. Cloud Hospital</td>
<td>St. Cloud</td>
<td>0</td>
<td>All</td>
<td>All</td>
<td>16.44</td>
<td>3 hours ago</td>
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<tr>
<td>2</td>
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<td>Annandale</td>
<td>0</td>
<td>All</td>
<td>All</td>
<td>33.93</td>
<td>14 hours ago-No Change</td>
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<td>3</td>
<td>CBHH-Alexandria</td>
<td>Alexandria</td>
<td>1</td>
<td>All</td>
<td>All</td>
<td>41.96</td>
<td>21 hours ago-No Change</td>
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<tr>
<td>4</td>
<td>Rice Memorial Hospital</td>
<td>Willmar</td>
<td>0</td>
<td>All</td>
<td>All</td>
<td>42.55</td>
<td>24 hours ago-No Change</td>
</tr>
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</table>

*Bed availability is not guaranteed. Please call before going to facility.

*No Change in the Last Updated column means there has been no change in bed totals since the last refresh.*
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**Facility Detail Information**

**CBHH-Alexandria**

1610 Eighth Ave. E.
Alexandria, MN 56308

Email: CentralPreadmissions@state.mn.us

**Contact Information**

Central Preadmissions
651-431-5337 or 866-966-2337
CentralPreadmissions@state.us.mn

**Total Capacity:** 16

**Service For** | **Available Capacity** | **Gender** | **Restriction** | **Comments**
--- | --- | --- | --- | ---
Adult 18+ | 1 | All | Acute Inpatient Must be medically stable.

**Primary Service Area:** Central Minnesota

**Secondary Service Area:** State of Minnesota

**Referral Options:** To make a referral call central pre admissions at 1-866-966-2337. Fax: 1-866-633-4253.

**Who can get this service?** Adult 18+

**Patient Acuity:** Acute Inpatient

**Level of Care Offered:** Acute Inpatient

**Admission Requirements:** Contact Central Pre-Admission upon completion of Assessment of Need form: [Admission Form](#)

**Payment Options:** Medicare, Medicaid, Minnesota Care, Private Insurance

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Successes

- Keeps providers accountable
- Running Vermont system
- Contract with MHA requires assessment

Limitations

- Currently lacks evaluation
- Voluntary participation
- Children’s non-acute involvement with Mayo
Psychiatric Bed Utilization

Status of CBHHs

Mental Health Bed Tracking System

Mental Health Crisis Response
41 providers across the state
- Mobile and Residential

2007: Governor’s Mental Health Initiative

MA funding only for face to face
- Not for on-call/those not on public programs
- Especially important for Greater MN (less face-time)
MOBILE CRISIS RESPONSE TEAMS

- Are not everywhere:
  - 50 counties both mobile and residential
  - 5 provide only mobile
  - 32 only offer residential stabilization beds
    - Mobile is proven more effective

- 2013: Governor’s budget included $2 million
  - 4 new mobile crisis response teams serving 16 additional counties and 2 tribes
CRISIS INTERVENTION TEAMS

- Training for law enforcement
  - Police interactions with people living with mental illness
- National Alliance on Mental Illness
- Barbara Schneider Foundation
NEXT STEPS

- More beds
- Better way of tracking
- Better way of responding

Decreased transport time?