

# School Lunches for Everyone... Even Kids with Medical Disorders



Kids with medical conditions that require special diets  
can have food provided by the school

**School lunch can be a great time for kids. It is important for all children, including those whose medical conditions require a special diet.**

*Kids with medical conditions including PKU, Cystic Fibrosis, & Galactosemia that require special diets can have food provided by the school. A doctor needs to sign the Special Diet Statement form, which is available from your school's food service or MN Dept of Education's website below.*

Planning for the special food can be part of the child's IEP or 504 plan. Parents, food service staff, and other school staff will work together to make sure that food at school meets the child's medical needs.

Schools that are part of the USDA School Meal Programs are required to provide special meals at no extra cost to students with disabilities. If parents prefer, they can send lunch from home.

**Together parents, schools & medical experts can make school lunch a great part of the day for kids on special diets**

## More information is available from:

- 🍏 Minnesota Department of Health Minnesota Children and Youth With Special Health Needs: 1-800-728-5420
- 🍏 Minnesota Department of Health Newborn Screening: 1-800-664-7772
- 🍏 Minnesota Department of Education: [http://education.state.mn.us/MDE/Learning\\_Support/FNS/SNP/Meal\\_Patterns\\_Menu\\_Planning/Special\\_Dietary\\_Needs/index.html](http://education.state.mn.us/MDE/Learning_Support/FNS/SNP/Meal_Patterns_Menu_Planning/Special_Dietary_Needs/index.html)
- 🍏 PACER: 952-838-9000, [www.pacer.org](http://www.pacer.org)