

Protecting, Maintaining and Improving the Health of All Minnesotans

Electronically Delivered June 30, 2021

Administrator Aitkin Health Services 301 Minnesota Avenue South Aitkin, MN 56431

RE: CCN: 245119

Cycle Start Date: May 13, 2021

#### Dear Administrator:

On June 29, 2021, the Minnesota Department of Health, completed a revisit to verify that your facility had achieved and maintained compliance. Based on our review, we have determined that your facility has achieved substantial compliance; therefore no remedies will be imposed.

Feel free to contact me if you have questions.

Sincerely,

Joanne Simon, Enforcement Specialist

Minnesota Department of Health

Licensing and Certification Program

Program Assurance Unit

Health Regulation Division

Telephone: 651-201-4161 Fax: 651-215-9697

Email: joanne.simon@state.mn.us

cc: Licensing and Certification File



Protecting, Maintaining and Improving the Health of All Minnesotans

Electronically delivered June 3, 2021

Administrator
Aitkin Health Services
301 Minnesota Avenue South
Aitkin, MN 56431

RE: CCN: 245119

Cycle Start Date: May 13, 2021

#### Dear Administrator:

On May 13, 2021, a survey was completed at your facility by the Minnesota Departments of Health and Public Safety, to determine if your facility was in compliance with Federal participation requirements for skilled nursing facilities and/or nursing facilities participating in the Medicare and/or Medicaid programs.

This survey found the most serious deficiencies in your facility to be isolated deficiencies that constituted no actual harm with potential for more than minimal harm that was not immediate jeopardy (Level D), as evidenced by the electronically attached CMS-2567 whereby corrections are required.

### ELECTRONIC PLAN OF CORRECTION (ePoC)

Within ten (10) calendar days after your receipt of this notice, you must submit an acceptable ePOC for the deficiencies cited. An acceptable ePOC will serve as your allegation of compliance. Upon receipt of an acceptable ePOC, we will authorize a revisit to your facility to determine if substantial compliance has been achieved.

To be acceptable, a provider's ePOC must include the following:

- How corrective action will be accomplished for those residents found to have been affected by the deficient practice.
- How the facility will identify other residents having the potential to be affected by the same deficient practice.
- What measures will be put into place, or systemic changes made, to ensure that the deficient practice will not recur.
- How the facility will monitor its corrective actions to ensure that the deficient practice is being corrected and will not recur.
- The date that each deficiency will be corrected.
- An electronic acknowledgement signature and date by an official facility representative.

Aitkin Health Services June 3, 2021 Page 2

The state agency may, in lieu of an onsite revisit, determine correction and compliance by accepting the facility's ePoC if the ePoC is reasonable, addresses the problem and provides evidence that the corrective action has occurred.

If an acceptable ePoC is not received within 10 calendar days from the receipt of this letter, we will recommend to the CMS Region V Office that one or more of the following remedies be imposed:

- Denial of payment for new Medicare and Medicaid admissions (42 CFR 488.417);
- Civil money penalty (42 CFR 488.430 through 488.444).
- Termination of your facility's Medicare and/or Medicaid agreement (488.456(b)).

#### **DEPARTMENT CONTACT**

Questions regarding this letter and all documents submitted as a response to the resident care deficiencies (those preceded by an "F" tag), i.e., the plan of correction should be directed to:

Terri Ament, Unit Supervisor
Duluth District Office
Licensing and Certification Program
Health Regulation Division
Minnesota Department of Health
Duluth Technology Village
11 East Superior Street, Suite 290
Duluth, Minnesota 55802-2007
Email: teresa.ament@state.mn.us

Office: (218) 302-6151 Mobile: (218) 766-2720

### PRESUMPTION OF COMPLIANCE - CREDIBLE ALLEGATION OF COMPLIANCE

The facility's ePoC will serve as your allegation of compliance upon the Department's acceptance. In order for your allegation of compliance to be acceptable to the Department, the ePoC must meet the criteria listed in the plan of correction section above. You will be notified by the Minnesota Department of Health, Licensing and Certification Program staff and/or the Department of Public Safety, State Fire Marshal Division staff, if your ePoC for the respective deficiencies (if any) is acceptable.

#### **VERIFICATION OF SUBSTANTIAL COMPLIANCE**

Upon receipt of an acceptable ePoC, a Post Certification Revisit (PCR), of your facility will be conducted to validate that substantial compliance with the regulations has been attained in accordance with your verification.

If substantial compliance has been achieved, certification of your facility in the Medicare and/or

Aitkin Health Services June 3, 2021 Page 3

Medicaid program(s) will be continued and remedies will not be imposed. Compliance is certified as of the latest correction date on the approved ePoC, unless it is determined that either correction actually occurred between the latest correction date on the ePoC and the date of the first revisit, or correction occurred sooner than the latest correction date on the ePoC.

### FAILURE TO ACHIEVE SUBSTANTIAL COMPLIANCE BY THE THIRD OR SIXTH MONTH AFTER THE LAST DAY OF THE SURVEY

If substantial compliance with the regulations is not verified by August 13, 2021 (three months after the identification of noncompliance), the CMS Region V Office must deny payment for new admissions as mandated by the Social Security Act (the Act) at Sections 1819(h)(2)(D) and 1919(h)(2)(C) and Federal regulations at 42 CFR Section 488.417(b).

In addition, if substantial compliance with the regulations is not verified by November 13, 2021 (six months after the identification of noncompliance) your provider agreement will be terminated. This action is mandated by the Social Security Act at Sections 1819(h)(2)(C) and 1919(h)(3)(D) and Federal regulations at 42 CFR Sections 488.412 and 488.456.

Please note that this notice does not constitute formal notice of imposition of alternative remedies or termination of your provider agreement. Should the Centers for Medicare & Medicaid Services determine that termination or any other remedy is warranted, it will provide you with a separate formal notification of that determination.

### INFORMAL DISPUTE RESOLUTION (IDR) / INDEPENDENT INFORMAL DISPUTE RESOLUTION (IIDR)

In accordance with 42 CFR 488.331, you have one opportunity to question cited deficiencies through an informal dispute resolution process. You are required to send your written request, along with the specific deficiencies being disputed, and an explanation of why you are disputing those deficiencies, to:

Nursing Home Informal Dispute Process Minnesota Department of Health Health Regulation Division P.O. Box 64900 St. Paul, Minnesota 55164-0900

This request must be sent within the same ten days you have for submitting an ePoC for the cited deficiencies. All requests for an IDR or IIDR of federal deficiencies must be submitted via the web at: <a href="https://mdhprovidercontent.web.health.state.mn.us/ltc">https://mdhprovidercontent.web.health.state.mn.us/ltc</a> idr.cfm

You must notify MDH at this website of your request for an IDR or IIDR within the 10 calendar day period allotted for submitting an acceptable electronic plan of correction. A copy of the Department's informal dispute resolution policies are posted on the MDH Information Bulletin website at: <a href="https://www.health.state.mn.us/facilities/regulation/infobulletins/ib04">https://www.health.state.mn.us/facilities/regulation/infobulletins/ib04</a> 8.html

Please note that the failure to complete the informal dispute resolution process will not delay the dates

Aitkin Health Services
June 3, 2021
Page 4
specified for compliance or the imposition of remedies.

Feel free to contact me if you have questions.

Sincerely,

Joanne Simon, Enforcement Specialist

Minnesota Department of Health

Licensing and Certification Program

Program Assurance Unit Health Regulation Division

Telephone: 651-201-4161 Fax: 651-215-9697

Email: joanne.simon@state.mn.us

cc: Licensing and Certification File

PRINTED: 06/21/2021 FORM APPROVED OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		L IDENTIFICATION NUMBER.		TIPLE CONSTRUCTION  NG	(X3) DATE SURVEY COMPLETED	
		245119	B. WING		C <b>05/13/2021</b>	
NAME OF F	PROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE	03/13/2021	
AITKIN H	IEALTH SERVICES			301 MINNESOTA AVENUE SOUTH AITKIN, MN 56431		
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES / MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTIO (EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPROP DEFICIENCY)	BE COMPLÉTIC	ON
F 000	INITIAL COMMENT	ΓS	F 00	00		
	abbreviated survey Your facility was NO with the requiremer Requirements for L	h 5/13/21, a standard was conducted at your facility. OT found to be in compliance its of 42 CFR 483, Subpart B, ong Term Care Facilities.				
		614). A dieficiency was issued				
	as your allegation of Departments acception enrolled in ePOC, yat the bottom of the	f correction (POC) will serve of compliance upon the otance. Because you are your signature is not required it first page of the CMS-2567 ic submission of the POC will tion of compliance.				
F 684 SS=D	onsite revisit of you validate that substa regulations has been	acceptable electronic POC, an r facility may be conducted to intial compliance with the en attained.	F 68	34	6/25/21	
	applies to all treatm facility residents. Ba assessment of a re that residents recei accordance with pro- practice, the compri care plan, and the re	fundamental principle that nent and care provided to assed on the comprehensive sident, the facility must ensure we treatment and care in ofessional standards of ehensive person-centered				
I ABORATOR)	/ DIRECTOR'S OR PROVID	DER/SUPPLIER REPRESENTATIVE'S SIGN	NATURE	TITLE	(X6) DATE	

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

Electronically Signed

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

06/11/2021

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING		(X3) DATE SURVEY COMPLETED		
		245119	B. WING _			C <b>13/2021</b>	
NAME OF F	PROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP		10/2021	
AITKIN F	IEALTH SERVICES			301 MINNESOTA AVENUE SOUTH AITKIN, MN 56431			
(X4) ID PREFIX TAG	(EACH DEFICIENC)	TEMENT OF DEFICIENCIES  Y MUST BE PRECEDED BY FULL  SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CO (EACH CORRECTIVE ACTION CROSS-REFERENCED TO THE DEFICIENCY)	N SHOULD BE E APPROPRIATE	(X5) COMPLETION DATE	
F 684	Continued From pa	ige 1	F 68	4			
	facility failed to ider	v and document review, the ntify a fracture following a fall (R1) reviewed for falls.		F684 Quality of Care R1 received treatment and fracture on 5/6/21. All resid have the potential to be aff deficient practice in this an	dents that fall ected by a ea. All residents		
		cord printed 5/13/21, identified including heart failure, reduced ess.		with falls in the last month for documentation of nursi assessments and follow up after a fall. Nurse training of be complete by 6/4/21. Fal	ng o on findings on findings to		
	3/9/21, indicated R	num Data Set (MDS) dated 1 had intact cognition In ed extensive assistance of one and toileting.		reviewed and revised PRN provided to all Nursing star policy and the post-fall nur assessment process, includocumentation of finding, I	ff on the falls sing iding adequate		
	R1 was found on h side. The note indi she was okay, deni range of motion (R	a.m. a progress note indicated er floor in her room on her left cated R1 told nursing staff that ed hitting her head and her OM) was intact. The note e administrator and R1's MD ied.		Re-education was completed who wrote inaccurate documendately upon finding of documentation. DON will crandom audits of post-fall assessments/documentation.	ted with nurse amentation of the complete nursing on to ensure and site and		
	completed by traine indicated R1 requir administered for pa	a.m. a progress note ed medication aide (TMA)-A ed medication to be ain control. The progress note ation of pain, or any pain		severity of pain 3x/week for 2x/week for 2 weeks, then thereafter to ensure adequinursing assessments are land followed up on appropresults will be brought to C for review and further reco	weekly late post-fall being complete riately. Audit IAPI Committee	eekly e post-fall ng complete tely. Audit PI Committee	
	completed by licen- indicated R1 pain h medication. The pi	o.m. a progress note sed practical nurse (LPN)-A lad been relieved by rogress note lacked severity, any pain assessment.					
	completed by regis	a.m. a progress note tered nurse (RN)-B indicated ed any signs or symptoms of					

	OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	1 ` ′	PLE CONSTRUCTION  G		TE SURVEY MPLETED
		245119	B. WING _		05	5/13/2021
	PROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CO 301 MINNESOTA AVENUE SOUTH AITKIN, MN 56431		
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORE (EACH CORRECTIVE ACTION S CROSS-REFERENCED TO THE AF DEFICIENCY)	HOULD BE	(X5) COMPLETION DATE
F 684	discomfort from th further indicated R was using Tylenol needed.  R1's progress note bruising or swelling through 5/5/21.  On 5/6/21, at 9:00 completed by RN-was completely brudown to the elbow a dark blue-purple noted to be very eall the way to her f bruising began after progress note furth practitioner (NP)-A more swollen than included in-house compression sleev.  On 5/6/21, at 9:46 documented by NF the morning of 5/6 recent fall. R1 had for a follow-up on I noted to have mild fall that had occurr had declined an x-agreeable to an octherapy (OT/PT) e improvement woul physical exam on service in the substitution of th	e fall on 5/3/21. The note 1's ROM was intact, and R1 for pain management when as lacked indication of pain, g in her left arm from 5//3/21,  a.m. a progress note A indicated R1's left upper arm uised from front to back, and The bruising was noted to be to black in color. R1's arm was dematous, with pitting edema ingertips. R1 had stated the er her fall on 5/3/21. The ner indicated per R1's nurse at R1's arm was significantly the day prior. R1's orders to X-ray of the left arm, as well as we and glove.  a.m. a progress note 2-A indicated R1 was seen on /21, related to a follow-up for a been seen by NP-A on 5/5/21, ab work, and at that time was left-hand swelling following a red early morning on 5/3/21. R1 ray on 5/5/21, and was coupational therapy/physical valuation, and if no d consider an x-ray. During 5/6/21, R1's swelling to her left		4		
	arm was noted to I had agreed to NP- sweatshirt. Bruisin	b/6/21, R1's swelling to her left have increased significantly. R1 A removing her long-sleeved g was noted to extend from her elbow, as well as across her				

	OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	` ′		CONSTRUCTION	` ′сом	E SURVEY IPLETED
		245119	B. WING				13/2021
	PROVIDER OR SUPPLIER			301	REET ADDRESS, CITY, STATE, ZIP CODE  MINNESOTA AVENUE SOUTH  KIN, MN 56431	1 001	10,2021
(X4) ID PREFIX TAG	(EACH DEFICIENC)	TEMENT OF DEFICIENCIES  / MUST BE PRECEDED BY FULL  SC IDENTIFYING INFORMATION)	ID PREFI TAG		PROVIDER'S PLAN OF CORRECTIOI (EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPROPI DEFICIENCY)	BE	(X5) COMPLETION DATE
F 684	left chest. R1 company raising of her a fingers and her wrishave an x-ray components of the seen by orthope on 5/6/21, at 3:57 per NP-A, R1's was be seen by orthope on 5/6/21, at 10:52 indicated R1 had reapproximately 8:00 stretcher. R1's left aincluded left arm sliorthopedics to be seen by orthopedics to be seen by orthopedics to be sometimed and left arm sliorthopedics to be seen by orthopedics and left arm blue state of alignment of the state of alignment of the state of the seen by orthopedics in 2-5 company or seen by orthopedics in 2-5 compan	plained of pain in particular with rms. R1 was able to move her st at that time. R1 agreed to bleted in-house.  I.m. a progress note indicated to be sent to the hospital to dics.  I.p.m. a progress note eturned to the facility at p.m. via ambulance on arm was in a sling. Orders ing and a follow up with cheduled  I.m. a progress note eturned to the facility at p.m. via ambulance on arm was in a sling. Orders ing and a follow up with cheduled  I.m. a progress note eturned to the facility at p.m. via ambulance on arm was in a sling. Orders ing and a follow up with cheduled  I.m. a follow up with cheduled  I.m. a follow up with days.  I.m. a follow u	F6	684			
		3 a.m. nursing assistant wed and stated she had					

	F CORRECTION   (X1) PROVIDER/SUPPLIER/CLIA   (X2) MULTIPLE CONSTRUCTION   (X2) MULTIPLE CONSTRUCTION   (X3) MULTIPLE CONSTRUCTION   (X4) MULTIPLE CONSTRUCTION   (X5) MULTIPLE CONSTRUCTION   (X6) MULTIPLE CONSTRUCTION   (X6) MULTIPLE CONSTRUCTION   (X6) MULTIPLE CONSTRUCTION   (X7) MULTIPLE CONSTRUCTION			COMPLETED		
		245119	B. WING _		0.	C 5/ <b>13/2021</b>
	PROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE 301 MINNESOTA AVENUE SOUTH AITKIN, MN 56431		5/10/2021
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES  MUST BE PRECEDED BY FULL  SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORREC (EACH CORRECTIVE ACTION SHO CROSS-REFERENCED TO THE APPF DEFICIENCY)	ULD BE	(X5) COMPLETION DATE
F 684	worked with R1 follostated R1 had compain when transferr (mechanical lift) dustated she thought complaint of pain to stated she did not rewhile providing toiled. On 5/12/21, at 9:24 and stated she had fall on 5/3/21, both as well as dayshift often refused to let and always wore lonoticed bruising of only assisted R1 wither that her arm huthis to the nurse word on 5/12/21, at 9:42 and stated she had 5/4/21, and 5/5/21. reported anything dand she had not lostated if staff had or reported this to the On 5/12/21, at 10:5 and stated she had 5/4/21, 5/5/21, and R1's fall, her hand of gradually gotten muthad not personally since R1 always had NA-D stated she had stated she	owing the fall on 5/3/21. NA-A plained about arm/shoulder ing using the EZ-stand ring toileting assist. NA-A she had reported R1's the TMA or the nurse. NA-A ecall looking at R1's left arm eting assistance.  a.m. NA-B was interviewed worked with R1 following the the afternoon and night shift on 5/5/21. NA-B stated R1 the staff change her clothing ng sleeves, so she had not her left arm. NA-B stated she th toileting, and R1 had told rt. NA-B stated she reported	F 68	34		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	` ′	IPLE CONSTRUCTION  NG		TE SURVEY MPLETED	
		245119	B. WING		0.5	C / <b>13/2021</b>	
	PROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP O 301 MINNESOTA AVENUE SOUTH AITKIN, MN 56431	TATE, ZIP CODE		
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F 684	On 5/12/21, at 11:0 worked on R1's unididn't see anything stated she assisted in-house x-ray, and bruising and mild so not completed any 5/4/21, or 5/5/21.  On 5/12/21, at 11:2 not been aware of when NP-A had ale (DON) and herself RN-A stated R1's led dark purple, R1's a RN-A stated she hat time due to a possi was able to move however however how her arm. RN-that time to have an was ultimately sent to be evaluated for On 5/13/21, at 9:00 NP-A stated on 5/5 related to a follow to be evaluated for NP-A stated R1 had fallen. NP-A stated R1 had fallen. NP-A stated aware of the fall, an sheet from the facil was swollen, and stated R1 had beer sweater, and she dinspect the arm at the refused to go into the stated the following to the facility and we say the say in the facility and we had a stated the following to the facility and we had a stated the following to the facility and we had a stated the following to the facility and we had a stated the following to the facility and we had a stated the following to the facility and we had a stated the following to the facility and we had a stated the following to the facility and we had a stated the following to the facility and we had a stated the following to the facility and we had a stated the following to the facility and we had a stated the following to the facility and we had a stated the following to the facility and we had a stated the following to the facility and we had a stated the following the facility and we had a stated the following the facility and we had a stated the following the facility and we had a stated the following the facility and we had a stated the following the facility and we had a stated the following the facility and we had a stated the following the facility and we had a stated the following the facility and we had a stated the following the facility and we had a stated the following the facility and we had a stated the following the facility and we had a stated the following the facility and we had a stated the following the facility and	out of the ordinary. LPN-A stated she it on 5/4/21, and 5/5/21, and out of the ordinary. LPN-A if the staff completing the if she recalled seeing light grey welling. LPN-A stated she had assessment of R1's arm on assessment of R1's arm on the injury to R1 until 5/6/21, erted the director of nursing about R1's left arm injury. The eft arm/shoulder was bruised and not completed ROM at that ble fracture. RN-A stated R1 her fingers, but was not able to A stated R1 had agreed at a x-ray done in-house, and she is to the emergency room (ER)	F 6	34			

	OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:			TE SURVEY MPLETED	
		245119	B. WING		0.5	C / <b>13/2021</b>
	PROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP 301 MINNESOTA AVENUE SOUTH AITKIN, MN 56431	CODE	713/2021
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F 684	full exam was comp from R1's shoulder chest. NP-A stated have an x-ray comp to the emergency re fracture. NP-A stat the facility to identif to have notified her On 5/13/21, at 9:51 interviewed and sta of the extent of R1's her personally. The at R1's arm, there we have been docume stated the nurse's frassessments were injury should have is documentation sho The facility policy A 1/8/18, directed St establish guidelines adequately identify,	bleted, and bruising was noted to her elbow, and across her R1 had agreed at that time to bleted, and was ultimately sent bom (ER) to be evaluated for ed she would have expected y the change in condition, and .  a.m. the DON was ted she was not made aware in injury until NP-A had notified DON stated when she looked was no way the nurse's could nting accurately. The DON ollow-up documentation and not acceptable, and R1's	F6	84		



Protecting, Maintaining and Improving the Health of All Minnesotans

Electronically delivered June 3, 2021

Administrator
Aitkin Health Services
301 Minnesota Avenue South
Aitkin, MN 56431

Re: State Nursing Home Licensing Orders

Event ID: G1J811

#### Dear Administrator:

The above facility was surveyed on May 11, 2021 through May 13, 2021 for the purpose of assessing compliance with Minnesota Department of Health Nursing Home Rules and Statutes. At the time of the survey, the survey team from the Minnesota Department of Health - Health Regulation Division noted one or more violations of these rules or statutes that are issued in accordance with Minn. Stat. § 144.653 and/or Minn. Stat. § 144A.10. If, upon reinspection, it is found that the deficiency or deficiencies cited herein are not corrected, a civil fine for each deficiency not corrected shall be assessed in accordance with a schedule of fines promulgated by rule and/or statute of the Minnesota Department of Health.

To assist in complying with the correction order(s), a "suggested method of correction" has been added. This provision is being suggested as one method that you can follow to correct the cited deficiency. Please remember that this provision is <u>only a suggestion</u> and you are not required to follow it. Failure to follow the suggested method will not result in the issuance of a penalty assessment. You are reminded, however, that regardless of the method used, correction of the order within the established time frame is required. The "suggested method of correction" is for your information and assistance only.

You have agreed to participate in the electronic receipt of State licensure orders consistent with the Minnesota Department of Health Informational Bulletin 14-01, available at <a href="https://www.health.state.mn.us/facilities/regulation/infobulletins/ib04">https://www.health.state.mn.us/facilities/regulation/infobulletins/ib04</a> 8.html. The State licensing orders are delineated on the Minnesota Department of Health State Form and are being delivered to you electronically. The Minnesota Department of Health is documenting the State Licensing Correction Orders using federal software. Tag numbers have been assigned to Minnesota state statutes/rules for Nursing Homes.

The assigned tag number appears in the far left column entitled "ID Prefix Tag." The state statute/rule number and the corresponding text of the state statute/rule out of compliance is listed in the "Summary Statement of Deficiencies" column and replaces the "To Comply" portion of the correction order. This column also includes the findings that are in violation of the state statute or rule after the statement, "This MN Requirement is not met as evidenced by." Following the surveyors findings are the Suggested Method of Correction and the Time Period For Correction.

Aitkin Health Services June 3, 2021 Page 2

PLEASE DISREGARD THE HEADING OF THE FOURTH COLUMN WHICH STATES, "PROVIDER'S PLAN OF CORRECTION." THIS APPLIES TO FEDERAL DEFICIENCIES ONLY. THIS WILL APPEAR ON EACH PAGE.

THERE IS NO REQUIREMENT TO SUBMIT A PLAN OF CORRECTION FOR VIOLATIONS OF MINNESOTA STATE STATUTES/RULES.

Although no plan of correction is necessary for State Statutes/Rules, please enter the word "corrected" in the box available for text. You must then indicate in the electronic State licensure process, under the heading completion date, the date your orders will be corrected prior to electronically submitting to the Minnesota Department of Health. We urge you to review these orders carefully, item by item, and if you find that any of the orders are not in accordance with your understanding at the time of the exit conference following the survey, you should immediately contact:

Terri Ament, Unit Supervisor
Duluth District Office
Licensing and Certification Program
Health Regulation Division
Minnesota Department of Health
Duluth Technology Village
11 East Superior Street, Suite 290
Duluth, Minnesota 55802-2007
Email: teresa.ament@state.mn.us

Office: (218) 302-6151 Mobile: (218) 766-2720

You may request a hearing on any assessments that may result from non-compliance with these orders provided that a written request is made to the Department within 15 days of receipt of a notice of assessment for non-compliance.

Please note it is your responsibility to share the information contained in this letter and the results of this visit with the President of your facility's Governing Body.

Please feel free to call me with any questions.

Sincerely,

Joanne Simon, Enforcement Specialist

Minnesota Department of Health Licensing and Certification Program

Program Assurance Unit Health Regulation Division

Telephone: 651-201-4161 Fax: 651-215-9697

Email: joanne.simon@state.mn.us

cc: Licensing and Certification File

PRINTED: 06/21/2021 FORM APPROVED

(X6) DATE

Minnesota Department of Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION  (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		(X2) MULTIPL A. BUILDING:	E CONSTRUCTION	(X3) DATE SURVEY COMPLETED		
					С	
		00002	B. WING		05/1	3/2021
NAME OF F	PROVIDER OR SUPPLIER			STATE, ZIP CODE		
AITKIN F	IEALTH SERVICES	301 MINN AITKIN, N	IESOTA AVEI IN 56431	NUE SOUTH		
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES  'MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECT (EACH CORRECTIVE ACTION SHOU CROSS-REFERENCED TO THE APPRO DEFICIENCY)	LD BE	(X5) COMPLETE DATE
2 000	Initial Comments		2 000			
	****ATTE	NTION*****				
	NH LICENSING	CORRECTION ORDER				
	144A.10, this correct pursuant to a surve found that the deficit herein are not corrected shall I with a schedule of the Minnesota Department of who will be the minute of the Minnesota Department of who will be the minute of the Minnesota Department of t	nether a violation has been				
	number and MN Ru When a rule contain comply with any of t lack of compliance. re-inspection with a result in the assess	rule provided at the tag le number indicated below. In several items, failure to the items will be considered Lack of compliance upon ny item of multi-part rule will ment of a fine even if the item uring the initial inspection was				
	that may result from orders provided tha the Department with	hearing on any assessments n non-compliance with these t a written request is made to nin 15 days of receipt of a nt for non-compliance.				
	was conducted at you the Minnesota Department	n 5/13/21, a complaint survey our facility by surveyors from artment of Health (MDH). Your OT found to be in compliance				
	The following comp	laint was found to be				

Minnesota Department of Health
LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

**Electronically Signed** 06/11/21

TITLE

STATE FORM 6899 G1J811 If continuation sheet 1 of 9

	NT OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	, ,	E CONSTRUCTION	(X3) DATE COMP	SURVEY LETED
			A. BOILDING.			,
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NAME OF	PROVIDER OR SUPPLIER	STREET AD	DRESS, CITY, S	STATE, ZIP CODE		
AITKIN I	HEALTH SERVICES	301 MINN AITKIN, M		NUE SOUTH		
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2 000	Minnesota Departmente State Licensing Federal software. The State Licensing Federal software. The state of the Minnesota Department of State listed in the "Summer column and replace the correction order the findings which a statute after the state as evidence by." For are the Suggested Time Period for Conyou have agreed to receipt of State lice the Minnesota Department of Head you electronically, is necessary for State nec	nent of Health is documenting Correction Orders using ag numbers have been sota state statutes/rules for ne assigned tag number eft column entitled "ID Prefix attute/rule out of compliance is nary Statement of Deficiencies" es the "To Comply" portion of r. This column also includes are in violation of the state attement, "This Rule is not met following the surveyor's findings Method of Correction and rection.	2 000			

6899

Minnesota Department of Health STATE FORM

STATEMEN	IT OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	` ,	E CONSTRUCTION	(X3) DATE :	
		00002	B. WING		0 <b>5/1</b> :	: 3/2021
NAME OF F	PROVIDER OR SUPPLIER	STREET ADI	DRESS, CITY, S	STATE, ZIP CODE		
AITKIN H	IEALTH SERVICES	301 MINNI AITKIN, M		NUE SOUTH		
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2 000		I WHICH STATES, N OF CORRECTION." THIS RAL DEFICIENCIES ONLY.	2 000			
2 830	Proper Nursing Car Subpart 1. Care in receive nursing care custodial care, and individual needs and the comprehensive plan of care as des 4658.0405. A nursi of bed as much as p written order from the	general. A resident must e and treatment, personal and supervision based on d preferences as identified in resident assessment and cribed in parts 4658.0400 and ng home resident must be out possible unless there is a ne attending physician that the in in bed or the resident	2 830			6/25/21
	by: Based on interview facility failed to iden for 1 of 3 residents  Findings include: R1's Admission Rec R1 had diagnoses i mobility and weakne R1's quarterly Minin 3/9/21, indicated R1	num Data Set (MDS) dated had intact cognition In d extensive assistance of one		F684 Quality of Care R1 received treatment and care for fracture on 5/6/21. All residents that have the potential to be affected by deficient practice in this area. All rewith falls in the last month were refor documentation of nursing assess and follow up on findings after a fatraining on findings to be complete 6/4/21. Falls policy reviewed and rePRN. Re-education provided to all staff on the falls policy and the posnursing assessment process, included adequate documentation of finding	at fall y a esidents viewed ssments II. Nurse by evised Nursing st-fall	

Minnesota Department of Health

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:			(X2) MULTIPLE CONSTRUCTION A. BUILDING:			(X3) DATE SURVEY COMPLETED	
			A. BOILDING.		c		
		00002	B. WING			3/2021	
NAME OF	PROVIDER OR SUPPLIER	STREET ADI	DRESS, CITY, S	STATE, ZIP CODE			
AITKIN I	HEALTH SERVICES	301 MINNI AITKIN, M		NUE SOUTH			
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2 830	On 5/3/21, at 6:49 a R1 was found on he side. The note indishe was okay, denirange of motion (R0 further indicated the had also been notificated by trained indicated R1 requiral administered for pallacked severity, locassessment.  On 5/4/21, at 8:12 processes completed by licensing indicated R1 pain homedication. The procession of pain, or some completed by register R1 had not displayed discomfort from the further indicated R1 was using Tylenol for needed.  R1's progress notes bruising or swelling through 5/5/21.  On 5/6/21, at 9:00 a completed by RN-A was completely bruising or the elbow.	a.m. a progress note indicated er floor in her room on her left cated R1 told nursing staff that ed hitting her head and her OM) was intact. The note e administrator and R1's MD	2 830	6/18/21. Re-education was completed occumentation immediately upon of the documentation. DON will consider any audits of post-fall nursing assessments/documentation to elinclusion of skin condition and sits severity of pain 3x/week for 2 weeks, then weekly thereafter to ensure adequate post and followed up on appropriately. results will be brought to QAPI Cofor review and further recommendations.	finding omplete nsure e and eks, then st-fall omplete Audit ommittee		

Minnesota Department of Health

STATE FORM 6899 G1J811 If continuation sheet 4 of 9

	NT OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	, ,	X2) MULTIPLE CONSTRUCTION  A. BUILDING:		(X3) DATE SURVEY COMPLETED	
			A. BOILDING.			,	
		00002	B. WING		_	3/2021	
NAME OF	PROVIDER OR SUPPLIER	STREET ADI	DRESS, CITY, S	STATE, ZIP CODE			
AITKIN I	HEALTH SERVICES	301 MINN AITKIN, M		NUE SOUTH			
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES  MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTI (EACH CORRECTIVE ACTION SHOUL CROSS-REFERENCED TO THE APPRO DEFICIENCY)	LD BE	(X5) COMPLETE DATE	
2 830	all the way to her firbruising began after progress note further practitioner (NP)-A, more swollen than included in-house of compression sleeved.  On 5/6/21, at 9:46 and documented by NP the morning of 5/6/2 recent fall. R1 had a for a follow-up on large and the fall that had occurred had declined an x-ragreeable to an occurred the fall that had occurred had declined an x-ragreeable to an occurred the fall that had occurred had agreed to AP-A sweatshirt. Bruising left shoulder to left left chest. R1 company raising of her and fingers and her wrishave an x-ray company raising her and fingers and her wrishave an x-ray company raising her	ngertips. R1 had stated the r her fall on 5/3/21. The er indicated per R1's nurse R1's arm was significantly the day prior. R1's orders to Gray of the left arm, as well as and glove.  a.m. a progress note -A indicated R1 was seen on 21, related to a follow-up for a been seen by NP-A on 5/5/21, ab work, and at that time was left-hand swelling following a red early morning on 5/3/21. R1 ay on 5/5/21, and was cupational therapy/physical faluation, and if no all consider an x-ray. During left-ave increased significantly. R1 aremoving her long-sleeved awas noted to extend from her elbow, as well as across her lalined of pain in particular with rms. R1 was able to move her stat that time. R1 agreed to be sent to the hospital to dics.  p.m. a progress note indicated to be sent to the hospital to dics.  p.m. a progress note of the prior was in a sling. Orders ng and a follow up with	2 830				

Minnesota Department of Health STATE FORM

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING:		(X3) DATE SURVEY COMPLETED	
			A. BOILDING.			,
		00002	B. WING		05/13/2021	
NAME OF F	PROVIDER OR SUPPLIER	STREET ADI	DRESS, CITY, S	STATE, ZIP CODE		
AITKIN H	EALTH SERVICES	301 MINN AITKIN, M		NUE SOUTH		
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES  / MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTI (EACH CORRECTIVE ACTION SHOUI CROSS-REFERENCED TO THE APPRO DEFICIENCY)	LD BE	(X5) COMPLETE DATE
2 830	5/6/21, identified R: fracture (skin close of alignment) of the (long upper arm bo sling to be in place orthopedics in 2-5 c. On 5/12/21, at 7:44 stated she had falle she was reaching for stated the wheelcha and landed on her sarm hurt continually staff know of the inchad wanted her to gwanted to have the instead of going our go out to the clinic afracture.  On 5/12/21, at 10:5 (NA)-A was intervieworked with R1 follostated R1 had compain when transferr (mechanical lift) du stated she thought complaint of pain to stated she did not rwhile providing toiled on 5/12/21, at 9:24 and stated she had fall on 5/3/21, both as well as dayshift often refused to let and always wore lo noticed bruising of life of the stated she used to let and always wore lo noticed bruising of life of the stated she used to let and always wore lo noticed bruising of life of the stated she used to let and always wore lo noticed bruising of life of the stated she used to let and always wore lo noticed bruising of life of the stated she used to let and always wore lo noticed bruising of life of the stated she had fall on 5/3/21, both as well as dayshift of the stated she had fall on 5/3/21, both as well as dayshift of the stated she had fall on 5/3/21, both as well as dayshift of the stated she had fall on 5/3/21, both as well as dayshift of the stated she had fall on 5/3/21, both as well as dayshift of the stated she had fall on 5/3/21, both as well as dayshift of the stated she had fall on 5/3/21, both as well as dayshift of the stated she	nmary discharge orders dated 1 had a closed nondisplaced d and bone has not moved out a proximal end of left humerus ne). Orders included left arm continually, and follow up with days.  a.m. R1 was interviewed and en earlier in the week when or something in her closet. R1 air came out from under her, shoulder. R1 stated her left or since her fall, and she had let creased pain. R1 stated NP-A go out for a x-ray, but she x-ray done in the facility t. R1 stated she did agree to after the x-ray revealed a  3 a.m. nursing assistant wed and stated she had owing the fall on 5/3/21. NA-A plained about arm/shoulder ing using the EZ-stand ring toileting assist. NA-A she had reported R1's of the TMA or the nurse. NA-A ecall looking at R1's left arm	2 830			

Minnesota Department of Health

STATE FORM 6899 G1J811 If continuation sheet 6 of 9

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION  A. BUILDING:			(X3) DATE SURVEY COMPLETED	
		00002	B. WING		<b>I</b>	C <b>13/2021</b>	
NAME OF	PROVIDER OR SUPPLIER	STREET AL	DDRESS, CITY, S	TATE, ZIP CODE			
AITKIN H	HEALTH SERVICES		NESOTA AVEN	UE SOUTH			
	I	<u>_</u>	MN 56431				
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES  MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF (EACH CORRECTIVE ACT CROSS-REFERENCED TO DEFICIENCE	ΓΙΟΝ SHOULD BE THE APPROPRIATE	(X5) COMPLETE DATE	
2 830	Continued From pa	ge 6	2 830				
	her that her arm hu this to the nurse wo	rt. NA-B stated she reported rking.					
	and stated she had 5/4/21, and 5/5/21. reported anything d and she had not loo stated if staff had of	a.m. TMA-A was interviewed worked on R1's unit on TMA-A stated staff had not ifferent related to R1's arm, oked at R1's arm. TMA-A come to her, she would have charge nurse on duty.					
	and stated she had 5/4/21, 5/5/21, and R1's fall, her hand of gradually gotten muthad not personally since R1 always had NA-D stated she had	3 a.m. NA-D was interviewed worked with R1 on 5/3/21, 5/6/21. NA-D stated after was slightly swollen, but had uch worse. NA-D stated she looked at R1's arm or shoulder d a long sleeve shirt on. ad reported R1's hand looked ad been complaining about					
	worked on R1's unididn't see anything stated she assisted in-house x-ray, and bruising and mild sy	0 a.m. LPN-A stated she t on 5/4/21, and 5/5/21, and out of the ordinary. LPN-A the staff completing the she recalled seeing light grey welling. LPN-A stated she had assessment of R1's arm on					
	not been aware of a when NP-A had ale (DON) and herself a RN-A stated R1's le dark purple, R1's an RN-A stated she ha time due to a possil	1 a.m. RN-A stated she had an injury to R1 until 5/6/21, rted the director of nursing about R1's left arm injury. If arm/shoulder was bruised rm and hand was swollen. Ind not completed ROM at that ble fracture. RN-A stated R1 er fingers, but was not able to					

Minnesota Department of Health

STATE FORM 6899 G1J811 If continuation sheet 7 of 9

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING:		(X3) DATE SURVEY COMPLETED	
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		00002	D. WING		05/1	3/2021
NAME OF PF	ROVIDER OR SUPPLIER	STREET ADI	DRESS, CITY, S	STATE, ZIP CODE		
AITKIN HEALTH SERVICES 301 MINNE AITKIN, MI				NUE SOUTH		
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	that time to have ar was ultimately sent to be evaluated for On 5/13/21, at 9:00 NP-A stated on 5/5/related to a follow ubeen drawn, and to NP-A stated R1 had fallen. NP-A stated aware of the fall, an sheet from the facili was swollen, and sheated R1 had been sweater, and she di inspect the arm at the refused to go into the stated the following to the facility and we increased swelling to the facility and we increased swelling full exam was compared from R1's shoulder chest. NP-A stated have an x-ray compared to the emergency reference. NP-A stated the facility to identify to have notified her on 5/13/21, at 9:51 interviewed and stated the extent of R1's her personally. The at R1's arm, there we have been docume stated the nurse's for the extent of R1's have been docume stated the nurse's for the	A stated R1 had agreed at a x-ray done in-house, and she to the emergency room (ER) a fracture.  a.m. NP-A was interviewed. (21, she had gone to see R1 p on labs that had previously look at a wound on her leg. If reported to her that she had the facility had not made her ad NP-A then requested the fall ity. NP-A stated R1's left hand the notified the DON. NP-A wearing a long sleeve and not remove the sweater to that time. NP-A stated R1 to her left hand. NP-A stated a coleted, and bruising was noted to her elbow, and across her R1 had agreed at that time to coleted, and was ultimately sent boom (ER) to be evaluated for ed she would have expected by the change in condition, and a.m. the DON was ted she was not made aware is injury until NP-A had notified DON stated when she looked was no way the nurse's could not acceptable, and R1's	2 830			

Minnesota Department of Health

STATE FORM 6899 G1J811 If continuation sheet 8 of 9

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION  A. BUILDING:		(X3) DATE SURVEY COMPLETED			
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AITKIN HE	AITKIN HEALTH SERVICES  301 MINNESOTA AVENUE SOUTH							
		AITKIN, M						
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES  MUST BE PRECEDED BY FULL  SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECT (EACH CORRECTIVE ACTION SHOU CROSS-REFERENCED TO THE APPRO DEFICIENCY)	LD BE	(X5) COMPLETE DATE		
2 830	Continued From pag	ge 8	2 830					
	1/8/18, directed St F establish guidelines adequately identify, accidents and inciderisk for injury.  SUGGESTED MET The Director of Nursdevelop, review and procedures to ensure residents after falls. educate all appropri procedures. The DC monitoring systems compliance.	ccident/Incident revised Francis Health Services will and procedures that assess, treat, and prevent ents that put the resident at  HODS OF CORRECTION: sing (DON) or designee could dor revise policies and re staff are assessing The DON or designee could iate staff on the policies and DN or designee could develop to ensure ongoing  R CORRECTION: Twenty-one						

6899

Minnesota Department of Health STATE FORM