

Protecting, Maintaining and Improving the Health of All Minnesota

Electronically delivered August 27, 2020

Administrator
The Estates At St Louis Park LLC
3201 Virginia Avenue South
Saint Louis Park, MN 55426

RE: CCN: 245148

Cycle Start Date: August 18, 2020

Dear Administrator:

On August 18, 2020, a survey was completed at your facility by the Minnesota Department(s) of Health to determine if your facility was in compliance with Federal participation requirements for skilled nursing facilities and/or nursing facilities participating in the Medicare and/or Medicaid programs.

This survey found the most serious deficiencies in your facility to be isolated deficiencies that constituted immediate jeopardy (Level J), as evidenced by the electronically delivered CMS-2567, whereby corrections are not required.

The Statement of Deficiencies (CMS-2567) is being electronically delivered. Because corrective action were taken prior to the survey, past non-compliance does not require a plan of correction (POC).

REMOVAL OF IMMEDIATE JEOPARDY

On August 17, 2020, the situation of immediate jeopardy to potential health and safety cited at F600 was removed.

REMEDIES

As a result of the survey findings and in accordance with survey and certification memo 16-31-NH, this Department recommended the enforcement remedy listed below to the CMS Region V Office forimposition: You will receive a formal notice from the CMS RO only if CMS agrees with our recommendation.

• Civil money penalty, (42 CFR 488.430 through 488.444).

SUBSTANDARD QUALITY OF CARE (SQC)

SQC was identified at your facility. Sections 1819(g)(5)(C) and § 1919(g)(5)(C) of the Social Security Act and 42 CFR 488.325(h) requires that the attending physician of each resident who was found to have received substandard quality of care, as well as the State board responsible for licensing the facility's administrator, be notified of the substandard quality of care. If you have not already provided the

Facility Name()] August 27, 2020 Page 2

following information, you are required to provide to this agency within ten working days of your receipt of this letter the name and address of the attending physician of each resident found to have received substandard quality of care.

Please note that, in accordance with 42 CFR 488.325(g), your failure to provide this information timely will result in termination of participation in the Medicare and/or Medicaid program(s) or imposition of alternative remedies.

Federal law, as specified in the Act at § 1819(f)(2)(B) and § 1919(f)(2)(B), prohibits approval of nurse assistant training programs offered by, or in, a facility which, within the previous two years, has been subject to an extended or partial extended survey as a result of a finding of substandard quality of care. Therefore, The Estates At St Louis Park LLC is prohibited from offering or conducting a Nurse Assistant Training / Competency Evaluation Programs (NATCEP) or Competency Evaluation Programs for two years effective August 18, 2020. This prohibition remains in effect for the specified period even though substantial compliance is attained. Under Public Law 105-15 (H. R. 968), you may request a waiver of this prohibition if certain criteria are met. Please contact the Nursing Assistant Registry at (800) 397-6124 for specific information regarding a waiver for these programs from this Department.

DEPARTMENT CONTACT

Questions regarding this letter and all documents submitted as a response to the resident care deficiencies (those preceded by a "F" tag), i.e., the plan of correction should be directed to:

Susanne Reuss, Unit Supervisor
Metro C Survey Team
Licensing and Certification Program
Health Regulation Division
Minnesota Department of Health
85 East Seventh Place, Suite 220
P.O. Box 64900
Saint Paul, Minnesota 55164-0900
Email: susanne.reuss@state.mn.us

Phone: (651) 201-3793

Please note that this notice does not constitute formal notice of imposition of alternative remedies or termination of your provider agreement. Should the Centers for Medicare & Medicaid Services determine that termination or any other remedy is warranted, it will provide you with a separate formal notification of that determination.

APPEAL RIGHTS

If you disagree with this action imposed on your facility, you or your legal representative may request a hearing before an administrative law judge of the Department of Health and Human Services, Departmental Appeals Board (DAB). Procedures governing this process are set out in 42 C.F.R. 498.40, et seq. You must file your hearing request electronically by using the Departmental Appeals Board's

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Electronic Filing System (DAB E-File) at https://dab.efile.hhs.gov no later than sixty (60) days after receiving this letter. Specific instructions on how to file electronically are attached to this notice. A copy of the hearing request shall be submitted electronically to:

Tamika.Brown@cms.hhs.gov

Requests for a hearing submitted by U.S. mail or commercial carrier are no longer accepted as of October 1, 2014, unless you do not have access to a computer or internet service. In those circumstances you may call the Civil Remedies Division to request a waiver from e-filing and provide an explanation as to why you cannot file electronically or you may mail a written request for a waiver along with your written request for a hearing. A written request for a hearing must be filed no later than sixty (60) days after receiving this letter, by mailing to the following address:

Department of Health & Human Services
Departmental Appeals Board, MS 6132
Director, Civil Remedies Division
330 Independence Avenue, S.W.
Cohen Building – Room G-644
Washington, D.C. 20201
(202) 565-9462

A request for a hearing should identify the specific issues, findings of fact and conclusions of law with which you disagree. It should also specify the basis for contending that the findings and conclusions are incorrect. At an appeal hearing, you may be represented by counsel at your own expense. If you have any questions regarding this matter, please contact Tamika Brown, Principal Program Representative by phone at (312) 353-1502 or by e-mail at Tamika.Brown@cms.hhs.gov.

INFORMAL DISPUTE RESOLUTION (IDR) / INDEPENDENT INFORMAL DISPUTE RESOLUTION (IIDR)

In accordance with 42 CFR 488.331, you have one opportunity to question cited deficiencies through an informal dispute resolution process. You are required to send your written request, along with the specific deficiencies being disputed, and an explanation of why you are disputing those deficiencies, to:

Nursing Home Informal Dispute Process Minnesota Department of Health Health Regulation Division P.O. Box 64900 St. Paul, Minnesota 55164-0900

This request must be sent within the same ten days you have for submitting an ePoC for the cited deficiencies. All requests for an IDR or IIDR of federal deficiencies must be submitted via the web at: https://mdhprovidercontent.web.health.state.mn.us/ltc_idr.cfm

You must notify MDH at this website of your request for an IDR or IIDR within the 10 calendar day

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period allotted for submitting an acceptable electronic plan of correction. A copy of the Department's informal dispute resolution policies are posted on the MDH Information Bulletin website at: https://www.health.state.mn.us/facilities/regulation/infobulletins/ib04_8.html

Please note that the failure to complete the informal dispute resolution process will not delay the dates specified for compliance or the imposition of remedies.

Feel free to contact me if you have questions.

Sincerely,

Melissa Poepping, Health Program Representative Senior

Program Assurance | Licensing and Certification

Minnesota Department of Health

M. Pais

P.O. Box 64970

Saint Paul, Minnesota 55164-0970

Phone: 651-201-4117

Email: melissa.poepping@state.mn.us

PRINTED: 08/27/2020 FORM APPROVED OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
245148		245148	B. WING		C		
		245146	D. WING_			/18/2020	
	NAME OF PROVIDER OR SUPPLIER THE ESTATES AT ST LOUIS PARK LLC			STREET ADDRESS, CITY, STATE, ZIP CODE 3201 VIRGINIA AVENUE SOUTH SAINT LOUIS PARK, MN 55426			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)		ID PREFIX TAG	PROVIDER'S PLAN OF CORRE ((EACH CORRECTIVE ACTION SHI CROSS-REFERENCED TO THE APF DEFICIENCY)	OULD BE	(X5) COMPLETION DATE	
F 000	INITIAL COMMENT	īS	F 00	00			
	survey was comple Minnesota Department determined that you compliance with received 483, Subpart B, and Care Facilities. Complaint H51482 F600 for past non-comprovider had impler to survey, immediate prior to the correction. The immediate jeon when the facility fail abuse. The IJ was in the facility fail abuse.	quirements of 42 CFR Part d Requirements for Long Term 59C was substantiated at compliance. Although the mented corrective action prior ate jeopardy was sustained on. pardy (IJ) began on 7/19/20, led to protect R1 from physical identified on 8/18/20, and the					
	notified at 1:56 p.m compliance. It was a thorough investigate to educate staff and majority of staff had therefore, this deficient Past Noncompliance.	(DON) and administrator were of an IJ at past non determined that the facility diduction, implemented measures dishowed evidence that the dishowed been trained by 8/17/20, ient practice is being cited at the dishowed by 8/					
	The following compunsubstantiated: H	plaint was found to be 5148260C					
	finding of past non- facility acknowledge documents.	correction is required for a compliance, it is required the receipt of the electronic					
F 600	Free from Abuse ar	nd Neglect	F 60	000			

Electronically Signed

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		PLE CONSTRUCTION G	(X3) DATE SURVEY COMPLETED C	
		245148	B. WING			18/2020
	NAME OF PROVIDER OR SUPPLIER THE ESTATES AT ST LOUIS PARK LLC			STREET ADDRESS, CITY, STATE, ZIP CODE 3201 VIRGINIA AVENUE SOUTH SAINT LOUIS PARK, MN 55426	,	
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	Continued From pa	_	F 600			
	§483.12 Freedom filexploitation The resident has the neglect, misappropand exploitation as includes but is not lead to corporal punishment any physical or chetreat the resident's §483.12(a) The fact fact fact from the fact fact from the fact fact fact from the fact fact fact fact from the fact fact fact from the fact fact fact fact fact from the fact fact fact fact fact fact from the fact fact fact fact fact fact fact fact	from Abuse, Neglect, and the right to be free from abuse, oriation of resident property, defined in this subpart. This limited to freedom from ant, involuntary seclusion and emical restraint not required to medical symptoms. The second mental mental medical mental men		Past noncompliance: no plan of correction required.		

		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	` ′		X2) MULTIPLE CONSTRUCTION A. BUILDING		(X3) DATE SURVEY COMPLETED	
		245148	B. WING				C 18/2020	
	NAME OF PROVIDER OR SUPPLIER THE ESTATES AT ST LOUIS PARK LLC			STREET ADDRESS, CITY, STATE, ZIP CODE 3201 VIRGINIA AVENUE SOUTH SAINT LOUIS PARK, MN 55426			10/2020	
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F 600	printed 8/14/20, incliver, acute respirate status and degener to alcohol. R1's Minimum Data indicated R1 had a and did not display towards others. R1's care plan date altered cognition duneeded time to com The care plan direct reorientation and state care plan also indicate become more lucid one from staff. A review of physicial order dated 7/11/20 Encephalopathy Sovia enema, every since During further review administration recorrefused the medication on 7/18/20, the medication on 7/18/20, the medication on 7/18/20, and an analy refuse the state of the state of the medication on 7/18/20, the state of t	ained from the face sheet luded alcoholic cirrhosis of the ory failure, altered mental ration of nervous system due. a Set (MDS) dated 6/3/20, severely impaired cognition physical or verbal behaviors. d 3/25/20, indicated R1 had use to alcohol liver failure and municate her needs/wants. Ited staff to provide cues, upervision as needed. The ated on 7/22/20, R1 started to , aware, and required assist of an orders revealed R1 had an office for liver failure. In orders for liver failure, we of R1's July medication rd, it was revealed R1 had tion from the registered nurse at 6 p.m., however, received ar 7/19/20, at 6 p.m. from RN-A. d 7/18/20, by RN-A indicated sed to have lactulose solution nat risks and benefits were	F6	00				
	During interview on assistant (NA)-A ide	8/13/20, at 8:43 a.m. nursing entified that an incident s and R1 had occurred on the						

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	l ` ′	TIPLE CONSTRUCTION		(X3) DATE SURVEY COMPLETED	
		245148	B. WING		08	C / 18/2020	
NAME OF PROVIDER OR SUPPLIER THE ESTATES AT ST LOUIS PARK LLC				STREET ADDRESS, CITY, STATE, ZIP 3201 VIRGINIA AVENUE SOUTH SAINT LOUIS PARK, MN 5542	CODE	. 10. 20 20	
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F 600	evening of 7/19/2 down while they a then indicated that administer the enafter a few minuted NA-A, to administ indicated that upon refused the enemyelling and scream hands, and mouth bed, RN-A administindicated the incident had occubeing reported whe incident had occubeing reported to 7/30/20. On 8/18/20, at 8:1 facility administratinat after learning surveyor on 8/13/suspended and the The DON indicated conducted with be learned that the incident had immediately per the ported to the SADON also identified that the incident, a occurred. The DOM made a statemen medication but Randaministered the administered the medication but Randaministered the medicated the minimister of the minimister	page 3 0, where two nurses held R1 Idministered R1's enema. NA-A It RN-A had approached R1 to It ema but R1 refused it, but then It es RN-A returned with RN-B and It er the enema. NA-A further In entering the room, R1 again It a. NA-A also indicated R1 was Ining, and that RN-B held R1's It and while holding her down in It stered the enema. NA-A then It was never reported to the It indicated that the incident It in R1 had died and that the It in R1 had week or two prior to It is a.m., during interview, the It is and NA were It is and NA were It is and NA, where it was It is and NA, where it wa	F6	500			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
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		245148	B. WING		· · · · · · · · · · · · · · · · · · ·	/18/2020	
NAME OF PROVIDER OR SUPPLIER THE ESTATES AT ST LOUIS PARK LLC				STREET ADDRESS, CITY, STATE, ZIP CO 3201 VIRGINIA AVENUE SOUTH SAINT LOUIS PARK, MN 55426	ODE		
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F 600	RN-A and other state importance of R1 grid RN-A indicated it with The DON then state [RN-A] to hold her [RN-A] stated no." nurses were interviresided at that time would refuse her more-approached. The nurse practitioner (asked if the intent of force R1 into gettin indicated the order anything on R1. The NP indicated the order anything on R1. The NP indicated the order anything or rectal alert and responsive orally or rectal alert and responsive On 8/18/20, at 11:3 interview the DON involved were interthey performed an against R1's will." Indicated the facility allegation of reside management on 7/incident of 8/13/20 by the surveyor, imincident was report RN-A, RN-B, NA-A	aff felt there was such an getting this medication, and was in the best interest of R1. Led "I asked if the order told her [R1] down and force her, The DON indicated other lewed on the floor where R1 e, all the nurses indicated R1 nedication but R1 needed to be the DON also indicated the NP) was interviewed and of the order was for staff to the order was for staff to the DON further identified the order for R1 was changed on the sunresponsive state to the order to not make the order on 7/21/20, for staff to either the order on 7/21/20, for staff to either the order on The DON also stated, "[RN-A] the DON also stated, "[RN-A] the IR1] do it,' and that [RN-B] the onher because she was string."	F	600			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
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F 600	and the facility was had been implemer and NA-A being ter with a plan to educa of reporting, protect which began 8/13/2 In addition, the facil a competency quiz information taught a was determined by 8/1 deficient practice is Noncompliance. Review of Monarch "Abuse Prohibition/7/5/19, indicated that residents are n anyone, including b other residents, cor or other agencies s members or legal g individuals, or self-a indicated that all stareporting any situat neglect along with i that reporting must supervisor and that	able to verify corrective action nted, including RN-A, RN-B minated. The facility continued ate all staff on the importance ting and preventing abuse, 20, and continued to 8/18/20. ity planned to have staff take at a later date regarding the about abuse and reporting. It at the majority of staff had 7/20, and therefore, this being cited at Past Health Management policy, Vulnerable Adult Plan" revised at the purpose is to ensure ot subjected to abuse by ut not limited to, facility staff, isultants, or volunteers, staff erving the individual, family uardians, friends or other abuse. The policy further aff are responsible for ion that is considered abuse or injuries of unknown origin. Also occur immediately to a reporting to the state agency to later than 2 hours after	F 60			



Protecting, Maintaining and Improving the Health of All Minnesotans

Electronically delivered August 27, 2020

Administrator The Estates At St Louis Park LLC 3201 Virginia Avenue South Saint Louis Park, MN 55426

Re: Event ID: WR2G11

Dear Administrator:

The above facility survey was completed on August 18, 2020 for the purpose of assessing compliance with Minnesota Department of Health Nursing Home Rules. At the time of the survey, the survey team from the Minnesota Department of Health - Health Regulation Division noted no violations of these rules promulgated under Minnesota Stat. section 144.653 and/or Minnesota Stat. Section 144A.10.

Electronically posted is the Minnesota Department of Health order form stating that no violations were noted at the time of this survey. The Minnesota Department of Health is documenting the State Licensing Correction Orders using federal software. Please disregard the heading of the fourth column which states, "Provider's Plan of Correction." This applies to Federal deficiencies only. There is no requirement to submit a Plan of Correction.

Please feel free to call me with any questions.

Sincerely,

Melissa Poepping, Health Program Representative Senior

Program Assurance | Licensing and Certification

Minnesota Department of Health

P.O. Box 64970

Saint Paul, Minnesota 55164-0970

Phone: 651-201-4117

Email: melissa.poepping@state.mn.us

PRINTED: 08/27/2020 FORM APPROVED

Minnesota Department of Health

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:		` ′	(X2) MULTIPLE CONSTRUCTION A. BUILDING:			
00943		B. WING			C 08/18/2020	
NAME OF	PROVIDER OR SUPPLIER		ADDRESS, CITY,	STATE. ZIP CODE	00/	10/2020
THE EST	TATES AT ST LOUIS P	ARKIIC 3201 V	IRGINIA AVEN	JE SOUTH		
SAINT LC			LOUIS PARK,			
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2 000	Initial Comments		2 000			
	*****ATTE	NTION*****				
	NH LICENSING	CORRECTION ORDER				
	144A.10, this correct pursuant to a surver found that the deficiency found that the deficiency form of corrected shall with a schedule of the Minnesota Department of the Minnesota Department of the Minnesota Minnesota Tequirements of the number and Minnesota Minneso	hether a violation has been compliance with all rule provided at the tagule number indicated below. It is several items, failure to the items will be considered Lack of compliance upon	1			
	result in the assess	ny item of multi-part rule will ment of a fine even if the ite uring the initial inspection wa				
	that may result from orders provided tha the Department with	hearing on any assessments n non-compliance with these it a written request is made to hin 15 days of receipt of a ent for non-compliance.				
		h 8/18/20, an abbreviated ted to determine compliance				
		olaint was found to be 48259C, however, no licensi	ng			

Minnesota Department of Health
LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE (X6) DATE

Electronically Signed

Minnesota Department of Health

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:		(X2) MULTIPLE CONSTRUCTION A. BUILDING:		(X3) DATE COMF	(X3) DATE SURVEY COMPLETED	
00943		B. WING		C 08/18/2020		
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2 000	The following compunsubstantiated: Hat The facility is enroll signature is not requage of the State for Although no plan of	plaint was found to be 5148260C. ed in ePOC and therefore a uired at the bottom of the first orm. f correction is required, it is cility acknowledge receipt of	2 000			
1						

Minnesota Department of Health

STATE FORM WR2G11 If continuation sheet 2 of 2