

State Rapid Response Investigative Public Report

Office of Health Facility Complaints

Maltreatment Report #: HL322765323M
Compliance #: HL322769138C

Date Concluded: June 27, 2023

Name, Address, and County of Licensee

Investigated:

Prelude Homes and Services
4650 White Bear Parkway
White Bear Lake, MN 55110
Ramsey County

Facility Type: Assisted Living Facility with
Dementia Care (ALFDC)

Evaluator's Name:

Katie Germann, RN, Special Investigator

Finding: Not Substantiated

Nature of Investigation:

The Minnesota Department of Health investigated an allegation of maltreatment, in accordance with the Minnesota Reporting of Maltreatment of Vulnerable Adults Act, Minn. Stat. 626.557, and to evaluate compliance with applicable licensing standards for the provider type.

Initial Investigation Allegation(s):

The facility neglected a resident when the resident had a change of condition and staff fed the resident food when he was too weak to chew or swallow. Paramedics had to suction the resident's airway to clear sitting food.

Investigative Findings and Conclusion:

The Minnesota Department of Health determined neglect was not substantiated. The resident had a change of condition and became weak. Facility staff contacted the nurse on two occasions within approximately a two-hour window to report the resident's change of condition seeking guidance on how to best care for the resident. The resident was assisted with eating according to the plan of care.

The investigator conducted interviews with facility staff members, including administrative staff, nursing staff, and unlicensed staff. The investigation included review of medical records, hospital notes, the ambulance run report, staff personnel files and training, facility policies and

procedures, nursing notes, and staff charting. Also, the investigator observed staff cares of residents.

The resident resided in an assisted living memory care unit. The resident's diagnoses included dementia. The resident's service plan included assistance with dressing, bathing, grooming, meals, laundry, housekeeping, and medication management and administration. The resident's assessment indicated the resident had cognitive and functional vulnerabilities requiring staff assistance with feeding him meals.

According to hospital notes, the resident was found by emergency medical services (EMS), lying face down on a table at the facility. EMS reported to hospital staff the resident had been found with chicken in his mouth that was suctioned out. The hospital notes indicated the resident was diagnosed with bilateral pulmonary emboli (blood clots in his lungs), and probable deep venous thrombosis in the right common femoral vein (a blood clot in the right thigh), and hypernatremia (a high level of sodium in the blood). The findings were "inconclusive for infection in the lungs or signs of aspiration from food or drink". The resident was treated at the hospital and returned to the facility four days later.

An ambulance run report indicated emergency medical services (EMS) found the resident face down on a table with both arms stretched out. The resident was not alert or oriented and appeared to be breathing with some difficulty. The report indicated staff told EMS the resident had been at the table for five hours. According to the report staff reported the resident was, "altered," but staff still attempted to feed the resident, but he was unable to eat. EMS opened the resident's mouth and found food along with "dislodged dentures". They suctioned the resident's airway removing food and dentures during transport to the hospital. The report indicated after suctioning; the resident appeared to "breathe easier".

A facility menu noted the lunch for the day was sour cream noodle bake, and supper was a pulled pork sandwich.

When interviewed a facility nurse stated staff called her regarding changes in the resident's condition. Staff reported the resident was lethargic and shaky. Staff were directed to check the residents' vital signs which were all normal. The nurse asked the staff to do a COVID test and try to give the resident fluids. The nurse asked staff to call if the residents condition continued and/or worsened. The staff called the nurse back approximately two hours later and reported the resident's condition had not improved. The nurse directed staff to call EMS and send the resident to the hospital.

During interview with unlicensed personnel who had been caring for the resident during the day shift of the incident stated the resident ate all his breakfast and lunch and had no changes from baseline status. The unlicensed personnel stated the resident was in the wheelchair most of the day except when laying down in the afternoon which was usual for the resident. The

resident took all of his medications, and when staff assisted the resident with eating breakfast and lunch the resident had no changes of condition.

During an interview, the unlicensed personnel who had been assigned to care for the resident during the evening shift noted about an hour into the shift, the resident became lethargic and was leaning over to the right in his wheelchair. Staff called and notified the nurse regarding the residents change of condition. The unlicensed personnel stated he attempted to assist the resident with supper, but the resident suddenly laid his head down on the table. The resident was unable eat, so staff called the nurse again at which time they called EMS.

When interviewed, another unlicensed personnel working the evening of the incident stated she noticed the resident had been lethargic and shaky about an hour into the shift. The unlicensed personnel stated she called the nurse to report the resident's change of condition. Staff checked the residents' vital signs, did a COVID test, and encouraged the resident to drink fluids. About an hour later, the resident was lethargic and was unable to eat his supper. The staff called the nurse and were directed to send the resident to the hospital.

In conclusion, the Minnesota Department of Health determined neglect was not substantiated.

“Not Substantiated” means:

An investigatory conclusion indicating the preponderance of evidence shows that an act meeting the definition of maltreatment did not occur.

Neglect: Minnesota Statutes, section 626.5572, subdivision 17

Neglect means neglect by a caregiver or self-neglect.

(a) "Caregiver neglect" means the failure or omission by a caregiver to supply a vulnerable adult with care or services, including but not limited to, food, clothing, shelter, health care, or supervision which is:

- (1) reasonable and necessary to obtain or maintain the vulnerable adult's physical or mental health or safety, considering the physical and mental capacity or dysfunction of the vulnerable adult; and
- (2) which is not the result of an accident or therapeutic conduct.

Vulnerable Adult interviewed: No, deceased.

Family/Responsible Party interviewed: Yes

Alleged Perpetrator interviewed: Not Applicable

Action taken by facility:

No action taken.

Action taken by the Minnesota Department of Health:

No further action taken at this time.

cc:

The Office of Ombudsman for Long Term Care

The Office of Ombudsman for Mental Health and Developmental Disabilities

Minnesota Department of Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 32276	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED C 04/18/2023
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NAME OF PROVIDER OR SUPPLIER PRELUDE HOMES & SERVICES LLC	STREET ADDRESS, CITY, STATE, ZIP CODE 4650 WHITE BEAR PARKWAY WHITE BEAR LAKE, MN 55110
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0 000	<p>Initial Comments</p> <p>*****ATTENTION*****</p> <p>ASSISTED LIVING PROVIDER LICENSING CORRECTION ORDER</p> <p>In accordance with Minnesota Statutes, section 144G.08 to 144G.95, these correction orders are issued pursuant to a complaint investigation.</p> <p>Determination of whether a violation is corrected requires compliance with all requirements provided at the statute number indicated below. When a Minnesota Statute contains several items, failure to comply with any of the items will be considered lack of compliance.</p> <p>INITIAL COMMENTS: #HL322769138C/ HL322765323M #HL322761521C/#HL322766064M #HL322761668C/#HL322766184M</p> <p>On April 18, 2023, the Minnesota Department of Health conducted a complaint investigation at the above provider, and the following correction orders are issued. At the time of the complaint investigation, there were 30 residents receiving services under the provider's Assisted Living with Dementia Care license.</p> <p>The following correction orders are issued for #HL322761521C/#HL322766064M, and #HL322761668C/#HL322766184M, tag identification 2310, and 2360.</p>	0 000	<p>The Minnesota Department of Health documents the State Correction Orders using federal software. Tag numbers have been assigned to Minnesota State Statutes for Assisted Living Facilities. The assigned tag number appears in the far left column entitled "ID Prefix Tag." The state statute number and the corresponding text of the state statute out of compliance are listed in the "Summary Statement of Deficiencies" column. This column also includes the findings that are in violation of the state requirement after the statement, "This Minnesota requirement is not met as evidenced by." Following the Surveyors and/or Investigators ' findings is the Time Period for Correction.</p> <p>Per Minnesota Statute §144G.30, Subd. 5 (c), the assisted living facilities must document any action taken to comply with the state correction order. A copy of the provider ' s records documenting those actions may be requested for follow-up surveys and/or complaint investigations.</p> <p>PLEASE DISREGARD THE HEADING OF THE FOURTH COLUMN WHICH STATES,"PROVIDER'S PLAN OF CORRECTION." THIS APPLIES TO FEDERAL DEFICIENCIES ONLY. THIS WILL APPEAR ON EACH PAGE.</p> <p>THERE IS NO REQUIREMENT TO SUBMIT A PLAN OF CORRECTION FOR VIOLATIONS OF MINNESOTA STATE STATUTES.</p>	

Minnesota Department of Health
LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE _____ TITLE _____ (X6) DATE _____

Minnesota Department of Health

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0 000	Continued From page 1	0 000	THE LETTER IN THE LEFT COLUMN IS USED FOR TRACKING PURPOSES AND REFLECTS THE SCOPE AND LEVEL ISSUED PURSUANT TO THE MINN. STAT. § 144G.31, SUBDIVISION 2 and 3.	
02310 SS=G	<p>144G.91 Subd. 4 (a) Appropriate care and services</p> <p>(a) Residents have the right to care and assisted living services that are appropriate based on the resident's needs and according to an up-to-date service plan subject to accepted health care standards.</p> <p>This MN Requirement is not met as evidenced by: Based on observation, interview, and record review, the licensee failed to ensure assisted living services were provided based on the resident's needs and subject to accepted health care standards for one of one resident (R1) with a fall with leg injury, and one of one resident (R2) who was locked outside the facility for over six hours.</p> <p>This practice resulted in a level three violation (a violation that harmed a resident's health or safety, not including serious injury, impairment, or death, or a violation that has the potential to lead to serious injury, impairment, or death), and was issued at an isolated scope (when one or a limited number of residents are affected or one or a limited number of staff are involved or the situation has occurred only occasionally).</p> <p>The findings include:</p> <p>R1</p>	02310		

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02310	<p>Continued From page 2</p> <p>R1's 90-day assessment dated August 30, 2022 indicated the resident had diagnoses of dementia and a history of falls. R1 received assistance with dressing, bathing, grooming, meals, medications, laundry, and housekeeping. R1's service plan directed staff to complete safety checks every two hours, and assist the resident with toileting two times overnight. The assessment indicated R1 was able to transfer on her own and did not use a wheelchair for mobility.</p> <p>R1's most recent assessment dated April 12, 2023, indicated the resident had impaired judgement and difficulty communicating.</p> <p>A facility document titled, "incident report", dated April 6, 2023, indicated R1 had an unwitnessed fall at approximately 9:00 p.m. The report indicated the resident had no pain, and the nurse was notified.</p> <p>A facility report dated April 7th, 2023, titled, Investigation for R1's incident on April 6, 2023, indicated the facility camera footage was reviewed of R1's fall. At 8:57 p.m. on April 6, 2023, R1 was observed landing on her bottom with her right leg pinned beneath her. R1 removed her right leg from underneath herself. R1 was observed rubbing her right leg. At approximately 9:00 p.m., unlicensed personnel (ULP)-F found the resident on the floor and ULP-E came to assist ULP-F to lift R1 off the floor. R1 was visibly unable to bear weight, so ULP-F and ULP-E assisted R1 to the nearest chair and obtained a wheelchair to bring R1 to her room.</p> <p>The taped camera footage in R1's room from April 6, 2023, at 9:06 p.m. was reviewed. ULP-F</p>	02310		

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02310	<p>Continued From page 3</p> <p>and ULP-E brought R1 into her room in a wheelchair. ULP-F and ULP-E attempted to transfer R1 from the wheelchair to her bed. When R1 stood up she was grunting and saying, "no, no!" R1 did not appear to move her right leg during the transfer as ULP-F and ULP-E attempted to pivoted the resident to sit on the edge of the bed. As R1 continued to groan and and state, "No, no," ULP-E continued to repeat to R1, "You're fine". R1 was sitting on the edge of the bed and ULP-E grabbed R1's legs and lifted them into bed. R1 cried out and moaned.. ULP-F continued to repeat to R1, "You're fine." When R1 was laying in bed ULP-E touched and rubbed R1's right leg and told ULP-F, "come see her [R1] foot", ULP-F asked ULP-E if R1's right leg, "feel weird?" While ULP-F and ULP-E were looking at R1's leg, R1 propped herself up on her elbows and stated, "it's bad". ULP-E was observed taking a cellular phone out and taking a picture of R1's leg. R1 attempted to sit up in bed and ULP-F and ULP-E both told the resident she needed to stay laying down. ULP-F stated, "You can't walk on that leg, you're going to fall down." ULP-F and ULP-E continued to discuss what to do while R1 continued to attempt to sit up in bed. ULP-F sat on the edge of R1's bed next to the resident and continued to rub R1's right leg and ULP-E left R1's room. ULP-F lifted both of R1's legs straight into bed so R1 was lying flat. R1 was moaning during the move. ULP-F left R1's room.</p> <p>R1's nurses' notes dated April 6, 2023, at 9:47 p.m. indicated the nurse was notified of an unwitnessed fall with "no injuries, no head strike, no reports of pain. R1's range of motion and vital signs were stable and indicated staff would continue to monitor R1.</p> <p>R1's progress notes written by ULP-F and dated</p>	02310		

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02310	<p>Continued From page 4</p> <p>April 6, 2023 at 8:10 p.m. stated R1, "ate her dinner well and took her meds." There was no documentation regarding R1's fall.</p> <p>The overnight notes documented by ULP-D on April 7, 2023 at 6:52 a.m., indicated R1 "slept well during the night shift and staff checked on her every two hours during rounds and staff assisted her with toileting, resident did not have a bowel movement, no complaints, no behaviors, no pain". ULP-D documented R1 was assisted to the bathroom three times on her shift.</p> <p>R1's nurses' notes dated April 7, 2023, at 9:06 a.m., indicated, "Received report that resident [R1] complained of pain in right leg, unable to stand up. Right shin appears different, almost bow, per staff. Resident had an unwitnessed fall last evening but did not have injury per report." The nurses notes indicated R1 was sent to the hospital via ambulance and family was notified.</p> <p>When interviewed on April 25, 2023, at 9:13 a.m., ULP-F stated she assisted R1 off the floor following the fall. ULP-F stated she could not tell if R1 was in pain or if the residents leg looked any different than normal. ULP-F stated R1 was transferred to her room with a wheelchair after the fall because R1 was unable to stand. ULP-F stated she did not see R1 after she assisted the resident to bed following the fall.</p> <p>During an interview on April 26, 2023, at 9:59 a.m., ULP-E stated she assisted R1 off the floor following the fall. ULP-E stated R1 started crying when they were trying to lift her off the floor, however, ULP-E stated she didn't think anything was different because R1 "cried often." ULP-E stated ULP-F obtained a wheelchair to transfer R1 to her room because R1 was unable to stand.</p>	02310		

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02310	<p>Continued From page 5</p> <p>ULP-E stated she called the nurse to report R1's fall but did not tell the nurse about R1's leg or her inability to stand. ULP-E stated she took a picture of R1's leg but did not send it to the nurse. ULP-E stated she sent the picture to a facility manager who was not the facility nurse.</p> <p>During interview on April 26, 2023, at 3:30 p.m., ULP-D stated she was not aware R1 had a fall earlier that evening. ULP-D stated she completed safety checks on R1 every 2 hours overnight, however, she did not toilet R1. ULP-D stated R1 was quiet all night.</p> <p>R1's hospital notes dated April 12, 2023, indicated R1 had fractures to her right tibia and fibula (lower leg bones), and second-fourth metatarsal (foot bones) fractures to her right foot. The hospital notes indicated the orthopedic doctor recommended nonoperative management related to R1's multiple medical conditions. R1 was admitted to hospice and sent back to the facility on April 12, 2023. R1 passed away from her injuries April 18, 2023.</p> <p>During an interview on April 25, 2023, at 9:52 a.m. RN-C stated she was contacted by ULP-E on April 6, 2023, and notified R1 had a fall. RN-C stated ULP-E reported R1 was found on the floor after having an unwitnessed fall. ULP-E reported R1 had no injuries, no pain, did not hit her head, and R1's vital signs and range of motion were normal.</p> <p>During interview on April 19, 2023, at 1:00 p.m, RN-B stated she was the on call nurse the morning following R1's fall. RN-B stated a staff member went to complete morning cares on R1 and the resident, "appeared to be in pain," and the resident was not moving as she usually did.</p>	02310		

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02310	<p>Continued From page 6</p> <p>During an interview on April 28, 2023, at 11:09 a.m., R1's family member (FM) stated they viewed the camera footage from R1's room after R1's fall on April 6th and throughout the night of April 7th. The family member stated the camera in the residents room turns on and starts recording with any motion or when the door to the room is opened. The recorded video indicated after the fall, R1's door was opened slightly around 11:30 p.m. on April 6, 2023. However, no further checks of the resident were recorded overnight. .</p> <p>A facility document (undated) titled "steps to follow when a resident falls" details a list of things to do when a resident falls. The document indicated, "Do not get the resident off the ground before the nurse gives the "okay"". The steps detail to call the nurse and "follow nurse instructions for next steps". Step six is to "assist the resident off the floor when instructed by the nurse". The final step is to, "chart in the progress note that the resident had a fall".</p> <p>R2</p> <p>R2's service plan March 1, 2021, indicated the resident required assistance with dressing, bathing, grooming, meals, medications, laundry, and housekeeping. Staff were directed to complete safety checks every two hours.</p> <p>R2's most recent assessment dated April 12, 2023, indicated the resident was confused and had impaired balance when standing and walking.</p> <p>A facility document dated April 15, 2023, titled, "Investigation for [R2] incident on April 14-15,</p>	02310		

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02310	<p>Continued From page 7</p> <p>2023, indicated staff were completing safety checks around 1:00 a.m. on April 15, 2023, and R2 was not in her room. Staff began to search and found R2 on her back lying on the ground in the courtyard. R2's lower half of her body was on concrete and R2's head was on the landscape rock. 911 was contacted and R2 was transported to the hospital for evaluation. The document indicated the facility camera footage from the evening of April 14, 2023, was reviewed and R2 was observed going out into the courtyard around 6:48 p.m.</p> <p>R2's service record dated April 14, 2023, indicated ULP-B documented completing safety checks for R2 at 7:00 p.m. and 9:00 p.m. ULP-B documented the 7:00 p.m. safety check occurred at 3:35 p.m. and the 9:00 p.m. safety check occurred at 7:24 p.m. ULP-B charted R2 was assisted with night-time cares and toileted prior to the end of ULP-B's shift at 11:00 p.m. ULP-B documented, "The resident ate 98% of her dinner and she went into her room to sleep." The next shift started at 11:00 p.m. and ULP-C charted the 11:00 p.m. safety check was "not done".</p> <p>During interview on May 3, 2023, at 3:35 p.m., ULP-B stated he locked the courtyard doors at 8:00 p.m., however, he did not go out into the courtyard to ensure all of the residents were in the building. ULP-B stated the last time he saw R2 on April 14, 2023, was approximately 6:50 p.m. ULP-B stated he went to R2's room but her door was locked so he thought R2 was in her room. ULP-B stated R2's evening cares and safety checks were not completed the evening of April 14, 2023.</p> <p>R2's hospital notes dated April 15, 2023, indicated R2 was treated in the Emergency room</p>	02310		

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02310	<p>Continued From page 8</p> <p>for a urinary tract infection. R2 was prescribed oral antibiotics and sent back to the facility on April 15, 2023.</p> <p>During an interview on April 26, 2023, at 11:31 a.m., administrator (A)-A stated staff were instructed to walk the premises of the courtyard prior to locking the doors around 8:00 p.m.</p> <p>No further information was provided.</p> <p>Time period for correction: Two (2) days.</p>	02310		
02360	<p>144G.91 Subd. 8 Freedom from maltreatment</p> <p>Residents have the right to be free from physical, sexual, and emotional abuse; neglect; financial exploitation; and all forms of maltreatment covered under the Vulnerable Adults Act.</p> <p>This MN Requirement is not met as evidenced by: The facility failed to ensure two of two resident(s) (R1 and R2) were free from maltreatment.</p> <p>Findings include:</p> <p>The Minnesota Department of Health (MDH) issued a determination maltreatment occurred, and individual(s) were responsible for the maltreatment, in connection with incidents which occurred at the facility.</p> <p>Please refer to the public maltreatment report for details.</p>	02360	<p>No Plan of Correction (PoC) required. Please refer to the public maltreatment report (report sent separately) for details of this tag.</p>	