

Protecting, Maintaining and Improving the Health of All Minnesotans

# State Rapid Response Investigative Public Report

Office of Health Facility Complaints

Maltreatment Report #: HL34426009M Date Concluded: May 13, 2022

**Compliance #:** HL34426010C

Name, Address, and County of Licensee Investigated:

Elk Ridge Alzheimer's Special Care Center 1700 Beam Avenue Maplewood, MN 55109 Ramsey County

Facility Type: Assisted Living Facility with Evaluator's Name: Jill Hagen, RN,

Dementia Care (ALFDC)
Special Investigator

Finding: Substantiated, individual responsibility

**Nature of Visit:** 

### Allegation(s):

It is alleged: The alleged perpetrators (AP)1 and AP2, unlicensed staff, abused the resident when the resident refused cares, and AP1 and AP2 restrained the resident and forced him to change clothes. As a result, the resident's forearms were bruised, and the resident experienced increased back and hip pain.

## **Investigative Findings and Conclusion:**

Abuse is substantiated. AP1 and AP2 were responsible for the maltreatment. Video surveillance from the resident's room showed AP1 and AP2 forcefully restraining the resident by holding him around the neck, holding down his arms and hands, and laying over the resident's upper body while attempting to change the residents' clothes. The resident refused care, however, AP1 and AP2 continued to force the residents' clothes on and off even when the resident stated, "No you're not", and "You're hurting me!" Following the incident, the resident had increased deep red bruising of both upper hands and wrists and had complaints of back and hip pain that required Tylenol, an analgesic, for pain relief.

The investigation included interviews with facility staff members, including administrative staff, nursing staff, and unlicensed staff. The investigator reviewed the residents medical record,

facility policy and procedures, staff schedules and training, contract staff training, and AP1 and AP2's employee files. The investigation also included a review of recorded video surveillance from the resident's room the night of the incident. In addition, law enforcement was contacted.

The residents medical record indicated diagnoses including Lewy Body dementia (a progressive dementia causing a decline in thinking, reasoning and independent functioning). The resident was admitted to the facility less than two weeks prior to the incident. The resident made his basic needs known but required the assistance of others for decision making. The resident required one staff assistance with dressing, grooming, bathing, and cues and reminders for toileting. The resident was independent with walking. The resident had a history of refusal of cares such as changing clothes and taking a shower. When the resident refused care, staff were directed to re-approach the resident at a later time. The residents medical record indicated the resident was not able to report abuse by others.

The resident's facility progress note indicated one evening the resident's family member (FM) came to the facility and reported to the nurse on duty, licensed practical nurse (LPN)-B, she observed an incident on the resident's video camera involving the resident and AP1 and AP2. The FM was watching the resident's live video feed from a camera which was set up in the resident's room. The FM stated AP1 and AP2 were forcing the resident to change his clothes. LPN-B spoke with the resident who stated he remembered the incident and talked about feeling like he could not breath. The note indicated the resident had new red bruises present on the top of both hands. Following the incident, the resident winced with movement complaining of back pain and pain of both wrists. LPN-B removed AP1 and AP2 from resident care.

The facility report indicated the video showed AP1 and AP2 hold the resident down and force him to change his clothes despite the resident's refusal. On the video the resident could be heard saying, "I can't breathe," and "stop".

Review of the recorded video footage from that evening began with AP2 holding down the resident's arms and hands with the resident on his back in bed. AP1 began to remove the resident's pants while AP2 held down the resident's arms and hands. After approximately one minute, the resident attempted to kick AP1 so AP2 laid across the resident's upper body with her right knee on the bed holding down the resident's arms and hands. AP1 told the resident to be "nice" and the resident responded, "I don't know how to do that" and AP 1 responded "That's why you're getting this treatment!" At one point, the resident said, "You're smothering me". During that time, the resident's fast breathing could be heard on the video. When AP1 and AP2 completed forcing on the resident's underwear and pants, AP1 demanded the resident stand up from the bed and in one quick motion AP1 and AP2 grabbed the resident under his armpits and yanked the resident to a standing position. The resident responded with "Oh, owe" with cursing. The entire undressing and dressing of the resident's lower body took AP1 and AP2 almost five minutes.

Next, the resident was standing and AP1 and AP2 pointed at the resident's upper body and told the resident, "Take this one off," pointing to the resident's shirt. The resident said, "I can't do everything at one time". AP1 and the resident were standing facing each other and AP1 pointed her finger at the resident's face and said, "Don't start cussing, don't start!" The resident's eyes became wide, and he clenched both fists. AP1 and AP2 approached the resident and began forcible removing his shirt while the resident stated, "Don't do it". AP1 stood behind the resident and when the resident resisted removing the shirt, AP1 brought her arm around the back of the resident's neck to his chest while AP2 stood in front and held the resident's arms and hands forcing the resident to sit on the bottom edge of his bed. After AP1 and AP2 forcible removed the resident's shirt despite the resident's continued refusals, AP1 and AP2 began putting on the resident's T-shirt and sweater at the same time. AP1 told the resident to "quit it," and the resident responded with "What the hell, what did I do?" During this time, the resident said "ouch" and AP1 said to the resident "stop fighting" "it's your shirt, put in on" and "you're going to give yourself a heart attack!" When putting on the shirt, AP2 put her right knee on the bed over the residents left hand to prevent the resident from using his hand. The resident's T-shirt and shirt were forcible pulled over the resident's elbows. The resident said, "Oh no. Oh no, it's three to one in here, just rip my skin off me first." During the entire incident, the resident breathing remained rapid. Taking off and putting on the resident's shirt took approximately four minutes.

During interview, AP1 stated she worked for a temporary staffing agency and was contracted by the facility to provide resident care and medication management. AP1 stated the day of the incident, AP1 worked both the morning and evening shifts. The resident refused care in the morning. AP1 stated that evening was the first time assisting the resident with cares, but she was aware the resident's care plan should be reviewed first. AP1 stated the resident continued to refuse cares including changing clothes and showers, and the executive director (ED) of the facility directed AP1 to "try" to clean up and change the resident's clothes. Once the resident resisted, AP1 stated both staff should have left him alone and not forced the cares. AP1 stated she had prior abuse and neglect training.

During interview, AP2 stated she was employed by the facility for approximately two weeks prior to the incident, to provide resident care and medication management. AP2 stated that evening was the first-time providing care to the resident. AP1 denied awareness of a care plan to direct staff on resident care and said she, "just took the lead from AP1". AP2 stated licensed practical nurse (LPN)-B told AP1 and AP2 to put the resident to bed that evening around 7 or 8 p.m. and failed to inform AP1 and AP 2 of the resident's behaviors. AP2 stated she restrained the resident but denied causing bruising on the resident's hand. AP2 stated when the resident said "No. No. No." to receiving the care, she should have stopped providing the care. When the resident care was completed AP2 stated, "I knew what we'd done was not okay". AP2 denied receiving any training from the facility.

Review of AP2's personnel file indicated the facility provided AP2 with all the required orientation and training including abuse and neglect training.

During interview, LPN-B stated she was the supervisor on-site the evening of the incident. LPN-B stated both AP1 and AP2 were familiar with the resident and his cares. The facility required staff signatures after reviewing the residents care plans. After viewing the video footage brought in by the resident's family member (FM) that evening, LPN-B notified management and sent AP1 and AP2 home. The resident had no prior behaviors and AP1 and AP2 knew the resident had the right to refuse care.

During interview, the resident's family member (FM) stated the resident had more confusion but was capable of dressing himself with assistance and guidance from staff. The FM placed the camera in the resident's room to ensure his safety. Following the incident, the resident had increased complaints of back and hip pain and increased bruising to the resident's hands and forearms. The FM showed the video to LPN-B that evening and stayed in the resident's room throughout the remainder of the night.

Review of the police report indicated the case remained open for ongoing investigation into the incident.

In conclusion, abuse was substantiated. AP1 and AP2 forced the resident to undress and dress despite the resident's constant refusals.

# Substantiated: Minnesota Statutes, section 626.5572, Subdivision 19.

"Substantiated" means a preponderance of evidence shows that an act that meets the definition of maltreatment occurred.

### Abuse: Minnesota Statutes section 626.5572, subdivision 2.

"Abuse" means:

- (a) An act against a vulnerable adult that constitutes a violation of, an attempt to violate, or aiding and abetting a violation of:
- (1) assault in the first through fifth degrees as defined in sections 609.221 to 609.224;
- (2) the use of drugs to injure or facilitate crime as defined in section 609.235;
- (3) the solicitation, inducement, and promotion of prostitution as defined in section 609.322; and
- (4) criminal sexual conduct in the first through fifth degrees as defined in sections 609.342 to 609.3451. A violation includes any action that meets the elements of the crime, regardless of whether there is a criminal proceeding or conviction.
- (b) Conduct which is not an accident or therapeutic conduct as defined in this section, which produces or could reasonably be expected to produce physical pain or injury or emotional distress including, but not limited to, the following:
- (1) hitting, slapping, kicking, pinching, biting, or corporal punishment of a vulnerable adult; Page 3 of 9 6/23/2021
- (2) use of repeated or malicious oral, written, or gestured language toward a vulnerable adult or the treatment of a vulnerable adult which would be considered by a reasonable person to be disparaging, derogatory, humiliating, harassing, or threatening;

- (3) use of any aversive or deprivation procedure, unreasonable confinement, or involuntary seclusion, including the forced separation of the vulnerable adult from other persons against the will of the vulnerable adult or the legal representative of the vulnerable adult; and
- (4) use of any aversive or deprivation procedures for persons with developmental disabilities or related conditions not authorized under section 245.825.
- (c) Any sexual contact or penetration as defined in section 609.341, between a facility staff person or a person providing services in the facility and a resident, patient, or client of that facility.
- (d) The act of forcing, compelling, coercing, or enticing a vulnerable adult against the vulnerable adult's will to perform services for the advantage of another

Vulnerable Adult interviewed: No, unable due to cognition.

Family/Responsible Party interviewed: Yes

Alleged Perpetrator interviewed: Yes, both AP1 and AP2.

### **Action taken by facility:**

Management provided education to all staff regarding their policies and procedures including residents right to refuse care. The facility implemented a training protocol and policy for contracted pool staff. AP1 and AP2 are no longer employed by the facility.

# Action taken by the Minnesota Department of Health:

The facility was found to be in noncompliance. To view a copy of the Statement of Deficiencies and/or correction orders, please visit:

https://www.health.state.mn.us/facilities/regulation/directory/provcompselect.html If you are viewing this report on the MDH website, please see the attached Statement of Deficiencies. You may also call 651-201-4890 to receive a copy via mail or email.

The responsible party will be notified of their right to appeal the maltreatment finding. If the maltreatment is substantiated against an identified employee, this report will be submitted to the nurse aide registry for possible inclusion of the finding on the abuse registry and/or to the Minnesota Department of Human Services for possible disqualification in accordance with the provisions of the background study requirements under Minnesota 245C.

cc: The Office of Ombudsman for Long Term Care
The Office of Ombudsman for Mental Health and Developmental Disabilities
Ramsey County Attorney
Maplewood City Attorney
Maplewood Police Department

Minnesota Department of Health

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0 000	Initial comments ******ATTENTION**  ASSISTED LIVING CORRECTION OR  In accordance with 144G.08 to 144G.9 issued pursuant to a  Determination of whrequires compliance provided at the state When a Minnesota items, failure to combe considered lack  INITIAL COMMENT  #HL34426010C/#H  On April 27, 2022, the alth conducted a above provider, and orders are issued. A investigation, there services under the pomentia Care lice  The following revise is issued for #HL34 identification 1350. under 1350 was reviously the pomential to the pomen	Minnesota Statutes, section 5, these correction orders are a complaint investigation.  The ether a violation is corrected with all requirements at the number indicated below. Statute contains several apply with any of the items will of compliance.  The Minnesota Department of complaint investigation at the state of the complaint were 41 residents receiving provider's Assisted Living with		Minnesota Department of Health is documenting the State Licensing Correction Orders using federal so Tag numbers have been assigned Minnesota State Statutes for Assis Living Facilities. The assigned tag number appears in the far left coluentitled "ID Prefix Tag." The state number and the corresponding textate Statute out of compliance is the "Summary Statement of Deficicolumn. This column also includes findings which are in violation of the requirement after the statement, "Minnesota requirement is not met evidenced by." Following the evaluation findings is the Time Period for Corplease DISREGARD THE HEALTHE FOURTH COLUMN WHICH STATES, "PROVIDER'S PLAN OF CORRECTION." THIS APPLIES TO FEDERAL DEFICIENCIES ONLY. WILL APPEAR ON EACH PAGE.  THERE IS NO REQUIREMENT TO SUBMIT A PLAN OF CORRECTION STATUTES.  THE LETTER IN THE LEFT COLUENCIES ONLY. WILL APPEAR ON EACH PAGE.  THERE IS NO REQUIREMENT TO SUBMIT A PLAN OF CORRECTION STATUTES.  THE LETTER IN THE LEFT COLUENCIES FOR TRACKING PURPOS REFLECTS THE SCOPE AND LEISSUED PURSUANT TO 144G.31 SUBDIVISION 1-3.	oftware. to ted mn Statute it of the isted in encies" the e state This as ators ' rection.  ON FOR TATE  JMN IS ES AND VEL	
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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE (X6) DATE

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Minnesota Department of Health

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION  A. BUILDING:	(X3) DATE SURVEY COMPLETED	
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Minnesota De	regulation prior to beginning their shifts.			

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Minnesota Department of Health

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Time Period for Correction: Seven (7) days.

01460 144G.63 Subdivision 1 Orientation of staff and

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	executive director (10, 2022, at 3:02 p. hired by the license not maintain a train. The ED did not have provided to agency.  During an interview the ED stated the license components about and regulations.  Review of the license.	dence from the licensee's ED) to the investigator on May m. indicated ULP-D was not e, therefore, the licensee diding personnel file for ULP-D. e a copy of the orientation staff for ULP-D.  on May 12, 2022, at 1:00 p.m. censee's orientation for staff did not contain all the assisted living requirements  see's policy and procedure Orientation dated November				

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	before providing assisted living services to residents.			
	Time Period for Correction: Seven (7) days.			
01470 SS=F	144G.63 Subd. 2 Content of required orientation	01470		
Minnesota De	(a) The orientation must contain the following topics: (1) an overview of this chapter; (2) an introduction and review of the facility's policies and procedures related to the provision of assisted living services by the individual staff person; (3) handling of emergencies and use of emergency services; (4) compliance with and reporting of the maltreatment of vulnerable adults under section 626.557 to the Minnesota Adult Abuse Reporting Center (MAARC); (5) the assisted living bill of rights and staff responsibilities related to ensuring the exercise and protection of those rights; (6) the principles of person-centered planning and service delivery and how they apply to direct support services provided by the staff person; (7) handling of residents' complaints, reporting of complaints, and where to report complaints, including information on the Office of Health Facility Complaints; (8) consumer advocacy services of the Office of Ombudsman for Mental Health and Developmental Disabilities, Managed Care Ombudsman at the Department of Human Services, county-managed care advocates, or other relevant advocacy services; and (9) a review of the types of assisted living			

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	NT OF DEFICIENCIES NOF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	` '	E CONSTRUCTION	COMP	SURVEY LETED
					c	;
		34426	B. WING		05/1	3/2022
NAME OF	PROVIDER OR SUPPLIER	STREET	DDRESS, CITY,	STATE, ZIP CODE		
ELK RIC	GE ALZHEIMER'S SP	ECIAL	AM AVENUE NOOD, MN 5	5109		
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES OF MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOUL CROSS-REFERENCED TO THE APPRODEFICIENCY)	.D BE	(X5) COMPLETE DATE
01470	Continued From pa	ige 9	01470			
	services the employ facility's category of (b) In addition to the orientation may also services to resident training on hearing subdivision must be based, may include include training on topics:  (1) an explanation of and how it manifest the challenges it portion (2) health impacts or age-related hearing incidence of demensiolation, and depressionation, and depressionation, and depressionation, and depressionation about that may enhance of involvement, included assistive listening of and tactile alerting of and tactile alerting of access in real time,  This MN Requirements and	yee will be providing and the flicensure. The topics in paragraph (a), to contain training on providing its with hearing loss. Any loss provided under this en high quality and research conline training, and must one or more of the following of age-related hearing loss itself, its prevalence, and itself, i	9			

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STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		(X2) MULTIPLE A. BUILDING:	(X3) DATE SURVEY COMPLETED			
		34426	B. WING		05/1	3/ <b>2022</b>
NAME OF	PROVIDER OR SUPPLIER	STREET AD	DRESS, CITY, S	TATE, ZIP CODE		
FI K RID	GE ALZHEIMER'S SP	ECIAL 1700 BEA	AM AVENUE			
LLN NID	GL ALZITLIMILIN 3 3P	MAPLEW	OOD, MN 55	109		
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES OF MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOUT CROSS-REFERENCED TO THE APPRODEFICIENCY)	LD BE	(X5) COMPLETE DATE
01470	Continued From page 10		01470			
	,	emic failure that has affected to affect a large portion or all				
	Findings include:					
	medication administ services to the licer contracted agency ULP-D's employee orientation to the astrequirements, regurequirements as if experiences as if experiences are also as a second and as a second agency and a second agency are also as a second agency and a second agency are also as a second agency are also as a second agency and a second agency are also as a second agency and a second agency are also as a second agency are also as a second agency and a second agency are also as a second agency and a second agency are also as a second agency are also as a second agency and a second agency are also as a second agency and a second agency are a second agency and a second agency are also as a second agency and a second agency are a second agency as a second agency and a second agency are a second agency as a seco	sted by the licensee to provide stration and delegated nursing usee's residents as temporary staff on March 9, 2022. record lacked evidence of ssisted living licensing lations, and all training employed by the facility. on the nursing assistance				
	having completed to of orientation to associate overview of assisted introduction and reand procedures related services; -handling of emergence services; -compliance with result of the vulnerable adults; -assisted living bill of the handling of resider complaints, and who consumer advocate or principles of persons service delivery; and the types of the types employee will be proceeded.	ed living statutes; eview of the provider's policies ated to the provision of AL encies and use of emergency eporting of maltreatment of of rights; nt complaints, reporting of ere to report; cy services; n-centered planning and ed s of assisted living services the evoiding and the facility's				
	•	ndence from the licensee's ED) to the investigator on May				

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		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION  A. BUILDING:		COMPLETED	
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		34426	B. WING		_	
NAME OF	PROVIDER OR SUPPLIER	STREET AD	DRESS, CITY, S	STATE, ZIP CODE		
		1700 BEA	M AVENUE			
ELK RID	GE ALZHEIMER'S SP	ECIAL	OOD, MN 55	5109		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)		ID PREFIX TAG	(EACH CORRECTIVE ACTION SHOUL	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE ROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	
01470	Continued From pa	ge 11	01470			
01470	10, 2022, at 3:02 p. hired by the license not maintain a training. The ED did not have provided to agency. During an interview the ED stated the license components about and regulations.  Review of the license titled Agency Staff C 2017, stated, the attemprocedures were informative understand the facility of the community states and experience are also as a superior and experience and experience are also as a superior and experien	m. indicated ULP-D was not e, therefore, the licensee did ing personnel file for ULP-D. e a copy of the orientation staff for ULP-D.  on May 12, 2022, at 1:00 p.m. censee's orientation for staff did not contain all the assisted living requirements  see's policy and procedure Drientation dated November tached policies and apportant to review to help staff lity expectations. After a tour taff were to review with the and sign at the bottom that e attached policies and pectations which included: ts, and Unusual Occurrences				
	-Emergencies-Majo	r Medical				
	-Exit Alarms/Delaye -Fall Management	ed Egress				
		mergency edures continued with edication Aides were to review				
	•	to Administrator and Health				

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STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION  A. BUILDING:		(X3) DATE SURVEY COMPLETED	
		34426	B. WING		05/1	; 3/2022
NAME OF	PROVIDER OR SUPPLIER	STREET AD	DRESS, CITY, S	STATE, ZIP CODE	-	
ELK RID	GE ALZHEIMER'S SP	ECIAL 1700 BEA	5109			
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES OF MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPRODEFICIENCY)	_D BE	(X5) COMPLETE DATE
01470	-Orientation to curre Review of the licens procedure titled 144 Training Requireme Orientation of staff staff providing and must complete an of facility licensing red before providing as residents.	ement Policies cation administration record)	01470			
02360	Residents have the sexual, and emotion exploitation; and all covered under the Younger of the Yo	reedom from maltreatment right to be free from physical, nal abuse; neglect; financial forms of maltreatment vulnerable Adults Act.  ent is not met as evidenced and document review, the ure one of one of one (R1) was free from vas abused.  the Minnesota Department of ed a determination that abuse an individual staff persons was maltreatment, in connection occurred at the facility. The	02360			

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		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION  A. BUILDING:			(X3) DATE SURVEY COMPLETED	
		34426	B. WING		05/13	3/2022	
NAME OF PROVIDER OR SUPPLIER  STREET ADDRESS, CITY, STATE, ZIP CODE  1700 BEAM AVENUE  MAPLEWOOD, MN 55109							
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES OF MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTIVE ACTION SHOOL CROSS-REFERENCED TO THE APPIDEFICIENCY)	OULD BE	(X5) COMPLETE DATE	
02360	Continued From particle MDH concluded the evidence that maltre	ere was a preponderance of	02360				

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