

The NCQA Spine Care Recognition Program has the following specs:

- Pain Assessment
- Functional Status
- Physical Exam
- Pt history with red flags documentation
- Prior Treatment and response
- Employment Status
- Mental Health Assessment
- Appropriate Imaging as well as repeat imaging Smoking Status and assistance
- Advice to maintain or resume normal activities ASAP
- Advice against extended bed rest
- For chronic back pain, advice for supervised exercise (PT)
- % of pts without radicular pain who received epidural steroid injection
- % pts without reed flag who received surgery in first 6 weeks
- Reassessment of pain and Function within 3 to 8 weeks
- Shared decision Making (Patient Decision Support) and Patient Decision Aides
- Satisfaction surveys with plan to improve patient experience

<http://www.ncqa.org/bprp.aspx>