



MNCM Measurement Specifications for Depression 2010 DDS

MNCM Measure	Improved Mental Health for Patients with Depression
Description	This measure is used to assess the percentage of patients who have reached remission at six months (+/- 30 days) after being identified as having an initial PHQ-9 score > 9. Remission is defined as a PHQ-9 score less than 5.
Methodology	Population identification is accomplished via a query of a practice management system or Electronic Medical Record (EMR) to identify the population of eligible patients (denominator). Data elements are either extracted from an EMR system or abstracted through medical record review.
Rationale	The priority aim addressed by this measure is to improve the outcomes of treatment for major depression.
Denominator	<p>Established patients meeting all of the following criteria:</p> <ul style="list-style-type: none"> • Adults age 18 and older; no upper age limit • Patient visits or contacts during the measurement period. • Diagnosis of Major Depression or Dysthymia; ICD-9 codes include: <ul style="list-style-type: none"> ○ 296.2.x Major depressive disorder, single episode ○ 296.3x Major depressive disorder, recurrent episode ○ 300.4 Dysthymic disorder ○ For primary care providers, these diagnosis codes can be in <u>any</u> position ○ For behavioral health providers, the depression or dysthymia diagnosis codes need to be listed as the primary diagnosis. This is to insure that the patient is primarily being treated for major depression and does not have other more serious psychiatric conditions like psychoses, schizophrenia or bipolar disorder with underlying depression. • initial PHQ-9 score is > nine • Include the following provider specialties: Family Practice, Internal Medicine, General Practice, Med/ Pediatrics, Geriatric Medicine, and Psychiatry/ Behavioral Health
Exclusions	<ul style="list-style-type: none"> • Patient death • Hospice • Permanent Resident of Nursing Home • Bipolar Disorder (Principal Diagnosis; initially diagnosed as depression but upon further treatment & evaluation primary diagnosis changed to bipolar disorder) • Personality Disorder (Principal Diagnosis; initially diagnosed as depression but upon further treatment & evaluation primary diagnosis changed to personality disorder)
Numerator	<ul style="list-style-type: none"> • The number of patients with major depression or dysthymia <u>and</u> an initial PHQ-9 score > 9 whose PHQ-9 score at six months (+/- 30 days) is less than 5.



MNCM Measurement Specifications for Depression 2010 DDS

Bipolar and Personality Disorders ICD-9 Codes

ICD-9 Code	ICD-9 Description
296.00	Bipolar I Disorder, Single Manic Episode, Unspecified
296.01	Bipolar I Disorder, Single Manic Episode, Mild
296.02	Bipolar I Disorder, Single Manic Episode, Moderate
296.03	Bipolar I Disorder, Single Manic Episode, Severe Without Psychotic Features
296.04	Bipolar I Disorder, Single Manic Episode, Severe With Psychotic Features
296.05	Bipolar I Disorder, Single Manic Episode, In Partial Remission
296.06	Bipolar I Disorder, Single Manic Episode, In Full Remission
296.40	Bipolar I Disorder, Most Recent Episode Manic, Unspecified
296.41	Bipolar I Disorder, Most Recent Episode Manic, Mild
296.42	Bipolar I Disorder, Most Recent Episode Manic, Moderate
296.43	Bipolar I Disorder, Most Recent Episode Manic, Severe Without Psychotic Features
296.44	Bipolar I Disorder, Most Recent Episode Manic, Severe With Psychotic Features
296.45	Bipolar I Disorder, Most Recent Episode Manic, In Partial Remission
296.46	Bipolar I Disorder, Most Recent Episode Manic, In Full Remission
296.50	Bipolar I Disorder, Most Recent Episode Depressed, Unspecified
296.51	Bipolar I Disorder, Most Recent Episode Depressed, Mild
296.52	Bipolar I Disorder, Most Recent Episode Depressed, Moderate
296.53	Bipolar I Disorder, Most Recent Episode Depressed, Severe Without Psychotic Features
296.54	Bipolar I Disorder, Most Recent Episode Depressed, Severe With Psychotic Features
296.55	Bipolar I Disorder, Most Recent Episode Depressed, In Partial Remission
296.56	Bipolar I Disorder, Most Recent Episode Depressed, In Full Remission
296.60	Bipolar I Disorder, Most Recent Episode Mixed, Unspecified
296.61	Bipolar I Disorder, Most Recent Episode Mixed, Mild
296.62	Bipolar I Disorder, Most Recent Episode Mixed, Moderate
296.63	Bipolar I Disorder, Most Recent Episode Mixed, Severe Without Psychotic Features
296.64	Bipolar I Disorder, Most Recent Episode Mixed, Severe With Psychotic Features
296.65	Bipolar I Disorder, Most Recent Episode Mixed, In Partial Remission
296.66	Bipolar I Disorder, Most Recent Episode Mixed, In Full Remission
296.7	Bipolar I Disorder, Most Recent Episode Unspecified
296.80	Bipolar Disorder NOS
296.89	Bipolar II Disorder
301.0	Paranoid personality disorder
301.1	Affective personality disorder
301.10	Affective personality disorder unspecified



MNCM Measurement Specifications for Depression 2010 DDS

ICD-9 Code	ICD-9 Description
301.11	Chronic hypomanic personality disorder
301.12	Chronic depressive personality disorder
301.13	Cyclothymic disorder
301.2	Schizoid personality disorder
301.20	Schizoid personality disorder unspecified
301.21	Introverted personality
301.22	Schizotypal personality disorder
301.3	Explosive personality disorder
301.4	Obsessive-compulsive personality disorder
301.5	Histrionic personality disorder
301.50	Histrionic personality disorder unspecified
301.51	Chronic factitious illness with physical symptoms
301.59	Other histrionic personality disorder
301.6	Dependent personality disorder
301.7	Antisocial personality disorder
301.8	Other personality disorders
301.81	Narcissistic personality disorder
301.82	Avoidant personality disorder
301.83	Borderline personality disorder
301.84	Passive-aggressive personality
301.89	Other personality disorders
301.9	Unspecified personality disorder