

Child Care Gardening Resources for SHIP Grantees

- Garden in a Box
<https://northerngardener.org/mn-green/garden-in-a-box>
Garden-in-a-Box was created by the Minnesota State Horticultural Society to provide a gardening opportunity for low-income families and children to grow their own vegetables. The Horticultural Society provides free garden kits for families and classes/webinars for garden coordinators from nonprofit partner organizations. There is an application process for sponsoring organizations in the early spring. For questions or more information, contact:
Jackie Baum
Garden-in-a-Box Program Coordinator
Email: jackieb@northerngardener.org
Phone: 651-643-3601 ext. 202
- Gardening Matters
www.gardeningmatters.org/about-us
Guides and information about seeds and plants, growing techniques, soil, water and more.
- Master gardeners at your local Extension office
www.extension.umn.edu/garden/master-gardener/
Gardening information and classes; Ask a Master Gardener service
- Renewing the Countryside
www.renewingthecountryside.org/ especially Farm to Child Care under Projects
Farm to Child Care training and resources
- Growing, Eating, Living: A Garden Guide for Head Start (from California)
<http://bestpractices.nokidhungry.org/sites/default/files/resources/HeadStartGardenGuide07.pdf>
- Growing Minds
Farm to School and Farm to Preschool information, including gardening (from North Carolina)
<http://growing-minds.org/> or <http://growing-minds.org/farm-to-preschool/>
and a farm to school/preschool booklist at <http://growing-minds.org/childrens-literature/>
- National Farm to Preschool website: www.farmpreschool.org/ and
www.farmpreschool.org/preschoolgardens.html
- Early Sprouts, www.earlysprouts.org/

- Wisconsin's Got Dirt? Garden Toolkit for Implementing Youth Gardens, www.dhs.wisconsin.gov/publications/p4/p40112.pdf
Basic steps for starting a garden, stories of successful gardens and resource lists.
- Team Nutrition's Nibbles for Health: Grow a Family Garden, www.fns.usda.gov/tn/Resources/Nibbles/grow_garden.pdf
This site includes great tips on gardening with young children, including a list of gardening tasks that are easier for children.
- Team Nutrition's **Grow It, Try It, Like It!** www.fns.usda.gov/tn/grow-it-try-it-it
- KidsGardening, especially the Family Gardening resources: www.kidsgardening.org/family-gardening
- Let's Move Gardening Guide, www.letsmove.gov/gardening-guide
- **Minnesota School Garden Guide** from MN Agriculture in the Classroom Program - instructions for establishing and maintaining a school garden in Minnesota (plus plant-science based lessons for K-12) [Downloadable copy \(PDF: 27 MB / 272 pages\)](#) or [Order a copy of the guide in print and/or on a USB flash drive](#)