

# Facilitation Tips and Techniques for Community Leadership Teams

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# Agenda

- Asset Mapping
- Power Shuffle
- Facilitators Bag of Tricks
- Wrap-up

# Today's Logistics

- **Get in four groups**
- **Identify a facilitator, a scribe and a note taker for asset mapping practice**
- **Identify a facilitator for the power shuffle practice**
- **Identify a facilitator for the evaluation practice**

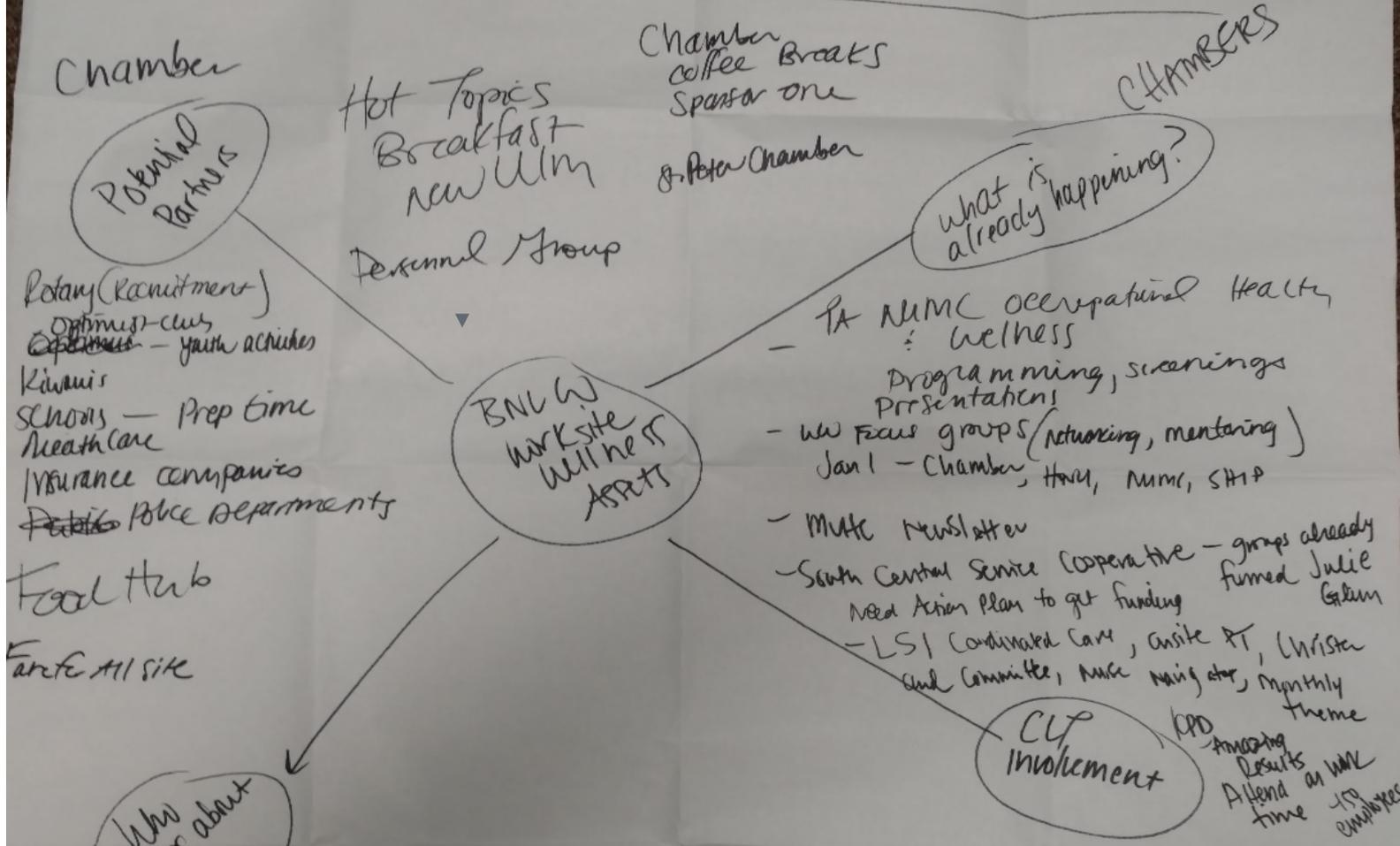
# Asset mapping

- **The general process of identifying and providing information about the strengths and resources of a community on a map.**
- **It supports planning efforts to address community issues by building on resources and strengths.**

# Asset

- **An item of value owned**
- **A quality, condition, or entity that serves as an advantage, support, resource, or source of strength**

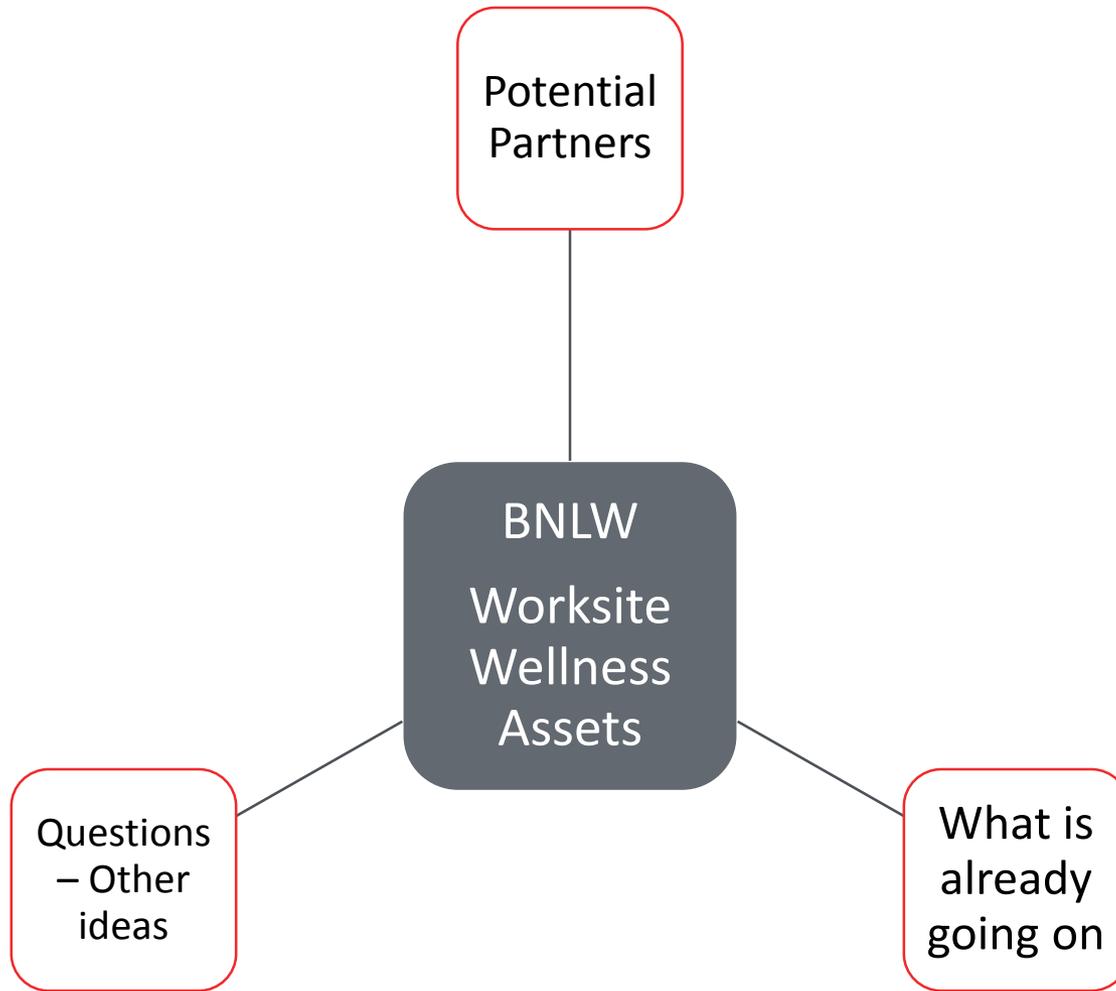
# Worksite Wellness Assets



Ideas

- Light therapy
- Social Community
- Tip sheets
- Adult coloring therapy





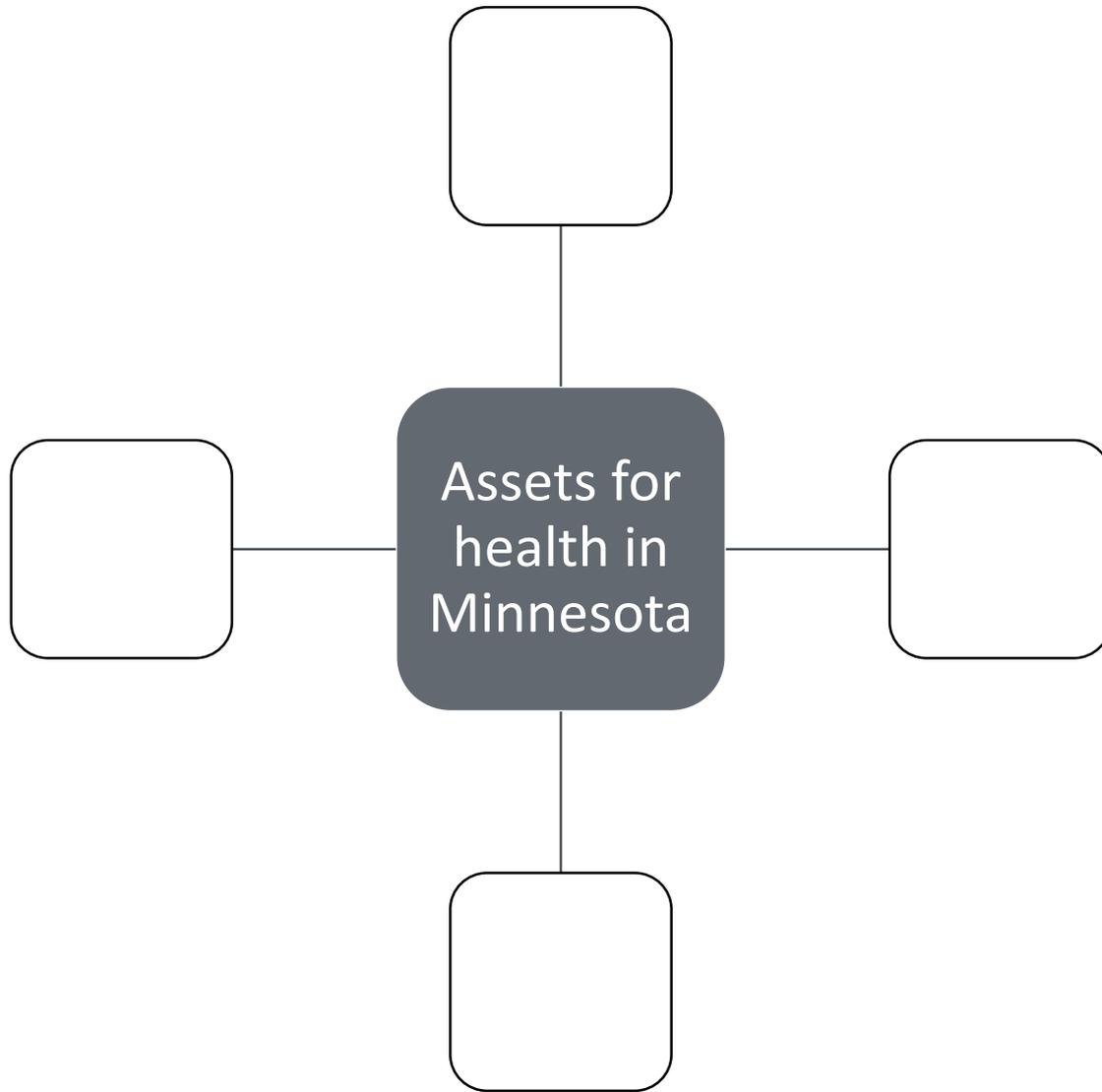
# Facilitation Tips

- **Large piece of paper or white board**
- **Assign a facilitator and note taker and maybe a scribe**
- **Clearly define the purpose of the mapping exercise**

# PRACTICE

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## Asset Mapping



# Resources

- **Participatory Asset Mapping**
  - <http://www.communityscience.com/knowledge4equity/AssetMappingToolkit.pdf>
- **Mapping Community Assets Workbook**
  - [http://www.abcdinstitute.org/docs/Diane%20Dorfman-Mapping-Community-Assets-WorkBook\(1\)-1.pdf](http://www.abcdinstitute.org/docs/Diane%20Dorfman-Mapping-Community-Assets-WorkBook(1)-1.pdf)

# Power Shuffle

## Goals

- *To build awareness of the individual and collective rank and privilege (or lack thereof) of CLT members*
- *To recognize that personal experiences impact power dynamics, decision making and engagement*
- *To provide an experiential bridge into conversations about health equity*

# Experience with the CLT

- **David Anderson – Goodhue**
  - Why did you choose to do it?
  - How did you prepare to facilitate the exercise?
  - What were the questions you used to debrief the session?
  - What was the conversation it sparked within the group?

# Facilitation Tips

- Have people do the shuffle in silence
- This may bring up feelings, invite people to reflect on their experience individually and in pairs before coming to the large group
- Expect incompleteness
- Make a connection between doing this exercise and efforts to advance health equity

# PRACTICE

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## Power Shuffle

# FACILITATORS BAG OF TRICKS

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# Simple Evaluation

**What went well**



**What could go better**



# WRAP UP

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Questions

Comments

Thanks!