



A Robust “Taste Testing” of Farm to School Resources for Schools

Getting Started:

- University of MN Farm to School Toolkit for Foodservice:
www.mn-farmtoschool.umn.edu. This online toolkit highlights MN school nutrition programs. The Toolkit contains information about buying, preparing, and serving local foods; and promoting the food to students, parents and teachers
- A Farm to School “Getting Started” primer:
<http://www.vdacs.virginia.gov/marketing/pdf/f2sgettingstarted.pdf>. This document provides good information on how to start a farm to school program.
- The Lunch Box: Healthy Tools for All Schools
<http://www.thelunchbox.org/technical-tools/training>. Provides a variety of resources and tools for school lunch programs.
- Vermont FEED Farm to School: A Guide for Using Local Foods in Schools:
<http://www.vtfeed.org>
- Farm to School Field Guide for Food Service Staff:
<http://www.caff.org/programs/FSDguide.pdf>

Purchasing:

- MN Grown Directory for locating farmers who sell to schools and other wholesalers: <http://www3.mda.state.mn.us/mngrown>. Coming soon!
- Produce calculator to help determine quantities needed:
<http://www.okfarmtoschool.com/resources/fts-distro-foodsafetymanual/index.htm>
- Purchasing Guide:
http://www.mifarmtoschool.msu.edu/assets/farmToSchool/docs/MIFTS_Purchasing_Guide.pdf

Getting Support:

- Farm to School Field Guide for Community Members:
http://www.caff.org/programs/FTS_parentguide_caff_web.pdf
- Strengthening wellness policies: www.publichealthlawcenter.org

Promotional Ideas:

- “I dig my farmer” posters, aprons and point of service promotional items to highlight your farm to school foods from the Institute of Agriculture and Trade Policy, MN Local Foods division <http://www.iatp.org/farm2school>
- University of MN Farm to School Toolkit for Foodservice:
www.mn-farmtoschool.umn.edu

Food Safety:

- MN Department of Health and Agriculture have written fact sheets for purchasing local foods, canning, freezing or drying foods as well as picking mushrooms for school food service settings:
<http://www.health.state.mn.us/healthreform/ship/techassistance/index.html>

Student Education Resources

- Growing Minds: <http://growing-minds.org/nutr-ed.php>
Provides lesson plans, children's literature guide, farm field trip ideas and recipes in Spanish and English
- MN Agriculture in the Classroom: <http://www.mda.state.mn.us/kids.aspx>
- "Healthy Foods from Healthy Soils: a Hands-on Resource for Educators". Elizabeth Patten and Kathy Lyons, 2003. Tilbury House Publishers.

Information for the More Experienced

- Delivering More: Scaling Up Farm to School Programs:
http://foodsecurity.org/pub/Delivering_More-Scaling_up_Farm_to_School.pdf
- Fresh, Healthy and Safe Food: Best Practices for Using Produce from School Gardens http://www.farmtoschool.org/files/publications_188.pdf
- The Economic Impact of Farm-to-School Lunch Programs: A Central MN Example
<http://www.extension.umn.edu/projects/community/EconomicImpact/components/economic-impact-of-farm-to-school-programs-report.pdf>

Wellness Policies

- Michigan Sample Farm to School Wellness Policy Language:
http://www.mifarmtoschool.msu.edu/assets/farmToSchool/docs/STEP2_Sample_FTSLanguage_WellnessPrograms.pdf
- Model Farm to School Wellness Policies:
<http://www.foodsecurity.org/F2Cwellness.html>

