

Car

Emergency Checklist

Are you
Ready?



- Hand-crank or battery-powered radio and extra batteries
- Hand-crank or plastic flashlight and extra batteries (reverse batteries when not in use to prevent accidental burnout; replace yearly)
- Blankets or sleeping bags
- Booster (jumper) cables
- Fire extinguisher (five-pound, A-B-C type)
- Bottled water
- Nonperishable, high-energy foods: granola bars, raisins, peanut butter, etc.
- Compass and road maps
- Dry clothing, gloves or mittens, winter boots
- Telephone card and quarters for phone calls (consider carrying a cell phone)
- Sack of sand or cat litter (for tire traction)
- Rope (tie self to car when leaving vehicle during a storm)
- Assorted bandages, dressings
 - Adhesive bandage
 - Adhesive cloth tape
 - Sterile gauze
 - Instant cold compresses
 - Roller bandage
 - Absorbent compresses

- Large plastic garbage bags to insulate feet, and safety pins/duct tape to hold bags in place
- Pencil and paper
- Shovel
- Tow rope or chain
- Three-pound coffee can, matches and candle stubs to melt snow for drinking water
- Metal cup for water
- Knife
- Flares and reflectors
- Tire repair kit, air pump, basic tool kit
- First-aid kit with essential medications
 - Antibiotic and hydrocortisone ointment, antiseptic wipes, eye drops
 - Breathing tube with one-way valve for mouth-to-mouth resuscitation
 - Oral thermometer (non-mercury, non-glass)
 - First-aid instruction booklet
 - Aspirin, ibuprofen, etc.
 - Tweezers

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Home Emergency Checklist

Are you
Ready?



- Bottled water
- Nonperishable food
- First-aid kit
- Extra pair of eyeglasses
- Extra medications
- Disinfectant hand wipes, soap
- Personal care items
- Special items for infants, elderly, disabled family members
- Pet supplies
- Personal identification and contact information
- Cash, credit cards, travelers checks
- Copy of your family communications plan
- Important family information, including medical histories
- Extra set of car keys
- Change of clothing

- Rain gear (poncho)
- Blankets or sleeping bags
- Candles and matches/lighter
- Tools, can opener, work gloves
- Rope, string, plastic sheeting, duct tape
- Dust mask
- Whistle
- Hand-crank or battery-powered radio and extra batteries
- Hand-crank or plastic flashlight and extra batteries (reverse batteries when not in use to prevent accidental burnout; replace yearly)
- Games, books, cards, etc.
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Store items in sealed, transportable containers

**Remember, September is National
Preparedness Month**



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**Stock enough supplies
to last up to two weeks
or longer**