## Family Fact Sheet Positive

# **Positive Result:**

**Blood Spot Screen Result Notification** 



## **Elevated Psychosine: Risk for Krabbe Disease**

#### What was found on the newborn screen?

The newborn screen collected at birth found your baby has low levels of an enzyme called galactosylceramidase (GALC) and high levels of a fat called psychosine.

#### What does this mean?

This means your baby is at risk for Krabbe disease, but more testing is needed.

There are two main types of Krabbe disease: infantile and late-onset. Because of the milder levels found on your baby's newborn screen, this result is suggestive of the late-onset type.

## What happens next?

Your baby's doctor will help arrange for more testing with specialists familiar with Krabbe disease to confirm the result.

#### What causes Krabbe disease?

Krabbe disease happens when children are missing all or some of the GALC enzyme. GALC breaks down psychosine. When psychosine is not broken down, it builds up in the body and can lead to damage to the nerves.

## What health problems can it cause?

Krabbe disease is different for each child. It is a lifelong condition that may result in serious health problems.

Late-onset Krabbe disease can begin as early as one year of age. Vision problems often appear first and then trouble with walking. Signs and symptoms can vary widely from one person to the next and will worsen over time.

Children with Krabbe disease can benefit from prompt and careful treatment.

### What treatment options are available?

Currently, the only treatment is a stem cell transplant (HSCT), which is best when done before symptoms start. Krabbe disease cannot be cured. HSCT can help to slow the disease, improve quality of life, and increase the lifespan. Your doctors will monitor your child to determine the best time to treat.

Supportive therapies and management like physical therapy and medications can help.

Children with Krabbe disease should see their regular doctor and providers who specialize in Krabbe disease.

### Resources



Scan here for more information about newborn screening in Minnesota or visit our website: www.health.state.mn.us/people/newbornscreening

www.savebabies.org

**Newborn Screening Info Center:** www.newbornscreening.hrsa.gov

**Save Babies Through Screening Foundation:** 

**Baby's First Test:** www.babysfirsttest.org



