

**DID YOU
KNOW?**

- PLEASE NOTE THIS IS COMING UP SOON! A national conference call on the new Teen Pregnancy Prevention Initiative will be held on January 7th (page 1)
- Students ages 12-18 were victims of approximately 1.5 million nonfatal crimes in 2007 (page 1)
- New adolescent drug use data revealed that improper use of prescription drugs and inhalants has become a significant problem (page 2).
- 10 resolutions that show your kids you care (page 3).
- Free MOAPPP learning session on the *Safer Choices* curriculum (page 4)
- New online educator screenings from Answer (page 4)
- If you want to **subscribe** to this newsletter, please email support@govdelivery.com or go to the following website: <http://www.health.state.mn.us/youth/newsletters.html>

Adolescent Health E News

JANUARY 2010

Funding for Teen Pregnancy Prevention

On December 19th President Obama signed the Labor, Health and Human Services, Education, and Related Agencies Appropriations bill, which included significant funding for a new teen pregnancy prevention initiative. The Office of Adolescent Health within the U.S. Department of Health and Human Services will soon announce the availability of competitive grants for effective and promising teen pregnancy prevention programs.

"Congress provided \$110 million for a new Teen Pregnancy Prevention Initiative, which included \$100 million for competitive

grants to a range of public and private entities for evidence-based programs that reduce teen pregnancy. The \$100 million is divided into two separate pots: (1) \$75 million to replicate programs that have been rigorously evaluated and have the strongest evidence of success and (2) \$25 million for innovative strategies and programs that may not yet have a strong evaluation.

The initiative also includes \$10 million for technical assistance, training, evaluation, outreach and additional program support to assist the office of Adolescent Health".

The National Campaign to Prevent Teen and Unplanned Pregnancy, will be hosting a national conference call to discuss this new funding, and what states and communities can do to prepare for this opportunity. The conference call will be held on Thursday, January 7, 2010, from 3-4p.m. ET.

For more information and to register for the call visit <http://guest.cvent.com/EVENTS/Info/Invitation.aspx?e=94d065b6-6b82-4652-a932-557adeb15c98>

Indicators for School Crime and Safety: 2009

The annual report created by the Bureau of Justice Statistics (BJS) and the National Center for Educational Statistics (NCES), *Indicators for School Crime and Safety, 2009*, presents data on crime and safety at and away from school from the perspective of students, teachers, and principals. Data are drawn from several federally funded collections including the National Crime Victimization Survey, Youth Risk Behavioral Survey, School Survey on Crime and Safety, and the Schools and Staffing Survey,

The report found that students ages 12-18 were victims of about 1.5 million nonfatal crimes (theft and violent crime) while at school in 2007, compared to about 1.1 million nonfatal crimes while they were away from school. In 2007, ten percent of male students in grades 9-12 reported being threatened or injured with a weapon on school property in the last year, compared to five percent of female students. Also during the 2007-08 school year, a greater percentage of teachers in city schools (ten percent) reported

being threatened with injury than teachers in town schools (seven percent) and suburban or rural schools.

The 2009 annual report in part of the Indicators of School Crime and Safety Series.

To access the full series visit <http://bjs.ojp.usdoj.gov/index.cfm?ty=pbse&sid=8>

Youth for Road Safety



“Around the world, road traffic injuries are the leading cause of death of youth under age 25. Almost 40 percent of the victims of road traffic injuries are young people in this age group. Annually, around 400,000 young lives are lost and millions are forever changed by these injuries”.

Youth Road For Safety (YOURS) is the first ever global youth led organization for road safety, and was launched in Moscow, Russia on November 18, 2009. Currently, the YOURS network consists of more than 100

delegates from more than 45 countries.

The mission of YOURS is to support young people in their road safety initiatives by advocating for youth related road safety issues nationally, regionally and especially globally; connecting young people and youth NGOs active in the road safety field around the world, so they can work together and easily share information and experiences; building capacity among youth in the road safety field.

YOURS wants to help others

understand that unless more comprehensive global action is taken, the number of deaths and injuries is likely to rise significantly.

To learn more about Youth Road for Safety (YOURS) visit <http://www.youthforroadsafety.org/>

“Adolescents need to be surrounded by safe places, challenging experiences and caring people to develop in healthy ways.”

-Minnesota's Adolescent Health Action Plan



The latest Monitoring the Future survey of teen behavior and attitudes indicates both positive and troubling trends and perceptions regarding youth drug use. The annual, national survey of 8th, 10th, and 12th graders conducted by the university of Michigan, this year indicated good news regarding the perceived availability and use of illicit drugs such as cocaine, methamphetamine, and hallucinogens. Among the positive trends:

- “Both past year and past 30-day use rates of cocaine and hallucinogens among 12th graders declined.
- Lifetime methamphetamine use among 8th graders dropped.
- The perceived availability of several

types of drugs including cocaine, heroin, and crystal meth declined among 8th and 10th graders.”

At the same time, the survey indicated erosions in youth’s perceptions of the harms associated with smoking marijuana, using ecstasy, drinking alcohol, and using smokeless tobacco. Past surveys have found that the “softening” of youth perceptions of drug harms has signaled future rises in rates of drug use.

The new data also conveys that the improper use of legal substances, such as prescription drugs and inhalants which are commonly found in the homes of adolescents, has become a significant problem. Out of the ten most abused drugs by 12th graders, seven were prescription or over-the-

counter drugs acquired primarily from adolescent’s peers and relatives. Other negative trends include:

- “The rate of use if inhalants in the last 30-days among 10th graders increased.
- Among 8th and 10th graders, the perception of “great risk” associated with marijuana use declined; perceived harmfulness of marijuana deteriorated among 8th graders; and peer disapproval of marijuana use has also declined among 8th graders”.

For expert advice, tips, and guides on how to keep youth safe and drug free visit <http://www.theantidrug.com/Advice/>

10 New Year Resolutions for Parents



“As young people navigate the changes of adolescence, it is critical that they receive the guidance, support and encouragement that fosters healthy development.”
 -Minnesota’s Adolescent Health Action Plan

10 Resolutions That Show Your Kids That You Care

“TimeToTalk.org celebrates the positive influence of parents, and offers helpful suggestions for parents to start off the New Year with 10 Resolutions That Show Your Kids You Care”.

1. Teach your children to trust you by seeing you as a role model.
2. Be patient, not just tolerant. Apologize when you make a mistake or do something you regret.
3. Ask teens what they need from you— and do whatever you can to
4. Listen to your teens, a lot. Avoid interrupting.
5. Teach your children about ethics, values and principles they can apply in choices and decision making.
6. Help them discover the feeling of gratitude, not just to say thank you.
7. Keep the promises you make. If you do not keep your word, acknowledge that. Help your teen understand the circumstances or choices that precipitated the change in your plans.
8. Answer your teens questions, and be consistent. When you notice

meet those needs

behavioral changes in them, make yourself available and encourage them to talk about what is going on in their life.

9. Be understanding when they have a difficult time and let them know you will love them no matter what.
10. Be diligent. Have ongoing conversations with your children about the risks of drugs and alcohol.”

For more helpful tips on how to have conversations with youth to keep them healthy and drug-free, visit <http://www.timetotalk.org>

Seminars/ Trainings

MDH Workshop on Hearing and Vision Screening

January 13: 8:30 a.m.-3:30 p.m.

Lyon County Auditor

Treasurer Office

607 West Main Street Rm 4&5

Marshall, MN, 56258

Registration Fee: \$84.00

This workshop is designed for individuals who perform hearing and vision

screenings for Early Childhood Screening,

Child and Teen Check-ups, Schools, and other child health screenings.

The workshop covers best practices for hearing and vision screenings, including recent updates and guidelines for referral. Additionally, a practicum is included with return demonstrations by the participants.

Registration information can be found at <http://www.health.state.mn.us/divs/fh/mch/hlth-vis/trainings/index.html>

Sexuality Education Residency Workshop

Minneapolis

The Birds & Bees Project will be holding the nation's only

Sexuality Education Residency for pre-service teachers in Minneapolis, MN in January. The residency is a skills-based experience designed to prepare future educators with tools and knowledge that promote adolescent sexual health.

What this involves:

A 35-hour training held on January 7-8, and 15-16, 2010;

A 20-hour field experience paired with a health educator;

Participation in 3 half-day seminars; & optional conference attendance

More information and the application can be found at www.birdsandbees.org





“Investment in health during adolescences has long-term benefits.”
 -Minnesota’s Adolescent Health Action Plan



Online Educator Trainings from Answer

Answer is a national organization dedicated to providing and promoting comprehensive sexuality education to young people and the adults who teach them.

Answer is now offering two online trainings for sexuality educators: Sexuality ABC’s and STD Basics. These workshops are tailored to fit busy schedules and various professional development needs. Both workshops are 6 hours long, and cost \$125.

For course descriptions and to

More Trainings

register, visit Answer’s website at http://answer.rutgers.edu/page/online_professionals_development/

Safer Choices: Training of School Teams

February 19, 2010

Webster Open Elementary School

425 NE 5th St.

Minneapolis, MN

The Minnesota Organization on Adolescent Pregnancy, Prevention and Parenting (MOAPPP) is offering a free

learning session on the *Safer Choices* curriculum, which is design for school setting and features five components: School Organization, Curriculum and Staff Development, Peer Resources and School Environment, Parent Education, and School-Community Linkages.

For more information and to register, see the flyer and registration form (PDF) at <http://www.moapp.org/Documents/events/2010/SaferChoicesTOSTFlyer.pdf> or register online at <https://www.thedatabank.com/dpg/375/personalopt2.asp?>

Grants

Wells Fargo Foundation - Education and Health and Human Services Grants

Deadline: Rolling

The Wells Fargo Foundation provides support to nonprofit organizations focusing on education and health and human services, with special emphasis on the elimination of the “achievement gap”; increasing access to higher education for underrepresented groups; and ensuring access to both health education programs and quality healthcare for individuals and families.

Guidelines and funding amounts for states in which the Foundation invests in vary. Eligible applicants include nonprofit organizations with 501(c)(3) status. Visit

<https://www.wellsfargo.com/about/charitable/> and click on your state to review detailed submission instructions.

Please contact the Wells Fargo Foundation for more information and to apply for this funding: <https://www.wellsfargo.com/about/charitable/>

The Starbucks Foundation—Starbucks Shared Planet Youth Action Grants

Deadline: Rolling

The Starbucks Shared Planet Youth Action Grants are designed to help youth realize their natural potential to reinvent their local communities. The Starbucks Foundation accepts applications from organizations that provide young

people (ages 6-24) with a continuum of service opportunities in social entrepreneurship.

Grants range from \$10,000 to \$25,000. US Eligible applicants include nonprofit organizations with 501(c)(3) status.

Please contact The Starbucks Foundation for more information and to apply for this funding: [http://www.starbucksfoundation.com/index.cfm?objectid=525D51E7-1D09-317F-BBF\(A860BE883D22](http://www.starbucksfoundation.com/index.cfm?objectid=525D51E7-1D09-317F-BBF(A860BE883D22)



Minnesota Department of Health

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A Vision for Healthy Adolescence:

Our responsibility as the community of Minnesota is to support and guide Minnesota youth in the healthy development of being, belonging and becoming. This requires a focus on wholeness and wellness, and seeing Minnesota youth as “at promise” rather than “at risk”.

For more information on Minnesota's Adolescent Health Action Plan, contact Jennifer O'Brien or go to the [Adolescent Health Gateway page](#).

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or 651-201-5090