

# Qoraalka Gudoomiye Malcolm ayaa qaadatay Tallaalkeeda COVID-19

[muusig kicin leh]

[Qoraalka Shaashada] Gudoomiyaha Caafimaadka ee Minnesota Jan Malcolm ayaa qaadatay tallaalkeeda COVID-19 maanta ayadoo qayb ka ah kooxda dadka jira da'a 65 iyo ka wayn.

[Jan Malcolm] Hagaag waa -- waad ogtahay, dareenkaygu aad buu u wanaagsanaa maalinta oo dhan dhab ahaantii. Waxaan doonayay inaan qaato tallaalka Janssen [Johnson + Johnson]. Waad ogtahay, waxay aad wax uga taraysaa meelaha ugu badan, ka hortaga xanuunka daran iyo in isbitaal dhigis.

Waxaad halgan la galaysaan cudurkaan.

Nooc kasta oo tallaal ood heli karto sida ugu dhakhsaha badan waa inaad u qaadato. Tallaalka gacantaada lagu duro maanta, ee ku difaacaya, ayaa ah midka ugu fiican ee aad heli karto, maxaa yeelay inaad difaac hesho sida ugu dhakhsaha badan ee aan awoodno inaan ku difaacno dadka ayaa ah hadafkeena.

[qoraalka shaashada] Duubta gacmahiina, Minnesota. [health.mn.gov/covidvaccine](https://health.mn.gov/covidvaccine)

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3/10/21 (Somali)

*Si aad xogtaan ugu hesho qaabab kale, wac: 651-201-4989*