

Healthy Teen Initiative (HTI) Grantee

HENNEPIN COUNTY PUBLIC HEALTH DEPARTMENT: BETTER TOGETHER
HENNEPIN

The overall goal of the Healthy Teen Initiative is to target populations experiencing the greatest disparities in teen pregnancies and sexually transmitted infections (STIs) through the implementation of high quality, medically accurate, evidence-based and informed programs to promote healthy youth development, risk avoidance, abstinence, and to delay the onset of sexual activity.

Better Together Hennepin and its partners will reach out to parents of youth 10-19 years old in Hennepin County.

“It’s That Easy!” A guide to Raising Sexually Healthy Children

It’s That Easy (ITE) was created to help parents and other primary caregivers talk with their children of all ages about healthy sexuality and healthy relationships. ITE was developed by a collaborative partnership of community experts and is an evidence informed approach. Parent Educators from community based agencies including Annex Teen Clinic, NorthPoint Health and Wellness Center and Planned Parenthood North Central States deliver ITE workshops throughout Hennepin County to parents of youth in middle school and high school.

The Healthy Teen Initiative (HTI) is funded by the U.S. Office of Health and Human Services, Administration for Children and Families, Title V State Sexual Risk Avoidance Education Program. The funds are allocated to Better Together Hennepin through the Minnesota Department of Health. Please contact Katie with questions regarding HTI’s implementation in Hennepin County.

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For more information: [Minnesota Department of Health - Healthy Teen Initiatives Website](#)

To obtain this information in a different format, call: 651-201-3623. Printed on recycled paper.