ILAALI CAAFIMAADKAAGA,

KAFOGOOW WAXYAABAHA MAQAARKA LAGU CADEEYO

JECLOOW MAQAARKAAGA

Waxyaabaha maqaarka lagu cadeeyo qaarkood waxaa ku jira maadada mercury -ga waana kuwo u daran caafimaadka. Waa kuwo sun ah. Maadada Mercury-ga lama arki karo, dareemi karo, urin karo ama lama dhadhamin karo, caadiyana liiska maadooyinka kareemka jirka ku jira madhama ystirna.

Tilmaamaha Caafimaadka

- Baro maadooyinka ku jira waxyaabaha aad jirka marsato
- Ku difaac jirkaaga kareenka qoraxda oo caafimaad qaba
- Maqaarkaga qaleelka ka ilaali

DIFAAC

ILMAHAAGA

Markaad naaska nuujinayso, cunugaagu wuxuu nuugayaa waxkasta oo jirkaaga ku jira.

NAFTAADA

Maadada Mercury-ga ee waxyaabaha jirka lamarsado ku jirta ayaa jirkoo dhan ku faafta.

GURIGAAGA

Inaad maadooyinkaas marsato waxay keenaysaa in Mercury-gu raaco hawada adigga iyo qoyskaagu ku neefsanaysaan.

QAAR BADAN OO WAXYAABA JIRKA LAGU CADDEEYO KAMID AH WAXAA KU JIRA MAADADA MERCURY-GA. HAGADAN AMA HA ISTICMAALIN.

Liiskaan madhamaystirna. Maadooyin badan oo lagu tijaabshay Minnesota waxaa ku jira maadada mercury-ga iyo/ama kiimikooyinka kale. Si aad u hesto tusaalayaal badan booqo health.state.mn.us/topics/skin

ʅɔŋ̃ɨsa Rice Milk Whitening Cream

Milk Cream

Lemon Herbal Whitening Cream

Cream Aghader

Cream Diana C.T.R.

JOOJI ISTICMAALKEEDA

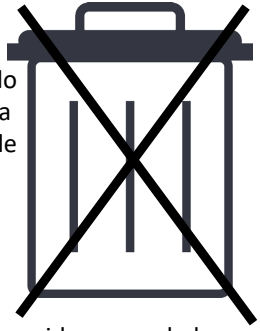
Hadaad isticmaalaysay daawo ay ku jirto maadada mercury-ga, jooji isticmaalkeeda hadda. Jirkaaga ayaa si dabiici ah uga baxaaya maadada mercury-ga sunteeda muddo kadib.

DEPARTMENT OF HEALTH
625 Robert St. North
PO Box 64975
St. Paul, MN 55164-0975
Si aad macluumaadkaan ugu hesho qaab kale, wac651-201-4899. REV 05/2018

Sunta mercury-gu waxay saamayn kartaa xasuusta, fikirka, dareenka iyo guusha dugsiga ee ilmaha iyo caruurta. Dadka ismariya waxyaabaha laysku caddeeyo waxay

qabaan xanuuno dhanka kalyaha iyo neerfayaasha ah waxayna dareemaan xanuun iyo jir goo'go'.

BARO MEESHA LAGU TURRO



Hakuridin waxyaabaha maqaarka lamarsado ee halista ah jaqafka qashinka. Dadka kale ayay dhibaato u gaysan kartaa haddii bii'ada lagu siidaayo. Kurid kareenka maqaarka goobta lagu rido waxyaabaha sunta ah ee gurigga. Ka fiiri goobta waxyaabaha sunta ah lagu shubo ee deegaankaaga bogga pca.state.mn.us