Community Conversation
#MNHealthEquity

June 26, 2017
5:30 PM – 8:30 PM
Facebook.com/MNHealth

#MNHealthEquity

@MNHealth

@eelahlinger

@BThao_MNHealth
trust takes years to build, seconds to break and forever to repair.
“When a population or community belongs (i.e., is not marginalized or excluded), it means their voices are heard in such a way that they have a say in shaping the conditions in the community that affect their lives and their health.”

- From 2017 MN Statewide Health Assessment draft
“Belonging in society is a powerful force for the health of individuals and populations ... Not belonging is in many ways the true source of health inequities. When prejudice and discrimination are a constant force in our lives, we hear a persistent message: “You do not belong; you are not supposed to be here.”

- From 2017 MN Statewide Health Assessment draft
“Those whose voices are not heard, who are not allowed to participate fully in the structures and benefits of society, suffer from more than stigma: they also suffer from higher rates of injury, addiction, abuse, joblessness, homelessness, incarceration, trauma, depression, disease, disability and death.”

- From 2017 MN Statewide Health Assessment draft
What is network leadership?

Traditional model of individual leadership:
• Directive
• Top-down
• Transactional
What is network leadership?

Traditional model
• Silos
What is network leadership?

Network Leadership:
• Collective
• Distributed
• Bottom-up
Core Principles of Network Leadership

• Connecting and weaving

• Network weaving – linking people to strengthen bonds and build bridges, thereby expanding a network’s reach, influence, and innovation

• Sense of ownership and self-organizing

• Learning and risk taking

Why use a network leadership approach?

• Build social capital
• Catalyze community engagement
• Change hearts and minds
• Mobilize people to your cause
• Stimulate creativity and innovation
• Bring projects to scale
• Transform systems
• Foster greater equity

Health Equity Advisory & Leadership Council

• HEAL Council

• 15-25 members

• Representatives of groups/networks/organizations most impacted by health disparities

• Race/ethnicity, LGBTQ, Geographic, Minnesotans with disabilities...

• Details & application forthcoming
Brave Space

• Deep Listening

• Confidentiality - Take the stories, Leave the names

• Ask permission

• Step up, Step back

• Compassionate questions

• Challenge yourself

• Take care of yourself

Question 1

What is needed to build a sense of trust & belonging between you and MDH?
Question 2

Think about a time you were in a collaborative or partnership where you felt truly valued, heard and respected. What made this possible?
Imagine MDH as a true partner to you and your community.

- What would MDH be doing?
- How would MDH employees be engaging with you?
- How are research or programs partnering with you?
Thank You!

@BThao_MNHealth