



Aquí Para Ti Program



ISSUE

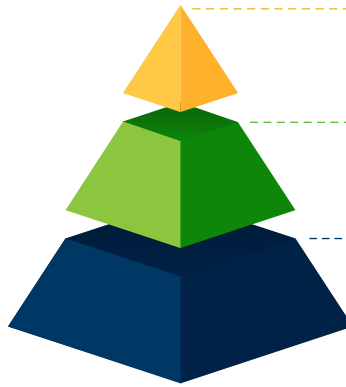
Goal: The Aquí Para Ti/Here For You program contributes to closing gaps in adolescent sexual and mental health for Latinx youth in Hennepin County.

Causes: Racism and discrimination have caused long-standing disparities in education, employment, income/wealth, housing, neighborhood conditions, access to health care, transportation, and social connections and support that directly affect health.

Population: Approximately 15,600 Latinx youth live in Hennepin County.

Issue: Every day in Minnesota, approximately 10 teens become pregnant. The vast majority of these pregnancies are unintended. Even though the greatest number of adolescent births in Minnesota is to white females, youth of color have significantly higher birth and pregnancy rates than their white counterparts. Hennepin County has the second and third highest rates of gonorrhea and chlamydia, respectively, in the state. Youth who have experienced trauma have higher rates of unintended pregnancy and suicidal ideation.

APPROACH



Promoting positive youth development and supportive and caring families while connecting youth to supportive schools and communities.

Influencing behavioral and clinical health services to be comprehensive and family-centered.

Advocating in the medical, mental health, and adolescent health fields to address racism, health equity in primary care, youth with special needs, and trauma-informed care.

ROOT CAUSES/ CONDITIONS FOR HEALTH

Addresses the social and economic conditions for health (also known as the social determinants of health). This often happens by changing local, regional or state policy, changing the way systems work or changing the environment.

ORGANIZATIONAL/ INSTITUTIONAL CHANGE

Addresses a health area by changing policies or systems in a school, clinic, hospital, etc. to support healthy behaviors and individual risk/protective factors.

HEALTH PROMOTION/ DIRECT SERVICE

Addresses individual or family-level risk/protective factors through health education, programming, case management, etc.

IMPACT

- Increased services to higher risk patients, including a 36% increase in medical care visits and 100 Behavioral Health Home patients in the first year of operations
- 1,630 social work and education support contacts
- Partnered with 462 parents to expand positive parenting practices

817 young people accessed comprehensive, culturally relevant health care



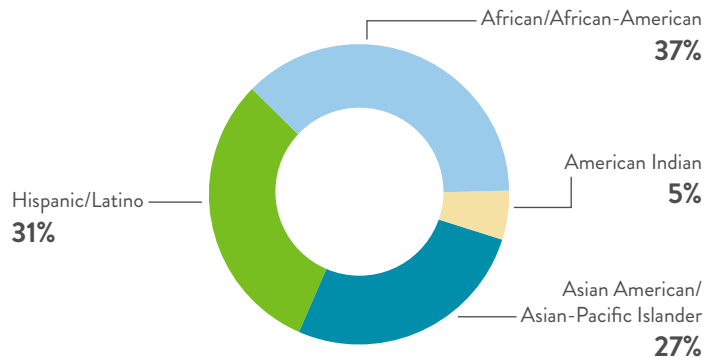


Aquí Para Ti (APT)/Here for You is a clinic-based development program for Latinx youth ages 10 to 24 and their families. APT was created in 2002 to support Latinx adolescents, many of whom are growing up in a culture very different from that of their parents.

PRIORITY HEALTH AREA SPOTLIGHT

In 2016, Minnesota reported 3,004 pregnancies among 15- to 19-year-olds. Rates of teen pregnancies among American Indians (56.1 per 1,000 pregnancies) and African Americans (39.6 per 1,000 pregnancies) were among the highest in the state. Disparate rates of unemployment, poverty, adverse childhood experiences, and access to comprehensive sexual health education directly affect sexual health and increase the likelihood of early pregnancy.

Collective Impact: 52,974 individuals were reached through the work of fourteen grantees addressing this priority health area in 2017-18. The proportions of individuals reached by race/ethnicity are shown in the figure below.



EHDI grantees addressing teen pregnancy prevention identified common measures to track and report. Collective results include:

- ★ 86% of program participants know where to access sexual health care
- ↑ Increased comfort talking about sex and birth control with partners
- ↑ Increased number of young people who reported having adults in their lives with whom to talk about sexual health issues

MDH ELIMINATING HEALTH DISPARITIES INITIATIVE

The Eliminating Health Disparities Initiative (EHDI) grant program was created to address health inequities for populations of color and American Indians across eight different priority health areas. Since 2001, the EHDI approach has been to support organizations and projects run by and for communities of color and American Indians to develop and implement strategies that are effective in reaching their communities. Every few years, the program reallocates the competitive grants to organizations and tribes across the state of Minnesota. The current grant cycle is from 2016-2019.