



Teen Pregnancy Prevention Program

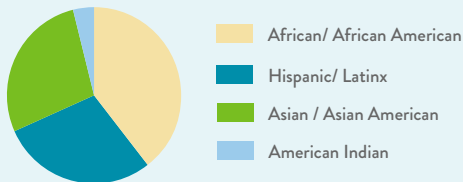


CONTEXT

Goal: Big Brothers Big Sisters Twin Cities (BBBSTC) is addressing disparities in teen pregnancy among youth between the ages of 12 and 19 in African/African American, Asian American, Native American and Latinx communities in the greater Twin Cities.

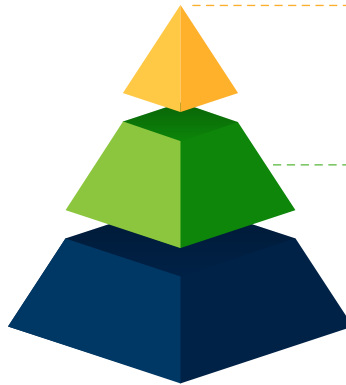
Causes: Racism and discrimination have caused long-standing disparities in education, employment, income/wealth, housing, neighborhood conditions, and access to health care, transportation, social connections and support that directly affect health.

Population: 273,000 youth ages 19 and under in the Twin Cities 7-county metro.



Issue: Every day in Minnesota, approximately 10 teens become pregnant and the vast majority of these pregnancies are unintended. Even though the greatest number of adolescent births in Minnesota is to white females, Minnesota youth of color have significantly higher birth and pregnancy rates than their white counterparts.

APPROACH



Offering 1:1 mentoring and supplementary sexual health programming for youth, their parents and mentors to increase adult-child connection and resiliency factors in youth.

Reassessing and building organizational capacity to ensure the greatest impact.

Training staff and mentors in having conversations with youth regarding sexual health through the “Becoming an Askable Adult” training.

ROOT CAUSES/ CONDITIONS FOR HEALTH

Addresses the social and economic conditions for health (also known as the social determinants of health). This often happens by changing local, regional or state policy, changing the way systems work or changing the environment.

ORGANIZATIONAL/ INSTITUTIONAL CHANGE

Addresses a health area by changing policies or systems in a school, clinic, hospital, etc. to support healthy behaviors and individual risk/ protective factors.

HEALTH PROMOTION/ DIRECT SERVICE

Addresses individual or family-level risk/protective factors through health education, programming, case management, etc.

IMPACT

Youth reached:

- 87 African/African American
- 27 Asian/Asian American
- 14 Latinx
- 7 Multiracial

Youth reported outcomes of their involvement in BBBSTC activities:

- 88% report learning about or getting better at life skills, including being open-minded, making good decisions and being accountable and responsible.
- 86% report increased leadership, including being better at skills such as being persistent, communication, taking risks and problem-solving.
- 65% report learning new information about healthy behaviors. The most common skill was “taking care of myself/treating myself right.”

100%
of youth **know how**
to access sexual
health services

100%
of adults **feel more**
confident communicating
with their child

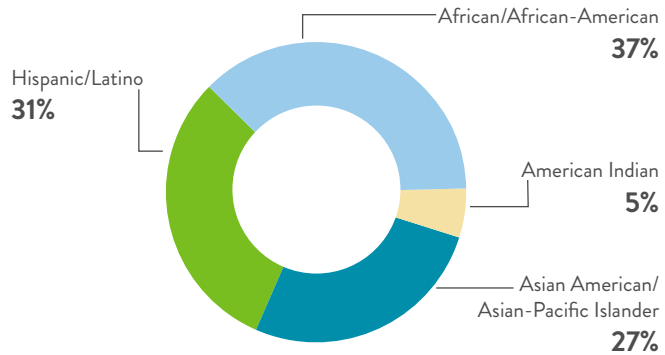


Big Brothers Big Sisters Twin Cities (BBBSTC) provides children facing adversity with strong and enduring, professionally supported 1-to-1 relationships that change their lives for the better, forever.

PRIORITY HEALTH AREA SPOTLIGHT

In 2016, Minnesota reported 3,004 pregnancies among 15- to 19-year-olds. Rates of teen pregnancies among American Indians (56.1 per 1,000 pregnancies) and African Americans (39.6 per 1,000 pregnancies) were among the highest in the state. Disparate rates of unemployment, poverty, adverse childhood experiences, and access to comprehensive sexual health education directly affect sexual health and increase the likelihood of early pregnancy.

Collective Impact: 52,974 individuals were reached through the work of 14 grantees addressing this priority health area in 2017-18. The proportions of individuals reached by race/ethnicity are shown in the figure below.



EHDI grantees addressing teen pregnancy prevention identified common measures to track and report. Collective results include:

- ★ 86% of program participants know where to access sexual health care
- ↑ Increased comfort talking about sex and birth control with partners
- ↑ Increased number of young people who reported having adults in their lives with whom to talk about sexual health issues

MDH ELIMINATING HEALTH DISPARITIES INITIATIVE

The Eliminating Health Disparities Initiative (EHDI) grant program was created to address health inequities for populations of color and American Indians across eight different priority health areas. Since 2001, the EHDI approach has been to support organizations and projects run by and for communities of color and American Indians to develop and implement strategies that are effective in reaching their communities. Every few years, the program reallocates the competitive grants to organizations and tribes across the state of Minnesota. The current grant cycle is from 2016-2019.