

CENTRO TYRONE GUZMAN



Raices Program



CONTEXT

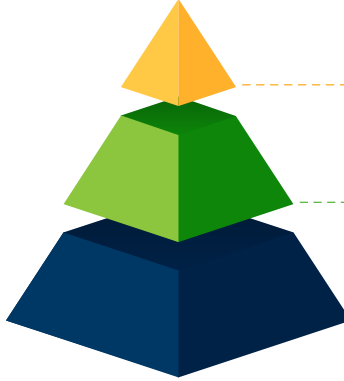
Goal: Centro Tyrone Guzman contributes to reducing the disparities related to STI/HIV and teen pregnancies for Latine youth in the Twin Cities metro area.

Causes: Racism and discrimination have caused long-standing disparities in education, employment, income/wealth, housing, neighborhood conditions, and access to health care, transportation, social connections and support that directly affect health.

Population: Approximately 208,000 non-white Latine people live in the 7 county Twin Cities area.

Issue: In 2016, the teen birth rate for Latines in Minnesota was 31.6 per 1,000 - more than 3 times higher than the rate among whites (9.0). The rates of both chlamydia and gonorrhea were 3 times higher among Latines compared to whites from 2007-2017.

APPROACH



Promoting positive youth development through a multi-component, evidence-based model that delivers sexual health education within the context of an array of programs that support holistic development, cultural pride, community engagement, and academic success. Partnering with other organizations to provide parenting workshops that support healthy parent-child communication and relationships.

Moving toward Montessori-influenced program model to offer greater learning opportunities to children. Partnering with other organizations to create more welcoming and supportive environments for Latine youth who identify as LGBTQ+.

ROOT CAUSES/ CONDITIONS FOR HEALTH

Addresses the social and economic conditions for health (also known as the social determinants of health). This often happens by changing local, regional or state policy, changing the way systems work or changing the environment.

ORGANIZATIONAL/ INSTITUTIONAL CHANGE

Addresses a health area by changing policies or systems in a school, clinic, hospital, etc. to support healthy behaviors and individual risk/protective factors.

HEALTH PROMOTION/ DIRECT SERVICE

Addresses individual or family-level risk/protective factors through health education, programming, case management, etc.

"I feel more proud to be me because of the Raices program."

– program participant

IMPACT

Key outcomes for on-site youth participants in the 2017-18 program year include:

- 87% can identify 3 effective ways to prevent pregnancy
- 85% know places in the community where they can get contraceptives and HIV/STI testing
- 100% can list 3 responsibilities of parenting
- 98% reported a sense of cultural pride and positive self-esteem
- 97% reported having adults who are good role models

132 youth
participated in
Raices activities





Raíces program goals are: (1) Reduce teenage pregnancy, the rate of new infections of HIV/ STIs, and risky behaviors in the Latine community; (2) Improve academic performance, school attendance, high school graduation rates, and post-secondary enrollment in the Latine community; (3) Foster a clear and positive personal and cultural identity in Latine youth; and (4) Foster a sense of competence, connectedness, and contribution in Latine youth.

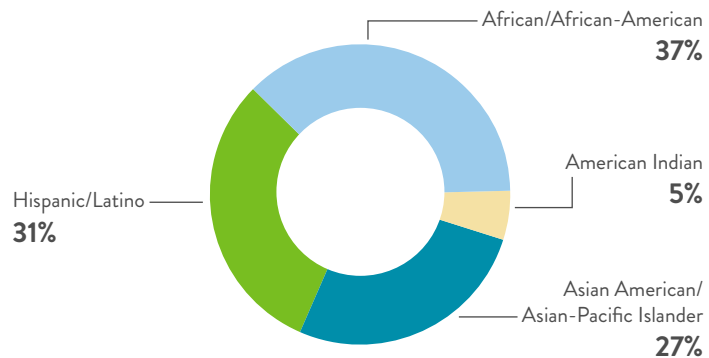
Story of a Raíces participant:

Dayanara is a high school student who participates in Raices youth programming and Youth Social Entrepreneurship (YSE) project at Centro Tyrone Guzman. She is learning about sexual health, healthy relationships, and building her confidence and social skills alongside her peers. Dayanara, who was initially shy about sharing her opinions when she started attending Raices in January, volunteered for three public speaking opportunities at Centro Tyrone Guzman this quarter! She gave two speeches in front of peers, community guests and funders at our mural celebration and adult literacy program graduation. She also was a panel speaker for a Women's Foundation of MN funders meeting hosted at Centro Tyrone Guzman, where she talked about her experiences as a young Latina woman, health and education equity, and responded gracefully and passionately to questions from the audience. Dayanara recently applied for the Young Women's Cabinet, a selective cohort of diverse young women who build leadership skills, learn about public policy, conduct research around the state, and advise the governor's office on equity issues. We are proud to say that Dayanara was accepted! We are excited to see what she will accomplish as part of the Young Women's Cabinet.

PRIORITY HEALTH AREA SPOTLIGHT

In 2016, Minnesota reported 3,004 pregnancies among 15- to 19-year-olds. Rates of teen pregnancies among American Indians (56.1 per 1,000 pregnancies) and African Americans (39.6 per 1,000 pregnancies) were among the highest in the state. Latines had a rate of 31.6 per 1,000. Disparate rates of unemployment, poverty, adverse childhood experiences, and access to comprehensive sexual health education directly affect sexual health and increase the likelihood of early pregnancy.

Collective Impact: 52,974 individuals were reached through the work of fourteen grantees addressing this priority health area in 2017-18. The proportions of individuals reached by race/ethnicity are shown in the figure below.



EHDI grantees addressing teen pregnancy prevention identified common measures to track and report. Collective results include:

- ★ 86% of program participants know where to access sexual health care
- ↑ Increased comfort talking about sex and birth control with partners
- ↑ Increased number of young people who reported having adults in their lives with whom to talk about sexual health issues

MDH ELIMINATING HEALTH DISPARITIES INITIATIVE

The Eliminating Health Disparities Initiative (EHDI) grant program was created to address health inequities for populations of color and American Indians across eight different priority health areas. Since 2001, the EHDI approach has been to support organizations and projects run by and for communities of color and American Indians to develop and implement strategies that are effective in reaching their communities. Every few years, the program reallocates the competitive grants to organizations and tribes across the state of Minnesota. The current grant cycle is from 2016-2019.