

HIGH SCHOOL FOR RECORDING ARTS



Check Yo'Self Health and Wellness Center

CONTEXT

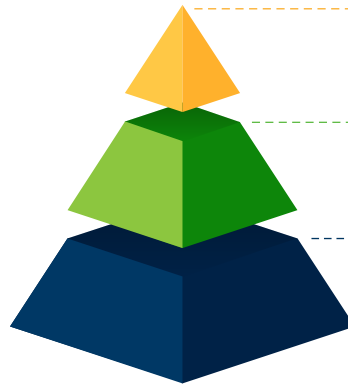
Goal: High School for Recording Arts (HSRA) contributes to closing the gap in teen pregnancy rates for African American youth in Hennepin and Ramsey counties.

Causes: Racism and discrimination have caused long-standing disparities in education, employment, income/wealth, housing, neighborhood conditions, access to health care, transportation, and social connections and support that directly affect health.

Population: Approximately 43,100 African American youth live in Hennepin and Ramsey counties.

Issue: Every day in Minnesota, approximately 10 teens become pregnant. The vast majority of these pregnancies are unintended. Even though the greatest number of adolescent births in Minnesota is to white females, youth of color have significantly higher birth and pregnancy rates than their white counterparts.

APPROACH



Providing comprehensive sexual health programs and outreach to teens experiencing poverty and homelessness.

Ensuring safe spaces for youth to be themselves and speak their minds without judgment.

Addressing how poverty and homelessness directly impact teen sexual health.

ROOT CAUSES/ CONDITIONS FOR HEALTH

Addresses the social and economic conditions for health (also known as the social determinants of health). This often happens by changing local, regional or state policy, changing the way systems work or changing the environment.

ORGANIZATIONAL/ INSTITUTIONAL CHANGE

Addresses a health area by changing policies or systems in a school, clinic, hospital, etc. to support healthy behaviors and individual risk/protective factors.

HEALTH PROMOTION/ DIRECT SERVICE

Addresses individual or family-level risk/protective factors through health education, programming, case management, etc.

IMPACT

- 77% decrease in teen perception that getting pregnant is “normal” in the community
- 90% increase in teen skills and abilities for obtaining, properly using, and disposing of male condoms
- Reached high-risk teens, including 54% who were sexually active and 19% who had been homeless in the last 6 months

1,600
Black youth have
completed the
Check Yo'Self program
over the last 8 years



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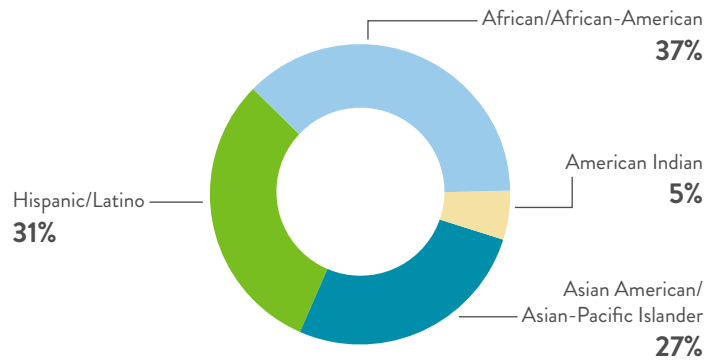


HSRA is dedicated to providing all young people a chance to realize their full potential, despite any previous setbacks. As we engage students through music and the exploration and operation of the music business, we demonstrate that core learning areas and real world, 21st century skills can be acquired at the same time. More than just earning a high school diploma, HSRA prepares students for a positive post-secondary education and life.

PRIORITY HEALTH AREA SPOTLIGHT

In 2016, Minnesota reported 3,004 pregnancies among 15- to 19-year-olds. Rates of teen pregnancies among American Indians (56.1 per 1,000 pregnancies) and African Americans (39.6 per 1,000 pregnancies) were among the highest in the state. Disparate rates of unemployment, poverty, adverse childhood experiences, and access to comprehensive sexual health education directly affect sexual health and increase the likelihood of early pregnancy.

Collective Impact: 52,974 individuals were reached through the work of fourteen grantees addressing this priority health area in 2017-18. The proportions of individuals reached by race/ethnicity are shown in the figure below.



EHDI grantees addressing teen pregnancy prevention identified common measures to track and report. Collective results include:

- ★ 86% of program participants know where to access sexual health care
- ↑ Increased comfort talking about sex and birth control with partners
- ↑ Increased number of young people who reported having adults in their lives with whom to talk about sexual health issues

MDH ELIMINATING HEALTH DISPARITIES INITIATIVE

The Eliminating Health Disparities Initiative (EHDI) grant program was created to address health inequities for populations of color and American Indians across eight different priority health areas. Since 2001, the EHDI approach has been to support organizations and projects run by and for communities of color and American Indians to develop and implement strategies that are effective in reaching their communities. Every few years, the program reallocates the competitive grants to organizations and tribes across the state of Minnesota. The current grant cycle is from 2016-2019.