

Outpatient Antibiotic Stewardship Resources

PRINT OR DOWNLOAD THESE MATERIALS

1. **Minnesota Antimicrobial Stewardship Program Toolkit for Outpatient Clinics**
(<https://www.health.state.mn.us/diseases/antibioticresistance/hcp/asp/out/index.html>)
 - a. **Minnesota Sample Antibiotic Stewardship Plan for Outpatient Clinics (PDF)**
(<https://www.health.state.mn.us/diseases/antibioticresistance/hcp/asp/out/outsampleplan.pdf>)

This is a sample plan that facilities can take what they want, leave the rest, or just review for ideas and develop their own document.
 - b. **Provider Talking Points on Antibiotic Use (PDF)**
(<https://www.health.state.mn.us/diseases/antibioticresistance/hcp/asp/out/abxtalkingpts.pdf>)

This document provides clinicians tips and talking points on how to prescribe fewer unnecessary antibiotics.
 - c. **Cough and Cold Care for Adults (PDF)**
(<https://www.health.state.mn.us/diseases/antibioticresistance/hcp/asp/out/cguideadult.pdf>)

This document provides patients with information on how they can relieve symptoms without the use of antibiotics.
 - d. **Cough and Cold Care for Children (PDF)**
(<https://www.health.state.mn.us/diseases/antibioticresistance/hcp/asp/out/cguidechild.pdf>)

This document provides patients with information on how they can relieve symptoms without the use of antibiotics.
 - e. **Fact Sheet: Bronchitis or Sinusitis? (PDF)**
(<https://www.health.state.mn.us/diseases/antibioticresistance/hcp/asp/out/bronchitisfs.pdf>)

This sheet provides syndrome-specific information for patients.
 - f. **Viral Prescription Pad (PDF)**
(<https://www.health.state.mn.us/diseases/antibioticresistance/hcp/asp/out/viralrx.pdf>)

This pad can be used when antibiotics are not indicated to provide patients with guidance on how to relieve symptoms. The viral prescription pad is a way to let patients know that they have been heard and that their illness is taken seriously by the provider.
2. **Minnesota Antibiotic Stewardship Commitment Materials for Partners**
(<https://www.health.state.mn.us/diseases/antibioticresistance/hcp/commitkit/index.html>)

These posters are customizable by health care facilities. Stewardship leaders can add a photo of their team, individual providers, clinic logo, signatures, etc.
3. **CDC Core Elements of Outpatient Antibiotic Stewardship**
(<https://www.cdc.gov/antibiotic-use/community/improving-prescribing/core-elements/core-outpatient-stewardship.html>)
4. **Syndrome Specific Guidelines (external resource links)**

These guidelines summarize recommendations for appropriate antibiotic prescribing in outpatient settings.

 - a. **CDC: Adult Treatment Recommendations**
(<https://www.cdc.gov/antibiotic-use/community/for-hcp/outpatient-hcp/adult-treatment-rec.html>)

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- b. [CDC: Pediatric Treatment Recommendations](https://www.cdc.gov/antibiotic-use/community/for-hcp/outpatient-hcp/pediatric-treatment-rec.html)
(<https://www.cdc.gov/antibiotic-use/community/for-hcp/outpatient-hcp/pediatric-treatment-rec.html>)
- c. [NY Department of Health: Adult and Pediatric Prescribing Guidelines \(PDF\)](https://www.health.ny.gov/publications/1174_8.5x11.pdf)
(https://www.health.ny.gov/publications/1174_8.5x11.pdf)
- d. [WA State Department of Health: Adult and Pediatric Clinical Practice Guidelines](https://www.doh.wa.gov/YouandYourFamily/IllnessandDisease/HealthcareAssociatedInfections/EQuIP/AmbulatoryCare)
(<https://www.doh.wa.gov/YouandYourFamily/IllnessandDisease/HealthcareAssociatedInfections/EQuIP/AmbulatoryCare>)

5. **Waiting/Exam Room Materials**

These materials are intended to be a fun way to increase awareness while patients are waiting.

- a. [Superheroes Stop Superbugs Coloring Page \(PDF\)](https://www.health.state.mn.us/diseases/antibioticresistance/educators/coloringpage.pdf)
(<https://www.health.state.mn.us/diseases/antibioticresistance/educators/coloringpage.pdf>)
- b. [Antibiotic Resistance and Stewardship Word Search \(PDF\)](https://www.health.state.mn.us/diseases/antibioticresistance/educators/wordsearch.pdf)
(<https://www.health.state.mn.us/diseases/antibioticresistance/educators/wordsearch.pdf>)
- c. [MDH Video Playlist: Antibiotic Stewardship](https://www.youtube.com/playlist?list=PLnv1INVkmxmvnaZ2KnMzRO8fuHei4YFrd)
(<https://www.youtube.com/playlist?list=PLnv1INVkmxmvnaZ2KnMzRO8fuHei4YFrd>)
Antibiotic use and resistance videos for waiting rooms, web, and social media.

6. **One Health Antibiotic Stewardship Print Materials**

(<https://www.health.state.mn.us/communities/onehealthabx/materials.html>)

7. **Outpatient Stewardship Data Summary Reports**

These reports increase awareness of the state of antibiotic stewardship and practices in MN outpatient settings.

- a. [2018 Antibiotic Stewardship Practices in Minnesota Community Pharmacies Survey \(PDF\)](https://www.health.state.mn.us/diseases/antibioticresistance/pharmsurvey.pdf)
(<https://www.health.state.mn.us/diseases/antibioticresistance/pharmsurvey.pdf>)
- b. [2017 Minnesota Clinic Survey of Antibiotic Stewardship Practices \(PDF\)](https://www.health.state.mn.us/diseases/antibioticresistance/outsurvey.pdf)
(<https://www.health.state.mn.us/diseases/antibioticresistance/outsurvey.pdf>)
- c. [2015 Antibiotic Stewardship in Dentistry: Antibiotic Use Survey Among MN Dentists \(PDF\)](https://www.health.state.mn.us/diseases/antibioticresistance/dentsurvey.pdf)
(<https://www.health.state.mn.us/diseases/antibioticresistance/dentsurvey.pdf>)

8. **2018 Antibiotic Stewardship Conference: Focus on Ambulatory Care**

(<https://www.health.state.mn.us/communities/onehealthabx/event/conferenceamb.html>)

9. **Minnesota Pollution Control Agency: Managing Unwanted Medications**

(<https://www.pca.state.mn.us/living-green/managing-unwanted-medications>)

Find Minnesota collection locations to bring unused medications so they are disposed of properly.

10. **Lake Superior Quality Innovation Network: Antibiotic Stewardship Sustainability Planning Guide (PDF)**

(https://www.lsqin.org/wp-content/uploads/2018/12/Antibiotic_stewardship_sustainability_toolkit.pdf)

This guide provides steps for building outpatient antibiotic stewardship program sustainment.

11. **Stay current with all things stewardship.**

- a. [Subscribe to MN One Health Antibiotic Stewardship Collaborative Updates](https://public.govdelivery.com/accounts/MNMDH/subscriber/new?topic_id=MNMDH_333)
(https://public.govdelivery.com/accounts/MNMDH/subscriber/new?topic_id=MNMDH_333)
- b. [Subscribe to Healthcare-Associated Infections Updates](https://public.govdelivery.com/accounts/MNMDH/subscriber/new?topic_id=MNMDH_340)
(https://public.govdelivery.com/accounts/MNMDH/subscriber/new?topic_id=MNMDH_340)
- c. Follow and share from @MNHealth on Facebook, Twitter, Instagram, LinkedIn, and YouTube.

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