

# Pope County Substance Use and Overdose Profile

UPDATED 2/7/2023

## Drug Overdose Deaths

### Pope County Drug Overdose Deaths by Year

Drug overdose deaths have decreased among Pope County residents since 2020.

Year	Yearly Deaths
2011	1
2012	0
2013	1
2014	1
2015	1
2016	1
2017	1
2018	1
2019	1
2020	2
2021	1

Source: Minnesota death certificates

### Pope County Overdose Death by Year

In 2021, psychostimulants were the drug involved in the greatest number of overdose deaths among Pope County residents.

Substance	Number of Deaths
Opioids*	0
Benzodiazepines	0
Cocaine	0
Psychostimulants (includes meth)	1

Source: Minnesota death certificates

Note: Opioids include prescription opioids, heroin, and synthetic opioids. Overdose deaths may involve more than one drug. As a result, the number of deaths associated with each drug type

may total more than the number of overdose deaths. They also include unintentional overdoses, suicide, and homicide.

## Nonfatal Overdose

### Pope County ER Visits for Nonfatal Opioid Overdose by Year

Emergency room visits for nonfatal opioid overdoses have increased among Pope County residents. Opioid overdoses can sometimes be reversed by administering naloxone.

Year	Number of ER Visits
2016	4
2017	3
2018	2
2019	3
2020	1
2021	3

Source: Minnesota Hospital Discharge Data

### Pope County ER Visits for Nonfatal Overdose by Opioid

Emergency room visits for nonfatal overdose among Pope County residents have decreased for opioids excluding heroin since 2016.

Year	Opioids (excluding heroin)	Heroin	Stimulants	Cocaine
2016	4	0	0	0
2017	2	1	0	0
2018	2	0	0	0
2019	1	2	1	0
2020	1	0	0	0
2021	1	2	0	0

Source: Minnesota Hospital Discharge Data

Note: Opioids excluding heroin includes commonly prescribed opioids and synthetic opioids.

### Pope County ER Visits for Opioid Overdose by Age Group

## POPE COUNTY SUBSTANCE USE AND OVERDOSE PROFILE

In 2021, ages 25-34 years had the greatest number of ER visits for opioid-involved overdose among Pope County residents.

Age	Number of ER Visits
1-14 years	0
15-24 years	0
25-34 years	2
35-44 years	0
45-54 years	1
55-64 years	0
65+ years	0

Source: Minnesota Hospital Discharge Data

### Pope County ER Visits for Opioid Overdose by Gender

Males had more ER visits for opioid-involved overdoses among Pope County residents in 2021.

Gender	Percentage of ER Visits	Number of ER Visits
Males	100%	3
Females	0%	0

Source: Minnesota Hospital Discharge Data

### Opioid Prescriptions Dispensed

#### Pope County Number of Opioids Prescribed by Year

The total number of opioid prescriptions has been decreasing among Pope County residents since 2016.

Year	Number of Opioids Prescribed
2016	8,700
2017	7,842
2018	7,050
2019	6,381
2020	5,949
2021	5,855

Source: Minnesota Pharmacy Prescription Monitoring Program

## Pope County Opioid Prescription Rate by Year

In Pope County, the opioids prescription rate has also been decreasing since 2016 and is higher than the statewide average.

Year	Minnesota Opioid Prescription Rate	Pope County Opioid Prescription Rate
2016	615.6	793.6
2017	550.1	713.9
2018	482.0	635.3
2019	438.4	567.3
2020	397.7	527.5
2021	386.9	513.5

Source: Minnesota Pharmacy Prescription Monitoring Program

Note: The prescription rate is measured as the number of prescriptions dispensed based on patient county divided by the total number of people living in a county to create a rate per 1,000 people.

## Pope County Health Care Visits for Opioid Dependence

The rate of health care visits for opioid dependence among Pope County residents has been unreported since 2017.

Year	Minnesota Health Care Visits	Pope County Health Care Visits
2016	2.3	2.1
2017	2.6	*
2018	2.6	*
2019	2.4	*

Source: Minnesota Hospital Discharge Data

Note: The opioid dependence rate is measured as the number of opioid dependence visits based on patient county divided by the total number of people living in a county to create a rate per 1,000 people. Rates are only calculated for counties and years with 20 or greater visits. Missing values indicate years where the number of visits was less than 20.

## Use and Misuse Among Youth

### Pope County Opioid Use by Grade Level

The percentage of students attending schools in Pope County that in the past 12 months used prescription pain medications without a prescription or differently than how a doctor intended has decreased among 9<sup>th</sup> and 11<sup>th</sup> graders. Years with missing values were not available.

POPE COUNTY SUBSTANCE USE AND OVERDOSE PROFILE

Year	Grade 8	Grade 9	Grade 11
2013	1.4%	1.3%	3.0%
2016	1.3%	1.9%	5.1%
2019	1.6%	1.6%	3.3%
2022	*	*	*

Source: Minnesota Student Survey

## Substance Use Disorder Treatment

### Pope County Substance Use Disorder Treatment by Year and Substance Type

Among people from Pope County that were admitted to substance use disorder treatment anywhere in Minnesota in 2020, alcohol was the primary substance used at admission followed by methamphetamines.

Year	Alcohol	Methamphetamine	Opioids	Crack/Cocaine
2010	73	12	9	*
2011	36	17	6	*
2012	37	6	7	*
2013	37	27	6	*
2014	44	19	15	*
2015	42	27	17	*
2016	49	36	23	*
2017	48	30	20	*
2018	40	24	15	*
2019	26	21	12	*
2020	26	17	5	*

Source: Substance Use in Minnesota

Note: Opioids includes heroin and other opiates.

Minnesota Department of Health  
 Drug Overdose Prevention – Injury and Violence Prevention Section  
 PO Box 64882  
 St. Paul, MN 55164-0882  
[health.drugodprev@state.mn.us](mailto:health.drugodprev@state.mn.us)  
[www.health.state.mn.us/opioiddashboard](http://www.health.state.mn.us/opioiddashboard)