

# Moving into action: Worksheet

NARRATIVES AND HEALTH EQUITY: EXPANDING THE CONVERSATION

## The emerging themes of *Healthy Minnesota*

- Health is created by social and economic conditions.
- The conditions for health are shaped at the level of policy.
- Creating health is the responsibility of all.
- We are only healthy when we are healthy together.

## Critical questions for policies/programs/strategies

1. How does or could this policy/program/strategy emphasize changes in the conditions that create health?
2. How does or could this policy/program/strategy go beyond how experts can address the issue and build on the notion that everyone is needed and valued to create the best solution?
3. How does or could this program/policy/strategy leverage expanded partnerships?
4. How does or could this policy/program/strategy emphasize shared responsibility of all rather than the responsibility of individuals?
5. How does or could this program/policy potentially polarize the community? How does or could it encourage and support community interconnectedness?

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