



# Early childhood health

### NARRATIVES AND HEALTH EQUITY: EXPANDING THE CONVERSATION

Safe, stable, nurturing relationships and environments are essential for a healthy infancy and childhood. Families, businesses, government, and community organizations all play a role in creating these conditions. The emerging narrative highlights these conditions and roles for assuring that all children can be healthy. MDH and local health departments developed this narrative.

### Every child in every family deserves a healthy start.

- 1. Health is developed in a context of community that lifts up all voices—inclusive of all races, ethnicities, and backgrounds.
- 2. All parents want what's best for their children; it's the community's role to create the conditions in which this is actually possible.
- 3. Every child is attached to a family and every family is attached to a community.

## Health care—medical and clinical care—is an important component of health but, over the span of people's lives, other factors have a greater overall impact on health.

- 4. Children will be successful in their families if families feel (are) included and successful within their communities.
- 5. Safe, stable, nurturing relationships and environments are created in multiple settings in multiple ways. All—families, businesses, government, and community organizations—have a role in creating these conditions.

## The community has a key role as protector and caretaker of children; communities must be supported in this role.

- 6. Racism hurts the health and well-being of children, families, and communities.
- 7. Children thrive when they are in a safe environment where community wisdom shapes that environment.
- 8. Every child is inherently valuable to the community
- 9. Assimilation to whiteness is neither possible nor desirable for our children.

#### For narrative frames on other topics, visit:

Minnesota Department of Health Healthy Minnesota Partnership www.health.state.mn.us/healthymnpartnership 651-201-3880 health.ophp@state.mn.us

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