

Webinar: Center of Excellence in Newcomer Health

Afghan Arrival: Peri- and post-natal care

October 12, 2022

1 – 2 p.m. ET | 12 – 1 p.m. CT | 11 a.m. – 12 p.m. MT | 10 – 11 a.m. PT



REGISTER NOW FOR THIS FREE TRAINING

[Afghan Arrival: Peri- and post-natal care](#)

<https://minnesota.webex.com/minnesota/j.php?RGID=r3d652f43d033d918ca9e4d686667a4c0>

LEARNING OBJECTIVES

- Describe two to three traditional Afghan practices before, during, and after pregnancy and explain variation among Afghan practices.
- List three challenges that Afghan newcomers face post-arrival that can impact pregnancy care and outcomes.
- Name two practices that have been successful in supporting Afghan newcomers during and after pregnancy at a system level and two practices at a provider or case worker level.

MODERATOR



Lily Rubenstein, RN, PHN (she/her)

- Refugee health nurse consultant; Minnesota Department of Health Refugee Health Program
- Former refugee health care coordinator at M Health Fairview Clinic – Bethesda in St. Paul, MN

PRESENTERS



Soma Yousafi, RN, MD (she/her)

- Pre-Post Natal Facilitator, International Rescue Committee (IRC)
- Former teaching assistant, Maternal and Child Health Department at Kabul University of Medical Science; member of curriculum, quality assurance, and research committee of Nursing and Midwifery Department



Shoshana Aleinikoff, MD (she/her)

- Specialty Director of Refugee and Immigrant Health; HealthPoint, a community health center network in WA
- Practices family medicine and OB care; majority of her practice is refugee and immigrant patients, and she has created innovative programming with the communities she works with, including refugee clinics, and centering pregnancy for newly arrived refugees
- Published and presented nationally on refugee primary care and these models of care

CME/CONTINUING EDUCATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Minnesota Medical Association and Minnesota Department of Health. The Minnesota Medical Association (MMA) is accredited by the ACCME to provide continuing medical education for physicians.

The Minnesota Medical Association designates this live internet activity for a maximum of *1.0 AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AFGHAN ARRIVAL: PERI- AND POST-NATAL CARE
CENTER OF EXCELLENCE IN NEWCOMER HEALTH WEBINAR

Other participants will receive a proof of attendance document from MDH following completion of a post-webinar evaluation and are responsible for determining if this training meets CE criteria for their professional organization.

The *Center of Excellence in Newcomer Health* is supported by NU50CK000563 (MN) from the U.S. Centers for Disease Control and Prevention.

For more information or disclosures, please visit [Center of Excellence in Newcomer Health \(www.health.state.mn.us/communities/rih/about/coe.html\)](http://www.health.state.mn.us/communities/rih/about/coe.html). Contact the Minnesota Department of Health Refugee Health Program at refugeehealth@state.mn.us or 651-201-5414 for questions.