

Center of Excellence in Newcomer Health Webinar

Considerations for Nutrition and Growth in Newcomer Families

Thursday, September 11, 2025

12 – 1 p.m. ET | 11 a.m. – 12 p.m. CT | 10 – 11 a.m. MT | 9 – 10 a.m. PT



MINNESOTA
MEDICAL
ASSOCIATION

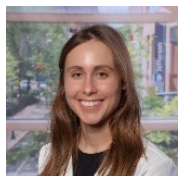
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Microsoft Teams webinar registration: [Considerations for Nutrition and Growth in Newcomer Families](https://events.gcc.teams.microsoft.com/event/f0ea4bf7-01b7-4f87-bdd4-b0ef08cd4420@eb14b046-24c4-4519-8f26-b89c2159828c)
(<https://events.gcc.teams.microsoft.com/event/f0ea4bf7-01b7-4f87-bdd4-b0ef08cd4420@eb14b046-24c4-4519-8f26-b89c2159828c>)

LEARNING OBJECTIVES

- Illustrate the intersection of migration, culture, and nutrition.
- Describe screening for growth parameters and micronutrient deficiencies.
- Compose approaches to treating growth faltering and micronutrient deficiencies.
- Practice how to approach conversations about nutrition with newcomer families.

PRESENTERS



Jessica Deffler, MD

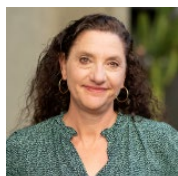
Assistant Professor, Thomas Jefferson University
Medical Director, Wyss Wellness Center



Elizabeth Dawson-Hahn, MD

Associate Professor of Pediatrics, Division of General Pediatrics, University of Washington
Attending Physician, Harborview Medical Center
Medical Advisor, UN International Organization for Immigration

MODERATOR



Janine Young, MD, FAAP

Chief, Division of Academic General Pediatrics, Developmental-Behavioral Pediatrics and Newborn Medicine, University of California – San Diego (UCSD)
Professor of Pediatrics, UCSD School of Medicine

CME/CONTINUING EDUCATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Minnesota Medical Association and Minnesota Department of Health. The Minnesota Medical Association (MMA) is accredited by the ACCME to provide continuing medical education for physicians.

The Minnesota Medical Association designates this live internet activity for a maximum of *1.0 AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Other participants will receive a proof of attendance document from MDH following completion of a post-webinar evaluation and are responsible for determining if this training meets CE criteria for their professional organization.

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For more information or disclosures, please visit [Minnesota Center of Excellence in Newcomer Health](http://www.health.state.mn.us/communities/rih/coe/index.html)
(www.health.state.mn.us/communities/rih/coe/index.html). Contact the Minnesota Department of Health
Refugee Health Program at MNCOENewcomerHealth@state.mn.us or 651-201-5414 for questions.