

Center of Excellence in Newcomer Health Webinar

Systemic and Cultural Strategies to Support Newcomer Mental Health



Case Examples from Integrative Behavioral Health and Community Informed Care

Thursday, November 12, 2026

3 – 4:30 p.m. ET | 2 – 3:30 p.m. CT | 1 – 2:30 p.m. MT | 12 – 1:30 p.m. PT

REGISTER NOW FOR THIS FREE TRAINING

Systemic and Cultural Strategies to Support Newcomer Mental Health

(<https://events.gcc.teams.microsoft.com/event/ec8b18de-0c89-4af6-9b80-453be6e5119e@eb14b046-24c4-4519-8f26-b89c2159828c>)

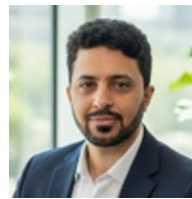
LEARNING OBJECTIVES

- Understand systemic and cultural challenges faced by newcomer communities.
- Explain how social service and healthcare providers can use systemic and culturally informed strategies to build trust and navigate mental health care with newcomer communities.
- List three culturally informed strategies for collaborative assessment and mental health care.

PRESENTERS



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Department of Family Medicine and
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Masoud Ghafoer, PsyD, LMFT
Director of Clinical Services and Mental
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MODERATOR



Patricia Shannon, PhD, LP
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CME/CONTINUING EDUCATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Minnesota Medical Association and Minnesota Department of Health. The Minnesota Medical Association (MMA) is accredited by the ACCME to provide continuing medical education for physicians.



The Minnesota Medical Association designates this live internet activity for a maximum of *1.5 AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Other participants are responsible for determining if this training meets CE criteria for their professional organization.

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For more information or disclosures, please visit [Minnesota Center of Excellence in Newcomer Health \(www.health.state.mn.us/communities/rih/coe/index.html\)](http://www.health.state.mn.us/communities/rih/coe/index.html). Contact the Minnesota Department of Health Refugee Health Program at MNCOENewcomerHealth@state.mn.us or 651-201-5414 for questions.