

**Health Care Visit: What to bring to your appointment and where to go**

**NEXT DOCTOR APPOINTMENT**

Date: \_\_\_\_\_ Time: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Resettlement Agency: \_\_\_\_\_

Case Manager: \_\_\_\_\_

Phone Number: \_\_\_\_\_

 Transportation Contact: \_\_\_\_\_

**NEXT DOCTOR APPOINTMENT**

Date: \_\_\_\_\_ Time: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Resettlement Agency: \_\_\_\_\_

Case Manager: \_\_\_\_\_

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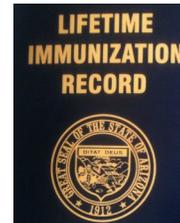
 Transportation Contact: \_\_\_\_\_

**Bring to Your Appointment**

Medications



Immunization Card/  
Blue Book

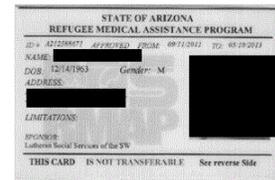
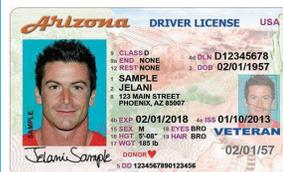


Overseas Medical Report  
(If you have it)

Insurance  
Card



Identification Card



**My Responsibilities**

- ✓ Go to all appointments
- ✓ Arrive 15 minutes early to appointment
- ✓ Cancel appointments 24 hours before, if I cannot go
- ✓ Save all medical reports
- ✓ Call taxi 3 days before



**My Rights**

- ✓ Interpretation
- ✓ Request male or female doctor
- ✓ Privacy and Confidentiality
- ✓ ASK QUESTIONS



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Call 911



Someone is unconscious.

Urgent Care



You have a fever for 2 or more days.

Doctor's Appointment



You feel sad and hopeless for many days.

Take care of it Yourself



You have a runny nose or a cold.

My Doctor

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_



Someone is having a seizure.



You broke a bone.



You feel nauseous for many days.



You have a small headache.  
**Solution:** Take pain reliever.

Nearest Hospital to where I live...

Name: \_\_\_\_\_

Address: \_\_\_\_\_



Your chest or heart hurts.  
Your left arm is numb.  
You cannot breathe.



You have a very bad ear or headache for many days.



You have a small rash that will not go away.



You have a small cut.  
**Solution:** Put a Band-Aid on it.

Nearest Urgent care to where I live...

Name: \_\_\_\_\_

Address: \_\_\_\_\_