Health Resources Serving Diverse Cultural Communities

2017

DEPARTMENT OF HEALTH

Compiled by the
Refugee and International Health Program
of the Minnesota Department of Health

Online Version: www.health.state.mn.us/refugee

How to use this Directory

This document is intended to be a quick reference for individuals working to identify appropriate health services for refugees and immigrants. Our goal is to expand these listings over time to reflect the growing populations of refugees and immigrants throughout our state.

- Listed organizations have been selected because they either have special expertise in serving diverse populations or offer low-cost care options such as reduced fees or sliding fees.
- Listings are divided by type of service (i.e., mental health, dental). Within each type of service, listings are divided by county of location. Not every county has listing in each category; consider looking in nearby counties if you are unable to find a listing for a particular type of service.
- We welcome new listings that have not been included in this edition. Please contact 651-201-5414 with additions.

The printed version of this guide is updated biennially. The online version is updated quarterly and can be accessed in PDF format at: www.health.state.mn.us/refugee
Click on “Directories for Organizations Serving Refugees.”

Hard copies of the resource guide can be requested from the address or phone number on the back cover.

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NOTE Under the column titled “Eligibility Requirements,” a designation of “None” indicates there are no requirements to become a patient of a particular health provider. However, “None” does not describe the payment options acceptable to the health provider. When scheduling, please ask about the payment policies of each organization.

Dental Services

Dental Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Carver County				
Normandale Community Dental Hygiene 9700 France Ave. S. Bloomington, MN 55431 952-358-8608 www.normandale.mnscu.edu	Appointment times vary by semester and availability. Call for openings.	General public welcome. Does not accept dental insurance; Cash or credit card only.		Normandale Dental Hygiene Clinic provides a variety of dental hygiene services including cleanings, X-rays, exams, charting, fluoride treatments, sealants, and fillings.
Dakota County				
Argosy University Dental Hygiene Clinic 1515 Central Parkway Eagan, MN 55121 651-846-3381 www.argosy.edu	Varies each semester; call for updated hours	Anyone in need of preventative dental services. Fees vary with service; Fees are lower than usual dental cost. Ages 60+ receive all preventative services at half price; Veterans receive free services.	None	The campus offers low-cost preventive services that are provided by current dental hygiene students. Services include: dental exams, dental prophylaxis, radiographs, sealants, scaling and root planning, fluoride treatments, and nutritional counseling.
Dakota County Public Health – Children's Dental Services 14955 Galaxie Ave. (WIC Lobby) Apple Valley, MN 55124 612-746-1530 1 Mendota Rd. W. #410 (WIC Lobby) West St. Paul, MN 55118 612-746-1530 www.childrensdentalservices.org	Call to verify hours and make an appointment.	For infants and children up to the age of 26. Call to verify other eligibility requirements. Medical assistance accepted and sliding fee available for uninsured.	Many Children's Dental Services staff members are multilingual	Dakota County Public Health partners with Children's Dental Services to provide dental care to children from low-income families. Children's Dental staff provide dental care one day per month in county service centers in Apple Valley and West St. Paul. Services include: dental exams, teeth cleaning, x rays, sealants, restoration and fluroide treatment.

Dental Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Hennepin County				
Community University Health Care Center (CUHCC) 2001 Bloomington Ave. S. Minneapolis, MN 55404 612-638-0700	Mon. - Fri. 8:00 a.m. - 5:00 p.m.	Children under 19, adults with diabetes, pregnant women. Accepts all insurance.	Hmong, Laotian, Vietnamese, Somali, Spanish - other languages by appointment	General dental practice for children and adults.
Children's Dental Services 636 Broadway St. NE Minneapolis, MN 55413 612-746-1530 www.childrensdentalservices.org	Mon., Thurs. & Fri. 8:30 a.m. - 5:00 p.m. Tues. & Wed. 8:30 a.m. - 7:00 p.m. Sat. 9:00 a.m. - 1:00 p.m.	Children, birth to 26 yrs. and pregnant women. Accepts all forms of MA and private insurance and offers sliding scale with free care available for eligible patients.	ASL, Spanish, Portuguese, Somali, Hmong, Amharic, Bosnian, Croation, Oromo, Urdu, French, Russian, Ukranian, Tibeto/Burman, Farsi, Hindi, Vietnamese, Swahili, Arabic, Cambodian and Persian.	Full range of dental care including emergency treatment, extractions, hygiene (sealants, fluoride, and cleanings), restorative care (fillings, crowns, etc.), general anesthesia hospital-based care and endodontia. Referrals for orthodontia and oral surgery. Culturally specific services: Culturally targeted dental care and oral health education.
Community Dental Care 3359 West Broadway Robbinsdale, MN 55422 763-270-5776	Mon. - Thurs.: 7:30 a.m. - 9:30 p.m. Fri.: 7:30 a.m. - 5:30 p.m. (1 hour lunch 12:00 - 1:00 p.m.)	Accepts all MA plans. Most private plans and offer sliding fee to those who qualify.	Hmong, Spanish, Somali, Urdu, other languages available by appointment	Comprehensive, preventative, restorative, emergency care. We can refer to our own pediatric dentist for general anesthesia. Extractions, root canals, and denture services as well. Culturally Specific Services: PICOH program (program to improve community oral health) that is dedicated to in house outreach education for Hmong/Karen/Somali/Oromo/Hispanic populations.
Indian Health Board 1315 East 24th St. Minneapolis, MN 55404 612-721-9800	Mon., Wed., Thurs., Fri. 9:00 a.m. - 5:00 p.m. Tues. 9:00 a.m. - 7:00 p.m.	None, MA, GAMC, MHP, UCare; Most private plans accepted.	Spanish, Lakota, Ojibwe	Adult and pediatric dentistry, preventative care education, emergency dental work.
Normandale Community College - Dental Hygiene 9700 France Ave. S. Bloomington, MN 55431 952-358-8608 www.normandale.mnscu.edu	Appointment times vary by semester and availability. Call for openings.	General public welcome. Does not accept dental insurance. Cash or credit card only	None	Normandale Dental Hygiene Clinic provides a variety of dental hygiene services including cleanings, x-rays, exams, charting, fluoride treatments, sealants and fillings.

Dental Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Hennepin County (continued)				
NorthPoint Health & Wellness Center 1313 Penn Ave. N. Minneapolis, MN 55411 612-543-2500	Mon., Fri.: 8:00 a.m. - 5:00 p.m. Tues., Wed. & Thurs.: - 8:00 a.m. - 7:00 p.m. Sat.: 8:00 a.m. - 12:00 p.m	All ages regardless of ability to pay; May have waiting list for new adults. Accept MA, Minnesota care, sliding fee. Minimum $20 payment.	Available by appointment	Comprehensive dental practice: preventative care, restorative care, emergency care, digital x ray, dentures, pediatric dental work.
Sharing & Caring Hands – Dental 525 North 7th St. Minneapolis, MN 55405 612-338-4640 Email: info@sharingandcaringhands.org www.sharingandcaringhands.org	Varies, call for appointment	Low income, no dental insurance.	Some Spanish	Provides dental care services including extractions, cleaning, some basic fillings.
Southside Community Dental Clinic 4243 4th Ave S. Minneapolis, MN 55409 612-822-9030	Mon. - Fri.: 7:00 a.m. - 5:00 p.m.	All forms of insurance are accepted. A sliding scale fee discount for uninsured based on federal guidelines.	English and Spanish. Staff also speaks Hmong, Lao, Japanese, Korean, French, and Farsi. All languages are available through an interpreting agency.	Clinic based services include preventive care, dental exams, cleaning, instruction/education, X-rays, sealants, fluoride, restorative care, fillings extractions, root canals, crowns/bridges, dentures/partials, referrals, patient support services, transportation, help with insurance.
University of Minnesota School of Dentistry Clinic 7th Floor Moos Tower 515 Delaware St. SE Minneapolis, MN 55455 612-625-2495 www.dentistry.umn.edu	Mon. - Fri. 9:00 a.m. - 4:00 p.m.	Some MA, other insurance accepted. No sliding fee. Everyone welcome.	Interpreters for all languages.	All services available, including oral surgery and orthodontics.
Kandiyohi County				
State Operated Services (SOS) Dental Clinics - Willmar Community Dental Clinic 1801 Technology Drive Willmar, MN 56201 320-231-5315	Mon., Wed., Thurs.: 7:45 a.m. -4:15 p.m. Fri.: 7:45 a.m. - 1:45 p.m.	Services for adults with developmental disabilities, severe/ persistant mental illness, traumatic brain injury, those in treatment for chemical dependency.		State Operated Services - Clinics operates five community dental clinics that provide services to individuals with developmental disabilities, severe persistent mental illness and traumatic brain injury who are unable to obtain care from other community providers.

Dental Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Olmsted County				
Good Samaritan Dental Clinic 120 N. Broadway, Ste. B Rochester, MN 55906 507-529-4100 www.salvationarmynorth.org	Must call for an appt.	MA, U-Care or BluePlus. Sliding fee scale.	None	Emergency dental care, simple dental services (excluding cleanings and check-ups), X-rays, extractions. We do not provide fillings, denture repair, crowns, caps, bridges, braces, whitening or aesthetic work.
Community Dental Care 1926 College View Rd. S.E. HC #116 Rochester, MN 55904 507-258-4046	Mon. - Thurs.: 7:00 a.m. - 9:00 p.m. Fri.: 7:00 a.m. - 5:00 p.m.	Accepts self pay, MA, and all other insurance plans that covers dental. Sliding fee scale based on income.	Available by appointment	General dentistry for all ages, prevention program. Culturally Specific Services: Prevention programs for children (0-5) and pregnant mothers, Hmong, Karen, Hispanic, others. Culturally specific presentations and outreach.
Otter Tail County				
Fergus Falls Community Dental Clinic 1121 Pebble Lake Rd Fergus Falls, MN 56537 218-739-725	Mon. - Thurs.: 7:45 a.m. - 4:15 p.m.	All state PMAP plans accepted		State Operated Services - Clinics operates five community dental clinics that provide services to individuals with developmental disabilities, severe/ persistent mental illness and traumatic brain injury who are unable to obtain care from other community providers.
Ramsey County				
Century Technical College 3300 Century Ave. N. White Bear Lake, MN 55110 651-779-5787 dental.hygene@century.edu	Call for hours and appointments; some evening hours available. Mostly afternoons.	None, cash and check. Discounted flat fee for service.	Call to inquire	Cleaning, X-rays, sealants, fluoride treatments.
Community Dental Care 1670 Beam Ave. Suite 204 Maplewood, MN 55109 651-925-8400 828 Hawthorne Avenue East Saint Paul, MN 55106 651-774-2959	Mon. - Thurs.: 7:30 a.m.- 9:30 p.m. Fri.: 7:30 a.m. - 5:30 p.m. Mon. & Wed.: 8:15 a.m. -7:00 p.m. Tues. & Thurs.: 8:15 a.m.- 5:00 p.m. Fri.: 8:15 a.m. - 1:00 p.m.	Accepts all MA plans, and most private plans and offers sliding fee to those who qualify.	Hmong, Spanish, Somali, Urdu, other languages available by appointment	General practice. Comprehensive, preventative, restorative, emergency care. We can refer to our own pediatric dentist for general anesthesia. Extractions, root canals, and denture services as well. Culturally Specific Services: PICOH program (program to improve community oral health) that is dedicated to in house outreach education for Hmong/Karen/Somali/Oromo/Hispanic populations.

Dental Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Ramsey County (continued)				
East Side Family Clinic/Dental 895 East 7th Street Saint Paul, MN 55106 651-602-7500 Fax: (651) 772-9959 www.westsidechs.org	Mon., Tues., and Fri.: 8:00 a.m. - 5:00 p.m. Wed. and Thu. 8:00 a.m. - 8:00 p.m.	Most insurance plans accepted. Sliding fees for uninsured or underinsured based on income and family size.	English, Spanish, Hmong	General comprehensive dental care.
Hope Dental Clinic 800 Minehaha Ave. E Ste. 465 St. Paul, MN 55106 651-789-7605 Fax: 651-789-5591 www.hopedentalclinic.org	Mon. - Thurs.: 8:00 a.m. - 9:00 p.m.	Services are for patents without dental insurance. $20 payment per appointment if able; otherwise, all treatments are free.	Spanish speaking staff	Exams, extractions, fillings, cleanings, sealants, and education.
Lor Dental Clinic 491 University Avenue West Ste. A St. Paul, MN 55103 651-489-3681	Mon. - Fri. 9:00 a.m. - 6:00 p.m.	Self pay, MA, and most insurance plans.	Laotian, Hmong, English	Comprehensive dental services, orthodontic and implants.
Union Gospel Mission Dental Clinic 435 University Ave. E St. Paul, MN 55130 651-789-7605	Mon. - Thurs.: 8:00 a.m. - 9:00 p.m.	Must have no dental insurance and be below 300% Federal poverty guidelines for cleanings and fillings.	Spanish	Fillings, cleaning, sealing and root planning (SRP) cleaning, extractions.
West Side Dental Clinic 478 South Robert Street Saint Paul, MN 55107 651-602-7500 Fax: (651) 602-7518 www.westsidechs.org	Mon. - Tues.: 8:00 a.m. - 5:00 p.m. Wed.: 8:00 a.m. - 7:45 p.m. Thurs. - Fri.: 8:00 a.m. - 5:00 p.m.	Sliding fee scale and most insurance plans.	English, Cambodian, Vietnamese, Romanian, French, Spanish, Hmong	Comprehensive general dental services. Must make appointment, no walk-in services.
Rice County				
Southern Cities Dental Clinic 400 Fourth St. N.W., Faribault, MN 55021 507-384-6830	Mon. - Fri.: 8:00 a.m - 4:30 p.m.	All state PMAP plans accepted		State Operated Services - Clinis operates five community dental clinics that provide services to individuals with developmental disabilities, sever/persistent mental illness and traumatic brain injury who are unable to obtain care from other community providers.

Dental Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Scott County				
Cap Agency – Children's Dental Services 712 Canterbury Rd. S. Shakopee, MN 55379 612-746-1530 *(Ask for the Shakopee site)* 1-866-543-6009	Mon., Thu. and Fri. 8:30 a.m. - 8:00 p.m. Tue.: 8:30am-8:00 p.m. Wed.: 8:30-7:00 p.m. Sat.: 9:00 a.m. – 1:00 p.m.	Children up to age 18, pregnant mothers covered under MA or MN Care, or uninsured	Interpreters available in person	Full exam, cleaning, X-rays, sealants, restoration, fluoride treatment, etc.

Disability Services

Disability Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Anoka County				
Frasier 2829 Verndale Ave. Anoka, MN 55303 763-231-2590		Children and young adults.		Diagnosis, treatment and support services for children and young adults who have neurodevelopmental or neurological disorders, including complex cases of attention deficit disorder (ADD), pervasive developmental disorders (e.g. Autism, Asperger's syndrome), developmental delay, and learning disabilities. Neurological disorders might also include seizures, traumatic brain injuries, brain tumors, Tourette's disorder or infectious diseases.
Hennepin County				
Children's Specialty Center 2530 Chicago Ave. S. Minneapolis, MN 55404 612-813-6000 www.gillettechildrens.org	Clinic Hours; Mon - Fri. 8:00 a.m. - 5:00 p.m. To schedule appointment: Mon. - Fri. 8:00 a.m. - 4:30 p.m.		Hmong, Somali, Spanish, other languages available by appointment	Developmental Clinic, Down Syndrome Clinic.
Courage Kenny Rehabilitation Institute 800 E. 28th St. Minneapolis, MN 55407 Social Worker: 612-775-2820 Social Services: 612-863-4570 or 612-863-4392. 3915 Golden Valley Road Minneapolis, MN 55422 Social Worker: 763-520-0438		Need referral from health care provider for services.		Golden Valley location offers primary care along with specialty care.

Disability Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Hennepin County (continued)				
Frasier Minneapolis: 3333 University Ave. SE Minneapolis, MN 55414 612-767-7222 Richfield & Frasier School: 2400 W 64th St. Minneapolis, MN 55423 612-861-1688 Bloomington: 1801 American Blvd E, Ste. 1 Bloomington, MN 55425 952-767-2267 Eden Prairie: 6458 City West Parkway Eden Prairie, MN 55344 952-767-5900		Children and young adults.		Diagnosis, treatment and support services for children and young adults who have neurodevelopmental or neurological disorders, including complex cases of attention deficit disorder (ADD), pervasive developmental disorders (e.g. Autism, Asperger's syndrome), developmental delay, and learning disabilities. Neurological disorders might also include seizures, traumatic brain injuries, brain tumors, Tourette's disorder or infectious diseases.
Shriner's Hospital 2025 E River Pkwy Minneapolis, MN 55414 Phone: 612-596-6100		Takes any insurance or uninsured. Provides transportation for their clients.		For children with orthopedic and neuro-musculoskeletal conditions.
Ramsey County				
Gillette Lifetime Clinic 435 Phalen Blvd. St. Paul, MN 55130 Scheduling: 651-636-9443 or 651-325-2201 Fax # 651-265-7356	Call for appointment	For adults with disabilities that had early childhood onset.		Usually referrals to Gillette are from primary care provider; may make direct referral and then connect client to primary care later.
Gillette Children's Specialty Care 640 Jackson St. St. Paul, MN 55101 Appt # 651-290-8707; Providers call 651-325-2200	Call for appointment			For children with short or long-term disabilities with early childhood onset; Cerebral Palsy, Neuromuscular Conditions, Spina Bifida, Polio.

Disability Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Ramsey County (continued)				
Gillette's First Seizure Clinic 651-290-8707 (call nursing triage before scheduling)	Call for appointment	Call nursing triage: 651-229-3890 to ask about eligibility.		For newly diagnosed seizures.
Minnesota Epilepsy Group 225 N. Smith Ave. Ste. #201 St. Paul, MN 55102 651-241-2590 New pt. apt. 651-241-5261 Fax: 651-241-5680	Call for appointment			For diagnosis, monitoring and ongoing treatment of persons with Epilepsy.
Statewide				
Disability Specialists Inc. 9558 Ashawa Road, Cook MN 55723 Phone: 1-800-642-6393 Fax: 218-666-3136 Carly Pederson - local rep. 651-747-6773				Assists individuals with Social Services Disability application, State Medical Review Team process, etc. This is a statewide resource with local representatives even though their headquarters are in Cook, MN.

Domestic Violence Services and Sexual Assault Services

Domestic Violence Services and Sexual Assault Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Anoka County				
Alexandra House, Inc: Community Program 763-576-9999				Free and confidential services for victims of domestic and sexual violence that include: support groups, assistance in filing protection orders and legal representation at hearings, family law legal clinics, safety planning, information and referral; emergency shelter for victims of domestic and sexual violence and their children.
Anoka County Economic Assistance 763-422-7200 www.anokacounty.us	Mon. - Fri.: 8:00 a.m. - 4:30 p.m.			Food programs, cash assistance, healthcare programs, child care assistance. Application assistance available: 763-783-4929
Carver County				
Southern Valley Alliance for Battered Women 551 East Park Street Belle Plaine, MN 56011 952-873-4214 (crisis and business line; collect calls accepted) www.southernvalleyalliance.org		Serving Scott and Carver counties		Provides battered women and other victims of family abuse with support, referrals, protection and advocacy.
Hennepin County				
CLUES - Chicanos Latinos Unidos en Servicio Crisis Line: 612-746-3537 www.clues.org	24/7			CLUES provides help filing an order for protection and police report, accompaniment to incident related medical appointments, support and education groups, legal assistance, community outreach, and referrals to different programs such as therapy.
Community University Health Care Center 612-638-0700 www.ahc.umn.edu/cuhcc/			Bilingual, bicultural staff on site.	CUHCC's advocates will provide victims of domestic and sexual violence with free and confidential services including: Crisis intervention and post-crisis support, Ensuring basic survival needs are met, Advocacy for legal services, courts, and law enforcement, Assisting survivors through legal proceedings (civil family court and criminal justice), Supportive counseling, Accompaniment to forensic exams, Making connections to community resources through referrals, Providing support groups, Making referrals for therapy and shelters, Education to the community about domestic violence and sexual assault, In-service training and consultation for medical and other professionals.

Domestic Violence Services and Sexual Assault Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Hennepin County (continued)				
Cornerstone Crisis Hotline: 1-866-223-1111 Southern Hennepin County 1000 East 80th Street Bloomington, MN 55420 Office: (952) 884.0376 Office Fax: (952) 884.2135 24-Hour Crisis Line: (952) 884.0330 Northern Hennepin County 7051 Brooklyn Boulevard Brooklyn Center, MN 55429 Office: (952) 884.0376 24-Hour Crisis Line: (952) 884.0330 Minneapolis 2431 Hennepin Avenue South Minneapolis, MN 55405 Office: (612) 374.9077 24-Hour Crisis Line: (952) 884.0330				Cornerstone is a network of domestic violence, sexual assault community programs in Minnesota. Cornerstone designed programs and services for youth and adults. Among other services cornerstone provides help in safety Planning, emergency shelter, individual advocacy, legal advocacy, housing resources, clinical therapy, parenting support and support groups.
Hennepin County Domestic Abuse Center Domestic Abuse Service Center Government Center 300 South Sixth Street Minneapolis, MN 55487 612-348-5073 www.mncourts.gov/district/4/?page=369	24/7		Employs Somali, Hmong and Spanish-speaking advocates. Other languages available upon request.	Help with orders for protection, legal advice from city and county attorneys, assists in finding temporary housing.
Phyllis Wheatley Community Center 1301 10th Ave N Minneapolis, MN 55411 612-374-4342 http://www.pwccenter.org/	Men's groups: Tuesday, 6-8:30; Wednesday, 11:00 a.m. - 1:30 p.m. Women's groups: Mon., 6:00 - 8:30 p.m. (domestic violence); Thur., 6:00 - 8:30 p.m.	No fees. Meets the requirements of court-ordered programs.		Educational, support groups,and advocacy for women and men in domestic violence anger management.

Domestic Violence Services and Sexual Assault Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Hennepin County (continued)				
Tubman Family Alliance 4432 Chicago Ave. Minneapolis 24-hour crisis line: 612-825-0000 612-825-3333 www.tubmanfamilyalliance.org	Mon. - Thurs.: 8:00 a.m. - 4:30 p.m. Fri.: 8:00 a.m. - 12:00 p.m.			Support services for women, girls and families in abusive situations.
Kandiyohi County				
Safe Avenues P.O. Box 568 804 Willmar Ave. SE Willmar, MN 56201 320-235-0962 www.willmarshelter.com	Office Hours: Mon. - Fri.: 8:00 a.m. - 4:30 p.m. Shelter: 24 hours, 7 days a week	Services are free. Service provided to victims of domestic violence and sexual assault.	Spanish	Serving victims of domestic violence and sexual assault, emergency safe shelter, safety planning. Culturally Specific Services: Hispanic outreach services, support group for survivors of domestic violence, assistance with domestic violence issues.
Ramsey County				
Minnesota Coalition for Battered Women (MCBW) 60 East Plato Blvd, Suite 130 Saint Paul, MN 651-646-6177 24 Hour Crisis: 866-223-1111 www.mcbw.org	24/7			Free advocacy and support for female victims of violence.
Ramsey County Sexual Offense Services 1619 Dayton Ave. Saint Paul, MN 55104 Business line: 651-643-3022 24-hour crisis line: 651-266-1000 www.co.ramsey.mn.us/ph/hs/sos.htm	24/7		Multilingual interpreting services provided.	24-hour crisis counseling, advocacy, information and referral. Advocacy and support during medical, police and legal procedures. Individual counseling/support groups. Referral for therapy, shelter and financial needs. Community education programs on sexual violence.
Women's Advocates 588 Grand Ave. Saint Paul 651-227-8284 www.wadvocates.org	24/7			Free shelter hotline, interpreters available.

Domestic Violence Services and Sexual Assault Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Rice County				
Hope Center 1003 7th St. NW Faribault, MN 55021 1-800-607-2330 hopecentermn.org	Crisis line 24/7	Rice County residents	Spanish in-person by request, other languages by request.	Phone support, emergency shelter, counseling, support groups, hospital support, legal advocacy.
Scott County				
Southern Valley Alliance for Battered Women 551 East Park Street Belle Plaine, MN 56011 952-873-4214 (crisis and business line; collect calls accepted) www.southernvalleyalliance.org		Serving Scott and Carver counties.		Provides the battered woman and other victims of family abuse with support, referrals, protection and advocacy.
Stearns County				
Central Minnesota Sexual Assault Center 15 Riverside Drive NE St. Cloud, MN 56304 320-251-4357 Fax: 320-251-4670	Mon. - Fri.: 8:30 a.m. - 4:30 p.m.	Services are free.	Currently offer services in English, French, Somali, and Spanish. Other languages available through the interpreter line, free to the client.	24-Hour Crisis Phone Line; One-to-One Support Counseling and Psychoeducation; Support and Psychoeducational Groups; Human Trafficking Services; Support for those Involved in the Sex Industry; Safety Planning; “Safe at Home” Program; Legal advocacy; Hospital Advocacy Services; Professional & Community Training/Education; Referrals to Supportive Services

Health Services

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Anoka County				
Allina Clinic - Fridley 500 Osborne Rd. NE, Suite 255 Fridley, MN 55432 763-236-2500	Mon - Fri: 7:00 a.m. - 5:00 p.m.		Available upon request	Refugee health assessments. Family practice.
Anoka County Community Health & Environmental Services Anoka County Govt. Center - Suite 600 2100 Third Ave. Anoka, MN 55303 763-422-6970 *Public Immunization Clinics Immunization Hotline:* 763-323-6100 *Refugee Hotline:* 763-422-6965 *Civil Surgeon Signature Program:* 763-422-6965 www.co.anoka.mn.us	Mon. - Fri. 8:00 a.m. - 4:30 p.m.	Varies by program	Available upon request	Immunizations, refugee health screening referrals, tuberculosis case management, child and teen check-up services, family home visiting, Women, Infants, and Children (WIC), health education.
HealthPartners / Riverway Clinics - Anoka 601 Jacob Lane Anoka, MN 55303 763-587-4400 www.healthpartners.com	Mon. - Thurs. 7:30 a.m. - 5:30 p.m. Fri. 7:30 a.m. - 5:00 p.m.		Available upon request	Family practice.
HealthPartners / Riverway Clinics - Andover 15245 Bluebird Street NW Andover, MN 55304 763-587-4600 www.healthpartners.com	Mon. - Fri. 8:00 a.m. - 5:00 p.m.		Available upon request	Family practice.

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Anoka County (continued)				
Hospitals in Anoka County				
Mercy Hospital - Allina 4050 Coon Rapids Blvd. Coon Rapids, MN 55433 763-236-6000	24/7 days	None	Available on request.	Mercy Hospital: Comprehensive medical services including level 2 trauma center
Unity Hospital - Allina 550 Osborne Rd. Fridley, MN 55432 763-236-5000	24/7 days	Fee for Service. Those persons that are uninsured will be aided in application of state funded insurance.		United Hospital: No OB services. Standard hospital services: med/surgical floor, emergency room, mental health services, level 4 trauma center, bariatric weight loss services, acute care of the elderly (ACE Unit)
North Metro Pediatrics 10081 Dogwood St. Coon Rapids, MN 55448 763-783-3722 http://northmetropeds.org/	M, T, W, F: 9:00 a.m. - 4:30 p.m. Th: 9:00 a.m. - 7:00 p.m.	Sliding fee scale, MA, most insurances	Available upon request.	Comprehensive medical services for birth - 21 years. Physical exams, child and teen check-ups, immunizations, health education, ADHD assessments, ease mgmt services, breastfeeding consultations, sick visits.
Carver County				
Carver County Public Health Administration Building 600 E. Fourth St. Chaska, MN 55318 952-361-1329 www.co.carver.mn.us	Mon-Fri: 8:00 p.m. - 4:30 p.m. Immunization Clinic by appointment; 2nd and 4th Monday of every month.	Varies with program-call and inquire about the options.	Spanish interpreter at immunization clinic; other languages through phone line.	Immunizations, tuberculosis management, perinatal hepatitis B case management, refugee health assessment referral, child and teen check ups referral, family home visiting, follow along program - child development tracking. Car seat assessment technicians.
Catalyst Medical Clinic 204 Lewis Ave. S. #201 Watertown, MN 55388 952-955-1963 www.catalystmedicalclinic.com	Mon-Fri: 8:00 a.m. - 5:00 p.m. Call for appointment.	Most insurance plans accepted.	Advance notification needed if interpreter needed.	Child and adult well care, comprehensive phycial exams, acute illness and injury services, preventative medicine and personalized healthcare, patient education commitment, outpatient surgical procedures, alternative medicine options.
Ridgeview Medical Center 500 S. Maple St. Waconia, MN 55387 952-442-2191 www.ridgeviewmedical.org	24/7	None	Available upon request	Preventive care and treatments for a full spectrum of health issues in patients of all ages, including annual examinations, vaccinations, injuries and illnesses.

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Carver County (continued)				
River Valley Nursing Center 303 East 6th St. Chaska, MN 55318 952-496-8669 www.rivervalleynursingcenter.org	Tues. 1:00 p.m. - 5:00 p.m. No appointment needed.	Uninsured and underinsured, primarily in Scott and Carver counties. Services are free.	We have an on-site Spanish Interpreter and access to a Language Line for other language needs.	Services are provided by a Public Health Nurse and a Spanish Interpreter/Community Outreach Worker. Connecting patients to local resources and free or low-cost health care services. Some services provided include: blood pressure checks, cholesterol screening, glucose screening, health education, pregnancy verification for medical assistance, over-the-counter prescription assistance, MNsure eligibility assistance
Dakota County				
Allina Health Eagan Clinic 1110 Yankee Doodle Rd. Eagan, MN 55121 651-454-3970 www.allinahealth.org	Mon. - Thurs. 7:30 a.m. - 8:00 p.m. Fri. 7:30 a.m. - 5:00 p.m.		Available upon request	Family practice, OB/GYN, podiatry, occupational health, optical, mental health, mammography, plastic surgery, general surgery, ENT, eye care services, diabetes education, occupational health.
Dakota County Employment & Economic Assistance Department Northern Service Center 1 Mendota Rd. W. #100 West St. Paul, MN 55118 651-554-5611 www.co.dakota.mn.us	Mon. - Fri.: 8:00 a.m. - 5:00 p.m.	Varies by program	Free interpreter services available	Food programs, medical assistance, cash & emergency assistanct, housing assistance, childcare assistance.
Dakota County Public Health Northern Service Center 14955 Galaxie Ave. Apple Valley, MN 55124 952-891-7500 www.co.dakota.mn.us **Western Service Center** 1 Mendota Rd. W. Suite 410 West Saint Paul, MN 55118 651-554-6100 www.co.dakota.mn.us	Mon. - Fri. 8:00 a.m. - 4:30 p.m. Monthly walk-in immunization clinics: 4:00 p.m. - 6:00 p.m.	None	Spanish at walk-in clinics	Public immunization clinics, tuberculin skin testing, Women, Infants, and Children (WIC), family home visiting, Follow-Along program, Radon test kits, car seat training Referral for refugee health screening. Dakota County Pharmacy Discount Drug Card Program
Diamondhead Clinic 200 W. Burnsville Parkway Suite 106 Burnsville, MN 55337 952-707-4171 www.co.dakota.mn.us	Tues. 1:00 - 4:30 p.m. Thurs. 1:00 - 4:30 p.m. Walk-in clinic; no appointments necessary	Ages 0-21 if living in Burnsville, Eagan, Savage, or ISD 191 school district. 18-21 must be enrolled in ISD 191.	English, Spanish. Other languages available upon request.	Free. Includes immunizations, athletic physicals, health education counseling, diagnosis and treatment of minor medical conditions, treatment/referral for mental health needs, contraception, STI screening and STI treatment.

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Dakota County (continued)				
FamilyHealth Medical Clinic - Lakeville 9974 214th Street West Lakeville, MN 55044 952-469-0500 http://familyhealthclinics.org/lakeville/ **FamilyHealth Medical Clinic–Farmington** 4645 Knutsen Drive Farmington, MN 55024 651-460-2300 http://familyhealthclinics.org/farmington/	Mon - Fri: 8 a.m. to 5 p.m. Mon - Fri: 7:30 a.m. to 5 p.m	All major health insurance plans.	Available upon request	For all sites: Family medicine, Pediatrics, Pediatric Allergy, OB/GYN, Ear, Nose and Throat (Otolaryngology,) Orthopedics, Audiology, Allergy, and Dermatology.
St. Mary's Health Clinics Scheduling: 651-287-7777 www.stmaryshealthclinics.org ***Various locations throughout the Twin Cities metro area including:*** - Apple Valley	Varies by location. Scheduling times: Mon. - Thurs. 8:30 a.m. - 3:30 p.m. Fri. 8:30 a.m. - 12:30 p.m. Call scheduling number for more specific site information.	Must be uninsured and within designated income guidelines. Call scheduling number for brief, telephone eligibility screening.	Patients must arrange their own interpreters; Spanish interpreters are available.	Primary care, specialty referrals, hospital referrals, most medications. Latino health education and outreach in identified Minneapolis and St. Paul parishes. Culturally Specific Services: Diabetes education in Spanish and English.
Women's Health Center of Northfield 2000 North Ave. Northfield, MN 55057 507-646-1478 www.northfieldhospital.org	Mon. - Fri. 8:00 a.m. - 4:30 p.m.	Clinic specializes in services for women.	Available upon request.	Full range of obstetrics and gynecology services, including high-risk pregnancy care, STD testing, infertility, menopausal counseling and treatment, and preconception couseling.
Planned Parenthood of MN/SD/ND 15322 Galaxie Avenue, Suite 105 Apple Valley, MN 55124 1-800-230-PLAN www.ppmns.org	Mon., Wed., Fri.: 9:00 a.m. - 5:00 p.m. Tues. and Thurs.: 10:00 a.m. - 6:00 p.m.	Most insurance plans or sliding fee scale.	Available by appointment.	Walk in servies include: HIV testing, emergency contraception, pregnancy testing and services. Services available by appointment: Birth control, men's health care, STI testing treatment and vaccines, womens health care.
Women, Infants, and Children (WIC) Dakota County Public Health 14955 Galaxie Ave. Apple Valley, MN 55124 952-891-7570 www.co.dakota.mn.us	Mon. - Fri. 8:00 a.m. - 5:00 p.m. and some evenings	Children under 5 and pregnant and nursing women.	Appointments needing an interpreter (other than Spanish) may be scheduled one week in advance. Spanish appointments are scheduled for the same day you call.	Nutrition advice, access to healthy foods, special couseling for pregnant and breasfeeding mothers, referrals to health care.

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Hennepin County				
AA Physicians 6545 France Ave S. Ste. #125 Edina, MN 55435 952-846-7446	Mon. - Fri. 8:30 a.m. - 5:30 p.m.		Available by appointment	Review and process paperwork for I-693 for refugees, including vaccinations if needed.
AM Physicians 4201 Excelsior Blvd. St. Louis Park, MN 55416 952-564-3882	Mon. - Fri. 9:00 a.m. - 5:00 p.m. Same day appointments; call before coming.		Available by appointment	Review and process paperwork for I-693, including vaccinations if needed.
Annex Teen Clinic 5810 42nd Ave. N. Robbinsdale, MN 55422 763-533-1316 Email: sinance@annexteenclinic.org www.annexteenclinic.org	Mon. - Tues.: 1:00 p.m. - 7:00 p.m. Wed.: 10:00 a.m. - 5:00 p.m. Thurs.: 10:00 a.m. - 7:00 p.m. Fri.: 11:00 a.m. - 4:00 p.m.	Adolescents and young adults through age 25. Sliding fee scale.	Available by appointment	Birth control exams and supplies, Condoms, Spermicides, Emergency Contraception, Pregnancy testing and all options counseling, Sexually Transmitted Infection testing and treatment, HIV/AIDS testing including risk assessment and risk reduction information, Vaginal Infection testing and treatment
Broadway Family Medicine University of MN Physicians 1020 W. Broadway Minneapolis, MN 55411 612-302-8200	Mon., Wed. & Fri.: 8:00 a.m. - 5:00 p.m. Tues.: 9:00 a.m. - 5:00 p.m.	Accepts appropriate health plan. Sliding scale for the uninsured.	Interpreters by appointment	Family medicine, obstetrics and gynecology, social services, patient education, and referrals to specialty care.
Cedar Riverside People's Center 425 20th Ave. S. Minneapolis, MN 55454 612-332-4973 www.peoples-center.org	Mon. - Fri.: 8:30 a.m. - 4:30 p.m. Urgent care Tues. & Thurs.: 4:30 p.m- 8:00 p.m. Sat.: 9:00 a.m. - 4:00 p.m.	None, sliding fee, most insurance accepted.	All languages.	Family practice, pediatrics, geriatrics, behavioral health, women's health, immunizations, dental care, social services and legal assistance (immigration law services).
Central Clinic 2610 Central Ave. NE Minneapolis 55418 Phone: 612-588-9411 Fax: 612-781-3837 www.neighborhoodhealthsource.org	Mon. - Fri.: 8:00 a.m. - 5:00 p.m.	None	Available by appointment	Family practice; walk-in appointments; chronic disease prevention and management; family planning, pregnancy and STI testing; prenatal and postpartum care; periodic mobile mammography and dental care; nutrition counseling; mental health services and; health education and promotion. Culturally specific services: USCIS immigration medical exams

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Hennepin County (continued)				
Centro Tyrone Guzman 1915 Chicago Avenue Minneapolis, MN 55404 612-874-1412 www.centromn.org/	Call in for hours.			Maternal Health; Centro's Wise Elders; Siembra Montessori; Raices Youth Development Program; ACT on Alzheimer's Latino Collaborative.
Children's Clinic - Minneapolis 2530 Chicago Ave. S. Minneapolis, MN 55404 612-813-6000 www.childrensmn.org	Mon. - Fri.: 8:00 a.m. - 5:00 p.m.		Hmong, Somali, Spanish, other languages available by appointment.	Primary, specialty, surgical and rehab pediatric care.
Children's Hospitals and Clinics of MN 2525 Chicago Ave. S. Minneapolis, MN Children's Peds. Primary Care: 612-813-6107 Heart clinic Mpls: 612-813-8800; St. Paul: 651-220-8800 Oncology Mpls.:612-813-5940, fax:612-813-6325; St. Paul 651-220-6000 Dev. Delay, ID, Immunology specialties: 612-813-6777	Specialty scheduler Mpls.: 612-813-8431 Fax: 612-813-8012	Most referrals must go through primary care first.		Social workers assigned to cases.
Community University Health Care Center (CUHCC) 2001 Bloomington Ave. S. Minneapolis, MN 55404 612-301-3433 www.cuhcc.umn.edu	Mon. - Fri.: 7:15 a.m. - 5:00 p.m.	None. Based on need. Sliding scale.	Spanish, Somali, Amharic, Oromo, Hmong, Lao, Vietnamese, Cambodian and others available by appointment.	Medical, dental, mental health, advocacy, family planning, legal and care coordination services. Culturally specific services: Hmong, Somali, Spanish, Vietnamese, Lao and African American diabetic groups, and adult mental health rehabilitation.
Creekside Family Physicians Park Nicollet 6600 Excelsior Blvd. #160 St. Louis Park, MN 55426 952-993-7700 www.parknicollet.com	Mon. - Fri.: 8:00 a.m. - 5:00 p.m.	Health insurance, fee for service, other programs available	Available by appointment	Family medicine, behavioral health, reproductive health.

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Hennepin County (continued)				
Crown Medical Center 7001 78th Ave. N. Brooklyn Park, MN 55445 763-566-4535 612-978-3783 1925 First Ave. S. Minneapolis, MN 55403 612-871-4354 612-978-3783 www.crownmedicalcenter.org	Mon. - Fri.: 9:00 a.m. - 5:00 p.m. Walk ins accepted Saturday: by appointment only Mon. - Fri.: 9:00 a.m. - 5:00 p.m. Sat: 10:00 a.m. - 2:00 p.m. Walk ins accepted Mon. - Sat.	All insurance plans accepted. Sliding fee available. Cash payment option available.	Spanish, Somali, Vietnamese, Hmong, language line for other languages	Urgent/primary care, immigration exam, HIV screening, labratory, immunization travel clinic. Culturally Specific Services: Outreach diabetes education for Africans/African American; preventative HIV education and testing.
Fairview Clinics-Bloomington Lake 1527 E. Lake Street, Suite 150 Minneapolis, MN 55407 612-721-6511 www.fairview.org	Mon. - Fri. 7:00 a.m. - 5:00 p.m.		Available by appointment.	Family medicine, internal medicine, wellness, disease prevention, and other specialty services.
Fremont Clinic 3300 Fremont Ave N. Minneapolis, MN 55412 612-588-9411 www.neighborhoodhealthsource.org	Mon. - Fri. 8:00 a.m. - 5:00 p.m.	Sliding fee. Most insurance accepted	Available by appointment	Family practice; walk-in appointments; chronic disease prevention and management; family planning, pregnancy and STI testing; prenatal and postpartum care; periodic mobile mammography and dental care; nutrition counseling; mental health services and; health education and promotion. Immigration medical exams

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Hennepin County (continued)				
Hennepin County Medical Center **Brooklyn Center Clinic** 6601 Shingle Creek Pkwy. # 400 Brooklyn Center, MN 55430 612-873-6963	Mon. - Fri. 8:00 a.m. - 5:00 p.m.	Appropriate health plan.	Spanish, other languages available by appointment.	Cardiology, internal medicine, surgery, geriatrics, rheumatology, lab and x-ray full-service, mammography, pharmacist on staff Mon./Wed./Fri.
Richfield Clinic 44 West 66th St. Richfield, MN 55423 612-873-6963	Mon. - Thurs. 8:00 a.m. - 8:00 p.m. Fri. 8:00 a.m. - 5:00 p.m.	Appropriate health plan.	All languages.	Family medicine, holistic and functional medicine, certified nurse midwives, family planning, lactation education, pediatrics, womens helath, OB/GYN, geriatrics, nephrology, prenatal education ,diabestes education, nutrition counseling, minor surgery, readiology, lab.
Whittier Clinic 2810 Nicollet Ave. S. Minneapolis, MN 55408 612-873-6963	Mon. - Thurs. 8:00 a.m. - 8:30 p.m. Fri. 8:00 a.m. - 5:00 p.m. Sat. 8:00 a.m. - noon	Appropriate health plan or participant in program.	Spanish, others available by appointment.	Family practice, sports medicine, family planning, childbirth education, nutrition counseling, school physicals, lab, x-ray, pharmacy. Limited mental health, ultrasound, alternative medicine, acupuncture, minor surgery procedures, colposcopy, diabetes program, financial advocates, legal aid and MRI. Transportation by appointment.
Hennepin County Medical Center/ International Medicine Clinic 701 Park Ave. S. Minneapolis, MN 55415 612-873-6963	Mon. & Thurs.: 8:00 a.m. - 7:00 p.m. Tues., Wed., Fri.: 8:00 a.m. - 5:00 p.m.	Appropriate health plan - adult patients	All languages available upon request	Embedded psychiatric services, full primary care services, on-site complimentary care for pain management, immigrant screening, green card and change of immigrant status exams, HIV Testing & counseling, primary care for HIV, asthma education, help with tobacco dependency, diabetic educators. Culturally specific services: Russian, Somali, and Spanish clinics.
Hennepin County Public Health Clinic Hennepin County Health Services Bldg. 4th floor 525 Portland Ave., MC 952 Minneapolis, MN 55415 612-543-5555 www.co.hennepin.mn.us	Mon., Wed. 8:00 a.m. - 7:00 p.m. Tues., Thurs., & Fri. 8:00 a.m. - 4:00 p.m.	Residents of Hennepin County only	Hmong, Laotian, Thai, Spanish, Oromo, Amharic, Somali and other languages available by appointment.	Health screening for new refugees: TB, parasites, hepatitis B screening, immunizations, physical exam, referrals for ongoing care; TB treatment and prevention.

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Hennepin County (continued)				
Heritage Seniors Clinic 1015 4th Ave. N., Ste. 201 Minneapolis, MN 55405 612-344-2212 www.neighborhoodhealthsource.org	Mon. - Fri., 8:00a.m. - 5:00 p.m. Call for hours	Ages 50 and over.	Available by appointment.	Family practice, walk-in appointments, chronic disease prevention and management, mental health services.
Indian Health Board of Minneapolis Inc. 1315 East 24th St. Minneapolis, MN 55404 612-721-9800 - medical www.indianhealthboard.com	Medical Clinic: Mon., Wed., Thurs. & Fri. 8:00 a.m. - 5:00 p.m. Tues. 8:00 a.m. - 8:00 p.m. Counseling & Support: Mon. - Fri. 9:00 a.m. - 5:00 p.m.	None. Most private plans accepted, primary care clinic for MA, GAMC, MHP, UCare, Health Partners, Medica. No one turned away based on their ability to pay.	Spanish available by appointment.	Medical, dental, mental health. Culturally Specific Services: Diabetes prevention and management for American Indians.
Life Medical, P.A. 4201 Excelsior Blvd. St. Louis Park, MN 55416 952-933-8900	Mon. - Fri. 9:00 a.m. - 5:00 p.m.	Most insurances; uninsured or underinsured (cash only) discounted fee schedule for exams and labs.	Belarus, Cambodian, Polish, Russian, Ukrainian; other languages available by appointment.	Family practice, internal medicine, chiropractic, physical medicine rehabilitation, echocardiogram / ekg / x-ray services, musculoskeletal acupuncture, homeopathy, drivers of operation testing exam (DOT).
Lions Children's Hearing and ENT Clinic Park Plaza Building, Second Floor 701 25th Ave. S., Mpls., MN 55454	612-365-8300			Part of the Fairview/UMP system of care.
Minnesota AIDS Project (MAP) 1400 Park Ave. Minneapolis, MN 55404 MAP AIDS LINE: 612-341-2060 www.mnaidsproject.org	Mon. - Fri. 9:00 a.m. - 5:00 p.m.	Varies by program. Call for details.	Phone interpreting available on AIDSLine For face-to-face meetings, interpreters available with advance notice.	Services for those affected and infected by HIV, prevention strategies for communities at greatest risk, MAP AIDSLine, information and referral, risk assessment, rapid HIV testing, information on syringe access, HIV case management, benefits counseling, housing services, transportation and more.
Minnesota Community Acupuncture 500 Lincoln Drive, Suite 100 Edina, MN 55436 Contact: 952-746-3478 or reception@minnca.com	Mon. – Fri.: 9:30 a.m. – 6:30 p.m. Sat.: 9:30 a.m. - 2:30 p.m. Sun.: 10:00 a.m. - 3:00 p.m.	Accept cash, checks, Visa or Mastercard. Payment is due at time of visit. Sliding scale available. Call for costs. Accepts patients of all ages.		Offer affordable community style acupuncture. Adults are treated in recliners and children are treated individually with acupressure.

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Hennepin County (continued)				
myHealth for Teens and Young Adults 15 8th Avenue S Hopkins, MN 55343 952-474-3251 www.myhealthmn.org	Mon: 12:00 p.m. – 8:00 p.m. Tues: 12:00 p.m. – 8:00 p.m. Wed: 12:00 p.m. – 5:00 p.m. Thurs: 12:00 p.m. – 5:00 p.m. Fri: 12:00 p.m. – 5:00 p.m. Sat: 10:00 a.m. – 2:00 p.m.	Clients aged 12-23. We accept insurance, MN Family Planning Program, and sliding scale payment. We will not turn away anyone due to inability to pay. Mental Health services offered to clients aged 12-26.	Spanish speaking staff available most hours in person and on the phone. Spanish message line. Interpreting services by appointment.	Reproductive health care and a menu of primary care services which include sports physicals, asthma, vaccines, skin care needs and acne, minor illnesses, mental health counseling, pregnant and parenting home visits and education. All services open to all clients within the 12-23 year old age range. Friendly to GLBTQ and Trans-youth.
Neighborhood Involvement Program Community Clinic 2431 Hennepin Ave. S. Minneapolis, MN 55405 612-374-3125 www.neighborhoodinvolve.org	Mon. - Thurs. 8:30 a.m. - 8:30 p.m. Fri. 8:30 a.m. - 5:00 p.m. Call for appointment	Must be uninsured or underinsured. Sliding fee scale. Does not accept insurance or MA.	Limited Spanish speaking providers. No interpreter services available	General medical care, family planning services, sexually transmitted disease checks, dermatology, ENT, GYN, urology and other specialties, limited dental services.
NorthPoint Health & Wellness Center 1313 Penn Ave. N. Minneapolis, MN 55411 612-543-2500 www.northpointhealth.org	Mon. & Fri. 8:00 a.m. - 5:00 p.m. Wed, Tues, & Thurs. 8:00 a.m. - 7:00 p.m Sat. 8:00 a.m. - 12:00 p.m.	MA, most other insurance accepted. No one denied for inability to pay. Sliding fee scale.	All languages available by appointment	Family medicine, internal medicine, pediatrics, OB/GYN, adolescent medicine, endocrinology, geriatrics.
PACER Center: Family to Family Health Information Center (F2FHIC) 8161 Normandale Blvd. Minneapolis, MN 55437 952-838-9000 www.pacer.org	Mon. - Fri. 8:00 a.m. - 5:00 p.m.	Families of children, ages 0-22, with disabilities or special health care needs.	Spanish, Hmong, Somali	Information on insurance, government programs, suplemental security income, health resources and advocacy, special education resources and advocacy, referrals to services. Culturally specific services: Multicultural advocates are available to meet with and provide individual assistance to parents and family members who have children with disabilities or special health care needs. Translated publications, webinars, and workshops.
Partners in Pediatrics 3910 Excelsior Blvd St. Louis Park, MN 55416 952-562-8787 www.pipstop.com	Mon. - Fri. 8:00 a.m. - 5:00 p.m.	Appropriate health plan. Patients up to age 23.	Available by appointment	Preventative care, injury, mental health pediatric care up to age 23. Walk-in service for simple illness or simple injury only.

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Hennepin County (continued)				
Planned Parenthood of Minnesota/SD/ND				For all sites:
1200 Lagoon Ave. Minneapolis, MN 55408	Mon. & Fri.: 10:00 a.m. - 8:00 p.m. Tues., Wed., Thurs.: 8:00 a.m. - 8:00 p.m. Sat. & Sun: 10:00 a.m. - 4:00 p.m.	Most insurance plans or sliding fee scale	Available by appointment	Walk-in servies include: HIV testing, emergency contraception, pregnancy testing and services. Services available by appointment: birth control, men's health care, STI testing and treatment, vaccines, womens health care.
6900 78th Ave N. #103 Brooklyn Park, MN 55445	Mon., Wed., Fri.: 9:30 a.m. - 5:00 p.m. Tues. & Thur.: 10:30 a.m. - 6:00 p.m.	Most insurance plans or sliding fee scale	Available by appointment	
582 Prairie Center Drive, Suite 215 Eden Prairie, MN 55344	. Mon., Wed., Fri.: 10:00 a.m. -4:00 p.m. Tues. & Thurs.: 12:00 p.m. -6:00 p.m.	Most insurance plans or sliding fee scale	Available by appointment	
6527 Lyndale Ave So. Richfield, MN 55423 www.ppmns.org 1-800-230-PLAN	Mon. - Fri.: 9:30 a.m. - 5:00 p.m.	Most insurance plans or sliding fee scale	Spanish on-site, all other languages through interpreters	
Red Door Services of Hennepin County Public Health Clinic Hennepin Cty. Health Services Bldg. 4th Floor 525 Portland Ave. S. MC 952 Minneapolis, MN 55415 612-543-5555 www.reddoorclinic.org	Mon. & Wed. 8:00 a.m. - 7:00 p.m. Tues., Thurs. & Fri. 8:00 a.m. - 4:00 p.m.	None	All via language lines in exam rooms, Spanish speaking staff.	Walk-in basis: Confidential HIV counseling and testing, STI evaluation and treatment. By Appt: Family planning for those under 21; Confidential HIV counseling and testing, Ryan White Early Intervention Services (HIV).

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Hennepin County (continued)				
School-Based Clinics **Located in Mpls. Public High Schools** 612-673-5305 - Edison - South - Henry - Southwest - North - Washburn - Roosevelt - Longfellow TAPPP	Varies from clinic to clinic	Must be student enrolled in the school	Available by appointment	Adolescent and children health (acute and chronic), mental health, social services, dental referrals, nutrition counseling, legal consultations, immunizations and TB screening.
Sheridan Clinic 342 13th Ave. NE Minneapolis, MN 55413 612-362-4111 www.neighborhoodhealthsource.org	Mon. 8:00 a.m. - 8:00 p.m. Tues. - Fri. 8:00 a.m. - 5:00 p.m.	None	Available by appointment	Family practice; walk-in appointments; chronic disease prevention and management; family planning, pregnancy and STI testing; prenatal and postpartum care; periodic mobile mammography and dental care; nutrition counseling; mental health services and; health education and promotion. USCIS I-694 immigration medical exams
Shriners Hospitals for Children 2025 East River Parkway Minneapolis, MN 55414 Main: 612-596-6100 Appointments: 612-596-6105 www.shrinershospitalsforchildren.org	Clinic: Mon. - Fri. 8:00 a.m. - 4:00 p.m. Surgery: Mon. - Thurs.	Children 0-18 with treatable orthopaedic conditions. Most insurance plans accepted. Treatment regardless of ability to pay. Now accepting private insurance, Medicaid, and the uninsured.	All languages available by appointment	Surgery center and specialty clinic providing children access to foot, hand, hip, limb deficiency, spine, plastic surgery, and rheumatology care. Onsite orthotists, prosthetists, and therapists collaborate with pediatric orthopaedic surgeons providing a family-centered team approach.
Smiley's Clinic 2020 28th St. E. Minneapolis, MN 55407 612-333-0770	Mon. - Fri. 8:00 a.m. - 5:00 p.m.	None, insurance required.	Available by appointment	Family practice, mental health, pregnancy, vaccinations, geriatrics, holistic care, and childbirth programs.

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Hennepin County (continued)				
Southside Community Health Clinic 324 East 35th St. Minneapolis, MN 55408 612-827-7181 www.southsidechs.org 1550 East 78th Street Richfield, MN 55423 612-827-7181	Mon. - Fri.: 8:00 a.m. - 5:00 p.m. Mon. - Thurs.: 8:00 a.m. - 5:00 p.m.	All forms of insurance are accepted. A sliding scale fee discount for uninsured based on Federal Guidelines.	English and Spanish. Staff also speaks Hmong, Lao, Japanese, Korean, French, and Farsi. All languages are available through an interpreting agency.	Acute care, checkups, prenatal and post partum care, pregnancy testing, health education, mental health counseling, immunizations, STD screening, preventative care.
St. Mary's Health Clinics Scheduling: 651-287-7777 www.stmaryshealthclinics.org **Various locations throughout the Twin Cities metro area including:** - Minneapolis	Varies by location. Scheduling times: Mon. - Thurs.: 8:30 a.m. - 3:30 p.m. Fri.: 8:30 a.m. - 12:30 p.m. *Call scheduling number for more specific site information*	Must be uninsured and within designated income guidelines. Call scheduling number for brief telephone eligibility screening.	Patients must come with their own interpreter; however, Spanish interpreters are available.	Primary care, specialty referrals, hospital referrals, most medications. Latino health education and outreach in identified Minneapolis and St. Paul parishes. Diabetes education in Spanish and English.
Twin Cities Medical Clinic 3264 W. Lake St. Minneapolis, MN 55416 612-285-9996	Mon. - Sun.: 10:00 a.m. - 8:00 p.m. Appointments generally available within 2 days.	Sliding fee, most insurance accepted	Available by appointment	Review and process paperwork for I-693, including vaccinations if needed. For vaccination assessment, paperwork completed same day; all other paperwork returned within 2-3 days.
University of MN Amplatz Children's Hospital: **Journey Clinic** 2450 Riverside Ave. Minneapolis, MN 55454 Patient Placement center: 612-672-7575 Nurse coordinators: 612-624-2437.	Call for appointment	Financial contact person with insurance questions etc.: 612-624-8464		Primary care not needed prior to referral. Call placement center to determine clinic/specialty client should go to.

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Hennepin County (continued)				
Whole Women's Health 825 S. 8th St., #1018 Minneapolis, MN 55404 612-376-7708 http://wholewomanshealth.com/twin-cities/whole-womans-health-of-the-twin-cities.html	Mon. - Fri. 8:00 a.m. - 6:00 p.m. (variable)	Call clinic for eligibility	Spanish available by appointment.	Comprehensive women's services: abortion care, annual exams and pap smears, birth control, STI testing and treatent, emergency contraception, counseling services.
Kandiyohi County				
Affiliated Community Medical Centers/ ACMC-Willmar Main Clinic 101 Willmar Ave. SW Willmar, MN 56201 888-225-6580 www.acmc.com/clinics.cfm	Mon. - Fri.: 8:00 a.m. - 5:00 p.m. Urgent Care Hours: Mon. - Fri.: 7:30 a.m. - 8:30 p.m. Sat.: 9:00 a.m. - 4:00 p.m. Sun.: 9:00 a.m. - 4:00 p.m.	Accepts most insurance plans.	Spanish and Somali in person; interpreters service available via phone for other languages Spanish interpreter line: 320-441-5199 Somali interpreter line: 320-441-5198	Family medicine, urgent care, and a variety of specialty care.
ACMC-Willmar Skylark Center 1604 1st South Street Willmar, MN 56201 Clinic Appointments: 320-231-5040 888-225-6580 (Toll-free) www.acmc.com/	Mon. - Fri.: 8:00 a.m. - 5:00 p.m. Eyes & Optical Mon.: 8:00 a.m. - 6:30 p.m. Tue. - Fri: 8:00 a.m. - 5:00 p.m. Sat.: 9:00 a.m. - 12:00 p.m. Physical Therapy Mon. - Fri: 7:00 a.m. - 6:00 p.m.	None, accepts most insurance plans.	Spanish and Somali in person; Interpreter Services available via phone for other languages Spanish interpreter line: 320-441-5199 Somali interpreter line: 320-441-5198	The specialty departments located in the Skylark Center include physical therapy, bariatrics/weight control center, optometry and the eye department, ophthalmology, ACCEL fitness program, psychiatry, psychology, diabetes center and wound clinic.

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Kandiyohi County (continued)				
Allina Clinic 1324 Fifth Street North New Ulm, MN 56073 507-217-5011 www.allinahealth.org	Mon. - Fri.: 8:00am - 5:00pm	The Partners Care Program assists patients who do not qualify for Medical Assistance or Minnesota Care and whose annual incomes are at or below 275 percent of the federal poverty level. If patients meet the guidelines, their total balance will be zero. Uninsured discount also available.	Interpreter services available upon request.	Family medicine, walk-in care, and a variety of specialty care.
Community Health Service Inc 1804 SW Trott Avenue PO Box 845 Willmar, MN 56201 Phone: (320) 214-7286 Fax: (320) 214-7223	Mon- Fri.: 8:00 am - 4:30 pm	Sliding fee scale. Individuals in the Agriculture field in the last 2 years are eligible for voucher system.	Interpreter services available.	A Registered Nurse and two bilingual Community Health Specialists comprise the Community Health Assistance and Advocacy Team (CHAAT) that address the needs of farmworker patients in central Minnesota all year long. Some services provide include: the Sage program, immunizations, labs, and health education.
Family Practice Medical Center Lakeland Health Center P.O. Box 957 502 Second St. SW, Suite 1 Willmar, MN 56201 320-235-7232 Appointments: 320-231-8888	Mon. - Fri.: 8:30 a.m. - 5:00 p.m. Sat. Urgent Care: 9:00 a.m. - 12:00 p.m.	None	Interpreter services available.	Full range of medical care. Including: adult medicine, pediatrics and gynecological services, prenatal care and delivery, adolescent care, premarital health care, colonoscopy, and treatment of acute and chronic health problems. Staff can provide access to confidential, individual and family counseling.
Kandiyohi County Health and Human Services 2200 23rd St. NE Suite 1020 Willmar, MN 56201 320-231-7800 www.co.kandiyohi.mn.us	Mon. – Fri.: 8:00 a.m. – 4:30 p.m. Monthly Immunization Clinics: 3:00 p.m. - 6:00 p.m.	None	Spanish interpreter on staff. Spanish and Somali Interpreter in person a Immuniazation clinics. Interpreter service contracts for other languages.	Immunization, child/teen check-up outreach, family home visiting, Women, Infants, Children (WIC), LTBI/TB follow-up and case management, PCA screening-MN choices assessment, Follow Along program, Perinatal Hepatitis B case management. Refugee health visiting for resources and referral. Immunizations and TB screening for change of status.

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Kandiyohi County (continued)				
Planned Parenthood of MN/SD/ND 2320 E. Highway 12, Suite 6 Willmar, MN 56201 1-800-230-PLAN www.ppmns.org	Mon. & Thurs.: 9:00 a.m. - 5:00 p.m. Tues.: 9:00 a.m. - 1:00 p.m.	Most insurance plans or sliding fee scale	Available by appointment	Walk-in servies include: HIV testing, emergency contraception, pregnancy testing, and services. Services available by appointment: birth control, men's health care, STI testing treatment and vaccines, womens health care.
Olmsted County				
Good Samaritan Medical Clinic 120 N. Broadway, Ste. B Rochester, MN 55906 507-529-4100 www.usc.salvationarmy.org	Clinic hours vary throughout the month. It's best to schedule an appointment in advance.	For Olmsted County residents with no insurance	Call for interpreter availability	General medical, REACH (Rochester Education and Advocacy for Community Health-general adult assessments by Mayo medical students), psychiatry and psychology, smoking cessation (also open to residents with insurance), pediatrics, eye care, diabetes.
Migrant Health Services RCTC – Heintz Center 1926 Collegeview Rd. SE. Rochester, MN 55904 507-529-0503 www.migranthealthservice.org	Mon. - Fri. 8:00 a.m. - 4:30 p.m.	Working or have worked in agriculture in the past 24 months. Retired or disabled farmworkers also qualify.	Spanish	Medical appointment/walk-in, triage, labs, minor surgical procedures, eye exams, vaccines, prenatal care including referrals for dental care and Women, Infants, Children (WIC), TB testing, diabetic education for Spanish-speaking patients, diet and exercise education. Culturally specific services: Culturally sensitive prenatal education and referrals. Classes for Spanish speaking patients.
Olmsted County Public Health 2100 Campus Drive S.E. Rochester, MN 55904 507-328-7500 www.co.olmsted.mn.us	Mon. - Fri. 8:00 a.m. - 5:00 p.m.	Eligibility varies with program	Interpreter available upon request.	Child and teen checkups clinic, immunizations clinic, communicable disease information and screening including STDs, environmental concerns, public health nurse information, home visits for pregnancy, parenting, and health education and promotion. Culturally specific services: Refugee health screenings and immunizations.
Planned Parenthood of MN/SD/ND 1212 7th Street W. Rochester, MN 55901 1-800-230-PLAN www.ppmns.org	Mon & Tues: 9:00 a.m. - 4:30 p.m. Wed & Thurs: 10:30 a.m. - 6:00 p.m. Fri: 7:00 a.m. - 2:30 p.m.	Most insurance plans or sliding fee scale	Available by appointment	Walk in servies include: HIV testing, emergency contraception, pregnancy testing and services. Services available by appointment: Birth control, men's health care, STI testing treatment and vaccines, womens health care.

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Otter Tail County				
Essentia Health St. Mary's Pelican Rapids Clinic 301 North Broadway Pelican Rapids, MN 56572 218-863-2000 www.essentiahealth.org	Mon. - Fri. 8:30 a.m. - 5:00 p.m. Call for appointment.	Financial assistance program available for those who are having trouble paying medical bills. Uninsured discount also availailable.	Telephone language line interpreters available	Family medicine, internal medicine, podiatry, physical therapy, pediatrics.
Sanford Health Pelican Rapids Clinic 211 E. Mill St. Pelican Rapids, MN 56572 218-863-6132 www.sanfordhealth.org	Mon. - Fri. 8:00 a.m. - 5:00 p.m. Sat. 9:00 a.m. - 12:00 p.m. (walk-in acute care only)	None	Telephone language line interpreter available at all times. In person interpreters by appointment.	Family medicine, refugee health assessments and immunizations, general surgery, orthopedics, obstetrics and gynecology, podiatry, oncology.
Ramsey County				
Advanced Medical Clinic 491 University Ave West, Suite B St. Paul, MN 55103 651-771-5778	Mon. - Fri. 9:00 a.m. - 5:00 p.m.	Appropriate health plan.	Hmong, Laotian, Thai	Immunizations for school, tobacco counseling, in vitro fertilization, travel shots, tuberculosis skin test
Allina Medical Clinic – West St. Paul 150 East Emerson Ave. West St. Paul, MN 55118 651-241-1800 www.allinahealth.org	Mon. - Thurs. 7:30 a.m. - 8:00 p.m. Fri. 7:30 a.m. - 5:00 p.m.	Appropriate health plan.	Available upon request	Family practice, podiatry (by appointment), optical, mental health, general surgery, pregnancy care, diabetes education.
Bethesda Clinic University Family Physicians 580 Rice St. St. Paul, MN 55103 651-227-6551 www.umphysicians.org	Mon. - Fri. 8:00 a.m. - 5:00 p.m.	Appropriate health plan.	Hmong, others by appointment.	General family medicine, obstetrics and gynecology, chronic and acute conditions, social services, patient education, and referral to specialty care. Hmong diabetes education.
Children's Hospitals and Clinics - St. Paul 345 North Smith Ave. St. Paul, MN 55102 651-220-6000 (nurse) www.childrenshc.org	Mon. - Thu. 7:30 a.m. - 8:00pm Fri. 8:00 a.m - 5:00 p.m. Sat. 9:00 a.m - 1:00 p.m.	None.	Hmong, Laotian, Spanish, other languages by appointment.	Pediatrics (plus subspecialty clinics e.g., allergy, cardiac, endocrine, renal, neurology, genetics, acute care, well care, etc.), child and family services, occupational therapy, physical therapy, speech therapy, nutrition counseling, child abuse program, oncology/hematology.

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Ramsey County (continued)				
East Side Family Clinic / Westside Community Health Services 895 East 7th St. St. Paul, MN 55106 651-602-7500 www.westsidechs.org	Mon., Tues., and Fri. 8:00 a.m. - 5:00 p.m. Wed. & Thurs. 8:00 a.m. - 8:00 p.m. Sat. 8:00 a.m. - 12:00 p.m.	Most health plans and sliding fee for uninsured.	Hmong, Spanish and other languages by request.	Adolescent health care, dental services, diabetes care, family planning and pregnancy testing, family support and mental health counseling, health education, HIV care,nutrition services, pharmacy services, prenatal care, senior care, well child care, and immunizations.
Entira Family Clinics 911 E. Maryland Ave. St. Paul, MN 55106 651-776-2719 www.entirafamilyclinics.com	Mon. - Thur. 7:00 a.m. - 6:45p.m. Fri: 7:00 a.m. - 4:45 p.m	PMAP, commercial insurance plans, payment plans. We are not a free clinic.	Hmong.	Family practice, OB, pediatric care, chronic disease care,IUDs, Nexplanon, annual exams.Certified healthcare home clinic. Care managers available. One on one diabetes counseling for Hmong patients.
Face-to-Face Health & Counseling 1165 Arcade St. St. Paul, MN 55106 651-772-5555 Fax: 651-776-4776 www.face2face.org	Mon. 10:00a.m. - 6:00 p.m. Tues. 9:00a.m. - 8:00 p.m. Wed. 9:00 a.m. - 6:00 p.m. Thurs. 9:00a.m. - 8:00 p.m. Fri. 9:00a.m. - 3:00p.m. Sat. 10:00 a.m. - 1:00 p.m.	Ages 11-24, most insurance accepted and sliding fee.	All languages, interpreting service used.	Adolescent and young adult care, case management, gyn care for women, OB care for women, men's care, mental health services, general medical care for persons less than 24 years old.
Family Home Visiting Child and Teen Check-ups (CTC) 651-201-3760	Mon. - Fri.: 8:00 a.m. - 4:30 p.m.	Children 0-20 who are enrolled in MA or MNsure.	Karen, Hmong, Spanish, Somali, Oromo staff; other languages available.	Program activities are directed toward outreach to families with children eligible for CTC to assure access to a health care home.
Family Tree Clinic 1619 Dayton Ave. # 205 St. Paul, MN 55104 651-645-0478 www.familytreeclinic.org	Mon., Wed. 8:00 a.m. - 8:30 p.m. Tues., Thurs. 8:00 a.m. - 5:00 p.m. Sat. 10:00 a.m. - 2:00 p.m.	None.	All languages available, interpreters are not on-site and must be scheduled in advance.	Reproductive health, family planning, sexual health including low-cost & free birth control, annual exams, STD testing, treatment and emergency contraception. Deaf, Deaf Blind and hard of hearing services, LGBT targeted services.
Gillette Lifetime Specialty Healthcare 435 Phalen Blvd. St. Paul, MN 55130 651-636-9443 www.gillettechildrens.org/Lifetime	Mon. - Fri. 7:30 a.m. - 5:00 p.m.	Age 16 and older with childhood onset condition. Accept all medical coverage programs and insurance plans.	Available by appointment.	Multidisciplinary rehabilitation and subspecialty care for individuals with childhood onset conditions such as cerebral palsy, spina bifida, polio, neuromuscular and genetic disabling conditions; do not provide ongoing primary care. Disability-specific patient education in several languages.

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Ramsey County (continued)				
Global Dermatology Clinic HealthPartners Specialty Center 401 Phalen Boulevard, 3rd Floor St. Paul, MN 55130 651-254-7580 Fax: 651-254-7584 Staffed by Alexia Knapp, MD To refer a patient, please call 651-254-7580 and specify "Global Dermatology Clinic, Dr. Knapp"	The Global Dermatology Clinic is held Wednesday mornings and appointments are available on Tuesdays and Fridays.	None.	Professional in person interpreters are available for: Arabic, Amharic, Cambodian, Hmong, Karen, Nepali, Oromo, Russian, Somali, Spanish, Tigrinya, Vietnamese. Others can be arranged as needed.	Board-certified dermatologist with experience managing skin disorders in refugees and immigrants.
Health Care for the Homeless/Westside Community Health Services 438 Main Street St. Paul, MN 55102 651- 222-1816 www.westsidechs.org	Depends on clinic site, call for info.	Individuals experiencing homelessness.	English and Spanish are languages spoken.	Acute care, primary care, eye care, acupuncture, chiropractic, energy healing, chemical dependancy, mental health counseling. Acute and preventive services are offered on a walk-in basis. Well-child and well-woman check-ups, hypertension, diabetes, upper respiratory infections, and skin and foot problems are the more common visit types. Medications are provided without charge from an array of purchased and donated pharmaceuticals.
Health Start School-Based Clinics / Westside Community Health Services 895 E. 7th Street Saint Paul, MN 55106 651-793-2222 www.westsidechs.org Located at St. Paul Public High Schools and Alternative Programs including: - AGAP - Highland Park - Central - Humboldt - Como Park - Johnson - Harding - Washington	Varies by school site.	Ages 11-21, most patients are students in school the schools served by our clinics.	School interpreters and language line available.	A program of WestSide Community Health Services, offers medical care, mental health care, health education, nutrition counseling. Prenatal classes in Spanish; diabetes education in Hmong and Spanish through WestSide Community Health Services (Health Start's parent organization).

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Ramsey County (continued)				
HealthEast Clinics www.healtheast.org				
HealthEast / Cottage Grove 6936 Pine Arbor Drive South #100 Cottage Grove, MN 55016 651-326-5800 Fax: 651-325-5802	Mon. - Fri. 8:00 a.m. - 5:00 p.m.	None	Hmong, Spanish, Somali, Karen, Hard of hearing and others. All by appointment.	Family medicine doctors provide annual checkups, immunizations and screenings; treat illnesses and manage ongoing health concerns; and offer pregnancy care and delivery (depends on openings).
HealthEast / Grand Avenue Clinic 870 Grand Avenue St. Paul, MN 55105 651-326-5650	Mon. - Fri. 7:30 a.m. - 5:00 p.m. Sat Walk In: 8:00am-noon	None	Hmong, Spanish, Somali, Karen, Hard of hearing and others. All by appointment.	Family care for all ages, nurse midwives for OB/GYN care.
HealthEast / Maplewood Clinic 3100 Kennard St., Ste. 100 Maplewood, MN 55109 651-232-7800	Mon.-Thurs. 7:30 a.m. - 6:30 p.m Fri: 7:30am-5:00pm	None	Hmong, Spanish, Somali, Karen, Hard of hearing and others. All by appointment.	General family medicine, internal medicine and pediatric care. One doctor in internal medicine is bilingual in Vietnamese and English.
HealthEast / Midway Clinic 1390 University Avenue W. St. Paul, MN 55104 651-232-4800	Mon. - Fri. 8:00 a.m. - 5:00 p.m.	None	Hmong, Spanish, Somali, Karen, Hard of hearing and others. All by appointment.	General adult primary care, internal medicine and geriatrics. Services including allergy and audiology specialists.
HealthEast / Oakdale Clinic 1099 Helmo Ave. N., Ste. 100 Oakdale, MN 55128 651-326-5300	Mon. - Fri. 8:00 a.m. - 5:00 p.m.	None	Hmong, Spanish, Somali, Karen, Hard of hearing and others. All by appointment.	Family practice including regular checkups, immunizations, diagnostic tests, obstetrics, prenatal care, audio testing, minor surgery and casting, EKG and X-ray.
HealthEast / Rice Street Clinic 980 Rice St. St. Paul, MN 55117 651-326-9020	Mon. - Fri. 8:00 a.m. - 5:00 p.m.	None	Hmong, Spanish, Somali, Karen, Hard of hearing and others. All by appointment.	General family care for all ages including regular checkups, diagnostic tests (laboratory, EKG, X-ray, audio testing) as well as minor surgery and casting. Podiatry care on Friday afternoons.

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Ramsey County (continued)				
HealthEast / Roselawn Clinic 1983 Sloan Place, Suite #1 St. Paul, MN 55117 651-326-5700	Mon. - Fri. 8:00 a.m. - 5:00 p.m.	None.	Hmong, Spanish, Somali, Karen, Hard of hearing and others. All by appointment.	General family for all ages, including OB care, certified nurse midwives available for OB care and routine GYN care, X rays and lab testing. Very diverse patient population.
HealthEast / Downtown St. Paul Clinic 17 West Exchange St. # 500 St. Paul, MN 55102 651-232-4200	Mon. - Fri. 8:30 a.m. - 5:00 p.m.	None.	Hmong, Spanish, Somali, Karen, Hard of hearing and others. All by appointment.	General primary care for adults. Specializes in internal medicine, osteoporosis; heart care including stress tests, diabetes and arthritis care.
HealthEast / Vadnais Heights Clinic 1055 Centerville Circle Vadnais Heights, MN 55127 651-326-5900	Mon. - Fri. 8:00 a.m. - 5:00 p.m.	None.	Hmong, Spanish, Somali, Karen, Hard of hearing and others. All by appointment.	Family Medicine including prenatal care.
HealthPartners / Center for International Health 451 North Dunlap St. St. Paul, MN 55104 651-647-2100 www.healthpartners.com	Mon. - Fri. 8:00 a.m. - 5:00 p.m.	Ages 13 and older.	Onsite interpreters for over 10 languages or language line interpreters via phone for virtually any language.	Adult internal medicine primary care for non-English speaking and limited English speaking patients adult (18+) and seniors (60+). Medical issues/chronic illness, refugee & immigrant health care, medication evaluation & management, cross cultural health care consults, workers compensation exams for foreign born patients. Vietnamese men's group, prison camp survivors group, Hmong diabetes group, Hmong women's support group, Somali women's group.
La Clinica / Westside Community Health Services 153 Cesar Chavez Street St. Paul, MN 55107 651-222-1816 www.westsidechs.org	By appointment Mon., Tues., Fri. 8:00 a.m. - 5:00 p.m. Wed., Thurs. 8:00 a.m. - 8:00 p.m. Sat. 8:00 a.m. - 12:00 p.m.	Most health plans and sliding fee for uninsured.	English, Hmong, Spanish speaking staff; all other languages available by phone interpreters	Adolescent health care, dental services, diabetes care, family planning & pregnancy testing, family support & mental health counseling, health education, HIV care, nutrition services, pharmacy services, prenatal care, senior care, well child care and immunizations, women's health, Women, Infants and Children (WIC) Program.

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Ramsey County (continued)				
McDonough Homes Clinic / Westside Community Health Services 1544 Timberlake Rd., #235 St. Paul, MN 55117 651-558-2191 www.westsidechs.org	Mon., Thurs., Fri. 8:00 a.m. - 4:30 p.m. Tues. & Wed. 8:00 a.m. - 8:00 p.m.	Most insurance plans, MA, and/ or sliding fee scale. Individuals experiencing homelessness are welcome.	Hmong; other languages can be arranged.	McDonough Homes Clinic offers comprehensive family health care to residents of McDonough Homes public housing and the surrounding neighborhood. Adolescent health care, diabetes care, family planning and pregnancy testing, family support and mental health counseling, health education, HIV care, nutrition services, prenatal care, senior health care, well child care and immunizations, womens health. Hmong women's groups and diabetes groups.
Minnesota AIDS Project (MAP) 2577 Territorial Road St. Paul, MN 55114 612-341-2060 AIDSLine: 612-373-AIDS 612-373-2465 (TTY) 800-248-AIDS 888-820-2437 (TTY) www.mnaidsproject.org/	Mon - Fri.: 9:00 a.m. - 5:00 p.m.			Services for those affected and infected by HIV, prevention strategies for communities at greatest risk, MAP AIDSLine, information and referral, risk assessment, rapid HIV testing, information on syringe access, HIV case management, benefits counseling, housing services, and transportation.
Minnesota Perinatal HIV Program **St. Paul Children's Hospital and Clinics** (651) 220-6444 Fax: 651-220-7233	Call for hours			Care coordination for pregnant HIV+ women and their babies living in Minnesota: medical and social services during pregnancy and six months post-partum.
Neighborhood House 179 E. Robie St. St. Paul, MN 55107 651-789-2500 Fax: 651-789-2501 www.neighb.org	Mon. - Fri.: 7:00 a.m. - 10:00 p.m. Sat.: 10:00 a.m. - 6:00 p.m. Sun.: 12:00 p.m. - 5:00 p.m.	None.	Spanish, Hmong, Karen, Amharic, Somali, Thai, Lao, Burmese, Tigrinya	HIV testing/counseling/outreach, free and anonymous mental health counseling in partership with walk-in counseling center, healthy sexuality groups HIV testing target populations Asian-Pacific Islander and Latino. Mental health services available in Hmong and Spanish by appointment.

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Ramsey County (continued)				
Open Cities Health Center, Inc. 409 N. Dunlap St. St. Paul, MN 55104 651-290-9200 916 Rice Street Saint Paul, MN 55117 651-29-9200 www.opencitieshealth.org	Mon. - Fri. 8:00 a.m. - 5:00 p.m. Mon. - Fri. 8:00 a.m. - 5:00 p.m.	None	Hmong; others available upon request.	Medical and dental care, behavioral health, optometry, chiropractic care. Hmong parenting group, Hmong women's group, Hmong care seat class.
Phalen Village Clinic **University Minnesota Physicians** 1414 Maryland Ave. E. St. Paul, MN 55106 651-772-3461 Fax: 651-772-2605 www.umphysicians.org	Mon. - Fri. 8:00 a.m. - 5:00 p.m.	Insurance card or cash. Payment due on first visit.	Hmong, Spanish, Karen.	Health care from birth to old age. OB services.
Planned Parenthood of MN/ND/SD www.ppmsd.org 671 Vandalia St. St. Paul, MN 55114 1-800-230-PLAN 1700-L Rice St. St. Paul, MN 55113 1-800-230-PLAN	Mon. - Sat. 8:00 a.m. - 4:30 p.m. Mon. - Thurs. 10:30 a.m. - 6:00 p.m. Fri. 10:00 a.m. - 5:00 p.m. Sat. 10:00 a.m. - 2:00 p.m.	Most insurance plans or sliding fee scale. Most insurance plans or sliding fee scale.	By appointment only Interpreters available by request and free of charge	Walk-in servies include: HIV testing, emergency contraception, pregnancy testing and services. Services available by appointment: birth control, men's health care, STI testing treatment and vaccines, womens health care.
St. Mary's Health Clinics Scheduling: 651-287-7777 www.stmaryshealthclinics.org *Various locations throughout the Twin Cities metro area including:* - St. Paul - Maplewood	Varies by location. Scheduling times: Mon. - Thurs. 8:30 a.m. - 3:30 p.m. Fri. 8:30 a.m. - 12:30 p.m. Call scheduling number for more specific site information.	Must be uninsured and within income guidelines. Call scheduling number for telephone eligibility screening.	Patients must arrange their own interpreters, but Spanish interpreters are available.	Primary care, specialty referrals, hospital referrals, most medications. Latino health education and outreach in identified Minneapolis and St. Paul parishes. Diabetes education in Spanish and English.

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Ramsey County (continued)				
St. Paul Family Medical Center HealthPartners 1239 Payne Ave. St. Paul, MN 55101 651-209-8350	Mon. - Fri. 9:00 a.m. - 5:00 p.m. Sat. 9:00 a.m. - 1:00 p.m.	Medical assistance, most insurance accepted	Bilingual Hmong staff	Family practice, OB/GYN.
St. Paul-Ramsey County Department of Public Health Refugee Health Program 555 Cedar St. St. Paul, MN 55101 651-266-1200 www.co.ramsey.mn.us	Call for appointments.	Refugees living in Ramsey County.	AT&T language line and staff available who speak Amharic, Oromo, Hmong and Somali.	Assures refugee screening at community health sites andcoordinates follow-up care and services. Completion of supplement to I-693 form. Other services include immunization clinic and travel clinic.
St. Paul-Ramsey County Department of Public Health Clinic 555 - Sexual & Reproductive Health 555 Cedar St. St. Paul, MN 55101 651-266-1255 www.clinic555.org	Mon. & Wed. 8:15 a.m. - 4:00 p.m. Tues. & Thurs. 8:15 a.m. - 7:00 p.m. Fri. 8:15 a.m. - 12:30 p.m. Walk ins or by appointment.	None	Spanish speaking staff; all other languages available through language line or county employees.	HIV testing, STI testing and treatment, family planning (birth control), pregnancy testing, emergency contraception, annual gynecological exams and pap smears, HIV prevention pills.
St. Paul-Ramsey County Department of Public Health Family Health Division Public Health Nursing Services 1670 Beam Ave. Ste. 101 Maplewood, MN 55109 Referral line: 651-266-1568 Fax: 651-266-1560	Mon. - Fri. 8:00 a.m. - 4:30 p.m.	For family home visiting - pregnant and parenting women at risk for poor birth outcomes or desiring parenting suppport.	Bilingual Karen, Hmong, and Spanish staff; other languages available on request.	Program activities are directed toward promoting the health and well-being of pregnant and parenting families, enhancing parent/child interaction and attachment, promoting healthy child growth and development, promoting effective child spacing; preventing childhood illness, unintentional injury and abuse; and promoting health care access, self-sufficiency and positive parenting. Club Mom - Health education and support for African-American women; Club Dad - Health education and support for African-American men; Somali Women's Network - Health education and support for Somali women.

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Ramsey County (continued)				
United Family Medicine 1026 W. 7th St. Peter J. King Health Center Building St. Paul, MN 55102 651-241-1000 Fax: 651-241-1126 www.unitedfamilymedicine.org	Mon. - Thurs.: 8:00 a.m. - 8:00 p.m. Fri.: 8:00 a.m. - 5:00 p.m. Sat.: 8:00 a.m. - 12:00 p.m.	None, sliding fee available.	English and Spanish. Interpreter services for all other languages at no cost to patient.	Family practice and OB/GYN and dental services. Diabetes education in English and Spanish.
Wakota Life Care Center 1140 S. Robert St. West St. Paul, MN 55118 651-457-1195 www.wakotalifecarecenter.org Wakota.cronin@gmail.com	Mon. - Fri. 9:00 a.m. - 5:00 p.m.	None.	Call to verify interpreter services.	Free pregnancy testing and counseling, social services for pregnant women. Provide diapers and clothing for toddlers and baby equipment.
Xoua Thao Medical Center 796 E. 7th St. St. Paul, MN 55106 651-774-0347	Mon. - Fri. 9:00 a.m. - 5:00 p.m.	MA, most other insurance accepted	Bilingual Hmong staff	Family practice.
Rice County				
Allina Medical Clinic - Faribault 100 State Ave. Faribault, MN 55021-5406 507-334-3921 www.allinahealth.org	Mon. - Thurs. 7:30 a.m. - 8:00 p.m. Fri. 7:30 a.m. - 5:00 p.m. Sat. 9:00 a.m. - 12:00 p.m. Walk-in: Mon. - Fri. 12:00 p.m. - 8:00 p.m. Sat. - Sun. 9:00 a.m. - 5:00 p.m.	None	Available upon request	Primary and specialty care service, eye care services and optical shop, refugee health exams.
Allina Health Northfield Clinic 1400 Jefferson Rd. Northfield, MN 55057 507-663-9000 1-800-272-0508 www.allinahealth.org	Mon. - Thurs. 7:00 a.m. - 8:00 p.m. Fri. 7:00 a.m. - 7:00 p.m. Sat. 9:00 a.m. - 3:00 p.m.	None	Available upon request	Primary and specialty care services including lab and imaging.
Family Health Medical Clinic - Northfield 2000 North Ave. Northfield, MN 55057 507-646-1494 Fax: 507-646-6870 www.northfieldhospital.org	Mon. - Fri. 8:00 a.m. - 5:00 p.m. Extended Pediatric Hrs: Mon. - Tues. 5:00 - 8:00 p.m.	None. Medicare and all major health insurance plans accepted.	Spanish in-person by request, other languages by request	Family medicine, pediatrics, internal medicine, OB/GYN (provided at Women's Health Center in the same building), general Surgery, ear, nose and throat, eurology, nephrology, cardiology, dermatology, allergy, orthopedics Connection with Dakota & Rice County services

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Rice County (continued)				
Family Health Medical Clinic - Lonsdale 103 15th Ave. SE Lonsdale, MN 55046 507-744-3245 www.familyhealthclinics.org	Mon. - Fri. 8:00 a.m. - 5:00 p.m.	None. Medicare and all major health insurance plans accepted.	Available upon request	Well-child checks, annual physicals, immunizations and flu shots, senior care, fracture care.
Health Finders Clinic 710 Division St. S Northfield, MN 55057 507-323-8100 www.healthfindersmn.org	Clinic hours: please check website or call.	Income below 200% federal poverty limits, uninsured or underinsured.	Somali and Spanish	Primary care, community connections, medications assistance program, healthy lifestyle classes, diabetes aducation, family planning enrollment, and direct care. Diabetes education group for Latinos, Latino teen walk-in clinic, women only exercise groups, MNsure enrollment in Somali and Spanish.
Rice County Public Health 320 3rd St. NW, Ste. 1 Faribault, MN 55021 507-332-6111 www.co.rice.mn.us	Mon. - Fri. 8:00 a.m. - 4:30 p.m.	Rice County Medicare, Medicaid, and other third party insurances and offers a sliding fee scale.	Interpreters: Spanish, Somali, Oromo, Swahili, Urdu, and American Sign Language Most other languages available through language line (phone)	Disease prevention and control including immunizations, health promotion and wellness, home health care, family and child health care services, and long term care services.
Scott County				
River Valley Nursing Center Anchor Center 752 Canterbury Rd. Shakopee, MN 55379 952-496-8669	Mon.: 1:00 p.m. - 6:00 p.m.	Uninsured and underinsured, primarily in Scott and Carver counties. Services are free. No appointment needed.	An on-site spanish interpreter and access to a Language Line for other language needs.	Services are provided by a Public Health Nurse and a Spanish Interpreter/Community Outreach Worker. Connecting patients to local resources and free or low-cost health care services. Some services provided include: blood pressure checks, cholesterol screening, glucose screening, health education, pregnancy verification for medical assistance, over-the-counter prescription assistance, MNsure eligibility assistance

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Scott County (continued)				
Scott County Mobile Clinic ***Locations in:*** - Shakopee - Savage 952-496-8555 Fax: 952-496-8072 www.scottcounty.mn.gov/370/mobile-health-clinic	Walk-in visits only Hours vary by location	Uninsured or underinsured, Scott County residents have priority but no one is denied services	Interpreters available via phone service	Nurse assessments, health screenings, basic medical care, referrals to comprehensive health services and other community resources.
Scott County Human Services 200 4th Ave. W. Room 300 Shakopee, MN 55379 952-496-8686 www.co.scott.mn.us	Mon. - Fri.: 8:00 a.m. - 4:30 p.m.	Varies with waiver program	Telephone interpreters available	Long term care consultation.
Scott County Public Health 1615 Weston Ct Shakopee, MN 55379 952-496-8555 Fax: 952-496-8072 www.scottcountymn.gov	Mon. – Fri.: 8:00 a.m. - 4:30 p.m.	Varies by program	In person or language line	TB testing on Tuesday mornings, refugee health care management, family home visiting, follow along - child development tracking
Scott County Public Health - Immunizations 792 Canterbury Rd S Room 231 Shakopee, MN 55379 952-496-8555 Fax: 952-496-8072 www.scottcountymn.org	Select Mon.: 2:00 p.m. - 5:00 p.m. Tues. - Thurs.: 8:30 a.m. - 10:30 p.m. Call for appointment	Uninsured children and adults, insured, but vaccinations not covered	Language Line	All recommended and required vaccines
St. Mary's Health Clinics Scheduling: 651-287-7777 www.stmaryshealthclinics.org ***Various locations throughout the Twin Cities metro area including:*** - Shakopee	Varies by location. Scheduling times: Mon. - Thurs. 8:30 a.m. - 3:30 p.m. Fri. 8:30 a.m. - 12:30 p.m. Call scheduling number for more specific site information	Must be uninsured and within designated income guidelines Call scheduling number for brief telephone eligibility screening	Patients must come with their own interpreter; however, Spanish interpreters are available.	Primary care, specialty referrals, hospital referrals, most medications. Latino health education and outreach in specific Minneapolis and St. Paul parishes. Diabetes education in Spanish and English.

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Stearns County				
CentraCare Family Health Center 1555 Northway Drive, Suite 200 St. Cloud, MN 56303 320-240-3114 www.centracare.com	Mon. – Fri.: 8:00 a.m. – 5:00 p.m	Sliding fee scale according to income. Accept most insurances.	All languages available through the telephone	Diabetes care, family medicine, home health care, OB/GYN services, osteopathic care.
HealthPartners Central Minnesota Clinics 2251 Connecticut Ave. S. Sartell, MN 56377 320-253-5220 1-800-370-0570 1-320-203-2108 TTY/TDD www.healthpartners.com	Mon. - Fri. 8:00 a.m. - 5:00 p.m.	Refugee physicals must be scheduled through Public Health	All languages available through the telephone	Primary care, pediatrics, and OB/GYN.
CentraCare Family Health Center 1555 Northway Dr. Suite 200 St. Cloud, MN 56303 320-240-3157 www.centracare.com	Mon. - Fri. 8:00 a.m. - 5:00 p.m.	Sliding fee scale according to income. Accept most insurances.	All languages available through the telephone	Diabetes care, family medicine, home health care, OB/GYN services, osteopathic care.
Planned Parenthood of MN/SD/ND 451 E. St. Germain St, Suite 100 Saint Cloud, MN 56304 1-800-230-PLAN www.ppmns.org	Mon - Fri: 9:00 a.m. - 5:00 p.m.	Most insurance plans or sliding fee scale	Available by appointment	Walk-in servies include: HIV testing, emergency contraception, pregnancy testing and services. Services available by appointment: birth control, men's health care, STI testing treatment and vaccines, women's health care.
Stearns County Human Services and Public Health PO Box 1107 St. Cloud, MN 56302 320-203-6942 www.co.stearns.mn.us	Mon. - Fri. 8:00 a.m. - 4:30 p.m.	Dependent on program	We access interpreters for all languages	Immunizations, Women, Infants, & Children, Maternal/child home visits, refugee health screen assistance, TB/LTBI follow-up, other infectious disease follow-up, child & teen check-up outreach, and senior health clinics.

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Washington County				
HealthEast / Cottage Grove 6936 Pine Arbor Drive S. Cottage Grove, MN 55016 651-326-5800 www.healtheast.org	Mon. - Fri. 8:00 a.m. - 5:00 p.m.	None. Accepts most insurance plans.	All by appointment.	Family practice care for all ages, including obstetrical care.
HealthEast / Oakdale Clinic 1099 Helmo Ave. N., Suite 100 Oakdale, MN 55128 651-326-5300 www.healtheast.org	Mon. - Fri. 8:00 a.m. - 5:00 p.m.	None. Accepts most insurance plans.	All by appointment.	Complete medical care, including regular checkups, immunizations, diagnostic tests, obstetrics, prenatal care, audio testing, EKG, and X-ray.
HealthEast / Woodbury Clinic 1875 Woodwinds Drive Woodbury, MN 55125 651-232-6700 www.healtheast.org	Mon. - Fri. 7:30 a.m. - 5:00 p.m.	None. Accepts most insurance plans.	All by appointment.	Internal medicine, family practice, pediatrics, and certified nurse midwives.
HealthEast Clinic—Tamarack 9900 Tamarack Rd Woodbury, MN 55125 651-471-5800 www.healtheast.org	Mon. - Fri. 7:30 a.m. - 5:00 p.m.	None. Accepts most insurance plans.	All by appointment.	Family medicine and pediatric care.
HealthPartners / Woodbury 8450 Seasons Parkway Woodbury, MN 55125 651-702-5300 www.healthpartners.com	Mon. - Fri. 8:00 a.m. - 5:00 p.m. Urgent Care: Mon. - Fri. 1:00 p.m - 9:00 p.m. Sat. 9:00 a.m - 8:00 p.m. Sun. 9:00 a.m. - 8:00 p.m.	None.	Most languages through language line if no interpreter is available	Family Practice, Internal Medicine, Pediatrics, OB/GYN, pharmacy, lab, radiology, and urgent care services.
Lakeview Health - Stillwater 1500 Curve Crest Boulvard Stillwater, MN 55408 651-439-1234 www.lakeviewhealth.org	Mon. - Fri. 7:30 a.m. - 5:00 p.m. Urgent Care: Mon. - Fri. 11:00 a.m. - 8:30 p.m. Sat. & Sun. 8:00 - 11:30 a.m.	None.	All by appointment.	Family medicine, internal medicine, pediatrics, OB care.

Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Washington County (continued)				
Planned Parenthood of MN/SD/ND 1795 Radio Drive, Suite D Woodbury, MN 55125 1-800-230-PLAN www.ppmns.org	Mon - Fri: 12:00 p.m. - 6:00 p.m.	Most insurance plans or sliding fee scale.	Available by appointment.	Walk-in servies include: HIV testing, emergency contraception, pregnancy testing and services. Services available by appointment: birth control, men's health care, STI testing treatment and vaccines, womens health care.
Washington County Public Health and Environment PO Box 6 14949 62nd St. N. Stillwater, MN 55082 651-430-6655 Community Services: 651-430-6455 Social Services: 651-430-6457 Social Services-Adult: 651-430-6484 Financial Services: 651-430-6459 Emergency Services: 651-291-6795 Children's Dental Services: 612-746-1530 www.co.washington.mn.us	Mon. - Fri. 8:00 a.m. - 5:00 p.m. Call Public Health for specific clinic hours	None	Available upon request	Prenatal and breastfeeding education, parenting support, immunization clinic, Women, Infants, and Children (WIC), long-term care programs, family health home visiting and health education, health promotion, adolescent health, disease prevention and control, environmental concerns. Children's dental services-sliding scale or insured.
Lakeview Hospital 927 W. Churchill St. Stillwater, MN 55082 651-439-5330 www.lakeview.org	24/7	None.		Comprehensive medical care.
Woodwinds Health Campus 1925 Woodwinds Dr. Woodbury, MN 55125 651-232-0228 www.healtheast.org	24/7	None.		Comprehensive medical care.

Home Health Services

Home Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Hennepin County				
Around the Clock Nursing 2257 Louisiana Ave S. St. Louis Park, MN 55426 952-848-0935 www.atchomecare.com	Service available 24 hours a day, 7 days a week. Office Hours: Mon. - Fri. 8:30 a.m. - 5:00 p.m.	Private pay, Medicare, Medicaid, most private insurances.	Several bilingual staff in house; other languages through interpreters	Skilled nurse visits, wound care, medication set-ups, personal care assistants, nursing assistants, home health aides, group home, foster care homes, physical, occupational and speech therapy available. Culturally specific services: Refugee and immigrant home health care.
Minnesota Visiting Nurse Agency 2000 Summer Street, Suite 100 Minneapolis, MN 55413 612-617-4600 www.mvna.org	Mon. - Fri. 8:00 a.m. - 4:30 p.m. *(Home health available seven days a week)*	Call for contract information and rates.	Some language in-house, others can be scheduled	Nursing home visits for the ill, including IV support and wound care, Maternal Child Health services including prenatal and postnatal care. Home health aide services, homemaker services. Day care consultation, corporate immunizations and health screenings. Medicare certified home care agency. Culturally specific services: Refugee home health and maternal child health care.
Ramsey County				
Equity Services of St. Paul, Inc. 1169 Rice St. St. Paul, MN 55117 651-489-4656 www.equityhomecare.org	Mon. - Fri.: 8:00 a.m.- 4:30 p.m.	MA, Medicare, most managed health plans.	Hmong in office. Other languages through interpreters	Registered nurses, home health aides, personal care assistants, homemaker, respite care.
My Home Health Care, Inc. 569 Dale St. N St. Paul, MN 55104 651-488-3126 Fax: 651-487-7637	Mon. - Fri.: 8:30 a.m. - 5:00 p.m. Sat.: 10:00 a.m. - 4:00 p.m.	Agency contract with HealthPartners, Ucare, Blue Plus and Medica, medical assistance recipients.	Laos, English, Hmong, Cambodian, Karen, Karenni, Burma	Provides personal care assistant services and homemaker services to our clients.

Home Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Ramsey County (continued)				
People Inc. Home Health Agency 317 York Ave. St. Paul, MN 55130 651-774-0202 Fax: 651-774-5517 www.peopleincorporated.org	Mon. - Fri.: 8:00 a.m. - 5:00 p.m.	Funding must be pre-authorized and is accepted from county, Medicare, Medical Assistance, managed-care organizations, private pay, or insurance. Children under 18 years of age are not eligible.	Hmong, other languages by appointment	Mental health focused home health care agency addressing mental health issues as well as medical needs. Serving adults (18+) living in the community with mental illness and/or medical conditions.
Southeast Asian Health Care Services 1001 Johnson Parkway, Suite A17 St. Paul, MN 55106 651-222-2889 www.seahealthinc.com	Mon. - Fri. 9:00 a.m. – 5:00 p.m.	Medical Assistance, disabled or elderly who need personal care assistance.	English, Hmong, Lao, Vietnamese, Thai, Karen, Chinese, Filipino	Personal care assistance services.

Hotlines

Hotlines	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Dakota County				
24 Hour Crisis Response Unit 952-891-7171	24/7	None	Available upon request	Dakota County Crisis Intervention Program
Hennepin County				
360 Communities Primary Line: 952-985-5300 Sexual Assault Hotline: 651-405-1500 www.360communities.org 24 hours, 7 days a week				Safety, support and advocacy services. Trained advocates offer emotional support, safety planning, referrals to community resources and help in navigating the court system.
Casa de Esperanza Shelter Crisis Line - 651-772-1611 Main Office - 651-646-5553 Advocate Line 651-772-1723 http://www.casadeesperanza.org	24/7		All staff speaks English and Spanish, other languages through interpreters if needed.	Emergency shelter for domestic violence victims, community advocacy program for Latino victims and a 24 hour bilingual domestic violence crisis line.
Community Outreach for Psychiatric Emergencies (COPE) 612-596-1223 http://www.hennepin.us/residents/health-medical/adult-mental-health-services	24/7	Hennepin County residents		When a severe disturbance of mood or thinking threatens a person's safety or the safety of others, call Hennepin County's COPE. COPE professionals are available to handle the immediate crisis on-site and provide a clinical assessment. If needed, we will arrange an emergency evaluation for inpatient psychiatric services. This is a free service available to all adults in Hennepin County. Telephone consultations are also available. Available 24 hours a day, seven days a week.
Ramsey County				
Crisis Connection 612-379-6363 www.crisis.org	24/7		Interpreter available (but may not be immediate).	Provides free phone counseling crisis services.
Minnesota Child Abuse Hotline 1-800-CHILDREN 1-800-621-6322 24 hours, 7 days a week			Spanish interpreters available upon request.	Offers telephone help and regular meetings with other parents who have gone through the same challenges you may be facing.

Hotlines	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Rice County				
Hope Center 1003 7th St. NW Faribault, MN 55021 1-800-607-2330 hopecentermn.org	Crisis line 24/7	Rice County residents	Spanish in-person by request, other languages by request.	Phone support, emergency shelter, counseling, support groups, hospital support, legal advocacy.
Statewide				
Alexandra House Blaine, MN 55449 Crisis Hotline: 763-780-2330 www.alexandrahouse.org	24/7	Free. Serves victims of domestic and sexual violence across the state of Minnesota.	Spanish interpreters available; other language interpreters available by appointment.	Provides confidential domestic violence and sexual violence services in Anoka County. Our free services include 24-hour emergency shelter, support services and advocacy to victims of domestic and sexual violence. Services offered: Crisis intervention, advocacy, safety planning, house resources and referrals, support groups and a children's program.
Minnesota Child Abuse Hotline 1-800-CHILDREN 1-800-621-6322	24/7		Spanish interpreters available upon request.	Offers telephone help and regular meetings with other parents who have gone through the same challenges you may be facing.
National Child Abuse Hotline 1-800-4ACHILD 1-800-422-4453	24/7		AT&T Language Line available.	24-hour crisis counseling hotline. Offers short-term counseling and information and referral to local resources.
National Domestic Abuse Hotline 1-800-799-7233 www.thehotline.org	24/7			Crisis intervention, safety planning, resources. Interpreters available.

Mental Health Services

Mental Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Anoka County				
Mercy Mental Health Assessment and Referral 4050 Coon Rapids Blvd. Coon Rapids, MN 55433 763-236-7911 www.allinahealth.org/ahs/mercy.nsf/page/behavioral_health	24/7	Fee for Service. Those persons that are uninsured will be aided in application of state funded insurance.	Available upon request	Services include: Mental health assessment & referral through the emergency room, assessment for admission to a mental health unit.
Riverwind Crisis Residence 2708 119th Avenue NW Coon Rapids, MN 55433 763-862-7944 www.peopleincorporated.org	24/7	If MA or managed care organization does not cover the costs, they may be covered by Anoka County if client is a resident of Anoka county.	Available upon request	Short-term mental health crisis stabilization services to adults with a diagosed mental illness who also may be experiencing significant life stressors or substance use issues. Average stay is 3-5 days. Length of services is dependent upon progress towards care goals. Riverwind provides supportive counseling and group counseling (IMR, IDDT) centered around developing a crisis response action plan.
Carver County				
First Street Center **Carver County Mental Health Program** 540 E. First St. Waconia, MN 55387 952-442-4437 *Crisis Line:* 952-442-7601 www.co.carver.mn.us	Mon. 8:00 a.m. - 4:30 p.m. Tue. 8:00 a.m. - 6:00 p.m. Wed. 7:00 a.m. - 4:30 p.m. Thurs. 8:00 a.m. - 7:30 p.m. Fri. 8:00 a.m. - 2:30 p.m.	Must be Carver County resident. Sliding fee if eligible. Accepts most insurance plans	Available upon request	Mental health assessments, therapy and psychiatry to adults (including seniors), adolescents, and children in Carver County, as well as case management, chemical health, and crisis services.
Dakota County				
Associated Clinic of Psychology *(Apple Valley)* 6950 W. 146th St., #100 Apple Valley, MN 55124 952-432-1484 *(West St. Paul)* 1633 S. Robert St. West St. Paul, MN 55118 651-450-0860 www.acp-mn.com	Mon. - Fri.: 8:00 a.m. - 5:00 p.m. Mon. - Fri.: 8:00 a.m. - 5:00 p.m.	Open to clients of MA, Minnesota Care, GAMC, Medicare; sliding fee scale also available.	Usually arranged in advance by client or social service professionals working with the client.	Clinic based services include: Individual Psychotherapy, Family Counseling, Marriage/Relationship Counseling, Group Therapy, Neuropsychological/Psychological Testing, Psychiatric Evaluations, Medication Management, Training, Consultations,Workshops, In-Home therapy, CTSS, ARMHS. Many other specialty services available, as well as in home services and long term care services. Culturally Specific Services: Somali Youth Family Services, CTSS, ARMHS

Mental Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Dakota County (continued)				
Fairview Ridges Diagnostic Evaluation Center (DEC) Fairview Ridges Hospital 201 Nicollet Blvd. Burnsville, MN 55337 952-892-2913 www.diagnosticevaluationcenter.com	Sun. - Mon. 9:00 a.m. - 1:00 a.m. Tues. - Fri. 5:00 p.m. - 1:00 a.m.	Accepts Medical Assistance, but if do not qualify, then you are responsible for the full payments.	Available upon request	Crisis mental health assessments.
Urgent Care for Adult Mental Health 402 University Ave. E. St. Paul, MN 55130 Crisis Line: 651-266-7900 www.mentalhealthcrisisalliance.org	Mon. - Fri. 8:00 a.m. - 7:00 p.m. Sat. 11:00 a.m. - 3:00 p.m.	Any adult age 18 or over. Urgent Care bills insurance providers when available, but help is offered regardless of ability to pay.		Mental health crisis assessments, access to crisis psychiatry as necessary, chemical health screening, peer support, crisis stabilization services, family education and support, crisis phone support, referral to community resources in Ramsey, Dakota and Washington Counties.
Lewis House - 360 Communities Eagan, MN 55122 651-452-7288 www.360communities.org 360 Communities 651-437-1291 www.360communities.org	24/7			Safety, support, and advocacy services for women, children, and families. Trained advocates offer emotional support, safety planning, referrals to community resources and help in navigating the court system.
Dakota County Social Services 952-891-7400	Mon. - Fri. 8:00 a.m. - 4:30 p.m.		Available upon request	Provides child, adult, family, and developmental disability services, in addition to a wide range of family and child-related services.
Headway Emotional Health Services 612-861-1675 www.headway.org	Mon. - Fri. 8:00 a.m. - 8:00 p.m.	Reduced fees available for those with verifiable inability to pay for services. Most insurance accepted.	Spanish available upon request. Use translators for all other languages	Provides a continuum of services including treatment, intervention, and education. Serves families, children, youth, and individuals. Areas of service include:. chemical health, community strengthening, day treatment, medication management, outpatient therapy, school success, strengthening families, youth counseling, classes and workshops. Culturally Specific Services: Outpatient and child/adolescent case management services with specialization in Mexican, Central American, and East African immigrants.

Mental Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Hennepin County				
Associated Clinic of Psychology 3100 West Lake Street, Ste. 210 Minneapolis, MN 55416 612-925-6033 Fax: 612-925-8496 6200 Shingle Creek Pkwy, Ste. 350 Brooklyn Center, MN 55430 763-503-8560 Fax: 763-503-8563 1155 Ford Road, Ste. B St. Louis Park, MN 55426 952-378-1800 Fax: 952-378-1714	Mon. - Thur.: 8:00 a.m. - 6:00 p.m. Fri.: 8:00 a.m. - 5:00 p.m. Mon. - Fri.: 8:00 a.m. - 5:00 p.m. Varies			Individual Psychotherapy, Family Counseling, Marriage/Relationship Counseling, Group Therapy, Neuropsychological/Psychological Testing, Psychiatric Evaluations, Medication Management, Training, Consultations,Workshops, In-Home therapy, Children's Therapeutic Services and Supports (CTSS), Adult Rehabilitative Mental Health Services (ARMHS). Many other specialty services available, as well as in home services and long term care services.
Behavioral Healthcare Providers (BHP) 1405 N Lilac Drive, Suite 151 Golden Valley 763-525-1746 www.bhpcare.com	Mon. - Fri. 8:00 a.m. - 4:30 p.m.		Interpreters available	A network of more than 5,000 behavioral providers, programs and hospitals offering mental health and chemical health services. Inpatient and outpatient mental health care. Culturally Specific Services: Somali Youth Family Services, Children's Therapeutic Services and Supports (CTSS), Adult Rehabilitative Mental Health Services (ARMHS).
Canvas Health 1550 E 78th St. Richfield, MN 55432 612.676.1604 www.canvashealth.org	Mon-Thurs: 8:00 a.m. - 5:00 p.m. Friday: 9:00 a.m. - 12:00 p.m.	Accepts most insurance plans and many EAP programs.	Somali, Ibo Interpreters available	Children's Therapeutic Services and Supports (CTSS) and Adult Rehabilitative Mental Health Services (ARMHS) services provided in Somali and Ibo.
Center for Africans Now in American, Inc. S.A.F.E: Student. Adult. Family. Empowerment Therapy Services 6000 Bass Lake Rd. Suite 206 Crystal, MN 55429 952-356-2953 www.mncana.com	Mon. - Fri. 8:00 a.m. - 5:00 p.m. Sat: 10:00 a.m.-5:00 p.m.	Sliding fee; most insurance accepted	All African languages including Amharic, Arabic, Burmese, French, Igbo, Hausa, Yoruba, Somali. Plus others: Hmong, Persian, Spanish.	A team of cross-cultural mental health professionals, practitioners, behavioral aides, skills trainers, interns, and volunteers who are trained and specialized in providing culturally sensitive mental health services to multiple cultural groups, and minorities such as individuals, children, students, adults, families and couples throughout Minnesota and beyond.Screening and Diagnostic Assessment, Out-Patient Clinical Based Services,Long Term Health Care Services

Mental Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Hennepin County (continued)				
Community-University Health Care Center 2001 Bloomington Ave. S Minneapolis, MN 55407 612-638-0700 www.ahc.umn.edu/cuhcc/	Mon. - Fri.: 8:00 a.m. – 5:00 p.m.	Medical Assistance, and other programs offered that might cover your services. Sliding fee available.	Adult and Child & Adolescent Mental Health Services are available in English, Cambodian, Hmong, Laotian, Somali, Spanish and Vietnamese. Other languages available upon request.	Many services available, including various types of therapy, diagnostic assessments, screenings, case management services, advocacy services, rehabilitation and medication management. Services for both adults and adolescents.
Fairview Counseling Centers 2450 Riverside Ave. Minneapolis, MN 55454 612-672-6999 www.fairview-university.fairview.org/Clinical_Services/counseling/index.asp	Mon. - Fri.: 8:00 a.m. – 4:30 p.m.	Community Care Program for those without access to health insurance.	Interpreter available	Counseling
Fairview Behavioral Emergency Center (BEC) 2312 S. 6th St, Minneapolis, MN 55454 612-672-6600 http://www.uofmmedicalcenter.org/Specialties/Behavioralhealth/EmergencyServices/index.htm"	Mon. - Fri.: 12:00 p.m. – 11:00 p.m. Sat. - Sun.: 12:00 p.m. – 10:00 p.m.		Interpreters available.	Any person (any age) who requires behavioral emergency care seen 24/7 at University of Minnesota Medical Center, Fairview's West Bank Emergency Department. Services include assessment and referral for anyone having a mental health or substance abuse crisis.
Fairview Inpatient Mental Health Intake 2450 Riverside Ave. Minneapolis, MN 55454 612-672-6600 http://www.uofmmedicalcenter.org/Specialties/Behavioralhealth/Mentalhealth/index.htm	24/7	Accepts Medical Assistance but if denied, responsible for the full payments.	Interpreters available.	This contact is to arrange for inpatient admissions.

Mental Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Hennepin County (continued)				
The Family Partnership 4123 E. Lake St. Minneapolis, MN 55406 612-728-2061 www.thefamilypartnership.org Additional sites available in Brooklyn Park, Richfield, and Minneapolis.	Mon. - Fri.: 8:00 a.m. – 4:30 p.m. Hours of operation vary by site.	Accepts most insurances including Medical Assistance.		Counseling and support groups for individuals, couples, parents, & families.
Greater Minneapolis Crisis Nursery 5400 Glenwood Avenue Golden Valley, MN 55422 763-591-0400 24-hour help-line: 763-591-0100 for potential clients	24/7	Cost: Free Hennepin County Residents Families with children 0-6 years old	Interpreters available free of charge	A voluntary, temporary shelter where parents can bring their children when stress or crisis in their lives place their children at risk. 72-hour overnight child care with experienced, trained staff in a clean, safe environment. Crisis Counseling, Home Visiting, Pediatric Assessment and Medication Management, Parent Education and Parent Support Group, and a Community Round Table.
Headway Emotional Health Services 6425 Nicollet Ave. S. Richfield, MN 55423 612-861-1675 612-861-3446 (fax) www.headway.org	Mon. - Fri.: 7:30 a.m. – 9:00 p.m.			Outpatient therapy, Dialectical Behavioral Therapy (DBT), divorce education, in-school therapy and more throughout the Twin Cities, including Richfield, Golden Valley and Hopkins.
HealthStar Home Health 1508 E. Franklin Avenue Minneapolis, MN 55404 612.871.3700 www.healthstarhomehealth.net/	Mon. - Fri.: 8:00 a.m. – 4:30 p.m.	To qualify for ARMHS Services an individual must be on or eligible to apply for Medical Assistance.	Somali	In partnership with Individual Family Solutions (IFS), HealthStar Home Health provides ARMHS (Adult Rehabilitative Mental HealthServices) for Somali individuals diagnosed with a mental illness. A diagnostic assessment is conducted with a Somali interpreter, and the Mental Health Practitioners providing the Adult Rehabilitative Mental Health Services (ARMHS) services are also Somali.
Hennepin County Mental Health Center 1801 Nicollet Ave. 2nd and 3rd Floors Minneapolis, MN 55403 Appointments: 612-596-9438 www.hennepin.us/residents/health-medical/adult-mental-health-services	Mon., Tues., Thurs., Fri.: 8:00 a.m. to 5:00 p.m. Wed.: 8:00 a.m. - 6:00 p.m			Serves adults with serious mental illness and/or substance abuse who are currently in crisis or at risk of destabilization. The Center also serves children and adolescents who are severely emotionally disturbed, have been abused or neglected, or have been court ordered for a psychological evaluation.

Mental Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Hennepin County (continued)				
Hennepin County Medical Center Crisis Intervention Center 701 Park Ave. S. Minneapolis, MN 612-873-3161 Suicide hotline: 612-873-2222 www.hcmc.org	24/7	The APS is supported by Hennepin County funds and state grants, provides these services to any person in need.		The Department of Psychiatry serves those in emotional crisis with crisis counseling, assessment, and referral.
Hennepin Women's Mental Health Program 914 S. 8th St. Minneapolis, MN 612-873-6963	Mon.-Fri.: 8:00 a.m. – 4:30 p.m.			Mainly provide medication consultation services provided by psychiatrists.
Lao Assistance Center of MN **MN AIDS Project** 505 Irving Ave. N Minneapolis, MN 55406 612-374-4967 www.laocenter.org	Mon. - Fri.: 9:00 a.m. - 5:00 p.m.			Provide direct services. Help with employment, housing and chemical dependency care.
LSS Counseling Services 2400 Park Ave. Minneapolis. 55405 612-879-5320	Mon. - Thurs. 8:00 a.m. - 8:00 p.m. Fri.: 8:00 a.m. - 8:00 p.m. Available for refugees through LSS 10-6 on Mondays (Rm #344).			Individual counseling, referral resource for diagnostic assessment, other testing and more intense mental health services.
Mary Conner, MA, LP **Multi-Cultural Care, LLC** 1929 5th St. S., #103 Minneapolis, MN 55454 Phone: 612.584.3138 Fax: 888.965.5590 Email-Maryc@multi-culturalcare.com http://www.multiculturalcare.com/	Call in for Clinic hours	Multi-Cultural Care, LLC currently has in-network coverage for Medical Assistance in MN, MHP, Blue Cross/Blue Shield of MN, UCARE. Please contact us for updates on other in-network insurance approvals.		Assessments and psychotherapy.

Mental Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Hennepin County (continued)				
Metro Behavioral Health **Abdulahi Mohamed MSW, LICSW** 2700 E Lake Street, Suite 2100 612-767-7770 Minneapolis, MN 55406-1963 www.metrobhealth.com 612-767-7770 (abdul9005@yahoo.com)	Mon. - Fri. 9:00 a.m. - 5:00 p.m.		English and Somali	Experience working with patients who are from diverse cultural and socioeconomic backgrounds. Treatment method based on individual/family capacity, current life context and cultural background by using holistic, eclectic and strengths-based approaches.
The MPSI Low Fee Clinic 3108 Hennepin Ave. Minneapolis, MN 55408 612-824-3800	Mon. – Fri.: 9:00 a.m. – 5:00 p.m.	Low fee		Psychotherapy provided by graduate level providers. Therapy is talking therapy that values a strong relationship with the therapist.
Minneapolis Clinic of Neurology 4225 Golden Valley Road Golden Valley, MN 55422 Phone: 763-588-0661				Neuropsychological Evaluation
U of MN Medical Center Fairview Neurology Clinic, Phillips-Wangensteen Bldg. 516 Delaware St. SE, Minneapolis., MN 55455 Phone: 612-626-6688				Neuropsychological Evaluation
National Alliance on Mental Illness (NAMI) - Hennepin County 1-888-NAMI-HELPS wwww.namihennepin.org	24/7			Support, psychoeducation, and research for people and their families living with mental illness through various public education and awareness activities.
Dr. Robert Barron 2400 Park Ave. Mpls. (at LSS) Thursday hours 3800 Americal Blvd. W., Suite 1500 Northland Plaza, Bloomington Minneapoliss: 612-879-5320 or Blmgtn: 952-944-5715	Mon., Tue., Wed.			Psychological Evaluation

Mental Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Hennepin County (continued)				
Nancy Foster, PhD. **The Institute for Brain-Behavior Integration** 10505 Wayzata Blvd., Suite #200, Minnetonka, MN 55305 Phone: 763-546-5797, ext. 1				Neuropsychological Evaluation
Noran Neurology Clinic - Adults and Children 2828 Chicago Ave. Suite 200 Minneapolis, MN	Phone: 612-879-1500	Accepts all insurance		Diagnostic assessments for developmental delay and cognitive impairment, and any neurologic issues. Will coordinate with county services, supplemental security income (SSI), disability benefits, State Medical Review Team process, etc.
People's Center Health Services 425 20th Ave. S. Minneapolis, MN 55454 612-332-4973 http://www.peoples-center.org/cedar-riverside-clinic/	Mon., Fri.: 8:30 a.m. - 5:00 p.m. Tues. - Thur.: 8:30 a.m. - 8:00 p.m.	Offer sliding fee program option and assistance with applying for state and federal assistance programs.	Somali, Oromo, Amharic, Hmong, Korean, Arabic, Spanish, French - all by appointment.	Assessments, individual and family therapy, and referrals. Diabetes education group for speakers.
St. David's Center Autism Day Treatment –Community site 2700 Summer St. NE Minneapolis, MN 55413 952.548.8700 www.stdavidscenter.org	Mon. – Fri.: 7:00 a.m. – 6:00 p.m. 4 hour programming Monday–Thursday 3 hour programming Fridays	Services paid thru insurance and Medical Assistance.	Somali-speaking staff available	Early Intervention treatment services for Somali children 2-6 years old with autism spectrum disorder (ASD). Somali staff assist with intake and assessment and provide treatment services. CORE and program staff will assist families with navigating the insurance/payer system.
South East Homes 2732 Bloomington Avenue S. Minneapolis, MN 55407 Office: 612.702.7231 Fax: 612.722.0001 Abah Mohamed, Director southeastar@gmail.com	Call in for Clinic hours	East African males ages 16 and up.		Mental health/chemical dependancy residential and outpatient clinical services for
Volunteers of America - Mental Health Clinic 5955 Golden Valley Road Suite 100 Gold Valley, MN 55422 763-225-4052 www.voamn.org	Mon. - Fri.: 8:00 a.m. – 6:00 p.m.	Medical Assistance, third party insurance payers and contractual agreements with counties.	Somali-speaking staff available	Somali & East African Behavioral Health Services Programs.

Mental Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Hennepin County (continued)				
Walk-in Counseling Center 2421 Chicago Ave. South Minneapolis 612-870-0565 www.walkin.org	Mon., Wed., Fri.: 1:00 p.m. – 3:00 p.m. Mon. -Thur.: 6:30 p.m. - 8:30 p.m.	Free		Free mental health counseling. No appointment needed.
Watercourse Counseling 3548 Bryant Ave. Minneapolis 612-822-8227 www.watercoursecounseling.org	Mon. - Thurs.: 8:00 a.m. - 5:00 p.m. Fri.: 9:00 a.m. - 12:00 p.m.	Accepts most insurance plans and many EAP programs. Offers a sliding fee option.	Somali-speaking staff available No interpreters but most insurance companies will cover interpreter fees	Provides individual, family, couples, and group counseling for adults and children of East Africans (one therapist provides services in Somali).
Washburn Center for Children 2430 Nicollet Ave, Minneapolis, MN 55404 612-871-1454	24/7			Focus on children's mental health and helps those with social, emotional and behavioral problems. Family and in-home work possible.
Kandiyohi County				
Woodland Centers Kandiyohi Center 1125 - 6th St. SE Willmar, MN 56201 320-235-4613 800-992-1716 Fax: 320-231-9140 www.woodlandcenters.com	Mon. - Fri.: 8:00 a.m. - 5:00 p.m.	Sliding fee scale	Somali, Spanish; contracts with interpreters	Comprehensive mental health services. Counseling support for families, psychiatric assessment, medication management, treatment for addictions, programs for sex offenders.
Ramsey County				
Help Me Grow, Ramsey County Early Childhood Education 651-604-3700		Children under 5 years old Schools may refer to Ramsey Co. "Healthy Families" for assessments for social security disability insurance (SSDI) (651-266-1568).		Evaluate within 45 days of the request. Documentation available for supplemental security income (SSI).

Mental Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Ramsey County (continued)				
APOLLO (A Place of Learning Life Opportunities) Independent Living Services 317 York Ave. Saint Paul 651-227-6321 www.peopleincorporated.com	Mon. - Fri. 8:00 a.m. - 5:00 p.m.	Services are primarily covered by Medical Assistance • Most individuals are on the CADI or BI waiver and must be approved for ILS services through Service Authorizations. • Private pay options are considered.		Provides Independent Living Skills (ILS) training to individuals with a diagnosed mental illness who may or may not have co-occurring disorders.
CLUES (Comunidades Latinas Unidas en Servicio) 797 E. 7th St. St. Paul, MN 55106 651-379-4200 Fax: 651-292-0347	Mon - Thu: 8:30 a.m. - 7:00 p.m. Fri: 8:30 a.m. - 5:00 p.m.		All staff are bilingual in Spanish and English.	Chemical health assessments, therapy and support groups; mental health therapy; domestic violence support groups; sexual assault support service, MNsure navigator assistance and help quitting smoking.
Model Cities: Family Support Services 839 University Avenue, St. Paul, MN 55104 Contact: 651-265-6167	Call for hours			Children, individuals and families receive a comprehensive array of home-based services with the goal of achieving family reunification and individual stabilization. Intensive case management and crisis intervention services encourage individuals and families to work towards greater independence

Mental Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Ramsey County (continued)				
Parent WarmLine 612-813-6336	24/7 by telephone	Free		Parent Warmline is a FREE telephone service sponsored by Children's Hospitals and Clinics of Minnesota. The Warmline provides you with person-to-person support, practical advice and resources about parent- child relationships and the behavior and development of children from infants to teens. Leave your name, number, and a brief message about your problem. Questions range from how to stop a child from biting to how to handle the death of a child's friend or family member.
Dr. Ellen Snoxell Gillette Lifetime Clinic 435 Phalen Blvd. St. Paul, MN 55130 Phone: 651-634-1934 Fax: 651-602-6891				Psychologist who can address developmental disabilities, clarify guardianship issues, and do Diagnostic Assessments for anyone with childhood onset physical disabilities.
Face to Face Health and Counseling Services 1165 Arcade St. St. Paul, MN 55106 651-772-5555 www.face2face.org	Walk in counceling: Tue.: 11:00 a.m. - 5:00 p.m.	Youth 11-25 Most insurance accepted and sliding fee.	Hmong, Spanish, others with advance notice.	Health care, counseling, and programs for homeless youth. Adolescent/young adult medical care, counseling, mental health case management, and the SafeZone drop in enter for homeless youth with many services, products, and classes. LGBTQ therapy support groups also offered.
HealthPartners / Center for International Health / Behavioral Health Services 451 N Dunlap St. Saint Paul, MN 55104-2595 952-967-7201 www.healthpartners.com	Mon. - Fri . 8:00 a.m. - 5:00 p.m.	15% discount for uninsured patients and pay at time of the service.	Interpreter available.	Mental health, individual, group and family counseling and medication management. Psychiatrist and psychologist on staff each day. Culturally specific services: Vietnamese Men's Group; Prison Camp Survivors; Hmong Diabetes Group; Hmong Women's Support Group.

Mental Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Ramsey County (continued)				
Hmong American Partnership 394 University Ave W, St. Paul, MN 651-495-9160 www.hmong.org	Mon.-Fri.: 8:00 a.m. – 5:00 p.m.	Services are provided to low-income Hmong and English-speaking community members.	Hmong	Rule 25 chemical assessments for uninsured youth and adults; chemical health workshops; counseling; Driving with Care workshops; Adult Substance Use Driving Surveys; community forums; and the Hmong Chemical Health Project. All of HAP's mental and chemical health services are sensitive to the stigmas and unique culturally-based challenges related to mental and chemical health services in the Hmong Community.
Natalis Counseling & Psychology Solutions 1600 University Avenue W., Suite 12 Saint Paul, MN 55104	Mon. – Fri.: 9:00 a.m. – 5:00 p.m.			Individual counseling with providers adept in working across cultures and committed to working with newly arriving refugees. Several providers in the agency with various approaches. Psychiatrist on site to refer for prescription management.
Pangea Care Behavioral Health Services 1 Water Street W. Suite 288 St. Paul MN 55107 651-414-0063 Fax: 651-788-7508 www.pangeacare.com	Mon. - Fri.: 8:00 a.m. - 4:30 p.m. Sat.: 9:00 a.m. - 12:00 p.m.		Interpreter services available in Hmong, Spanish, and Karen.	Adult substance use disorder treatment, adolescent and adult mental health services. Individual and group mental health/chemical dependancy treatment, outpatient mental health therapy, trauma therapy, Driving with Care.
Pathways Counseling Center Inc. 1919 University Avenue West, Suite 6 Saint Paul, MN 55104 651-641-1555 Fax: 651-641-0340 www.pathwayscounselingcenter.org	Mon. – Fri.: 9:00 a.m. – 5:00 p.m.			Pathways understands the importance of utilizing culturally-appropriate methods when engaging with refugees, honoring cultural systems and values to foster recovery and resilience processes.
People Incorporated 2060 Centre Pointe Blvd Saint Paul, MN 55120 651-774-0011 www.peopleincorporated.org Multiple mental health clinics in the Twin Cities: Centre Point Clinic and York clinic in Saint Paul, and Stark clinic in Minneapolis.	24/7			Individual and family counseling, early childhood mental health, school-linked counseling, day treatment for children, domestic abuse prevention, anger management, and parent support services. Clinics offer assessments, psychiatric medication management, pscychotherapy, group therapy, family therapy and couples counseling. They also operate crisis residences for both men and women in both Saint Paul and Minneapolis.

Mental Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Ramsey County (continued)				
Progressive Individual Resources, Inc. 992 South Robert St., Suite 400 West St Paul, MN 55118 Phone: 651.222.6567 Fax: 651.222.6713 www.pirimn.org	Mon. – Fri.: 9:00 a.m. – 5:00 p.m.	MA, major insurances.		Provide services to families, caregivers to children, youth and adults – 18 years and over – with severe emotional disturbances, behavioral challenges and developmental disabilities." Some services include in-home family support for children with SED, providing children rehabilitative services through Children Therapeutic Services of Supports, respite services for SED children/ youth, short-term transition living arrangements for juvenile delinquent youths, ARMHS, and much more. Intellectual and/or developmental disability (IDD).
Summit Guidance Center **Ahmed Hassan** 1821 University Ave N-180 Saint Paul 651-348-8073 FAX 651-348-8968 ahmedhassan01@yahoo.com summitguidance@gmail.com	Mon. - Fri.: 8:00 a.m. – 7:00 p.m. Sat.: 9:00 a.m. – 3:00 p.m.	Offers sliding scale fee option.	Interpreting services offered by appointments.	Offers outpatient mental health services.
Todd Sigler, PsyD, NCC Outreach Counseling Service Winsor Office Plaza 2 West, Suite 270 Roseville, MN 55113 todds@outreachcounseling.com Phone: 651-481-0664 Fax: 651-481-3907				Diagnostic assessments (DA) for refugee clients. Request that a copy of report is sent to county disability services and it will initiate the county LTC waivered service assessment, and other county disability services. *Important to also call the county to give them the demographic information to open a case file so diagnostic assessments (DA) can be added when completed.
True Thao Counseling Services 796 E. 7th Street St. Paul, MN 55106 651-771-2155 Fax: 651-774-2385	Call in for Clinic hours		Services provided by therapists in Hmong, Nepali, Hindi, and Tibetan.	Trauma-informed and evidence-based treatment modalities; individual, couples, and family counseling; understanding of new refugees' lives and the issues affecting them.

Mental Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Ramsey County (continued)				
Urgent Care for Adult Mental Health 402 University Avenue East St. Paul, 55130 Crisis Line: 651-266-7900 www.mentalhealthcrisisalliance.org	Mon. - Fri.: 8:00 a.m. - 7:00 p.m. Sat: 11:00 a.m. - 3:00 p.m.	Any adult age 18 or over. Urgent Care bills insurance providers when available, but help is offered regardless of ability to pay.		Mental health crisis assessment, Access to crisis psychiatry as necessary, Chemical health screening, Peer support, Crisis stabilization services, Family education and support, Crisis phone support, Referral to community resources in Ramsey, Dakota and Washington Counties.
Vietnamese Social Services 277 University Ave W, St Paul, MN 55103 651-632-8927 www.mnprc.org	Call in for Clinic hours			Family classes for Karen and Hmong families - education on chemical use and addiction, family roles, adjustment to life in the U.S.
Village Wellness Center 5901 Brooklyn Blvd, Suite 202 Brooklyn Center 763-710-9729 992 S Robert St, Suite 400 West St Paul, MN 55118 651-222-6567 vwcmn.com	Mon. - Thu.: 8:00 a.m. - 5:00 p.m. Fri.: 9:00 a.m. - 12:00 p.m.			Provides culturally appropriate outpatient mental health treatment services to adults, children and families. Individual therapy, Group and family therapy, Testing/Diagnostic assessment, Evaluations, Trauma and PTSD issues, Chemical health or substance abuse reduction services, HIV/AIDS- related mental health wellness support services, Migration and mental health wellness, Employment services, Medical treatment, including referrals to specialists as needed. This service offers clinical housing, health, vocational life skills services to adults with serious mental illness, and other related conditions. Case Management services to reduce the need for hospitalization.
Wilder Foundation Programs for Southeast Asians 651-647-9676 www.wilder.org	Mon. - Fri. 8:30 a.m. - 5:00 p.m.	Open to all Ramsey, Anoka, Dakota and Washington County Southeast Asian refugees and immigrants.	Hmong, Cambodian, Vietnamese	Mental health, individual, group and family counseling. Adults and children. (Counseling on site, at school and at home.) School-based Hmong family program, parent education, and Hmong resettlement program.
Scott County				
Scott County Mental Health Center 200 Fourth Ave. W., Ste. 300 Shakopee, MN 55379 952-496-8481 www.co.scott.mn.us	Mon. - Thurs. 8:00 a.m. - 8:00 p.m. Fri. 8:00 a.m. - 5:00 p.m.	Most insurance accepted; sliding fee available for Scott County residents	Spanish, Russian, Hmong, and Somali	Individual and family therapy, psychological evaluations, anger management, day treatment, diagnostic assessment, couple's counseling, life skills, women's group, Dialectic Behavior Therapy (DBT) group.

Mental Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Stearns County				
Central Minnesota Mental Health Center 1321 13th St. N. St. Cloud, MN 56303 320-252-5010 www.cmmhc.org Buffalo Clinic: 763-682-4400 Monticello Clinic: 763-295-4001 Elk River Clinic: 763-441-3770	Varies by location	Dependent on program.	Interpreter services available	Adult mental heatlth services include: outpatient services, rehabilitative services, crisis services, and residental services. Chemical dependency services include both outpatient and inpatient. Children and family services include couseling, medication management and support services.

Vision Health Services

Vision Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Anoka County				
Family Visions, Inc. 7362 University Ave. NE, Suite 302 Fridley MN 55432 Phone: 763-572-8187 Fax: 763-572-2060 Nikki Knisley, MS Program Manager, SSI Advocacy Cell: 612-594-4522				Assists individuals with Social Services Disability application, State Medical Review Team process, etc.
Hennepin County				
Allina Clinic 7920 Old Cedar Avenue South Bloomington, MN 55425 952-428-1800 www.allinahealth.org 7373 France Avenue South, Suite 202 Edina, MN 55435 952-428-0200 www.allinahealth.org	Mon. - Fri. 7:30 a.m. - 5:00 p.m Mon. 7:30 a.m. - 6:00 p.m. Tues.- Fri. 7:30 a.m. - 5:00 p.m	The Partners Care Program assists patients who do not qualify for Medical Assistance or Minnesota Care and whose annual incomes are at or below 275 percent of the federal poverty level. If patients meet the guidelines, their total balance will be zero. Uninsured discount also available.	Interpreter services available upon request.	Comprehensive eye exams, including newborn and infant screenings, diabetic eye exams, treatment of eye infections and eye injuries, foreign object removal, contact lens fitting and follow up, evaluation and treatment of cataracts, glaucoma and macular degeneration, laser eye surgery exams (before and after surgery), visual fields checks.
Minnesota Lions Children's Eye Clinic Park Plaza Building, 701 25th Ave. S., Minneapolis, MN 55454	612-365-6777			Part of the Fairview/UMP system of care.
NorthPoint Clinic 1313 Penn Avenue North Minneapolis, MN 55411 612-543-2500	Mon. - Fri.: 8:00 a.m. - 5:00 p.m. Tues., Wed. and Thu.: 8:00 a.m-7:00 p.m.	No one is denied services due to inability to pay a sliding fee scale is available based upon ability to pay and family size.	Interpreter services available upon request.	Eye exams (excluding contact lens exams), eyeglass prescriptions, and treatment for health concerns such as glaucoma, conjunctivitis and pink eye.

Vision Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Hennepin County (continued)				
Southside Community Health Services 4243 4th Avenue South Minneapolis, MN 55409 612-827-7181	Mon. & Wed. 8:00 a.m. - 5:00 p.m.	All forms of insurance are accepted. A sliding scale fee discount for uninsured based on Federal Guidelines.	English and Spanish. Staff also speaks Hmong, Lao, Japanese, Korean, French, and Farsi. All languages are available through an interpreting agency.	Eye exams, depth perception, color perception, muscle balance, eye coordination, diagnosis and treatment of eye disease, diabetic eye exams, treatment of urgent eye problems, such as pink eye and allergies, frames, lenses, contacts, and accessories.
Kandiyohi County				
Allina Clinic 1324 Fifth Street North New Ulm, MN 56073 507-217-5011 www.allinahealth.org	Mon. - Fri.: 8:00 a.m. - 5:00 p.m.	The Partners Care Program assists patients who do not qualify for Medical Assistance or Minnesota Care and whose annual incomes are at or below 275 percent of the federal poverty level. If patients meet the guidelines, their total balance will be zero. Uninsured discount also available.	Interpreter services available upon request	Comprehensive eye exams, including newborn and infant screenings, diabetic eye exams, treatment of eye infections and eye injuries, foreign object removal, contact lens fitting and follow up, evaluation and treatment of cataracts, glaucoma and macular degeneration, laser eye surgery exams (before and after surgery), visual fields checks
Otter Tail County				
Essentia Health 1027 Washington Avenue Detroit Lakes, MN 56501 218-847-5611 www.essentiahealth.org	Mon. - Fri. 8:00 a.m. - 5:00 p.m.	Financial assistance program available for those who are having trouble paying medical bills. Uninsured discount also availailable.	Interpreter services available upon request	Comprehensive eye exams and prescribe glasses and contact lenses. Medical treatment options for people with a wide range of conditions, including retina and cornea diseases, glaucoma, low vision, age-related macular degeneration, cataracts, and diabetic retinopathy.

Vision Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Ramsey County				
MN State Services for the Blind Department of Employment and Economic Development 2200 University Ave. W, Suite 240 St. Paul MN 55114	Meredith Olson, MSW Direct: 651-539-2343			Work with blind and vision impaired persons (over 14 years old) for employment or seniors or persons with disabilities. Provide some equipment, in-home and community based assessment and training.
Open Cities Health Center 409 North Dunlap Street Saint Paul, MN 55104 651-290-9200 www.ochealthcenter.com	Mon. - Fri.: 8:00 a.m. - 5:00 p.m.	Most insurance programs are accepted. Sliding fee discount payment schedules are established by income and family size. Payments for medical is as low as $20 per visit. Payment plans available, no one turned away based on inability to pay.	Interpreter services available upon request.	Comprehensive eye exams screen for many vision conditions: blurry vision, pain, allergies, itching, floaters, dryness, gritty/sandy feeling, flashes of light, eye strain, watering, difficulty seeing at night, or glare/halos.
Rice County				
Allina Clinic 100 State Avenue Faribault, MN 55021 507-334-3921 www.allinahealth.org 701 S. Dellwood St. Cambridge, MN 55008 763-689-7700 www.allinahealth.org	Mon - Thurs 7:30am - 8pm Fri 7:30am - 5pm Sat 9:00am - 12:00pm Mon., Wed., Thurs. 7:30 a.m. - 5:30 p.m. Tues. 8:00 a.m. - 7:00 p.m. Fri. 8:00 a.m. - 5:30 p.m. Sat. 8:00 a.m. - noon	The Partners Care Program assists patients who do not qualify for Medical Assistance or Minnesota Care and whose annual incomes are at or below 275 percent of the federal poverty level. If patients meet the guidelines, their total balance will be zero. Uninsured discount also available.	Interpreter services available upon request	Comprehensive eye exams, including newborn and infant screenings, diabetic eye exams, treatment of eye infections and eye injuries, foreign object removal, contact lens fitting and follow up, evaluation and treatment of cataracts, glaucoma and macular degeneration, laser eye surgery exams (before and after surgery), visual fields checks

Vision Health Services	Hours	Eligibility and Payment Information	Interpreter Services	Services Offered
Rice County (continued)				
Mankato Clinic- Eye Care Center 1421 Premier Drive Mankato, MN 56001 507-385-4070 fax 507-625-8344 www.mankatoclinic.com	Mon. - Fri.: 8:00 a.m - 5:00 p.m.	Patients who are having financial difficulties may qualify for a reduction in monthly payment plans on their account.	Interpreter services available upon request	Full spectrum of care including routine eye exams, diagnosis and medical treatment of eye disorders and diseases, prescriptions for eyeglasses, surgery, and management of eye problems that are caused by systemic illnesses.
Washington County				
Associated Eye Care 2950 Curve Crest Blvd W. Stillwater, MN 55082 651-275-3000 www.associatedeyecare.com 14688 Everton Ave. N. Suite 106 Hugo, MN 55038 651-275-3000 www.associatedeyecare.com	Mon. 7:30 a.m. - 7:00 p.m. Tues. 7:30 a.m. - 5:00 p.m. Wed. 7:30 a.m. - 5:00p.m. Thurs. 7:30 a.m. - 7:00 p.m. Fri. 7:30 a.m. - 5:00 p.m. Sat. 8:00 a.m. - 12:00 p.m. Mon., Tues., Thurs., and Fri. 7:30 a.m. - 5:00 p.m. Wed. 7:30 a.m. - 7:00 p.m.	25 percent discount on eye exams for uninsured patients.	Interpreter services available upon request.	Eye exams, glaucoma and diabetes related problems, dry eye, surgery, LASIK, cataract surgery, macular degeneration, contact lenses and glasses, and other issues.

Refugee and International Health Program
P.O. Box 64975
St. Paul, MN 55164-0975
651-201-5414 or 1-877-676-5414
www.health.state.mn.us/refugee

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