



RAU COV NEEG ZOV

Yuav Tau Saib Xyuas Tshwj Xeeb

Cov neeg ua lag luam muag neeg yuav tsis phim rau ib hom nkaus xwb

- Cov neeg ua lag luam muag neeg feem ntau yeej yog cov neeg uas tus menyuam yaus paub.
- Cov neeg ua lag luam muag neeg feem ntau npaj rau cov menyuam yaus thiab cov hluas uas tiv thaiv tsis tau rau nws tus kheej los ntawm kev cog lus tias yuav muab khoom ub no rau xws li khoom noj, nyiaj, ris tsho, los sis chaw nyob.
- Cov neeg ua lag luam muag neeg yuav nrhiav los sis cog phooj ywg rau cov neeg rau ntawm tej chaw uas muaj neeg sawd daws mus xws li cov tsev cia ntawv, cov khw, cov chaw ua si, los sis cov tsev kawm ntawv.
- Cov neeg ua lag luam muag neeg feem ntau yuav siv kev sib txuas lus nrog sawd daws rau hauv online raws social media los sis rau hauv xov tooj.
- Cov neeg ua lag luam muag neeg nyiam ua rau pom tias muaj txhua yam, ua raws li lawv paub txhua yam. Lawv yog tus neeg sib paub tau yooj yim thiab sai.

Kev tham rau ib tug menyuam yaus txog kev ua lag luam muag neeg thiab kev quab yuam

- Tej zaum tus menyuam yaus no yuav tsis paub txog lawv tus kheej qhov teeb meem yog kev quab yuam los sis kev muag neeg. Txawm tias lawv yuav hais qee yam txog yam tshwm sim los tej zaum lawv kuj tsis paub lawv tus kheej tias yog ib tug neeg raug tsim txom.
- Txhob coj rau tus menyuam yaus zoo li tus neeg puas hlwb thiaj zam txhob ua rau nws txaj muag yog lawv qhia txog tej teeb meem raug quab yuam los sis raug muag (los sis lwm yam kev raug mob).
- Kev ntsias yeeb yam ntawm lub cev yog tseem ceeb. Mob siab saib yeeb yam ntawm koj tus kheej, thiab ntawm tus menyuam ntawd kom koj tsis txhob ua rau lawv tsis hais lus.
- Yog tus menyuam pib thim los sis tsis hais lus rau thaum lub sijhawm sib tham, tsis txhob ua kom muaj teeb meem thiab hais rau lawv tias thaum lawv npaj txhij xav tham nrog koj lawm, lawv mam qhia rau koj paub.
- Nug tus menyuam seb lawv puas xav tham nrog ib tug kws pab tswv yim txog kev yuam deev, kws kuaj mob, los sis ib tug neeg uas lawv pom tias yog tus pab txhawb tau zoo.
- Yog tus menyuam ntshai, koj yuav tsum tawm mus kiag tam sim yam tsis thov kev tso cai, tab sis ua kom muaj kev sib ntseeg siab los ntawm cia lawv los koom nrog qhov txheej txheem no.

Kev saib xyuas cov menyuam yaus raug quab yuam los sis raug muag

- Txhua tus menyuam yaus nyias muaj nyias qhov xav tau thiab qhov zoo.
- Tham nrog tus menyuam yaus txog cov kev pab cuam uas lawv xav tias yuav muaj txiaj ntsig zoo thiab pab txhawb tau.
- Nco qab ntsoov tias kev daws kom tawm tau qhov kev ua lag luam muag neeg thiab kev quab yuam yeej yog ib qho nyuaj rau cov menyuam yaus thiab yuav tau ua ntau lwm.
- Tiv thaiv ntiag tug ntawm tus menyuam yaus. Lawv zaj dab neeg yeej yog lawv li. Yuav ua txhua kom tus uas tau koom nrog muaj kev nyab xeeb, qhov tseem ceeb tshaj plaws ces tiv thaiv cov ntaub ntawv ntawm tus menyuam yaus no kom tsis pub lwm tus neeg paub.

Cov Khauj Ruam Tom Ntej

- **Yog muaj kis txaus ntshai theem nrab:** hu 911
- **Sau ib daim ntawv hais qhia mus rau feem tiv thaiv tus menyuam yaus los sis mus rau feem yuam siv txoj cai.** Txoj cai hauv Minnesota yuav tsum kom cov kws hais qhia (xws li cov niam qhuav txiv qhuav) sau ib daim ntawv hais qhia yog lawv paub los sis ntseeg tias ib tug menyuam los sis tus hluas raug tsim txom los sis raug tsis quav ntsej, los sis tseem nyob rau hauv lub sijhawm peb lub xyoos tag los. Kev ua lag luam muag kev sib deev rau ib tug menyuam yaus, los ntawm tus neeg ua txhaum cai, yuav tsum tau hais qhia mus rau feem tiv thaiv tus menyuam yaus. Cov niam txiv los sis cov neeg zov uas tsis yog cov kws hais qhia tseem tuaj yeem hais qhia mus rau lub chaw saib xyuas menyuam hauv lub zos kom muab kev pab rau koj tus menyuam no.
- **Tham nrog koj Safe Harbor Regional Navigator.** Yog koj poob siab tias koj tus menyuam nyob rau kis muaj pheej hmoo yuav raug muag los sis raug quab yuam, koj tuaj yeem hu rau koj Safe Harbor Regional Navigator Hauv Ib Cheeb Tsam kom pab txhawb thiab txuas mus rau lwm cov chaw pab cuam. Cov kev pab cuam ntawm Safe Harbor nthuav qhia cov ntaub ntawv siv sib txuas lus thiab lub chaw yuav muab kev pab cuam rau Safe Harbor Regional Navigators Hauv Ib Cheeb Tsam uas nyob thooj plaws hauv lub xeev.
- **Tsim ib qhov kev npaj tiv thaiv tus menyuam kom nyab xeeb.** Muab qhov kev npaj nyab xeeb no tham nrog tus menyuam. Tuaj yeem hais kom ib tug neeg pab los ntawm Regional Navigator, ib tug neeg pab cuam ntawm Safe Harbor los sis lwm cov kws ua haujlwm uas ua haujlwm nrog menyuam yaus los pab ua qhov no. Sib tham txog ntau yam pom ntawm qhov muag nrog tus menyuam thiaj yuav pab xav tawm cov tswv yim zoo rau qhov kev npaj nyab xeeb thiab cov khauj ruam nqis tes ua kom raug raws li qhov muaj tseeb tiag. Ntxiv rau qhov no, tham nrog tus menyuam seb cov neeg laus thiab cov khub uas ntseeg siab tau yog leej twg thiaj li tham nrog lawv tau. Paub tias kev npaj kev nyab xeeb yuav yog ib qho nyuaj.

Cov Ntaub Ntawv

- [Minnesota Department of Human Services Safe Harbor \(https://mn.gov/dhs/partners-and-providers/program-overviews/child-protection-foster-care-adoption/safe-harbor/\)](https://mn.gov/dhs/partners-and-providers/program-overviews/child-protection-foster-care-adoption/safe-harbor/)
- [Center for Parent and Teen Communication \(Lub Chaw Sib Txuas Lus ntawm Niam Txiv thiab Cov Neeg Hluas\) \(https://parentandteen.com/\)](https://parentandteen.com/)
- [Phau Ntawv Qhia Ntawm Niam Txiv rau Tib Neeg \(Polly Klass Foundation\) \(http://www.pollyklaas.org/safe/a-parents-guide-to-human-trafficking.pdf\)](http://www.pollyklaas.org/safe/a-parents-guide-to-human-trafficking.pdf)
- [National Center for Missing and Exploited Children NetSmartz \(https://www.missingkids.org/netsmartz/\)](https://www.missingkids.org/netsmartz/)
- [Muab Kev Vam Khom Sib Qhia: Koj Cov Menyuam thiab Khoom Siv Tev Naus Laus Zis, Niam Txiv Cov Lus Qhia Txog Kev Nyab Xeeb \(https://sharedhope.org/wp-content/uploads/2018/11/Designed-Internet-Safety-e-book.pdf\)](https://sharedhope.org/wp-content/uploads/2018/11/Designed-Internet-Safety-e-book.pdf)
- [Love 146: Cov Lus Qhia Txog Kev Nyab Xeeb Rau Hauv Internet \(https://love146.org/action/online-safety/internet-safety-guide/\)](https://love146.org/action/online-safety/internet-safety-guide/)
- Muaj kev nthuav qhia txog webinar pub dawb los ntawm Minnesota Department of Human Services and MNAdopt: [Kev Ua Lag Luam Muag Neeg thiab Kev Quab Yuam Deev: Lub Hauv Paus rau Cov Tsev Neeg Coj Menyuam Los Tu thiab Saib Xyuas \(https://www.mnadopt.org/product/1187-webinar-human-trafficking-and-sexual-exploitation-basics-for-foster-and-adoptive-families/\)](https://www.mnadopt.org/product/1187-webinar-human-trafficking-and-sexual-exploitation-basics-for-foster-and-adoptive-families/).
- Muaj cov ntaub ntawv hais txog kev pab txoj cai rau hauv online thiab tuaj yeem tshawb nrhiav kev pab dawb txog txoj cai rau hauv tus neeg raug tsim txom thaj chaw nyob: [LawHelpMN.org Providers and Clinics \(https://www.lawhelpmn.org/providers-and-clinics\)](https://www.lawhelpmn.org/providers-and-clinics)
- [Tus Xov Tooj Npaj Txog Kev Nyab Xeeb Rau Kev Ua Lag Luam Muag Neeg Hauv Lub Teb Chaws \(www.humantraffickinghotline.org/faqs/safety-planning-information\)](http://www.humantraffickinghotline.org/faqs/safety-planning-information)

