

# A HEALTHIER STATE OF MINNESOTA

BETTER HEALTH TOGETHER.



## SHIP IS CREATING HEALTH IN YOUR COMMUNITIES

Statewide Health Improvement Partnership (SHIP) investments support community-driven solutions to expand opportunities for active living, healthy eating and commercial tobacco-free living, helping all people in Minnesota prevent chronic diseases including cancer, heart disease, stroke and type 2 diabetes. Ninety percent of the nation's health care costs are for people with chronic conditions, and the majority of those costs are preventable.

### Senator

Jim Carlson

### Representative

Sandra Masin, 51A

### Representative

Laurie Halverson, 51B

## SHIP supports health across the lifespan

With a solid infrastructure and strong relationships in place, SHIP communities are well positioned to address emerging public health issues and continue creating better health across a lifespan.



For more information about SHIP, contact your local coordinator:

### Dakota

Marguerite Zauner, [Marguerite.Zauner@co.dakota.mn.us](mailto:Marguerite.Zauner@co.dakota.mn.us)

### Protecting residents from the dangers of secondhand smoke

This past year, 66 more apartment buildings in Dakota County adopted smoke-free policies, protecting approximately 8,400 people from the dangers of secondhand smoke.

When the U.S. Department of Housing and Urban Development finalized a rule in February 2017 requiring public housing to go smoke free, Dakota County Public Health Department and Live Smoke Free (LSF) staff began working with the Dakota County Community Development Agency (CDA) and the South St. Paul Housing and Redevelopment Authority (HRA) to help their staff and residents comply with the rule.

Early in the planning stages, the CDA made the decision to extend the benefits of smoke-free housing beyond public housing residents to all of their estimated 5,500 residents at all facilities such as senior living facilities, family townhomes and supportive housing. CDA Executive Director, Tony Schirtler, said that in addition to the health benefits of going smoke free, "It's just cost-effective for the taxpayers, a cost-reduction effort."

To assist with the transition to smoke free, Public Health and LSF staff began meeting with agency staff and residents early in 2017 to provide information and quit smoking resources. Staff conducted resident forums, surveys and training, and also partnered with HealthPartners to support residents who were interested in quitting smoking.

Stakeholders came together to celebrate the implementation of the new rule with residents. Community partners that supported the effort included Health Partners, ProRx Pharmacy, University of Minnesota Extension, Discover Together South St. Paul and the Dakota County Sheriff's Office.

Public Health and LSF continue to provide ongoing support, including follow-up resident surveys and compliance and enforcement support to CDA and HRA staff and residents as they transition to a healthier, cleaner, and safer living environment.

# SHIP: LOCAL LEADERSHIP, LOCAL PARTNERS, LOCAL EXPERTISE

These community partners are leading SHIP activities in your communities.

## Child Care

Eagan Montessori Academy North  
Eagan Montessori Academy South  
Head Start - Eagan

## Community

Cedervale Highlands  
Crane Creek Townhome Association  
CV2  
Dakota County CDA - Erin Place  
Dakota County CDA - Lakeshore  
Dakota County CDA - Lakeside  
Pointe  
Dakota County CDA - Lincoln Place  
Dakota County CDA - Northwood  
Dakota County CDA - Oak Ridge  
Dakota County CDA - Oakwoods of  
Eagan  
Dakota County CDA - OLeary Manor  
Dakota County CDA - Parkside  
Dakota County CDA - Riverview  
Ridge  
Royal Oaks Apartments  
Town Centre Apartments  
Willow Pond

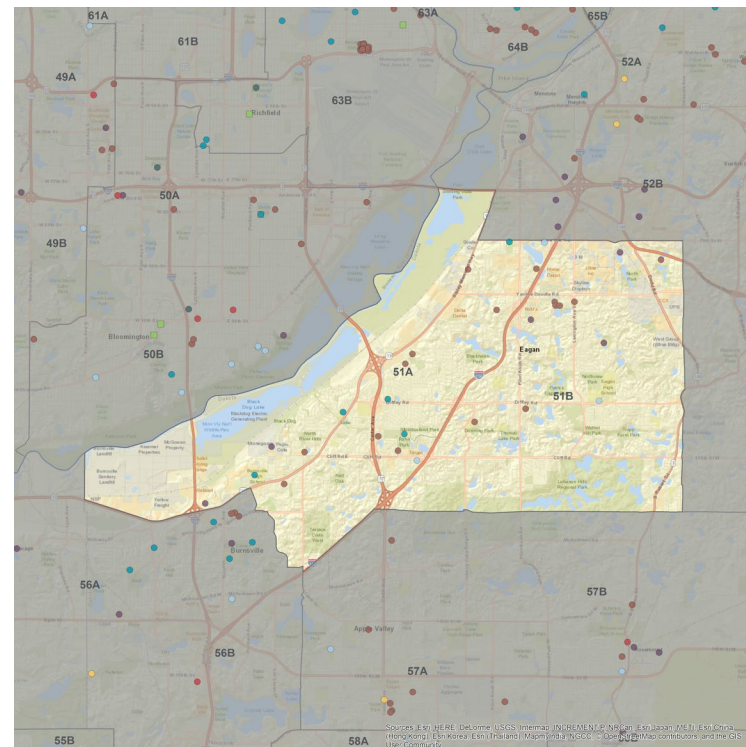
## Schools

Burnsville Alternative High  
Burnsville High  
Pilot Knob STEM Magnet School  
Rahn Elementary  
Sioux Trail Elementary

## Workplace

Apothecary Products  
Better Business Bureau  
John Henry Foster  
Woodland Elementary  
Yankee Eye Clinic

## MINNESOTA LEGISLATIVE DISTRICTS 51A & 51B



## SHIP strategies

- Active Living
- Healthy Eating
- Tobacco-Free Living
- Schools
- Child Care
- Health Care
- Workplace Wellness
- Multiple Strategies
- Tribal SHIP and Tobacco Grants

To learn more about SHIP, visit [www.health.mn.gov/ship](http://www.health.mn.gov/ship).