

A HEALTHIER STATE OF MINNESOTA

BETTER HEALTH TOGETHER.



SHIP IS CREATING HEALTH IN YOUR COMMUNITIES

Statewide Health Improvement Partnership (SHIP) investments support community-driven solutions to expand opportunities for active living, healthy eating and commercial tobacco-free living, helping all people in Minnesota prevent chronic diseases including cancer, heart disease, stroke and type 2 diabetes. Ninety percent of the nation's health care costs are for people with chronic conditions, and the majority of those costs are preventable.

Senator

Greg D. Clausen

Representative

Robert Bierman, 57A

Representative

John Huot, 57B

SHIP supports health across the lifespan

With a solid infrastructure and strong relationships in place, SHIP communities are well positioned to address emerging public health issues and continue creating better health across a lifespan.



For more information about SHIP, contact your local coordinator:

Dakota

Marguerite Zauner, Marguerite.Zauner@co.dakota.mn.us

Dakota County efforts are part of state's active living initiatives

Community-wide active living work in Minnesota, through the Statewide Health Improvement Partnership (SHIP), was recently highlighted by the Centers for Disease Control and Prevention stories from Public Health Innovators.

Eleven Dakota County cities are part of the 215 communities across Minnesota that are working with SHIP grantees. These efforts have reached more than 2 million Minnesotans so far, with 380,000 living in Dakota County.

The county's active living work engages city and county staff from planning, parks and recreation, and public health. Creating more opportunities for active transportation (like walking, bicycling, and rolling) can help people meet the daily recommendation for physical activity, lower risk of heart disease and diabetes, and reduce road congestion. Over the past year, Dakota County SHIP work has:

- Worked with cities to include active living language in their 2040 Comprehensive Plans.
- Supported community engagement around the Dakota County Bicycle and Pedestrian Study. The county conducted outreach specific to people 60 or older, children, people with low incomes, or others likely to be experiencing health disparities; over 800 residents participated in the study.
- Supported design and feasibility studies for trails in South St. Paul, Mendota Heights, Eagan, Inver Grove Heights and Burnsville.
- Collaborated with city and school staff in South St. Paul, Lakeville and Farmington to complete comprehensive Safe Routes to School plans that will be used to create safer biking and walking for students.
- Supported County Active Living partners in leveraging \$6.1 million to build infrastructure.

Dakota County continues to partner with its communities to support efforts to encourage active living and create safer streets and healthier transportation systems.

SHIP: LOCAL LEADERSHIP, LOCAL PARTNERS, LOCAL EXPERTISE

These community partners are leading SHIP activities in your communities.

Child Care

Crystals Cuddle Bugs Childcare Center
Head Start - Apple Valley
Head Start - Rosemount

Community

Applewoods
Dakota County - Red Line
Dakota County CDA - Cameo Place
Dakota County CDA - Carbury Hills
Dakota County CDA - Chasewood
Dakota County CDA - Cortland Square
Dakota County CDA - Glenbrook
Dakota County CDA - Orchard Square
Dakota County CDA - Quarry View
Galante at Parkside

Health Care

Rosemount Steeple Center

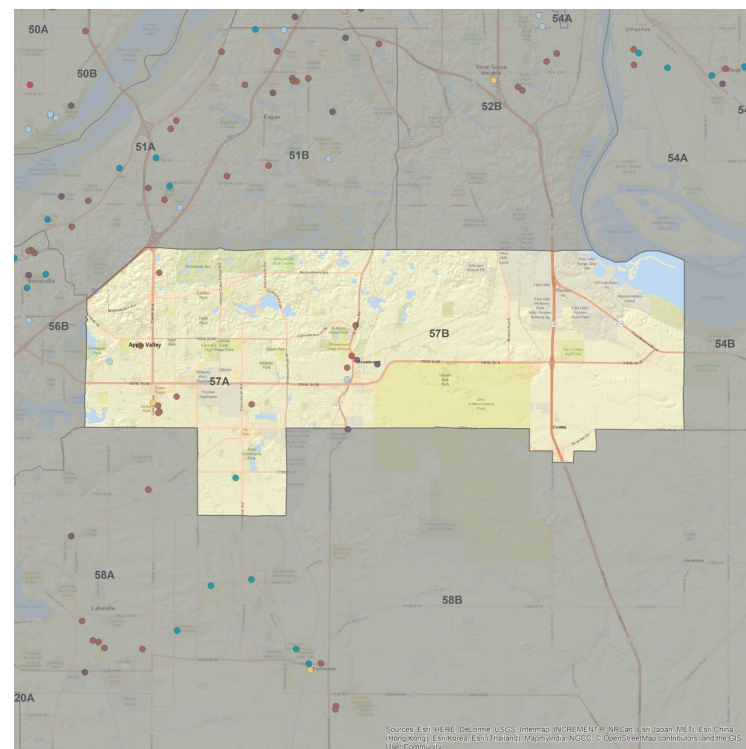
Schools

North Trail Elementary

Workplace

City of Rosemount
Scott, Carver, Dakota CAP - Agency

MINNESOTA LEGISLATIVE DISTRICTS 57A & 57B



SHIP strategies

- | | | |
|-----------------------|---------------|----------------------------------|
| ● Active Living | ● Schools | ● Workplace Wellness |
| ● Healthy Eating | ● Child Care | ■ Multiple Strategies |
| ● Tobacco-Free Living | ● Health Care | ■ Tribal SHIP and Tobacco Grants |

To learn more about SHIP, visit www.health.mn.gov/ship.