# A HEALTHIER STATE **OF MINNESOTA**



# **BETTER HEALTH TOGETHER.**

# SHIP IS CREATING HEALTH IN YOUR COMMUNITIES

Statewide Health Improvement Partnership (SHIP) investments support community-driven solutions to expand opportunities for active living, healthy eating and commercial tobacco-free living, helping all people in Minnesota prevent chronic diseases including cancer, heart disease, stroke and type 2 diabetes. Ninety percent of the nation's health care costs are for people with chronic conditions, and the majority of those costs are preventable.

Senator

Dan D. Hall

Representative

Representative

Alice Mann, 56B

Hunter Cantrell, 56A

# SHIP supports health across the lifespan

With a solid infrastructure and strong relationships in place, SHIP communities are well positioned to address emerging public health issues and continue creating better health across a lifespan.



For more information about SHIP, contact your local coordinator:

### Dakota

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# ARTMENT OF HEALTH www.health.mn.gov/ship



### Protecting residents from the dangers of secondhand smoke

This past year, 66 more apartment buildings in Dakota County adopted smoke-free policies, protecting approximately 8,400 people from the dangers of secondhand smoke.

When the U.S. Department of Housing and Urban Development finalized a rule in February 2017 requiring public housing to go smoke free, Dakota County Public Health Department and Live Smoke Free (LSF) staff began working with the Dakota County Community Development Agency (CDA) and the South St. Paul Housing and Redevelopment Authority (HRA) to help their staff and residents comply with the rule.

Early in the planning stages, the CDA made the decision to extend the benefits of smoke-free housing beyond public housing residents to all of their estimated 5,500 residents at all facilities such as senior living facilities, family townhomes and supportive housing. CDA Executive Director, Tony Schirtler, said that in addition to the health benefits of going smoke free, "It's just cost-effective for the taxpayers, a costreduction effort."

To assist with the transition to smoke free, Public Health and LSF staff began meeting with agency staff and residents early in 2017 to provide information and guit smoking resources. Staff conducted resident forums, surveys and training, and also partnered with HealthPartners to support residents who were interested in quitting smoking.

Stakeholders came together to celebrate the implementation of the new rule with residents. Community partners that supported the effort included Health Partners, ProRx Pharmacy, University of Minnesota Extension, Discover Together South St. Paul and the Dakota County Sheriff's Office.

Public Health and LSF continue to provide ongoing support, including follow-up resident surveys and compliance and enforcement support to CDA and HRA staff and residents as they transition to a healthier, cleaner, and safer living environment.

# SHIP: LOCAL LEADERSHIP, LOCAL PARTNERS, LOCAL EXPERTISE

# These community partners are leading SHIP activities in your communities.

# **Child Care**

Child Development and Learning Center

# Community

Dakota County - Greenway Lake Marion Dakota County CDA - Eagle Ridge Dakota County CDA - Heart of the City Dakota County CDA - Park Ridge Place Gramercy Club at Burnhaven

## **Health Care**

Gramercy Club at Burnhaven

### Schools

Burnsville Youth Collaborative Edward Neill Elementary Gideon Pond Elementary Sky Oaks Elementary Vista View Elementary

# Workplace

Asset Marketing City of Burnsville City of Savage

# MINNESOTA LEGISLATIVE DISTRICTS 56A & 56B



# **SHIP** strategies



To learn more about SHIP, visit www.health.mn.gov/ship.