

A HEALTHIER STATE OF MINNESOTA

BETTER HEALTH TOGETHER.



SHIP IS CREATING HEALTH IN YOUR COMMUNITIES

Statewide Health Improvement Partnership (SHIP) investments support community-driven solutions to expand opportunities for active living, healthy eating and commercial tobacco-free living, helping all people in Minnesota prevent chronic diseases including cancer, heart disease, stroke and type 2 diabetes. Ninety percent of the nation's health care costs are for people with chronic conditions, and the majority of those costs are preventable.

Senator

Matt D. Klein

Representative

Rick Hansen, 52A

Representative

Ruth Richardson, 52B

SHIP supports health across the lifespan

With a solid infrastructure and strong relationships in place, SHIP communities are well positioned to address emerging public health issues and continue creating better health across a lifespan.



For more information about SHIP, contact your local coordinator:

Dakota

Marguerite Zauner, Marguerite.Zauner@co.dakota.mn.us

Hennepin

Cathy Stahl, catherine.stahl@hennepin.us

Dakota County efforts are part of state's active living initiatives

Community-wide active living work in Minnesota, through the Statewide Health Improvement Partnership (SHIP), was recently highlighted by the Centers for Disease Control and Prevention stories from Public Health Innovators.

Eleven Dakota County cities are part of the 215 communities across Minnesota that are working with SHIP grantees. These efforts have reached more than 2 million Minnesotans so far, with 380,000 living in Dakota County.

The county's active living work engages city and county staff from planning, parks and recreation, and public health. Creating more opportunities for active transportation (like walking, bicycling, and rolling) can help people meet the daily recommendation for physical activity, lower risk of heart disease and diabetes, and reduce road congestion. Over the past year, Dakota County SHIP work has:

- Worked with cities to include active living language in their 2040 Comprehensive Plans.
- Supported community engagement around the Dakota County Bicycle and Pedestrian Study. The county conducted outreach specific to people 60 or older, children, people with low incomes, or others likely to be experiencing health disparities; over 800 residents participated in the study.
- Supported design and feasibility studies for trails in South St. Paul, Mendota Heights, Eagan, Inver Grove Heights and Burnsville.
- Collaborated with city and school staff in South St. Paul, Lakeville and Farmington to complete comprehensive Safe Routes to School plans that will be used to create safer biking and walking for students.
- Supported County Active Living partners in leveraging \$6.1 million to build infrastructure.

Dakota County continues to partner with its communities to support efforts to encourage active living and create safer streets and healthier transportation systems.

SHIP: LOCAL LEADERSHIP, LOCAL PARTNERS, LOCAL EXPERTISE

These community partners are leading SHIP activities in your communities.

Child Care

Amazing Beginnings Montessori
Augustana Preschool
Head Start - Inver Grove Heights
Mi Familia Childcare

Community

Big Rivers Regional Trail- Soo Line Extension
Eagan
Cedarwood Apartments
Charlton West
City of Inver Grove Heights
Cloman Way Apartments
Colleen Loney Manor
Dakota County - Greenway Mendota to
Lebanon
Dakota County River to River Greenway
Dakota County CDA - Cahill Commons
Dakota County CDA - Carmen Court
Dakota County CDA - Dakota Heights
Dakota County CDA - Haskell Court
Dakota County CDA - Hillside Gables
Dakota County CDA - Inver Hills
Dakota County CDA - Lafayette Townhomes
Dakota County CDA - Parkview Plaza
Dakota County CDA - River Heights Terrace
Dakota County CDA - Spruce Pointe
Dakota County CDA - The Dakotah
Dakota County CDA - Village Commons
Inver Grove Super USA
Neighbors, Inc.
Quick Stop
Somerset Green
The Commons at Inver Hills
The Reserve at Mendota Village
Valley View Apartments 6th Ave

Health Care

John Carrol/South St Paul HRA
Thompson Park Activity Center

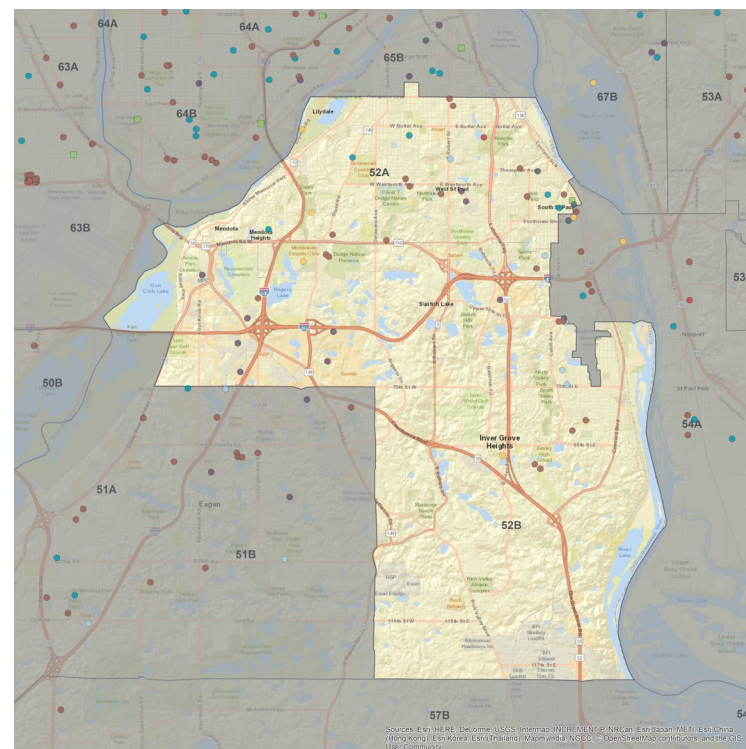
Schools

ISD 197 School Age Care
Lincoln Center Elementary
Mendota Elementary
Moreland Art/Health Science Magnet
Somerset Elementary
South St. Paul Secondary

Workplace

Bay and Bay
Bird and Cronin, Inc.
CHS
DARTS
Living Well Disability Services
Living Well Disability Services Northland
Drive
Restaurant Technologies, Inc.
Sexton Printing Inc.
White House Custom Colour

MINNESOTA LEGISLATIVE DISTRICTS 52A & 52B



SHIP strategies

- Active Living
- Healthy Eating
- Tobacco-Free Living
- Schools
- Child Care
- Health Care
- Workplace Wellness
- Multiple Strategies
- Tribal SHIP and Tobacco Grants

To learn more about SHIP, visit www.health.mn.gov/ship.