

A HEALTHIER STATE OF MINNESOTA

BETTER HEALTH TOGETHER.



SHIP IS CREATING HEALTH IN YOUR COMMUNITIES

Statewide Health Improvement Partnership (SHIP) investments support community-driven solutions to expand opportunities for active living, healthy eating and commercial tobacco-free living, helping all people in Minnesota prevent chronic diseases including cancer, heart disease, stroke and type 2 diabetes. Ninety percent of the nation's health care costs are for people with chronic conditions, and the majority of those costs are preventable.

Senator

Matt D. Klein

Representative

Rick Hansen, 52A

Representative

Ruth Richardson, 52B

SHIP supports health across the lifespan

With a solid infrastructure and strong relationships in place, SHIP communities are well positioned to address emerging public health issues and continue creating better health across a lifespan.



For more information about SHIP, contact your local coordinator:

Dakota

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Hennepin

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Community network supports Latino child care providers in Dakota County

As early childhood is such a critical time for growth and development, providing quality child care to young children is an important public health concern.

Dakota County Public Health Department and the Statewide Health Improvement Partnership (SHIP) worked with community leaders to create a professional development network of Latino child care providers. This network is the outcome of a series of community listening sessions that sought to better understand current child care practices in the Latino community, their strengths and challenges. It is specifically for Family, Friend and Neighbor (FFN) care, providers not associated with formal, licensed care centers.

Quarterly educational and networking meetings have already begun. Partners include community leaders, the host site YMCA in West St. Paul and the University of Minnesota Extension. All materials and training lectures were provided in Spanish; 91 percent of participants said they felt confident in their ability to use content from the training with the children in their care.

SHIP provides technical assistance for the network by arranging space for the trainings, hiring Spanish-speaking trainers, translating materials, promoting and helping facilitate the events, linking resources and groups together, as well as supporting long-range planning. Free child care provided by the YMCA in West St. Paul allows more attendees to participate at Saturday trainings.

This network aims to build a sustainable group of members who can share resources and support each other in skill building, serving a vital role in promoting the health of the county's youngest members.

SHIP: LOCAL LEADERSHIP, LOCAL PARTNERS, LOCAL EXPERTISE

These community partners are leading SHIP activities in your communities.

Child Care

Amazing Beginnings Montessori
Augustana Preschool
Head Start - Inver Grove Heights
Mi Familia Childcare

Community

Big Rivers Regional Trail- Soo Line
Extension Eagan
Cedarwood Apartments
Charlton West
City of Inver Grove Heights
Cloman Way Apartments
Colleen Loney Manor
Dakota County - Greenway Mendota to
Lebanon
Dakota County River to River Greenway
Dakota County CDA - Cahill Commons
Dakota County CDA - Carmen Court
Dakota County CDA - Dakota Heights
Dakota County CDA - Haskell Court
Dakota County CDA - Hillside Gables
Dakota County CDA - Inver Hills
Dakota County CDA - Lafayette Townhomes
Dakota County CDA - Parkview Plaza
Dakota County CDA - River Heights Terrace
Dakota County CDA - Spruce Pointe
Dakota County CDA - The Dakotah
Dakota County CDA - Village Commons
Inver Grove Super USA
Neighbors, Inc.
Quick Stop
Somerset Green
The Commons at Inver Hills
The Reserve at Mendota Village
Valley View Apartments 6th Ave

Health Care

John Carrol/South St Paul HRA
Thompson Park Activity Center

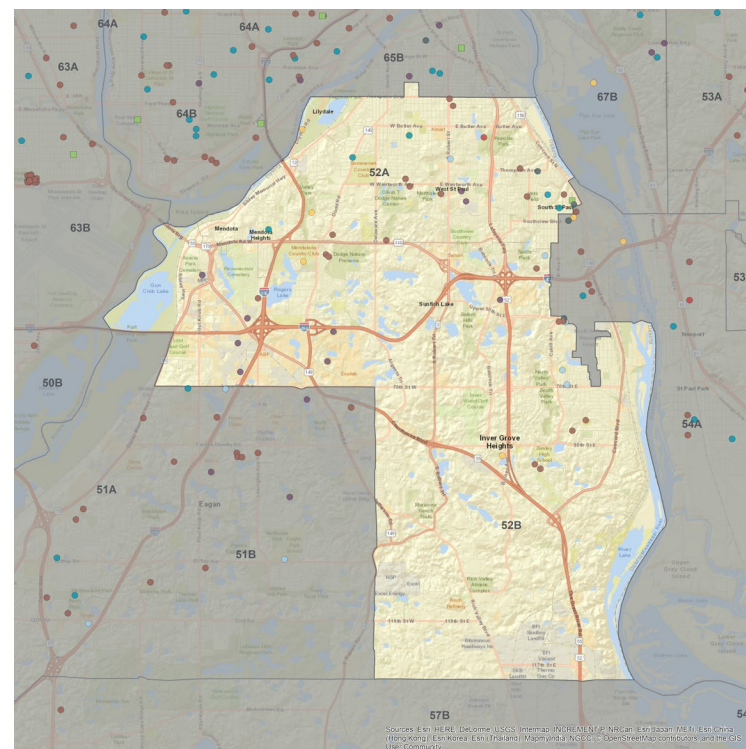
Schools

ISD 197 School Age Care
Lincoln Center Elementary
Mendota Elementary
Moreland Art/Health Science Magnet
Somerset Elementary
South St. Paul Secondary

Workplace

Bay and Bay
Bird and Cronin, Inc.
CHS
DARTS
Living Well Disability Services
Living Well Disability Services
Northland Drive
Restaurant Technologies, Inc.
Sexton Printing Inc.
White House Custom Colour

MINNESOTA LEGISLATIVE DISTRICTS 52A & 52B



SHIP strategies

- Active Living
- Healthy Eating
- Tobacco-Free Living
- Schools
- Child Care
- Health Care
- Workplace Wellness
- Multiple Strategies
- Tribal SHIP and Tobacco Grants

To learn more about SHIP, visit www.health.mn.gov/ship.