# A HEALTHIER STATE OF MINNESOTA

Senator

Chris A. Eaton

Representative

Representative

Michael Nelson, 40A

Samantha Vang, 40B



### BETTER HEALTH TOGETHER.

## SHIP IS CREATING HEALTH IN YOUR COMMUNITIES

Statewide Health Improvement Partnership (SHIP) investments support community-driven solutions to expand opportunities for active living, healthy eating and commercial tobacco-free living, helping all people in Minnesota prevent chronic diseases including cancer, heart disease, stroke and type 2 diabetes. Ninety percent of the nation's health care costs are for people with chronic conditions, and the majority of those costs are preventable.

## SHIP supports health across the lifespan

With a solid infrastructure and strong relationships in place, SHIP communities are well positioned to address emerging public health issues and continue creating better health across a lifespan.



For more information about SHIP, contact your local coordinator:

Hennepin County Cathy Stahl, catherine.stahl@hennepin.us

## DEPARTMENT OF HEALTH www.health.mn.gov/ship



#### Students use their voices in support of healthier communities

The Brooklyn Bridge Alliance for Youth's Brooklyns Youth Council (BYC) is a group of youth in Brooklyn Center and Brooklyn Park who are using their voices in support of healthier communities.

Through a partnership with Hennepin County Public Health (HCPH) and SHIP, the BYC started an ambitious youth tobacco prevention project. The youth became aware that the tobacco industry disproportionately targets lowincome residents and communities of color and wanted to see how tobacco marketing was affecting their communities.

Through a process of learning about tobacco marketing practices and conducting focus groups with youth in their community, the BYC found that it was easy for youth to get tobacco in their cities and that youth often use tobacco to relieve stress. In May 2018, the BYC shared their findings and recommendations with the Brooklyn Center City Council.

HCPH staff worked closely with city leadership, providing them additional education, resources and support requested to study the recommendations presented by the BYC. During a public hearing on Nov. 13, 2018, Brooklyn Center City Council passed these advanced, evidence-based tobacco ordinance changes that went into effect in December 2018:

- restricting the sale of all electronic cigarettes and vaping products to adult tobacco shops
- reducing the number of tobacco retailers from 21 to 15 retail stores
- raising the minimum legal sales age of tobacco products from 18 to 21
- requiring retail training of staff
- increasing the tobacco license application and penalty fees.

The Brooklyn Center City Council also agreed to city staff leading three next steps that will continue to explore youth tobacco use in Brooklyn Center through multi-tiered prevention approaches.

## SHIP: LOCAL LEADERSHIP, LOCAL PARTNERS, LOCAL EXPERTISE

## These community partners are leading SHIP activities in your communities.

#### Community

Autumn Ridge Brooklyn Bridge Alliance for Youth/Brooklyn Youth Council City of Brooklyn Center/Community Center City of Brooklyn Park/Recreation & Parks/Zanewood Teen Center Creekside Gables Crossings at Brookwood Eden Park Apartments Lutheran Church of the Master Mains'l Services Twin Lakes North Apartments Schools Birch Grove Elementary Crest View Elementary Evergreen Park Elementary Fair Oaks Elementary Garden City Elementary Monroe Elementary (Brooklyn Park)

Workplaces

Brooklyn Center Clinic Lang Nelson Zane

Northport Elementary

Park Brook Elementary

### MINNESOTA LEGISLATIVE DISTRICTS 40A & 40B



## SHIP strategies



To learn more about SHIP, visit www.health.mn.gov/ship.