

A HEALTHIER STATE OF MINNESOTA

BETTER HEALTH TOGETHER.



SHIP IS CREATING HEALTH IN YOUR COMMUNITIES

Statewide Health Improvement Partnership (SHIP) investments support community-driven solutions to expand opportunities for active living, healthy eating and commercial tobacco-free living, helping all people in Minnesota prevent chronic diseases including cancer, heart disease, stroke and type 2 diabetes. Ninety percent of the nation's health care costs are for people with chronic conditions, and the majority of those costs are preventable.

Senator

Steve A. Cwodzinski

Representative

Laurie Pryor, 48A

Representative

Carlie Kotyza-Witthuhn, 48B

SHIP supports health across the lifespan

With a solid infrastructure and strong relationships in place, SHIP communities are well positioned to address emerging public health issues and continue creating better health across a lifespan.



For more information about SHIP, contact your local coordinator:

Hennepin

Cathy Stahl, catherine.stahl@hennepin.us

Carver

Diane Davis, ddavis@co.carver.mn.us

Improvements to Eden Prairie food shelf make waves in the community

In Eden Prairie, improvements to the People Reaching Out to People (PROP) food shelf not only were pleasing to the eye by improving how fresh foods were displayed, the changes were also welcomed by pantry visitors.

It began with the idea to expand and improve the PROP pantry, where clients can pick out their own food in an area within the facility. There were funds for construction, but the facility needed help filling the new space with supplies to display and promote healthy food choices such as shelving, baskets and signage.

Hennepin County Public Health Promotion and the Statewide Health Improvement Partnership (SHIP) supported these efforts, which was instrumental in helping create a bright, inviting space for pantry patrons. Among the new amenities included a new name – the Fresh Choice Market – and signs that welcomed visitors in eight different languages.

PROP has a number of regular clients, including an older Russian couple who typically left all communications to the wife while her husband remained silent. That changed when the new signage went up. While the man still said nothing, upon noticing the new sign he alerted his wife, pointed to the sign and smiled in response to the “welcome” – in Russian – visible to visitors.

PROP proved a small change can be a welcome one, making a big impact and going a long way to help people feel included and accepted.

SHIP: LOCAL LEADERSHIP, LOCAL PARTNERS, LOCAL EXPERTISE

These community partners are leading SHIP activities in your communities.

Schools

Hennepin County Epsilon Home School

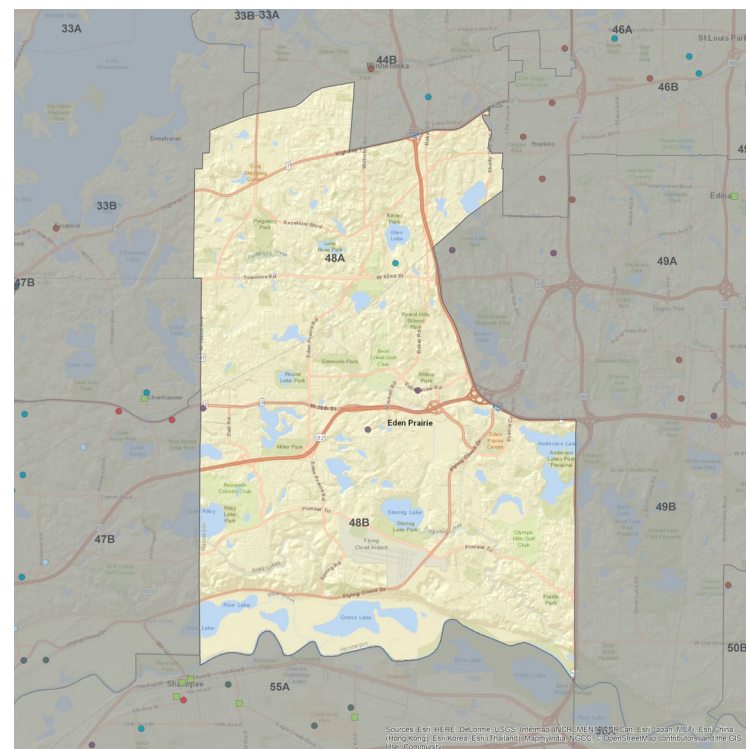
Workplaces

Choice, Inc. Eden Prairie

DriSteem

Mount Olivet Rolling Acres

MINNESOTA LEGISLATIVE DISTRICTS 48A & 48B



SHIP strategies

- Active Living
- Healthy Eating
- Tobacco-Free Living
- Schools
- Child Care
- Health Care
- Workplace Wellness
- Multiple Strategies
- Tribal SHIP and Tobacco Grants

To learn more about SHIP, visit www.health.mn.gov/ship.