

A HEALTHIER STATE OF MINNESOTA

BETTER HEALTH TOGETHER.



SHIP IS CREATING HEALTH IN YOUR COMMUNITIES

Statewide Health Improvement Partnership (SHIP) investments support community-driven solutions to expand opportunities for active living, healthy eating and commercial tobacco-free living, helping all people in Minnesota prevent chronic diseases including cancer, heart disease, stroke and type 2 diabetes. Ninety percent of the nation's health care costs are for people with chronic conditions, and the majority of those costs are preventable.

Senator

Nick A. Frenz

Representative

Jeff Brand, 19A

Representative

Jack Considine Jr., 19B

SHIP supports health across the lifespan

With a solid infrastructure and strong relationships in place, SHIP communities are well positioned to address emerging public health issues and continue creating better health across a lifespan.



For more information about SHIP, contact your local coordinator:

Blue Earth

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Community farm and SHIP serve fresh food to those in need

Access to fresh, locally grown produce often comes with a prohibitive price tag. BE WELL, the local Statewide Health Improvement Partnership (SHIP) team, has been collaborating with the Blue Earth County Community Farm since 2015. The farm leverages community volunteerism, donations and a modest budget to provide locally grown, fresh produce to hunger relief and emergency shelter organizations in the area.

One year ago, the community farm needed additional support. Threatened by impending road construction, it needed a new, suitable location. Compounding this issue, the farm's initial funding pool was dwindling, and the farm underwent two farm manager transitions during which operations suffered and no additional funding support was being pursued. A new manager was needed to salvage the current crop, help transition the location, plan for the next growing season, as well as pursue new funding sources to sustain the farm. The visionaries behind the farm approached BE WELL to help with planning and support during this critical phase.

BE WELL supported these efforts, and now a manager who has a background in farming, project and people management is leading farm, programming and volunteer operations. BE WELL also supported efforts to find a new farm location and provided a mini-grant to support the purchase of materials needed to make this location work.

With a new location secured, this past year the farm engaged 161 volunteers and provided 3,370 pounds of produce, valued at \$8,185, to food shelves in Mankato and Mapleton, a domestic violence shelter, and two housing locations for homeless families and single women. "We are grateful for the amazing variety of fruits and vegetables that we receive literally fresh from the farm," said Jen Theneman, Executive Director for Partners for Affordable Housing.

SHIP: LOCAL LEADERSHIP, LOCAL PARTNERS, LOCAL EXPERTISE

These community partners are leading SHIP activities in your communities.

Community

Bethlehem Community Garden
 Blue Earth County Community Farm
 City of Mankato
 City of North Mankato
 City of St. Peter
 Fairview Apartments
 Heart and Soil Community Garden
 La Mexicana Market
 South Central College
 St. Peter Food Shelf
 Sunrise Assembly of God
 Vista Prairie at Monarch Meadows

Health Care

Mankato Family Med. Residency Program
 MNRAAA
 Nicollet County Public Health
 Open Door

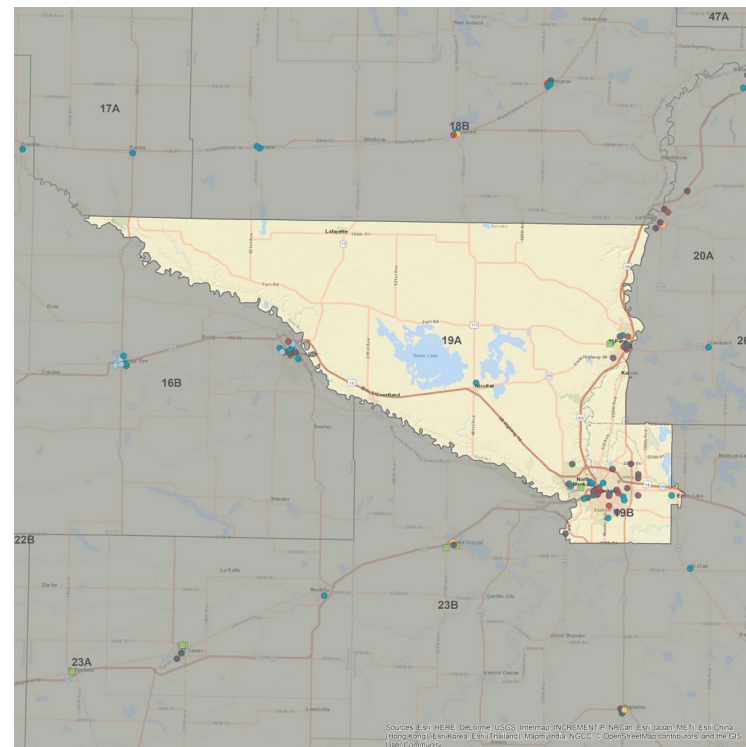
Schools

Immanuel Lutheran School
 John Ireland School
 Mankato Area Public Schools ISD77
 Nicollet Public School
 North Elementary
 St. Peter Evangelical Lutheran School
 St. Peter High School

Workplace

Blue Earth County
 Leo Hoffman Center
 Mankato Clinic
 Mankato Downtown HyVee
 MNRAAA
 MRCI WorkSource
 MTU Onsite Energy
 Nicollet County
 Region Nine Devel. Commission
 SEMOMS
 St. Peter Community Center
 VINE Faith in Action

MINNESOTA LEGISLATIVE DISTRICTS 19A & 19B



SHIP strategies

- Active Living
- Schools
- Workplace Wellness
- Healthy Eating
- Child Care
- Multiple Strategies
- Tobacco-Free Living
- Health Care
- Tribal SHIP and Tobacco Grants

To learn more about SHIP, visit www.health.mn.gov/ship.