

A HEALTHIER STATE OF MINNESOTA

BETTER HEALTH TOGETHER.



SHIP IS CREATING HEALTH IN YOUR COMMUNITIES

Statewide Health Improvement Partnership (SHIP) investments support community-driven solutions to expand opportunities for active living, healthy eating and commercial tobacco-free living, helping all people in Minnesota prevent chronic diseases including cancer, heart disease, stroke and type 2 diabetes. Ninety percent of the nation's health care costs are for people with chronic conditions, and the majority of those costs are preventable.

Senator

Mark Johnson

Representative

Dan Fabian, 1A

Representative

Debra Kiel, 1B

SHIP supports health across the lifespan

With a solid infrastructure and strong relationships in place, SHIP communities are well positioned to address emerging public health issues and continue creating better health across a lifespan.



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Fostering a bike friendly community in Thief River Falls

A Thief River Falls teen was fatally struck by a car while riding a bicycle in November 2016.

Glen Kajewski, a community leader and avid bicyclist, began working with other community members and local agencies to respond constructively to the tragedy. Kajewski, local Statewide Health Improvement Partnership (SHIP) staff and other community members formed the Bike Thief River Falls advocacy group with the mission of making it easier and safer for people to walk and bike in Thief River Falls.

Frances Tougas, mother and SHIP staff member, noted that, "Biking is not the norm in our area. You're looked at as an inconvenience to drivers.... It's very nerve-racking for me to have my children on the road."

With support from SHIP, Bike Thief River Falls is working with partners to create infrastructure and educational initiatives to support safety, health and mobility in the community. Efforts include community bike rides, a map of bike friendly routes in and around town, identifying safe routes to school and educational workshops.

The City of Thief River Falls has steadily been adding a number of trails and bike lanes and as a result, more people are out walking and on their bikes using the trails. The City has been working on infrastructure updates including adding trails and bike lanes, painting lanes, adding sidewalks, and adding and connecting existing trails. The new trails have created safer routes to school, and linked bike lanes and routes with the historic River Walk.

Now more people are using the bike lanes and walking trails. "We're really excited about everything that's happened and everything planned in the future!" Kajewski said.

SHIP: LOCAL LEADERSHIP, LOCAL PARTNERS, LOCAL EXPERTISE

These community partners are leading SHIP activities in your communities.

Child Care

Comm. Church
Child Care Center
Discovery Place Child Care Center
Family Child Care Homes

Community

Anderson Duplex
Argyle Homes Inc
Badger Creek Pub. Housing
Bike TRF
Cedar Place Apartments
City of Argyle One
Vegetable One Community
City of East Grand Forks
City of Grygla
City of Newfolden One
Vegetable One Community
City of Warren
Ck Prop. Cottonwood Apt.
Ck Prop. Kendall Apt.
Ck Prop. Newfolden Apt.
Clearwater Apartments
Cornerstone Food Pantry
Crookston Farmers Market
Elderbush Manor
Fairview Manor
Grygla Family Housing
Grygla-Gatzke Food Shelf
Hallock Farmers Market
Heritage Apartments
Intercounty Community
Council Food Shelf
Landmark Center
Landmark West
Mar Bel Home
Independence Hall
Mar Bel Homes
Middle River Farmers Mkt.
NCTC Foundation Student Apts.
Newfolden Comm. Homes
Newfolden Farmers Market

Northern Lights

Northland Community & Technical College
Northstar Apartments
Oak Crest Senior Housing
Oklee Rentals Main St. Manors
Pacific Avenue Apartments
Parkland Place
Perry Kostrzewski Apts.
Plainview Homes
Polk County Fair
Riverside Terrace
Roseau Community Garden
Roseau Farmers Market
Royal Manor Apartments
Skylite Apartments
Solheim Apartments
Sunburst Acres
Sunset Court Senior Apts
Sunview Apartments
Tamarack Place Apts.
The Meadows
Thief River Falls Food Shelf
Thief River Falls Farmers Market
Valhalla Apartments
Warren Area Food Shelf
Warren Farmers Market
Warroad Farmers Market
Warroad Sr. Living Center
Wheatland Estates
Young Manor

Health Care

Essentia Health Fosston
Kittson Memorial Healthcare Center
Land of the Dancing Sky
Agency On Aging
Lifecare Medical Center
Polk County Public Health
Riverview Healthcare Association
Sanford Medical Center

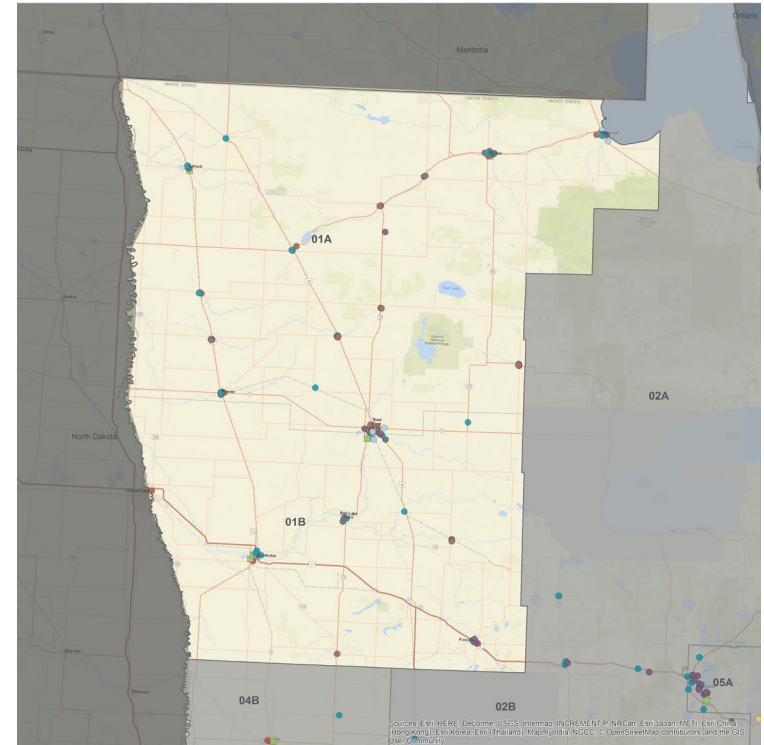
Schools

Badger Elementary
Challenger Elementary
Crookston Secondary
Fosston Secondary
Goodridge Elementary
Highland Elementary
J.A. Hughes Elementary
Kittson County Central
Lancaster
Layfayette High
Magelssen Elementary
Marshall Co. Central High
Newfolden Elementary
Red Lake Co. Central Elem.
Roseau Elementary
Roseau High
St John Lutheran
St. Bernard's Catholic
Stephen Argyle Central Elementary
Stephen Argyle Central Junior & Senior High
Tri-County Public
Tri-County
Viking Elementary
Warren Alvarado Oslo Secondary
Warren Elementary
Warren-Alvarado-Oslo High
Warroad Elementary
Washington Elementary

Workplace

Altru Clinic
Border State Bank – Greenbush
Border State Bank - Roseau
Border State Bank - Thief River Falls
Brady Martz
Central Boiler Inc.
Chamber of Commerce
Citizens State Bank
City of Crookston
City of Fosston
Digi-Key Corporation
Lincoln High School
Marvin Windows & Doors Inc.
Minnesota Department of Transportation
New Journey Church
North Risk Partners
North Valley Health Center
Northern State Bank
Northwest Service Coop
Pennington County Highway Department
Polk County
Roseau Electric Coop.
Sanford Behavior Health Center
Sanford Wellness Center
Sjulson Dental
Slumberland
Thief River Falls Public Schools Food Service #564
Ultima Bank
Unity Bank

MINNESOTA LEGISLATIVE DISTRICTS 1A & 1B



SHIP strategies

- Active Living
- Schools
- Workplace Wellness
- Healthy Eating
- Child Care
- Multiple Strategies
- Tobacco-Free Living
- Health Care
- Tribal SHIP and Tobacco Grants

To learn more about SHIP, visit www.health.mn.gov/ship.