# A HEALTHIER STATE OF MINNESOTA

ship statewide health improvement partnership

### BETTER HEALTH TOGETHER.

# SHIP IS CREATING HEALTH IN YOUR COMMUNITIES

Statewide Health Improvement Partnership (SHIP) investments support community-driven solutions to expand opportunities for active living, healthy eating and commercial tobacco-free living, helping all people in Minnesota prevent chronic diseases including cancer, heart disease, stroke and type 2 diabetes. Ninety percent of the nation's health care costs are for people with chronic conditions, and the majority of those costs are preventable.

# SHIP supports health across the lifespan

With a solid infrastructure and strong relationships in place, SHIP communities are well positioned to address emerging public health issues and continue creating better health across a lifespan.



For more information about SHIP, contact your local coordinator:

Kandiyohi, Renville Leah Schueler, leahs@renvillecountymn.com

**Countryside** Ashlie Johnson, ashlie@countryside.co.swift.mn.us





Senator

Andrew R. Lang

Representative

Tim Miller, 17A

Representative

Dave Baker, 17B

#### Supporting Willmar as a more bikeable community

As the Kandiyohi County hub, the City of Willmar is the place where more than 20,000 people live, work and play, but don't always have access to reliable transportation.

Around Willmar, 25 recently-installed, bright yellow bicycle signs are much more than simple reminders to share the road safely with bicyclists. These signs, along with bike kiosks maps, way-finding signage, share the road stencils and fix-it stations are visible symbols of normalizing biking as transportation in the Willmar area.

In November 2018 the City acquired a hybrid, dock-less bike share system to offer a safe, reliable transportation option for residents and visitors. Resources from Kandiyohi-Renville County Statewide Health Improvement Partnership (SHIP) were used to leverage funding to meet the overall cost of the system. In May 2019, 40 bikes will be available to check out for \$1 an hour. The bikes will be located at 10 hubs throughout the City.

On a broader scale, Kandiyohi County Public Works Director Mel Odens is using the County Bike & Pedestrian plan to implement bicycle network upgrades throughout the County. "For 15 percent of the cost, Kandiyohi County has achieved 100 percent of the public goals for a bike network. We have done that by having a bike/pedestrian plan that only improves the road network where there is a need, instead of improving the entire system by not knowing where the need exists," said Odens.

Kandiyohi-Renville County SHIP continues to provide technical assistance and support to partners, encouraging systemized resource allocation and implementation of strategic priorities through a health equity lens. Knowing that health happens in the community, success in the county equates to increasing safe, viable transportation options for all.

# SHIP: LOCAL LEADERSHIP, LOCAL PARTNERS, LOCAL EXPERTISE

## These community partners are leading SHIP activities in your communities.

#### Child Care

Learning Funhouse

#### Community

**Appleton Farmers Market** Benson Bikes **Benson Farmers Market** City of Bird Island City of Buffalo Lake City of Danvers City of Hector City of Kerkhoven City of Milan City of Murdock City of Olivia City of Raymond City of Willmar Island Market Kandiyohi County Kerkhoven Farmers Market Lameckers General Store Milan Action Team MNyou Youth Garden Montevideo Chamber of Commerce Montevideo Farmers Market New London Food Co-op Prairie Five Community Action Prairie View of Hector **Renville County Food Shelf** Swift County Food Shelf U of M Extension United Acres United Way of West Central MN Willmar Community Ed and Rec

Health Care Bethesda Community Health Service Renville County Renville County Hospital and Clinics Swift County Benson Hospital Swift County Memory Network

#### Schools

GFW Middle School Kennedy Elementary Willmar MACCRAY High School MACCRAY East Elementary MACCRAY West Elementary Maynard Fire Dept. and First Responders Murdock Elementary Murdock Fire Department Northside Elementary

#### Workplace

Chippewa County Chippewa County Employees Chippewa Enterprises Countryside Public Health Duininck Inc. Swift County Upper MN Valley Reg. Dev. Commission

## MINNESOTA LEGISLATIVE DISTRICTS 17A & 17B



## SHIP strategies



To learn more about SHIP, visit www.health.mn.gov/ship.