

A HEALTHIER STATE OF MINNESOTA

BETTER HEALTH TOGETHER.



SHIP IS CREATING HEALTH IN YOUR COMMUNITIES

Statewide Health Improvement Partnership (SHIP) investments support community-driven solutions to expand opportunities for active living, healthy eating and commercial tobacco-free living, helping all people in Minnesota prevent chronic diseases including cancer, heart disease, stroke and type 2 diabetes. Ninety percent of the nation's health care costs are for people with chronic conditions, and the majority of those costs are preventable.

Senator
Kari Dziedzic

Representative
Diane Loeffler, 60A

Representative
Mohamud Noor, 60B

SHIP supports health across the lifespan

With a solid infrastructure and strong relationships in place, SHIP communities are well positioned to address emerging public health issues and continue creating better health across a lifespan.



For more information about SHIP, contact your local coordinator:

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Advocating for a safer crosswalk to promote health

At the Cedar High Apartments public housing high-rise in Minneapolis, most residents are seniors who enjoy walking.

Mohamed Awed, 81, has been living in the Cedar High Apartments for more than 17 years and is the president of his building's resident council and a frequent walker. "Walking is very important for seniors in the neighborhood and they should have an environment that easily helps them to move around freely," he says.

However, walking in the neighborhood is not always easy. According to Awed, "In this place the people who use the space are blind people, deaf people, disabled people, and the cars come very fast. It is very high risk for them."

In 2014, the Minneapolis Health Department used Statewide Health Improvement Program (SHIP) funds to partner with the Minneapolis Highrise Representative Council (MHRC), the tenant organization for public housing high-rises, to lead walking audits with residents in 10 high-rises, with the goal of identifying and addressing barriers to walking. During the walking audit at the Cedar High Apartments, the top priority for residents was a safer crossing between the public housing buildings and a nearby mosque where many residents walk several times a day to pray.

After the Health Department compiled the results of the walking audits into a report, residents presented the findings and their priorities (including the crossing identified by the Cedar High Apartment residents) to the City's Pedestrian Advisory Committee.

In 2018, after years of advocacy from residents, the City installed a new crosswalk in front of the Cedar High Apartments, including bump-outs to shorten the crossing distance. On Nov. 1, 2018, residents and MHRC celebrated the installation of the crosswalks.

SHIP: LOCAL LEADERSHIP, LOCAL PARTNERS, LOCAL EXPERTISE

These community partners are leading SHIP activities in your communities.

Community

Bottineau on the River
Brian Coyle Center
Dickman Park
Dinkytown Farmers Market
East River Terrace
EDITION Apartments
Loaves and Fishes Too
Minneapolis Public Housing Authority
NE Flats Apartments
Olus Home
Parker Skyview Tower
Seven Corners Apartments
Seward Square Apartments
Sibley Triangle
Smoke Free Housing Residence
Spring Manor
The Holland
West Broadway Farmers Market

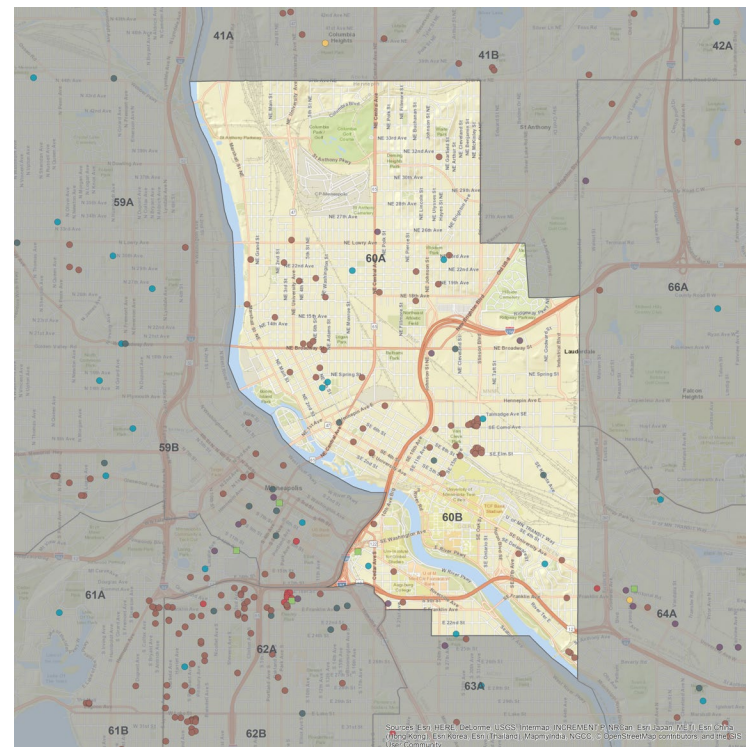
Schools

Cedar Riverside Community School
Edison High
Heritage Academy
Marcy Open Elementary
Pillsbury Elementary
Pratt Elementary
Seward Montessori
Webster Elementary

Workplace

Avivo (2)
Community Involvement Programs
Eastside Food Coop
Minnesota Gastroenterology

MINNESOTA LEGISLATIVE DISTRICTS 60A & 60B



SHIP strategies

- Active Living
- Schools
- Workplace Wellness
- Healthy Eating
- Child Care
- Multiple Strategies
- Tobacco-Free Living
- Health Care
- Tribal SHIP and Tobacco Grants

To learn more about SHIP, visit www.health.mn.gov/ship.