

A HEALTHIER STATE OF MINNESOTA

BETTER HEALTH TOGETHER.



SHIP IS CREATING HEALTH IN YOUR COMMUNITIES

Statewide Health Improvement Partnership (SHIP) investments support community-driven solutions to expand opportunities for active living, healthy eating and commercial tobacco-free living, helping all people in Minnesota prevent chronic diseases including cancer, heart disease, stroke and type 2 diabetes. Ninety percent of the nation's health care costs are for people with chronic conditions, and the majority of those costs are preventable.

Senator
Sandra L. Pappas

Representative
Rena Moran, 65A

Representative
Carlos Mariani, 65B

SHIP supports health across the lifespan

With a solid infrastructure and strong relationships in place, SHIP communities are well positioned to address emerging public health issues and continue creating better health across a lifespan.



For more information about SHIP, contact your local coordinator:

Saint Paul-Ramsey County Public Health
Carissa Glatt, carissa.glatt@co.ramsey.mn.us

Making Saint Paul public housing a smoke-free community

The U.S. Department of Housing and Urban Development passed a law mandating that all public housing agencies implement smoke-free policies in and around their facilities by July 30, 2018.

Initially, the idea of implementing the policy seemed daunting as Saint Paul Public Housing Agency (PHA) houses more than 10,000 residents. Through a partnership with Saint Paul-Ramsey County SHIP, Saint Paul PHA engaged in a two-year partnership with the American Lung Association (ALA) and other community partners to prepare for this change.

Saint Paul PHA received funding and support from SHIP to plan and implement the new smoke-free policy, including planning and educational meetings with senior management, staff and residents; and the creation of communication materials and signage. In addition, ALA provided cessation training to partnering organizations that serve multilingual residents from the Latino, Hmong, Karen and East African communities. ALA coordinated with partners to provide quit smoking outreach to residents, including a Freedom from Smoking clinic.

Many residents who were angry, frightened and defiant at the start, now welcome the change. Due to the changes, many residents are now more aware of the harmful impacts of smoking. Some residents were able to quit smoking altogether.

The SHIP funds directly supported this two-year long effort and improved the health of thousands of at-risk adults and children and going tobacco-free decreases health care costs and long term chronic disease burden.

Additionally, there will be a decrease of maintenance costs for building upkeep and management within Saint Paul PHA. Thanks to SHIP, a long-term plan will provide a healthy environment and holistic approach to make implementing a smoke-free environment a success.

SHIP: LOCAL LEADERSHIP, LOCAL PARTNERS, LOCAL EXPERTISE

These community partners are leading SHIP activities in your communities.

Community

600 Park Street Apartments
Arts Us
Cathedral Hill Apartments
Central Hi-Rise
Central Towers
Charleston Condos
City Wide Resident Council
Cycles for Change
Dunedin Terrace (family site)
Exchange Hi-Rise
Frogtown Farms
Fulton Avenue Duplex
Growing West Side
Mt. Airy Hi-Rise
Mt. Airy Homes (family site)
Neill Hi-Rise
Osceola Place Apartments
Ravoux Hi-Rise
Riverfront Flats
Smoke Free Housing Residence
The Gallery Towers
Twin Cities Mobile Market
Valley Hi-Rise
View Street Apartments
Wabasha Hi-Rise
Winslow Commons

Health Care

Bethesda Family Medicine Clinic
Dunedin Hi-Rise

Schools

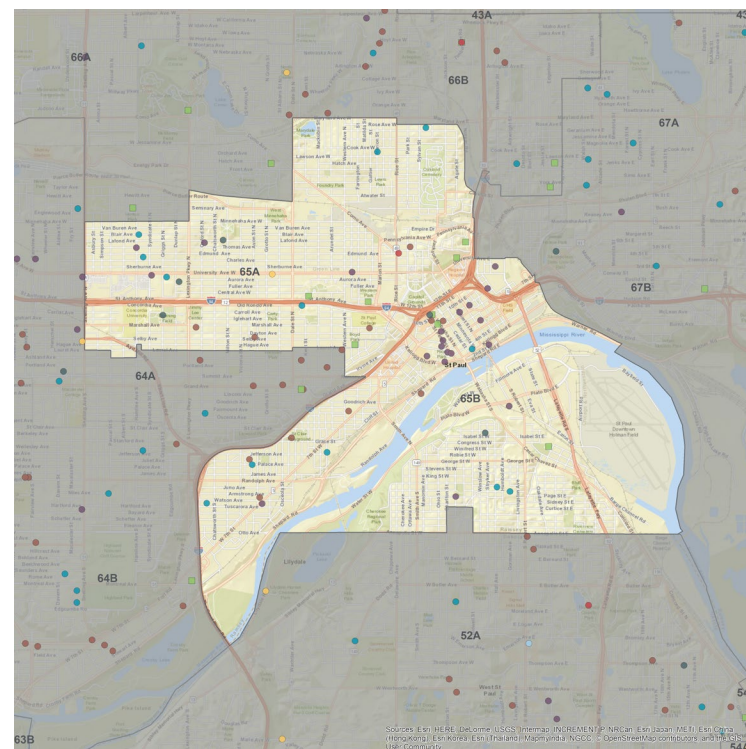
Adams Spanish Immersion
Bridge View School
Capitol Hill Magnet/Rondo
Creative Arts Secondary
Galtier Community School
Gordon Parks High

Humboldt High
Linwood Monroe Arts Plus Upper
Open World Learning Secondary
Sejong Academy
St. Paul Music Academy
Wellstone Elementary

Workplace

Anchor Paper Company
Brake Bread
Catholic Charities Seton Services
Catholic Charities Visitation Place
Conservation Corps Minnesota
and Iowa
Fresh Energy
Groundswell Cafe
Metro Social Services
MHC Culinary Group
Minnesota Children's Museum
Morrissey Hospitality Company
Ramsey County Workforce
Solutions
Renodis Inc.
Saint Paul Police Department
The Rose Ensemble
The Saint Paul Hotel
Visit Saint Paul
West Side Community
Organization
WSB and Associates Inc.
YMCA Downtown St. Paul

MINNESOTA LEGISLATIVE DISTRICTS 65A & 65B



SHIP strategies

- Active Living
- Healthy Eating
- Tobacco-Free Living
- Schools
- Child Care
- Health Care
- Workplace Wellness
- Multiple Strategies
- Tribal SHIP and Tobacco Grants

To learn more about SHIP, visit www.health.mn.gov/ship.