

# A HEALTHIER STATE OF MINNESOTA

BETTER HEALTH TOGETHER.



## SHIP IS CREATING HEALTH IN YOUR COMMUNITIES

Statewide Health Improvement Partnership (SHIP) investments support community-driven solutions to expand opportunities for active living, healthy eating and commercial tobacco-free living, helping all people in Minnesota prevent chronic diseases including cancer, heart disease, stroke and type 2 diabetes. Ninety percent of the nation's health care costs are for people with chronic conditions, and the majority of those costs are preventable.

### Senator

Richard Cohen

### Representative

Kaohly Her, 64A

### Representative

Dave Pinto, 64B

## SHIP supports health across the lifespan

With a solid infrastructure and strong relationships in place, SHIP communities are well positioned to address emerging public health issues and continue creating better health across a lifespan.



For more information about SHIP, contact your local coordinator:

### Saint Paul-Ramsey County Public Health

Carissa Glatt, [carissa.glatt@co.ramsey.mn.us](mailto:carissa.glatt@co.ramsey.mn.us)

### Hennepin

Cathy Stahl, [catherine.stahl@hennepin.us](mailto:catherine.stahl@hennepin.us)

## Connecting residents to neighborhood assets

Early in 2017, Saint Paul's Union Park District, which covers the neighborhood where the new Minnesota United Soccer Stadium is located, approached Saint Paul-Ramsey Public Health to partner on ways to improve some challenges around the Aldine Street Pedestrian Bridge, such as poor visibility and lack of signage.

The bridge, which covers I-94 and connects the Hamline Midway and Merriam Park East neighborhoods in Saint Paul, was not a well-known transportation option among neighborhood residents.

SHIP came to the table to support improving access to physical activity in the area and connect residents to assets in their neighborhood. One solution was to purchase wayfinding signs to lead people to the pedestrian bridge. Another effort raised the profile of the bridge through a community event in July 2017, which helped neighbors know this bridge was there for them to use as a venue for walking, biking and more.

As a result of the Aldine Street Pedestrian Bridge improvements and engagement, more than 100 community members participated in the community event. The wayfinding signs resulted in informal observations of increased use of the bridge by people who walk or bike.

For example, a family living 5 minutes north of Aldine Park – located near the bridge - walks weekly across the bridge to enjoy the park, something they did not even know existed until the community event.

Planners expect that the Aldine Street Pedestrian Bridge will have increased use as it will be the preferred pedestrian and bicycle route as nearby Snelling Avenue becomes more congested with traffic once the new soccer stadium opens.

# SHIP: LOCAL LEADERSHIP, LOCAL PARTNERS, LOCAL EXPERTISE

These community partners are leading SHIP activities in your communities.

## Community

BrandyCHASE Condominiums  
Carleton Artist Lofts  
Cleveland Niles Apartments  
Como Avenue Fourplex  
Dayton Ave  
District 12: St. Anthony Park  
Community Council  
District 13: Union Park District  
Council  
Ford Parkway Apartments  
Glen Terrace Condo  
Grand and Avon Apartments  
Grand Avenue Apartments  
Grand Hill Apartments  
Grand View Apartments  
Highland Chateau - Owatonna  
Highland Court Apartments  
Highland Ridge Apartments  
Interfaith Action of Greater St. Paul  
Keystone Community Services  
Laurel Apartments  
Marshall Studios  
Montreal Hi-Rise  
Seal Hi-Rise  
Smoke Free Housing Residence  
St. Regis Apartments  
The Holly Duplex  
The Laurel Flats  
The Randolph Apartments 1835  
The Randolph Apartments 1853  
WA Dorsey House Condos  
Wilder Park Condominiums

## Health Care

Cleveland Hi-Rise  
Minnesota Partnership on Pediatric  
Obesity Care

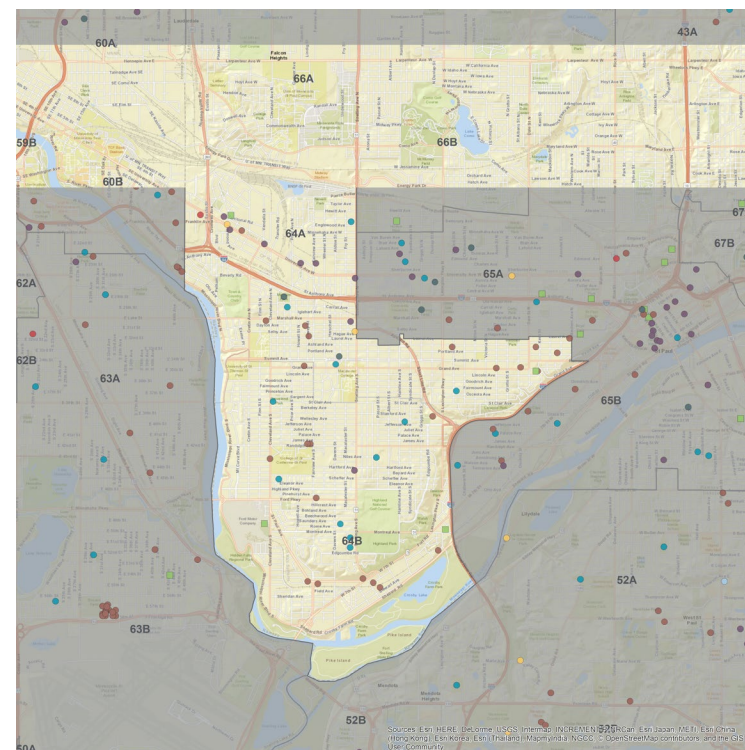
## Schools

Expo Elementary  
Four Seasons Elementary  
Groveland Park Elementary  
Hamline Elementary  
Highland Park Elementary  
Highland Park Middle  
Highland Park Senior High  
Horace Mann School  
Jie Ming Mandarin Immersion  
Academy  
Linwood Monroe Arts Plus Lower  
Campus  
Ramsey Middle  
Randolph Heights Elementary  
St. Anthony Park Elementary

## Workplace

College Possible  
Family Tree Clinic  
NAMI MN  
Podium Wear  
Portico Healthnet  
Powerhouse at Highland  
The Pamper Suite  
Transit for Livable Communities  
Women's Advocates

## MINNESOTA LEGISLATIVE DISTRICTS 64A & 64B



## SHIP strategies

- Active Living
- Healthy Eating
- Tobacco-Free Living
- Schools
- Child Care
- Health Care
- Workplace Wellness
- Multiple Strategies
- Tribal SHIP and Tobacco Grants

To learn more about SHIP, visit [www.health.mn.gov/ship](http://www.health.mn.gov/ship).