

A HEALTHIER STATE OF MINNESOTA

BETTER HEALTH TOGETHER.



SHIP IS CREATING HEALTH IN YOUR COMMUNITIES

Statewide Health Improvement Partnership (SHIP) investments support community-driven solutions to expand opportunities for active living, healthy eating and commercial tobacco-free living, helping all people in Minnesota prevent chronic diseases including cancer, heart disease, stroke and type 2 diabetes. Ninety percent of the nation's health care costs are for people with chronic conditions, and the majority of those costs are preventable.

Senator
Foung Hawj

Representative
Tim Mahoney, 67A

Representative
Jay Xiong, 67B

SHIP supports health across the lifespan

With a solid infrastructure and strong relationships in place, SHIP communities are well positioned to address emerging public health issues and continue creating better health across a lifespan.



For more information about SHIP, contact your local coordinator:

Saint Paul - Ramsey County Public Health
Carissa Glatt, carissa.glatt@co.ramsey.mn.us

Stop for Me raises pedestrian safety awareness

Safety and access are key factors to healthy, livable and thriving communities. Residents, staff and partner organizations from two public housing sites in Saint Paul – Iowa Hi Rise and Roosevelt Homes – are leading the charge to make their communities more walkable and support the health of their neighbors, thanks to the efforts by Saint Paul-Ramsey County Public Health and SHIP.

Resident Leadership Councils, with support from SHIP staff, identified unsafe street crossings and partnered with Saint Paul Police Department and Saint Paul District Councils to host Stop for Me campaign events to raise awareness about the state crosswalk law and initiate discussions with the city and county about future pedestrian infrastructure improvements. This is the first step in making longer-term safety changes.

Stop for Me campaigns raise the profile of pedestrian and crosswalk laws and can change driver behavior in the area through targeted enforcement.

Those two locations are important to make changes since more than 80 percent of the 147 residents living at Iowa Hi Rise are elderly and/or disabled, and White Bear Avenue proves a daily challenge for residents, staff and on-site service providers because of busy traffic.

Roosevelt Homes' public housing community, located on Ames Avenue, has a resident population of 952, with 441 youth under the age of 18. In addition, 46 percent head of households are elderly and/or disabled.

In addition to the outreach through Stop for Me, Roosevelt Homes is working with the City of Saint Paul to re-mark a mid-block crossing in order to improve safety in front of the community center.

SHIP: LOCAL LEADERSHIP, LOCAL PARTNERS, LOCAL EXPERTISE

These community partners are leading SHIP activities in your communities.

Community

Iowa Hi-Rise
Mechanic Avenue Apartments
Pathways on the Park
Ramsey County Park and Recreation
Roosevelt Homes (family site)
Smoke Free Housing Residence
Urban Roots
Wilson Hi-Rise

Schools

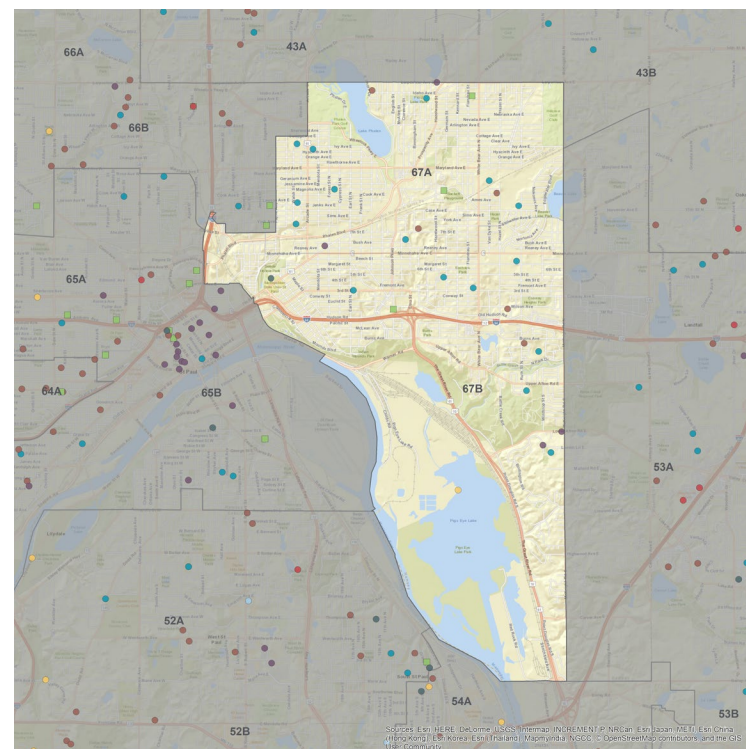
American Indian Magnet School
Battle Creek Elementary
Battle Creek Middle
Eastern Heights Elementary
Farnsworth Aerospace Upper
Farnsworth Aerospace PreK-4
Frost Lake Elementary

Harding Senior High
Hazel Park Prep Academy
Highwood Hills Elementary
John A Johnson Achievement Plus Elementary
Johnson Senior High
Nokomis Montessori North Campus
Nokomis Montessori South Campus
Parkway Montessori/Community Middle
Phalen Lake Hmong Studies Magnet

Workplace

Central Pediatrics
Thies and Talle Management
Thies and Talle Management Shamrock
Court Apartments
West Side Community Health Services

MINNESOTA LEGISLATIVE DISTRICTS 67A & 67B



SHIP strategies

- | | | |
|-----------------------|---------------|----------------------------------|
| ● Active Living | ● Schools | ● Workplace Wellness |
| ● Healthy Eating | ● Child Care | ■ Multiple Strategies |
| ● Tobacco-Free Living | ● Health Care | ■ Tribal SHIP and Tobacco Grants |

To learn more about SHIP, visit www.health.mn.gov/ship.