

A HEALTHIER STATE OF MINNESOTA

BETTER HEALTH TOGETHER.



SHIP IS CREATING HEALTH IN YOUR COMMUNITIES

Statewide Health Improvement Partnership (SHIP) investments support community-driven solutions to expand opportunities for active living, healthy eating and commercial tobacco-free living, helping all people in Minnesota prevent chronic diseases including cancer, heart disease, stroke and type 2 diabetes. Ninety percent of the nation's health care costs are for people with chronic conditions, and the majority of those costs are preventable.

Senator

John Marty

Representative

Alice Hausman, 66A

Representative

John Lesch, 66B

SHIP supports health across the lifespan

With a solid infrastructure and strong relationships in place, SHIP communities are well positioned to address emerging public health issues and continue creating better health across a lifespan.



For more information about SHIP, contact your local coordinator:

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Hennepin

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Students grow their own fresh produce and eat it, too

Staff at Bruce Vento Elementary in Saint Paul are finding that when students grow their own fruits and vegetables, they will more likely eat them.

That's the idea behind Saint Paul Public School (SPPS) Nutrition Services' support of "Grow Our Own" initiative, which was created to increase access to fresh fruits and vegetables and expand opportunities for hands-on learning with school-based gardens. Research has shown that school food directly affects students' health, learning and lifetime wellness habits.

SPPS Nutrition Services Department made the commitment to create a school garden program for the district and with SHIP funding brought on a consultant in 2017. That work directly paved the way for the launch of "Grow Our Own."

This initiative has leveraged an additional \$200,000 through the Cargill Foundation to continue program expansion that focuses on increasing access to nutritious food, improving academic achievement and increasing equitable access to science, technology, engineering and mathematics (STEM) opportunities with school gardens as a teaching platform.

Many of the strategies that the district has proposed with the "Grow Our Own" initiative have already been tested with a school agriculture partnership at Bruce Vento Elementary. In the last two years, that school has successfully implemented a school garden and used it to teach students how to properly grow, harvest and prepare much of the produce so that it may be eaten in a variety of taste-testing opportunities.

SHIP: LOCAL LEADERSHIP, LOCAL PARTNERS, LOCAL EXPERTISE

These community partners are leading SHIP activities in your communities.

Community

Arbor Pointe
Arlington and Cottage Properties
Centennial Twin Homes
City of St. Paul Parks & Recreation
County Road B Apartments
Edgerton Hi-Rise
Front Hi-Rise
Hamline Hi-Rise
Kent Street Townhomes
Marion Street Brittany
Apartments
McDonough Homes (family site)
Minnesota Horticultural Society
Park Vista Apartments
Phalen Village Apartments
Princeton Place Apartments
Rose 8 Estates Apartments
Rose Vista Apartments
Roseville Seniors
The Riviera
Wheelock Parkway Apartments

Health Care

McDonough Homes Clinic

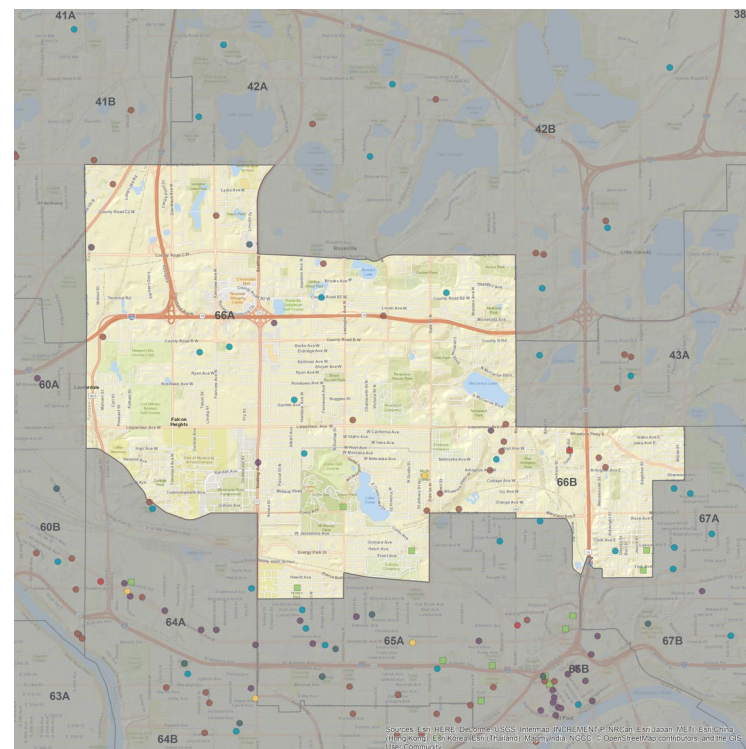
Schools

Brimhall Elementary
Bruce F. Vento Elementary
Central Park Elementary
Chelsea Heights Elementary
Fairview Alternative High
Falcon Heights Elementary
Roseville Area Senior High
Washington Technology Magnet
School

Workplace

American Indian Family Center
Community School of Excellence
District 10: Como Park Community
Council
Hubert H. Humphrey Job Corps
Center
Kids in Need Foundation
Minnesota Department of
Education

MINNESOTA LEGISLATIVE DISTRICTS 66A & 66B



SHIP strategies

- Active Living
- Healthy Eating
- Tobacco-Free Living
- Schools
- Child Care
- Health Care
- Workplace Wellness
- Multiple Strategies
- Tribal SHIP and Tobacco Grants

To learn more about SHIP, visit www.health.mn.gov/ship.