

A HEALTHIER STATE OF MINNESOTA

BETTER HEALTH TOGETHER.



SHIP IS CREATING HEALTH IN YOUR COMMUNITIES

Statewide Health Improvement Partnership (SHIP) investments support community-driven solutions to expand opportunities for active living, healthy eating and commercial tobacco-free living, helping all people in Minnesota prevent chronic diseases including cancer, heart disease, stroke and type 2 diabetes. Ninety percent of the nation's health care costs are for people with chronic conditions, and the majority of those costs are preventable.

Senator
Patricia Torres Ray

Representative
Jim Davnie, 63A

Representative
Jean Wagenius, 63B

SHIP supports health across the lifespan

With a solid infrastructure and strong relationships in place, SHIP communities are well positioned to address emerging public health issues and continue creating better health across a lifespan.



For more information about SHIP, contact your local coordinator:

Minneapolis

Heather Gillich, heather.gillich@minneapolismn.gov

Bloomington, Edina, Richfield

Margaret Perez, mperez@BloomingtonMN.gov

Helping make fresh produce more accessible in South Minneapolis

In the summer of 2018, Nokomis East Neighborhood Association (NENA) teamed up with the Minneapolis Health Department (MHD) to meet a community goal for improved access to fresh, affordable produce and healthy foods in the Bossen Field neighborhood of south Minneapolis.

This is a low-income neighborhood that faces high crime rates and limited access to retail, including a large supermarket. NENA and MHD, with support from the Statewide Health Improvement Partnership (SHIP) grant, worked together to bring the Twin Cities Mobile Market (TCMM) to serve the community.

“Through many conversations with local families and surveying, our neighbors said they want to eat healthy and be active,” said Becky Timm, NENA Executive Director. “However, getting to the grocery store and the cost of fresh foods is a budgetary burden for many families. [TCMM] helped by bringing the fresh food to where people live,” said Timm.

TCMM, a program of the Amherst H. Wilder Foundation, is a grocery store on wheels that brings affordable, healthy food directly into under-resourced neighborhoods by providing a wide selection of fresh foods at or below market prices. “We are excited to be bringing our service to a new area of the Twin Cities,” said Leah Porter, TCMM Director. “We offer a variety of fresh fruits and vegetables, dairy products, lean meats, and basic dry goods. During the growing season, we will have seasonal produce from local farmers.”

SHIP grant funding supplemented TCMM staff and operation costs while they piloted the new mobile market stops. SHIP has also been instrumental in changing a City ordinance to expand the places where Mobile Grocers can park to allow them to go into more popular neighborhood locations.

SHIP: LOCAL LEADERSHIP, LOCAL PARTNERS, LOCAL EXPERTISE

These community partners are leading SHIP activities in your communities.

Child Care

Latino Early Education Network

Community

Bossen Park Apts
City of Richfield
Hiawatha Flats
Minnehaha Condominiums
Minnehaha Place Condos
Minnehaha Square Condominiums
Nokomis East Neighborhood Association
Richfield Community Education

Richfield Community Housing Team
Smoke Free Housing Residence
Trinity Apartments
VEAP

Health Care

Richfield Dementia Friends
Richfield Public Schools-Health Resource Center
South High School

Schools

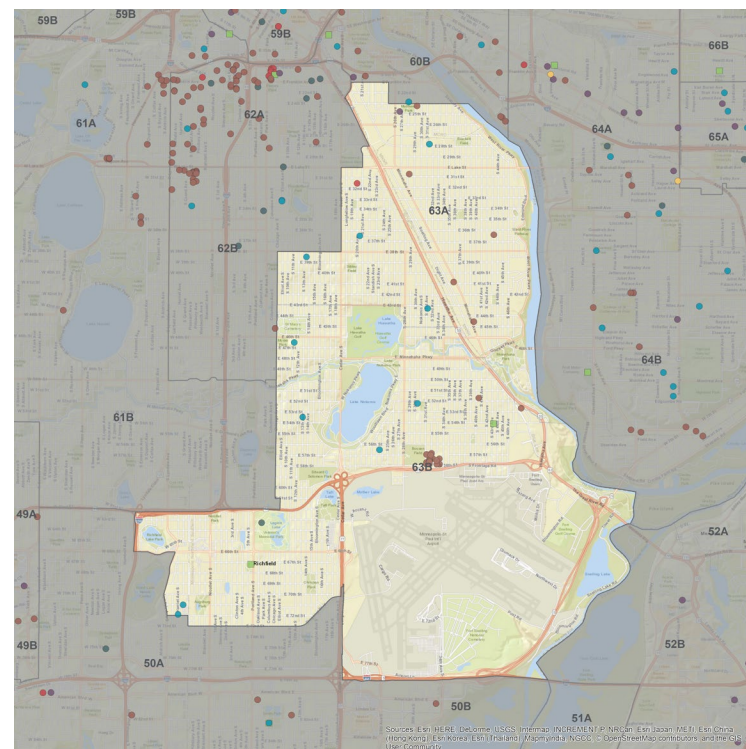
Anishinabe Academy
Anne Sullivan Communication Center

Bancroft Elementary
Fowell School
Hale Elementary
Keewaydin Elementary
MPS Metro SJ St. Joe's Campus
Northrop Elementary
Richfield Public School District
Wenonah Elementary

Workplace

Avivo

MINNESOTA LEGISLATIVE DISTRICTS 63A & 63B



SHIP strategies

- Active Living
- Schools
- Workplace Wellness
- Healthy Eating
- Child Care
- Multiple Strategies
- Tobacco-Free Living
- Health Care
- Tribal SHIP and Tobacco Grants

To learn more about SHIP, visit www.health.mn.gov/ship.