# A HEALTHIER STATE OF MINNESOTA

BETTER HEALTH TOGETHER.



# SHIP IS CREATING HEALTH IN YOUR COMMUNITIES

Statewide Health Improvement Partnership (SHIP) investments support community-driven solutions to expand opportunities for active living, healthy eating and commercial tobacco-free living, helping all people in Minnesota prevent chronic diseases including cancer, heart disease, stroke and type 2 diabetes. Ninety percent of the nation's health care costs are for people with chronic conditions, and the majority of those costs are preventable.

#### Senator

Mary Kiffmeyer

## Representative

Nick Zerwas, 30A

## Representative

Eric Lucero, 30B

## SHIP supports health across the lifespan

With a solid infrastructure and strong relationships in place, SHIP communities are well positioned to address emerging public health issues and continue creating better health across a lifespan.



For more information about SHIP, contact your local coordinator:

#### **Sherburne County**

Cody Engelhaupt, cody.engelhaupt@co.sherburne.mn.us

## **Wright County**

Anna Bohanon, anna.bohanon@co.wright.mn.us





## Promoting tobacco-free parks in Sherburne County

In May 2018, Sherburne County adopted a policy to eliminate the use of tobacco products in all county parks, covering nearly 250 acres of land.

The new policy is a significant step toward protecting youth from the harmful effects of tobacco and protecting residents and families from secondhand smoke. This is the third tobacco-free park policy to be adopted in the Sherburne County area, joining Elk River and Zimmerman.

Sherburne County's Statewide Health Improvement Partnership (SHIP) partnered with Public Health Law Center to provide technical assistance and develop the tobacco-free parks policy.

"We hope it will be the catalyst for many other tobacco prevention initiatives," said Lisa Fobbe, a tobacco-free supporter and Sherburne County Commissioner. "Tobacco-free parks promote the well-being of residents and visitors and contribute toward a Sherburne County where all people live, learn, work and play in a healthy community," said Fobbe.

The Sherburne County tobacco-free park policy restricts all forms of tobacco use, including use of e-cigarettes, which are increasing in popularity among youth across the nation. According to the 2016 Minnesota Student Survey results, 26.3 percent of Sherburne County 11th graders have used an e-cigarette in the past 30 days compared to 17.1 percent for the state. By adopting this policy, Sherburne County is helping to reduce the rate of tobacco use in the community and change the community norms around acceptable behavior at public parks.

SHIP continues to support tobacco prevention efforts in Sherburne County by installing signage and educating the community about smoke-free living.

## SHIP: LOCAL LEADERSHIP, LOCAL PARTNERS, LOCAL EXPERTISE

## These community partners are leading SHIP activities in your communities.

## **Child Care**

Big Lake ECFE
Elk River ECFE
Lil Explorers St. Michael
Little Lambs Christian Learning Center
Smallville Daycare

## Community

City of Big Lake City of Elk River Elk River Farmers Market

### **Health Care**

North Memorial Clinic

### **Schools**

Big Lake School District Independence Elementary Liberty Elementary Lincoln Elementary (Elk River) Parker Elementary

## Workplace

City of Big Lake Guardian Angels (Elk River) Sherburne County Government Center The Bank of Elk River

## MINNESOTA LEGISLATIVE DISTRICTS 30A & 30B



## **SHIP** strategies



To learn more about SHIP, visit www.health.mn.gov/ship.