

A HEALTHIER STATE OF MINNESOTA

BETTER HEALTH TOGETHER.



SHIP IS CREATING HEALTH IN YOUR COMMUNITIES

Statewide Health Improvement Partnership (SHIP) investments support community-driven solutions to expand opportunities for active living, healthy eating and commercial tobacco-free living, helping all people in Minnesota prevent chronic diseases including cancer, heart disease, stroke and type 2 diabetes. Ninety percent of the nation's health care costs are for people with chronic conditions, and the majority of those costs are preventable.

Senator

Warren Limmer

Representative

Kristin Robbins, 34A

Representative

Kristin Bahner, 34B

SHIP supports health across the lifespan

With a solid infrastructure and strong relationships in place, SHIP communities are well positioned to address emerging public health issues and continue creating better health across a lifespan.



For more information about SHIP, contact your local coordinator:

Hennepin

Cathy Stahl, catherine.stahl@hennepin.us

Spicing up school lunches in Osseo

A little spice added a lot of interest to school lunches in Osseo. Since 2015, the Osseo School District has partnered with Hennepin County Public Health Promotion and the Statewide Health Improvement Partnership (SHIP) on Smarter Lunchroom strategies with the goal to increase student lunchtime fruit and vegetable consumption.

This past year, they tried something new with 12 of the 17 elementary schools and a new partner - African Immigrant Services. With over 50 percent of students in that district identifying as students of color, the nutrition department thought it was important for the lunch menu to reflect its diverse student body. They brought in Chef Jojo Ndege, who trained cafeteria staff on common West and East African flavors, cooking methods and recipes.

Some of the students' favorites included savory green beans with onions and spicy roasted carrots. In all, cafeteria staff stated they saw more kids sampling and enjoying the unique items, and this work impacted more than 20,000 students.

To showcase the work and success to their school district community, the nutrition department collaborated with their district communications team to create a video with interviews and footage of trainings and taste testing events. The project was also featured in the SunPost newsletter and on CCX Media.

SHIP: LOCAL LEADERSHIP, LOCAL PARTNERS, LOCAL EXPERTISE

These community partners are leading SHIP activities in your communities.

Community

5 Central Apartments
Balsam Apartments
City of Osseo
Dayton Mobile Park
Laurent Clerc Services, Inc.
Seek Homes Inc.

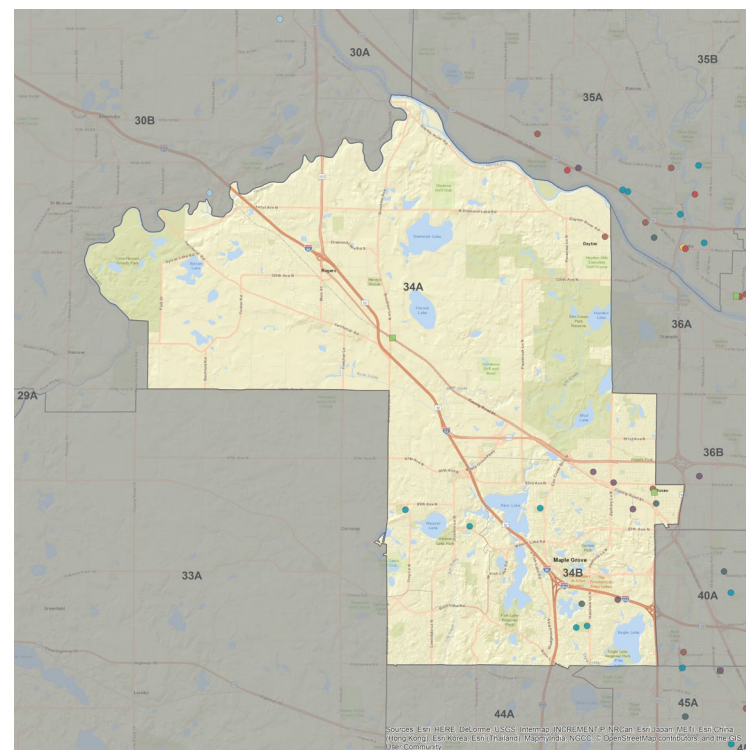
Schools

Cedar Island Elementary
Oak View Elementary
Rice Lake Elementary
Rush Creek Elementary
Weaver Lake Elementary

Workplace

ACI Asphalt and Concrete
Choice Inc. Maple Grove
IMV Technologies USA
Meyer Contracting

MINNESOTA LEGISLATIVE DISTRICTS 34A & 34B



SHIP strategies

- Active Living
- Schools
- Workplace Wellness
- Healthy Eating
- Child Care
- Multiple Strategies
- Tobacco-Free Living
- Health Care
- Tribal SHIP and Tobacco Grants

To learn more about SHIP, visit www.health.mn.gov/ship.